



**SAN DIEGO-  
IMPERIAL  
SWIMMING**

# **JUNIOR OLYMPIC LONG COURSE CHAMPIONSHIPS**

**JULY 27 - 30, 2017  
CORONADO, CALIFORNIA**

**HOST: SAN DIEGO-IMPERIAL SWIMMING  
CHAMPIONSHIP COMMITTEE**



# San Diego - Imperial Swimming Long Course Junior Olympics July 27 – 30, 2017



Warm Up 7:00 AM			Session 1 - Thursday July 27		Session Start 9:00 AM		
GIRLS					BOYS		
#	LCM	SCY	Event	Format	SCY	LCM	#
1	3:24.09	3:00.89	10 & Under 200 M IM	Prelim	3:09.09	3:28.39	2
3	2:54.09	2:34.89	11 – 12 200 M IM	Prelim	2:38.99	2:59.09	4
5	2:43.99	2:25.39	13 – 14 200 M IM	Prelim	2:20.99	2:39.99	6
7	2:38.79	2:18.39	15 & Over 200 M IM	Prelim	2:05.99	2:26.59	8
9	5:23.69	5:59.99	11 – 12 400 M Free	Prelim	6:18.69	5:38.09	10
11	20:35.89	20:04.29	13 – 14 1500 M Free	TF	19:39.29	20:11.69	12
13	20:16.99	19:46.59	15 & Over 1500 M Free	TF	18:24.99	19:04.99	14

GIRLS		Session 2 - Thursday Finals		BOYS	
Event #	Qualified	Event	Format	Qualified	Event #
1	Top 8	10 & Under 200 M IM	Finals	Top 8	2
3	Top 16	11 – 12 200 M IM	Finals	Top 16	4
5	Top 16	13 – 14 200 M IM	Finals	Top 16	6
7	Top 16	15 - 18 200 M IM	Finals	Top 16	8
9	Top 8	11 – 12 400 M Free	Finals	Top 8	10
15	10:09.49	13 – 14 800 M Free Relay	TF	10:12.79	16
17	9:58.99	15 – 18 800 M Free Relay	TF	9:14.99	18

Warm Up 7:00 AM			Session 3 - Friday July 28		Session Start 9:00 AM		
GIRLS					BOYS		
#	LCM	SCY	Event	Format	SCY	LCM	#
19	6:30.09	5:45.69	11 – 12 400 M IM	TF	5:47.79	6:32.39	20
21	5:56.99	5:09.69	13 – 14 400 M IM	Prelim	5:07.99	5:54.49	22
23	5:50.49	5:07.99	15 & Over 400 M IM	Prelim	4:45.09	5:27.89	24
25	50.19	44.19	10 & Under 50 M Breast	Prelim	46.19	52.39	26
27	43.29	38.39	11 – 12 50 M Breast	Prelim	39.29	45.09	28
29	3:12.39	2:46.79	13 – 14 200 M Breast	Prelim	2:43.39	3:09.99	30
31	3:07.79	2:42.99	15 & Over 200 M Breast	Prelim	2:32.79	2:57.99	32
33	3:30.29	3:04.99	11 – 12 200 M Breast	TF	3:06.79	3:31.29	34
35	1:42.79	1:28.19	10 & Under 100 M Fly	Prelim	1:36.89	1:51.49	36
37	1:22.59	1:11.49	11 – 12 100 M Fly	Prelim	1:15.89	1:27.19	38
39	1:15.09	1:06.39	13 – 14 100 M Fly	Prelim	1:05.39	1:13.99	40
41	1:11.79	1:03.69	15 & Over 100 M Fly	Prelim	57.59	1:05.19	42
43	2:59.09	2:40.59	10 & Under 200 M Free	Prelim	2:47.59	3:02.19	44
45	2:34.29	2:16.69	11 – 12 200 M Free	Prelim	2:20.19	2:37.99	46
47	2:24.29	2:06.69	13 – 14 200 M Free	Prelim	2:02.59	2:19.89	48
49	2:18.99	2:01.59	15 & Over 200 M Free	Prelim	1:52.09	2:08.39	50

