



College Area Swim Team

National "A" MAX All Ages LC Meet

June 2-3, 2018

Girls

Boys

Warmup 7:30am			Saturday June 2, 2018		Meet Starts 9:00am		
Event #	SCY Max	LCM Max	Age	Dist./Stroke	LCM Max	SCY Max	Event #
1	5:29.29	6:16.89	11-12	*400 IM	6:08.69	5:19.79	2
	5:13.59	5:57.79	13-14	*400 IM	5:36.59	4:52.99	
	5:06.49	5:49.69	15-Over	*400 IM	5:20.59	4:42.09	
3	2:35.50	2:56.29	10-under	200 free	2:50.79	2:29.39	4
5	2:18.19	2:37.29	11-12	200 Free	2:32.49	2:13.49	6
7	2:11.29	2:30.09	13-14	200 free	2:20.59	2:02.59	8
9	2:08.49	2:36.49	15-Over	200 Free	2:14.89	1:57.69	10
11	1:31.89	1:46.29	10-under	100 Breast	1:44.19	1:30.19	12
13	1:20.39	1:33.39	11-12	100 Breast	1:30.39	1:18.39	14
15	1:15.99	1:27.69	13-14	100 Breast	1:21.29	1:09.79	16
17	1:14.49	1:25.39	15-over	100 Breast	1:16.99	1:06.49	18
19	:40.50	:45.60	8-under	50 Free	:44.40	:39.49	20
21	:31.39	:35.59	9-10	50 Free	:35.49	:30.99	22
23	:29.09	:33.19	11-12	50 Free	:32.09	:27.89	24
25	:27.99	:31.99	13-14	50 free	:29.49	:25.69	26
27	:27.49	:31.19	15-over	50 free	:27.89	:24.79	28
29	:46.30	:52.00	8-under	50 Fly	:52.70	:47.00	30
31	:36.19	:40.99	9-10	50 Fly	:40.19	:35.39	32
33	:31.49	:35.39	11-12	50 Fly	:35.29	:31.19	34
35	2:25.79	2:55.59	11-14	200 Fly	2:36.19	2:15.69	36
37	2:22.89	2:41.39	15-over	200 Fly	2:27.99	2:09.79	38
39	1:19.29	1:32.69	10-under	100 Back	1:31.49	1:19.19	40
41	1:11.79	1:23.29	11-12	100 Back	1:21.49	1:09.29	42
43	1:06.19	1:17.09	13-14	100 Back	1:12.29	1:01.79	44
45	1:04.69	1:15.69	15-over	100 Back	1:08.89	:58.59	46
47	6:07.79	5:29.09	11-12	400 Free	5:21.89	5:57.69	48
49	12:01.69	10:47.99	13-14	*800 free	10:22.19	11:26.69	50
	11:50.79	10:35.39	15-over	*800 Free	10:00.39	11:02.59	

Warmup 7:30am			Saturday June 2, 2018		Meet Starts 9:00am		
Event #	SCY Max	LCM Max	Age	Dist./Stroke	LCM Max	SCY Max	Event #
51	5:50.89	5:14.69	13-14	*400 Free	4:59.19	5:31.39	52
	5:43.49	5:32.89	15-over	*400 Free	4:46.09	5:19.39	
53	:52.30	:58.60	8-under	50 Breast	:57.10	:51.00	54
55	:41.79	:47.49	9-10	50 Breast	:46.99	:40.99	56
57	:36.89	:41.99	11-12	50 Breast	:41.59	:36.19	58
59	2:44.59	3:09.79	11-14	200 Breast	2:56.79	2:32.89	60
61	2:41.29	3:05.39	15-over	200 Breast	2:48.39	2:24.59	62
63	1:24.09	1:35.99	10-under	100 Fly	1:34.99	1:23.49	64
65	1:11.49	1:20.79	11-12	100 Fly	1:18.59	1:09.59	66
67	1:05.99	1:14.79	13-14	100 fly	1:21.29	1:01.29	68
69	1:04.59	1:13.39	15-over	100 Fly	1:06.29	:58.59	70
71	:48.10	:54.40	8-under	50 Back	:53.20	:46.80	72
73	:36.69	:42.89	9-10	50 Back	:42.99	:37.09	74
75	:32.89	:37.99	11-12	50 Back	:37.49	:32.29	76
77	2:23.39	2:45.59	11-14	200 Back	2:56.79	2:14.69	78
79	2:20.69	2:42.09	15-over	200 Back	2:28.89	2:08.49	80
81	2:52.69	3:17.09	10-under	200 IM	3:15.39	2:50.99	82
83	2:34.89	2:56.79	11-12	200 IM	2:53.89	2:30.89	84
85	2:26.99	2:49.19	13-14	200 IM	2:38.79	2:17.19	86
87	2:24.19	2:45.89	15-18	200 IM	2:31.39	2:10.89	88
89	1:10.49	1:20.59	10-under	100 Free	1:19.89	1:09.69	90
91	1:03.09	1:12.49	11-12	100 Free	1:09.89	1:00.89	92
93	1:00.69	1:09.59	13-14	100 Free	1:04.59	:56.29	94
95	:59.59	1:07.99	15-over	100 Free	1:01.89	:53.89	96

These are **MAXIMUM** time standards. If a swimmer has a National "A" time in the event (either LCM or SCY), they may not swim the event in the meet.

*400 IM, 400 Free and the 800 Free will swim combined, but awarded separately.

