

HEARTLAND SWIM ASSOCIATION

Freestyle Festival

SI South Division ★ September 30, 2017

		Girls			Boys				
	B Min	A Min	Age	Dist/Stroke	A min	B min			
Warmup 7:30am		Saturday, September 30, 2017					Meet Starts 9:00am		
1	1:46.10	1:28.40	8/Under	ABC	100 Free	1:25.00	1:42.00	2	
3	1:21.50	1:14.70	9 – 10	ABC	100 Free	1:14.30	1:21.00	4	
5	1:12.70	1:06.70	11 – 12	ABC	100 Free	1:06.20	1:12.20	6	
7	-	-	6/Under		25 Free	-	-	8	
9	21.70	18.10	7 – 8	ABC	25 Free	17.60	21.10	10	
11	2:37.20	2:24.10	11 – 12	ABC	200 Free	2:24.60	2:37.80	12	
13	2:56.80	2:42.00	9 – 10	AB	200 Free	2:41.80	2:56.50	14	
15	3:50.20	3:11.80	8/Under	AB	200 Free	3:04.50	3:41.30	16	
17	33.50	30.70	11 – 12	ABC	50 Free	30.80	33.60	18	
19	37.00	33.90	9 – 10	ABC	50 Free	34.10	37.20	20	
21	48.60	40.50	7 – 8	ABC	50 Free	39.40	47.30	22	
23	-	-	6/Under		50 Free	-	-	24	
25	6:59.50	6:24.60	12/Under	AB	500 Free	6:29.80	7:05.30	26	
Afternoon Session									
27	1:08.50	1:02.80	15/Over	ABC	100 Free	57.40	1:02.60	28	
27	1:09.10	1:03.40	13 – 14	ABC	100 Free	59.60	1:05.00	28	
29	2:28.80	2:16.40	15/Over	ABC	200 Free	2:04.80	2:16.20	30	
29	2:28.40	2:16.10	13 – 14	ABC	200 Free	2:10.90	2:22.80	30	
31	31.90	29.30	15/Over	ABC	50 Free	26.50	28.90	32	
31	31.90	29.30	13 – 14	ABC	50 Free	27.50	30.00	32	
33	6:32.30	5:59.60	13/Over	AB	500 Free	5:48.60	6:20.30	34	

Notes:

- The 8/U and 9-10 200 Free have minimum time standards.
- The 12/U and 13/Ov 500 free also have a minimum time standard.
- All afternoon session events of the same stroke & distance will be swum combined and awarded separately.



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SI South Division Teams - September 30, 2017

SANCTION: This meet is sanctioned by USA Swimming and issued by San Diego-Imperial Swimming #SI-17-47. In granting this sanction it is understood and agreed that USA Swimming shall be free from any liabilities or claims for damages arising by reason of injuries to anyone during the conduct of the event.

MEET DIRECTOR: Debi Frese. Email: hsa@heartlandswim.org or emergency phone: 619-917-8900.

POOL: Granite Hills High School. 1719 E Madison Ave, El Cajon, CA 92019. The pool has 20 short course lanes. Depending on meet size, up to 10 lanes may be used for competition. The remaining lanes will be available for continuous warmup. The minimum water depth, measured in accordance with Article 103.2.3, is 6 feet, 0 inches at the start end and 6 feet, 0 inches at the turn end. The competition course has not been certified in accordance with Article 104.2.2C(4). Full service snack bar all days.

ELIGIBILITY: Open to SI South Division teams and Out-of-District USA swimmers who hold a valid 2017 or 2018 USA Swimming Card issued no later than 2:30pm on Thursday, September 21, 2017. SI Swimming does not permit on-deck registration. ***Be advised that seasonal USA Swimming registrations will not be valid for this meet.*** Swimmers with a disability are encouraged to participate. All USA Swimming registration numbers will be verified with the SWIMS registration database.

RULES: Current USA swimming rules and SI Swimming procedures will govern all competition, and will take precedence over errors/omissions of this meet announcement. All coaches and deck officials must wear their USA Swimming membership cards in a visible manner. Changing into or out of swimsuits other than in locker rooms or other designated areas is not appropriate and is prohibited. The use of audio or visual recording devices, including a cell phone, is not permitted in changing areas, rest rooms, or locker rooms. Recording devices are not permitted behind the starting blocks during the starting sequence throughout the meet. Operation of a drone, or any other flying apparatus, is prohibited over the venue (pools, athlete/coach areas, spectator areas and open ceiling locker rooms) any time athletes, coaches, officials and/or spectators are present.

- **Check-in.** This is a deck seeded meet. Swimmers must check in with the Clerk of Course for each event they wish to swim. Swimmers who fail to check in for an event will be scratched from that event and not allowed to swim. Scratches are permitted without refunds. After an event is closed, a swimmer may not check in or scratch. Check-in for the first 4 events will close ½ hour before the start of the session. Check-in for the remainder of the session will close at the start of the session.
- **Seeding.** All events will be seeded and swum fastest to slowest.
- **Racing Starts.** All swimmers entered in the meet must be certified by a USA Swimming member coach as being proficient in performing a racing start or must start each race from within the water. For swimmers unaccompanied by a USA Swimming member coach, it is the responsibility of the swimmer or the swimmer's legal guardian to ensure compliance with this requirement.
- **No Show Penalty.** Any swimmer, once checked in for an event, who is a no show for an event will be barred from their next individual event and will not be allowed to swim that race.
- **Distance Events.** These events will be swum fastest to slowest, alternating girls and boys heats. Swimmers in the 500 Y freestyle must provide their own timers, and a person to count laps and a lap counting device if desired.

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ENTRIES: Entries must be submitted electronically using the Hy-Tek Team Manager system, and emailed to hsa@heartlandswim.org. A PDF copy of the meet entry report must be emailed with your entries. Entries submitted without payment prior to the start of the meet will be rejected. A single team check is required. Event files can be uploaded from www.si-swimming.org. All entries that do not show a current USA Swimming registration number will be rejected.

ENTRY TIMES: Submit Short Course times for this early season meet. Times must be the best recorded times in the event from this or the previous swim season.

ENTRY FEES:

- Surcharge: \$5.00 per swimmer. Individual Entries: \$4.00 each. No refunds.
- Entries from a single team (5 or more swimmers) not submitted electronically: \$8.00 each.
- Late entries, IF ACCEPTED, will be charged double, including surcharge.
- Team entries must be paid with a single check. Make checks payable to: **HEARTLAND SWIM ASSOCIATION**

WARM-UP: Assigned warm-ups, an estimated timeline and team timing assignments will be posted at www.si-swimming.com the Wednesday before the meet.

DELIVERY:

- EMAIL: Must be received by Friday, September 22, 2017, to: hsa@heartlandswim.org and team check mailed within 24 hours. Entries received without entry fees may be rejected.
- MAIL: Must be postmarked no later than Wednesday, September 20, 2017 to:
HSA, PO Box 12936, El Cajon, CA 92022
- HAND DELIVERY: by 2:30pm Friday, September 22, 2017 to the SI Swimming office:
3511 Camino del Rio South, Suite 405, San Diego CA 92108.

AWARDS: 12 & Under Events: A Events: Medals 1-3, Ribbons 4-8. B and C Events: Ribbons 1-8. Awards for 13 & Over events by request from a coach before the meet begins.