GIRLS		Session 4 - Friday Finals		BOYS	
Event #	Qualified	Event	Format	Qualified	Event #
21	Top 8	13 – 14 400 M IM	Finals	Top 8	22
23	Top 8	15 – 18 400 M IM	Finals	Top 8	24
25	Top 8	10 & Under 50 M Breast	Finals	Top 8	26
27	Top 16	11 – 12 50 M Breast	Finals	Top 16	28
29	Top 16	13 – 14 200 M Breast	Finals	Top 16	30
31	Top 16	15 – 18 200 M Breast	Finals	Top 16	32
35	Top 8	10 & Under 100 M Fly	Finals	Top 8	36
37	Top 16	11 – 12 100 M Fly	Finals	Top 16	38
39	Top 16	13 – 14 100 M Fly	Finals	Top 16	40
41	Top 16	15 – 18 100 M Fly	Finals	Top 16	42
43	Top 8	10 & Under 200 M Free	Finals	Top 8	44
45	Top 16	11 – 12 200 M Free	Finals	Top 16	46
47	Top 16	13 – 14 200 M Free	Finals	Top 16	48
49	Top 16	15 – 18 200 M Free	Finals	Top 16	50

Warm Up 7:00 AM			Session 5 - Saturday July 29		Session Start 9:00 AM		
GIRLS					BOYS		
#	LCM	SCY	Event	Format	SCY	LCM	#
51	3:06.49	2:44.09	11 – 12 200 M Back	TF	2:48.79	3:11.89	52
53	2:45.09	2:22.19	15 & Over 200 M Back	Prelim	2:10.99	2:33.69	54
55	2:49.09	2:27.09	13 – 14 200 M Back	Prelim	2:24.49	2:47.49	56
57	38.99	33.79	11 – 12 50 M Back	Prelim	34.89	40.19	58
59	45.19	38.89	10 & Under 50 M Back	Prelim	40.19	46.39	60
61	29.79	26.19	15 & Over 50 M Free	Prelim	23.59	26.99	62
63	30.79	27.09	13 – 14 50 M Free	Prelim	25.59	29.39	64
65	32.19	28.79	11 – 12 50 M Free	Prelim	29.09	32.89	66
67	36.69	32.99	10 & Under 50 M Free	Prelim	33.39	37.29	68
69	1:26.29	1:14.89	15 & Over 100 M Breast	Prelim	1:08.49	1:19.89	70
71	1:28.89	1:17.29	13 – 14 100 M Breast	Prelim	1:14.89	1:26.99	72
73	1:35.19	1:22.89	11 – 12 100 M Breast	Prelim	1:26.39	1:38.99	74
75	1:49.89	1:36.79	10 & Under 100 M Breast	Prelim	1:41.89	1:53.89	76
77	4:56.29	5:29.89	15 & Over 400 M Free	Prelim	5:10.89	4:39.59	78
79	5:05.49	5:41.79	13 – 14 400 M Free	Prelim	5:38.89	5:01.09	80

GIRLS		Session 6 - Saturday Finals		BOYS	
Event #	Qualified	Event	Format	Qualified	Event #
53	Top 16	15 – 18 200 M Back	Finals	Top 16	54
55	Top 16	13 – 14 200 M Back	Finals	Top 16	56
57	Top 16	11 – 12 50 M Back	Finals	Top 16	58
59	Top 8	10 & Under 50 M Back	Finals	Top 8	60
61	Top 16	15 – 18 50 M Free	Finals	Top 16	62
63	Top 16	13 – 14 50 M Free	Finals	Top 16	64
65	Top 16	11 – 12 50 M Free	Finals	Top 16	66
67	Top 8	10 & Under 50 M Free	Finals	Top 8	68
69	Top 16	15 – 18 100 M Breast	Finals	Top 16	70
71	Top 16	13 – 14 100 M Breast	Finals	Top 16	72
73	Top 16	11 – 12 100 M Breast	Finals	Top 16	74
75	Top 8	10 & Under 100 M Breast	Finals	Top 8	76
77	Top 8	15 – 18 400 M Free	Finals	Top 8	78
79	Top 8	13 – 14 400 M Free	Finals	Top 8	80
81	3:06.09	10 & Under 200 M Med Relay	TF	3:10.19	82
83	2:35.99	11 – 12 200 M Med Relay	TF	2:41.39	84
85	5:21.99	13 – 14 400 M Med Relay	TF	5:14.19	86
87	5:09.99	15 – 18 400 M Med Relay	TF	4:46.49	88