Meet management reserves the right to split the meet into 2 sessions per day if the number of swimmers and timeline warrants a split session. If this is necessary the announcement will be made on the host team's website as well as the SI swimming site by Monday evening May 28th.



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SANCTION: This meet is held under the sanction of USA Swimming and issued by San Diego-Imperial Swimming #SI-18-31. In granting this sanction it is understood and agreed that USA Swimming shall be free from any liabilities or claims for damages arising by reason of injuries to anyone during the conduct of the event.

MEET DIRECTOR: Jeanette Temple, phone 619-861-6734 or email: jcct264@gmail.com.

POOL: Granite Hills High School. 1719 E Madison Ave, El Cajon, CA 92019. 8 lane, 50M pool. The minimum water depth, measured in accordance with Article 103.2.3, is 6 feet, 0 inches at the start end and 6 feet, 0 inches at the turn end. The competition course has not been certified in accordance with Article 104.2.2C(4). The meet will use 8 lanes for warm up, during the meet 7 lanes will be used with 1 lane for warm up.

ELIGIBILITY: Open to SI USAS swimmers and out-of-district swimmers who hold a valid 2018 USA Swimming Card issued no later than 2:30pm on Thursday, May 24, 2018. Swimmers with a disability are encouraged to participate. SI Swimming does not permit on-deck registration. All USA Swimming registration numbers will be verified with the SWIMS registration database; swimmers without a current registration will be scratched from all events.

RULES: Current USA swimming rules and SI Swimming procedures will govern all competition, and will take precedence over errors/omissions of this meet announcement. All coaches and deck officials must wear their USA Swimming membership cards in a visible manner. Changing into or out of swimsuits other than in locker rooms or other designated areas is prohibited. The use of audio or visual recording devices, including a cell phone, is not permitted in changing areas, rest rooms, or locker rooms. Recording devices are not permitted behind the starting blocks during the starting sequence throughout the meet. Operation of a drone, or any other flying apparatus, is prohibited over the venue (pools, athlete/coach areas, spectator areas and open ceiling locker rooms) any time athletes, coaches, officials and/or spectators are present.

- **Check-in.** This is a deck seeded meet. Swimmers must check in with the Clerk of Course for each event they wish to swim. Swimmers who fail to check in for an event will be scratched from that event and not allowed to swim. Scratches are permitted without refunds. After an event is closed, a swimmer may not check in or scratch. Check-in for the first 8 events of each session will close 30 minutes prior to the beginning of the session; the remaining events will close when the sessions begins.
- **Seeding.** All events will be seeded and swum fastest to slowest.
- **Racing Starts.** All swimmers entered in the meet must be certified by a USA Swimming member coach as being proficient in performing a racing start or must start each race from within the water. For swimmers unaccompanied by a USA Swimming member coach, it is the responsibility of the swimmer or the swimmer's legal guardian to ensure compliance with this requirement.
- **No Show Penalty.** Any swimmer, once checked in for an event, who is a no show for an event, will be barred from their next individual event and will not be allowed to swim that race.

WARM-UP: Heat and lane assignments for most events, assigned warm-ups, an estimated timeline and team timing assignments will be posted at www.si-swimming.com the Wednesday before the meet.

- Swimmers must enter the pool feet first while maintaining at least one hand on the pool deck until both feet touch the water (3-point entry). NO DIVING or JUMPING allowed from the blocks or the edge of the pool

ENTRIES: Swimmers are limited to 4 events per day. All individual entries must be submitted electronically using Hy-Tek Team Manager compatible software to jcct264@gmail.com. Relays may be deck-entered. A paper copy of the meet entry report and the entry fee report must be mailed along with full payment of entry fees within 24 hours. Event files can be uploaded from www.si-swimming.org. All relays will be deck-entered. Assigned warm-up times, estimated timelines and team timing assignments will be posted on www.si-swimming.org prior to the meet. Entries received without payment will be rejected. All entries that do not contain a current USA Swimming registration number will be rejected.

- **This meet is subject to the 4 hour rule per session. If the meet fills prior to the deadline, entries may be rejected (last received, first rejected).**



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ENTRY TIMES: Submit Long Course times only, which are slower than the time standard. NT entries will be accepted.

ENTRY FEES:

- Surcharge: \$5.00 per swimmer. Individual Entries: \$4.00 each. No refunds.
- Late entries, IF ACCEPTED, will be charged double, including surcharge. No late entries are permitted after the meet begins.
- A single team check is required. Make check payable to: **COLLEGE AREA SWIM TEAM**

DELIVERY:

- **Email:** Must be received by 9:00 pm Friday May 25, 2018 in acceptable Hy-Tek format to jcct264@gmail.com with paper copy and team check mailed within 24 hours.
- **Mailed Entries:** Must be postmarked no later than Wednesday May 23, 2018 to:
Jeannette Temple, 6617 Hillgrove Drive, San Diego, CA 92120
- **AWARDS:** Individual Events: "A" events: Medals 1-3, ribbons 4-8. Awards for 13 & over events by request only.

Meet management reserves the right to split the meet into 2 sessions per day if the number of swimmers and timeline warrants a split session. If this is necessary the announcement will be made on the host teams' website as well as the SI swimming site by Monday evening May 28th.

Concussion Training Required in California

- California has modified existing school concussion law to apply the concussion requirements to youth sports organizations in which athletes participate, including swimming.
- These requirements will also apply to out of state coaches whose swimmers are attending meets in California.
- All links can be found on www.si-swimming.org under the 2018 registration forms tab.