

COLLEGE AREA SWIM TEAM

HOLIDAY SENIOR MEET



DECEMBER 4 and 6, 2009

Girls		Dist Stroke			Boys	
Warmup	4:00 PM	Friday Dec. 4, 2009			Meet Starts 5:00 PM	
1	21:02.90	OPEN	1650 Y	FREE	20:42.80	2
Warmup 7:15 AM		Sunday Dec. 6, 2009			Meet Starts 9:00 AM	
3	5:36.60	OPEN	400 Y	IM	5:18.20	4
5	29.30	OPEN	50 Y	FREE	27.50	6
7	1:23.40	OPEN	100 Y	BREAST	1:19.10	8
9	2:16.10	OPEN	200 Y	FREE	2:10.90	10
11	2:40.50	OPEN	200 Y	FLY	2:33.30	12
13	1:14.10	OPEN	100 Y	BACK	1:11.30	14
15	3:01.70	OPEN	200 Y	BREAST	2:50.80	16
17	1:11.00	OPEN	100 Y	FLY	1:07.70	18
19	2:39.60	OPEN	200 Y	BACK	2:31.00	20
21	2:36.60	OPEN	200 Y	IM	2:29.00	22
23	1:03.40	OPEN	100 Y	FREE	59.60	24
25	5:59.60	*OPEN	500 Y	FREE	5:48.60	26
27	12:37.00	*OPEN	1000 Y	FREE	12:23.20	28

* Swimmers may swim only 1 of these 2 events. These 2 events may be seeded/swum together. The combination & seeding of these events will be determined and announced prior to event #16.

THE 1650, 1000, 500 FREES AND THE 400 IM WILL BE SWUM FASTEST TO SLOWEST ALTERNATING WOMEN AND MEN'S HEATS.

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HOLIDAY SENIOR MEET
December 4 and 6, 2009

SANCTION: This meet is sanctioned by USA Swimming and issued by San Diego-Imperial Swimming #SI-09-33.

POOL: Salvation Army Ray and Joan Kroc Community Center pool. 6845 University Ave, San Diego, CA 92115. 25 yd, 8-lane. Warmup area available during meet. Plenty of rest rooms and showers. Snack Bar provided by Salvation Army.

ELIGIBILITY: Open to SI and Out-of-District USA swimmers who hold a valid 2009 or 2010 USA Swimming Card issued no later than 2:30 pm on Wednesday, November 25, 2009. All USA Swimming registration numbers will be verified with the SWIMS registration database.

RULES: Current USA swimming rules and SI Swimming procedures will govern all competition, and will take precedence over errors/omissions of this meet announcement. All coaches and deck officials must wear their USA Swimming membership cards in a visible manner.

- **Check-in.** This is a deck seeded meet. Swimmers must check in with the Clerk of Course for each event they wish to swim. Swimmers who fail to check in for an event will be scratched from that event and not allowed to swim. Scratches are permitted without refunds. After an event is closed, a swimmer may not check in or scratch. Check-in for the Friday 1650s will close at 4:30 pm. Check-in for the first 4 events on Sunday will close at 8:30 am; the remaining events will close at 9:00am.
- **No Show Penalty.** Any swimmer, once checked in for an event, who is a no show for an event, will be barred from their next individual event and will not be allowed to swim that race.
- **Timeline.** An estimated timeline and timing assignments will be posted on www.castswim.com the Wednesday before the meet.

ENTRIES: Entries must be submitted electronically using the Hy-Tek Team Manager system, and emailed to dave@castswim.com with a paper entry report and payment mailed separately. Event files can be uploaded from www.si-swimming.com.

ENTRY TIMES: Submit Short Course Times only. Times must be the best recorded time in the event from this or the previous swim season. Do not submit no-time (NT) entries for this meet.

ENTRY FEES:

- Surcharge: \$5.00 per swimmer. Individual Entries: \$3.00 each.
- Late entries, IF ACCEPTED, will be charged double, including surcharge.
- Make checks payable to: **College Area Swim Team**

DELIVERY - Note irregular deadlines due to Thanksgiving:

- **EMAIL:** Must be received by 9:00 pm, Friday November 27, 2009, in acceptable Hytek format. A paper copy of the entry report and a team check for entry fees must follow the e-mail entry and be postmarked by November 28th.
- **MAIL:** Must be postmarked no later than Wednesday, November 25, 2009, to:
Dave Kilmer, 625 South Grade Road, Alpine, CA 91901
- **HAND DELIVERY:** by 2:30pm Wednesday, November 25, 2009 to the SI Swimming Office - 1511 Morena Blvd, San Diego, CA 92110.

QUESTIONS: Contact Dave Kilmer at 619-997-7946 Email: dave@castswim.com

AWARDS: Medals 1-3, Ribbons 4-8.