Warm Up 7:00 AM			Session 7 - Sunday July 30		Session Start 9:00 AM		
GIRLS					BOYS		
#	LCM	SCY	Event	Format	SCY	LCM	#
89	1:21.39	1:13.09	10 & Under 100 M Free	Prelim	1:13.89	1:23.99	90
91	1:10.39	1:02.09	11 – 12 100 M Free	Prelim	1:03.19	1:11.89	92
93	1:06.49	58.59	13 – 14 100 M Free	Prelim	56.29	1:03.99	94
95	1:04.19	56.29	15 & Over 100 M Free	Prelim	51.39	58.69	96
97	42.79	37.89	10 & Under 50 M Fly	Prelim	39.59	44.39	98
99	35.79	31.89	11 – 12 50 M Fly	Prelim	32.99	37.49	100
101	2:57.29	2:32.59	13 – 14 200 M Fly	Prelim	2:28.89	2:49.59	102
103	2:50.49	2:25.99	15 & Over 200 M Fly	Prelim	2:19.79	2:41.39	104
105	3:05.79	2:48.09	11 – 12 200 M Fly	TF	2:49.49	3:07.29	106
107	1:36.79	1:25.89	10 & Under 100 M Back	Prelim	1:29.39	1:40.39	108
109	1:23.29	1:12.79	11 – 12 100 M Back	Prelim	1:16.39	1:26.49	110
111	1:18.09	1:07.69	13 – 14 100 M Back	Prelim	1:06.59	1:16.99	112
113	1:15.29	1:04.89	15 & Over 100 M Back	Prelim	59.29	1:10.49	114
115	10:34.49	11:31.09	13 – 14 800 M Free	TF	11:25.69	10:32.99	116
117	10:25.99	11:15.99	15 & Over 800 M Free	TF	10:55.19	9:44.99	118

GIRLS		Session 8 - Sunday Finals		BOYS	
Event #	Qualified	Event	Format	Qualified	Event #
89	Top 8	10 & Under 100 M Free	Finals	Top 8	90
91	Top 16	11 – 12 100 M Free	Finals	Top 16	92
93	Top 16	13 – 14 100 M Free	Finals	Top 16	94
95	Top 16	15 – 18 100 M Free	Finals	Top 16	96
97	Top 8	10 & Under 50 M Fly	Finals	Top 8	98
99	Top 16	11 – 12 50 M Fly	Finals	Top 16	100
101	Top 16	13 – 14 200 M Fly	Finals	Top 16	102
103	Top 16	15 – 18 200 M Fly	Finals	Top 16	104
107	Top 8	10 & Under 100 M Back	Finals	Top 8	108
109	Top 16	11 – 12 100 M Back	Finals	Top 16	110
111	Top 16	13 – 14 100 M Back	Finals	Top 16	112
113	Top 16	15 – 18 100 M Back	Finals	Top 16	114
119	2:38.59	10 & Under 200 M Free Relay	TF	2:38.79	120
121	2:17.29	11 – 12 200 M Free Relay	TF	2:20.39	122
123	4:41.29	13 – 14 400 M Free Relay	TF	4:39.09	124
125	4:32.49	15 – 18 400 M Free Relay	TF	4:10.49	126

- Age 19 & over swimmers may swim in preliminary individual events only; they may not swim in finals or relays. They will be entered as exhibition swimmers.



# **SAN DIEGO-IMPERIAL SWIMMING**

## **LONG COURSE JUNIOR OLYMPIC CHAMPIONSHIPS**

### **July 27 – 30, 2017**

**HOST: SAN DIEGO-IMPERIAL SWIMMING CHAMPIONSHIP COMMITTEE**

**SANCTION:** This meet is sanctioned by USA Swimming and issued by San Diego-Imperial Swimming #SI-17-33. In granting this sanction it is understood and agreed that USA Swimming shall be free from any liabilities or claims for damages arising by reason of injuries to anyone during the conduct of the event.

**MEET DIRECTOR:** Mary Redmond (760) 728-9244, email: seanmary@aol.com

**FACILITY:** Brian Bent Memorial Aquatics Complex, Coronado High School, 818 6<sup>th</sup> Street, Coronado CA 92118. Phone (619) 437-0227. 8 lane, 25 yard x 50 meter pool with separate 6 lane 25 yard warmup pool. Colorado timing and large digital scoreboard will be in use. The minimum water depth, measured in accordance with Article 103.2.3, is 7 feet, 0 inches at the start end and 7 feet, 0 inches at the turn end. The competition course has not been certified in accordance with Article 104.2.2C(4). Full snack bar available.

**ELIGIBILITY:** This is a closed SI meet, and is only open to any current (2017) USA Swimming registered athlete who is a member of, or an unattached swimmer training with, a San Diego-Imperial Swimming chartered team. All swimmers must be SI swimmers with a 2017 USA swimming card issued not later than Thursday, July 20, 2017. SI Swimming does not permit on-deck registration. All USA Swimming registration numbers will be verified with the SWIMS registration database; swimmers without a current registration will be scratched from all events. To enter, all swimmers, including relay-only swimmers, must have swum in one SI meet each season or in two meets in the preceding qualifying year (the swim seasons starting September 1, 2016).

**RULES:** Current SI Swimming and USA Swimming rules will govern the conduct of the meet, and will take precedence over errors/omissions on this meet announcement. All coaches and deck officials must wear their USA Swimming membership cards in a visible manner. The use of audio or visual recording devices, including a cell phone, is not permitted in changing areas, rest rooms, or locker rooms. Changing into or out of swimsuits other than in locker rooms or other designated areas is prohibited. Recording devices are not permitted behind the starting blocks during the starting sequence throughout the meet. Operation of a drone, or any other flying apparatus, is prohibited over the venue (pools, athlete/coach areas, spectator areas and open ceiling locker rooms) any time athletes, coaches, officials and/or spectators are present.

- a. Racing Starts: All swimmers entered in the meet must be certified by a USA Swimming member coach as being proficient in performing a racing start or must start each race from within the water. For swimmers unaccompanied by a USA Swimming member coach, it is the responsibility of the swimmer or the swimmer's legal guardian to ensure compliance with this requirement.
- b. In all events the swimmers MUST swim the qualifying time in the meet to score.
- c. Swimmers may enter any number of events for which they are qualified. No swimmer may compete in more than 3 individual events per day and in no more than 7 individual events for the meet.
- d. Each club may enter up to 2 relay teams in each relay event. To score, the time swum in the event must meet or better the minimum qualifying time.

# SAN DIEGO-IMPERIAL SWIMMING

## LONG COURSE JUNIOR OLYMPIC CHAMPIONSHIPS

### July 27 – 30, 2017

**QUALIFICATION TIMES:** The 2017 JO qualification times are listed in this announcement. To enter, a swimmer must have met or bettered the qualifying times for each event: stroke and distance.

- a. Swimmers who have met the short course yard time standard and not the long course time standard must enter their short course yard time. Swimmers who have met the long course time standard must enter their long course time. Swimmers will be seeded by long course time first, then short course yard time.
- b. All qualification times must have been achieved since the first day of the preceding Long Course Championship Meet - July 28, 2016.
- c. Relay entry times: Enter at the best achieved relay time or best aggregate time at or faster than the time standard.

**VERIFICATION: This is a Proof Of Time meet!** All individual event entry times will be verified using the SWIMS database prior to the start of the meet. Coaches/teams that have provided an e-mail address will be notified of times not meeting the time standard. Swimmers not meeting the time standard for an event will be removed from the event.

**ENTRIES:** All entries, including relays and relay only swimmers, must be submitted electronically using Hy-Tek Team Manager or Hy-Tek Team Manager Lite software.

- a. No individual entries will be accepted. Entries will only be accepted from SI Swimming chartered teams.
- b. All entry files MUST be emailed to Mary Redmond ([seanmary@aol.com](mailto:seanmary@aol.com)) and received by midnight Thursday, July 20, 2017. Include in the email a PDF copy of the **Entry Fee Report**, and the contact person's phone number and email address.
- c. A hardcopy list of entries sorted by **Name** and a hardcopy **Entry Fee Report** must be included along with the team check for the entry fees. The entry report and fees must be postmarked NO LATER THAN Wednesday, July 19, 2017, and mailed to: Mary Redmond, 1335 Via del Oro, Fallbrook, CA 92028
- d. **NO LATE OR TELEPHONE ENTRIES WILL BE ACCEPTED!** Entry changes will not be accepted after the closing date.

**ENTRY FEES**

- |   |         |
|---|---------|
| a. Surcharge for each swimmer, including relay only swimmers: | \$7.00  |
| b. Individual Event Entry Fee:                                | \$6.00  |
| c. Relay Entry Fee:   | \$16.00 |

**Make checks payable to: SAN DIEGO-IMPERIAL SWIMMING**

**MEET CONDUCT**

**CHECK IN:** This meet will be deck seeded. CHECK IN IS REQUIRED FOR ALL PRELIMINARY AND TIMED FINAL EVENTS. Swimmers who fail to check in for an event will be scratched from that event and not allowed to swim. Check in time for the events at the beginning of each session are listed below. Check in for all remaining events in a session will close at the session start time.

DAY	EVENTS	EVENT CLOSING TIMES	SESSION START TIME
THU	1-6	8:30 AM	9:00 AM
FRI	19-24	8:30 AM	9:00 AM
SAT	51-58	8:30 AM	9:00 AM
SUN	89-96	8:30 AM	9:00 AM

# **SAN DIEGO-IMPERIAL SWIMMING**

## **LONG COURSE JUNIOR OLYMPIC CHAMPIONSHIPS**

### **July 27 – 30, 2017**

#### **SCRATCH PROCEDURES:**

**PRELIMS: DECLARATION OF EVENTS:** At the first check in for each day, a swimmer with more than 3 entered events for that day must select which 3 he/she wishes to swim that day, and scratch the remainder. ALL SCRATCHES ARE FINAL - a swimmer may not re-enter a scratched event.

**FINALS:** A swimmer wishing to declare their intent to scratch from finals must sign the official scratch sheet within 30 minutes from the announcement of the preliminary results.

**LATE WITHDRAWAL FROM FINALS:** A swimmer who qualifies for the finals heat and did not scratch and wishes to withdraw from the event may do so without a No Show penalty only if: the swimmer involved notifies the referee, in person, at least 30 minutes before finals start, of his/her desire to withdraw and allow a re-seeding of the finals heat and is present for the finals at the time of the event involved.

**NO SHOW PENALTY.** Once checked in for an event, any swimmer who is a no show for the preliminary or timed finals heats of an event will be barred from their next individual event and will not be allowed to swim that race. A swimmer who is a no show for a finals heat for which he/she has qualified and has not scratched will be barred from competition for the remainder of the meet.

**BREAK BETWEEN HEATS AND FINALS:** The length of the break will be determined by the meet referee; but in any event will not be less than 2 hours.

**FINALS:** A championship and consolation final (8 swimmers in each heat) will be offered with the exceptions of the events listed below:

- All relay events will be timed finals.
- 10 & Under events will only offer a championship final of 8 swimmers (9<sup>th</sup> – 16<sup>th</sup> places are determined on preliminary heats).
- The 11-12 200 Back, 200 Breast, 200 Fly, and 400 IM events will be timed finals with all heats swum during prelims. The 11-12 400 Free will only offer a championship final of 8 swimmers (9<sup>th</sup> – 16<sup>th</sup> places are determined on preliminary heats).
- The 13-14 and 15-18 400 IM and 400 Free events will only offer a championship final of 8 swimmers (9<sup>th</sup> – 16<sup>th</sup> places are determined on preliminary heats).
- The 13-14 and 15 & Over 800 Free and 1500 Free events will be conducted as timed finals with all heats swum during prelims.

**RELAYS:** All relays are swum in finals. Relay cards will be due: Fri, Sat & Sun: 11:00 am. Relay cards received after 11:00 am will be seeded last.

**DISTANCE EVENTS:** The 800 M Free and 1500 M Free will be seeded fastest to slowest in event order, alternating women's and men's heats. Swimmers must provide their own timers, and lap counters if desired.

# SAN DIEGO-IMPERIAL SWIMMING LONG COURSE JUNIOR OLYMPIC CHAMPIONSHIPS July 27 – 30, 2017

**SCORING:** In all events the swimmers **MUST** swim the qualifying time in the meet to score. Scoring for the top 16 places shall be in the following manner:

INDIVIDUAL: 20,17,16,15,14,13,12,11,9,7,6,5,4,3,2,1  
RELAYS: 40,34,32,30,28,26,24,22,18,14,12,10,8,6,4,2

**WARM UP TIMES AND ASSIGNMENTS:**

Thursday	4:00 PM	<b>Warm-up is only for swimmers in Thursday events</b>
Fri, Sat & Sun	7:00 – 8:00 am	13 & Over - All Teams
Fri, Sat & Sun	8:00 – 8:45 am	12 & Under - All Teams

