



# RANCHO SAN DIEGUITO

## Short Course Invitational

### June 5-6, 2009

*Revised 6/2/09 – earlier Friday night start time!*

WOMEN				MEN			
LC M	SC Y	Dist/Stroke		SC Y	LC M		
MIN TIME	MIN TIME			MIN TIME	MIN TIME		
Warmup 4:00pm				FRIDAY JUNE 5, 2009			
1	23:13.30	22:57.70	Open 1650 FREE	22:35.80	22:51.70	Meet Starts 5:00pm	
Warmup 7:30am				SATURDAY JUNE 6, 2009			
3	6:55.10	6:07.30	Open 400 IM	5:47.30	6:33.00	Meet Starts 9:00am	
5	36.40	31.90	Open 50 FREE	30.00	33.00		
7	1:42.50	1:31.00	Open 100 BRST	1:26.30	1:37.30		
9	2:48.10	2:28.40	Open 200 FREE	2:22.80	2:42.00		
11	3:17.40	2:55.10	Open 200 FLY	2:47.30	3:08.90		
13	1:32.90	1:21.00	Open 100 BACK	1:18.00	1:31.60		
15	3:43.00	3:18.20	Open 200 BRST	3:06.40	3:33.00		
17	1:27.60	1:17.40	Open 100 FLY	1:13.80	1:23.60		
19	3:19.60	2:54.50	Open 200 BACK	2:45.10	3:09.20		
21	3:13.40	2:50.90	Open 200 IM	2:42.60	3:04.30		
23	1:18.50	1:09.10	Open 100 FREE	1:05.00	1:14.00		
25	5:55.80	6:32.30	Open 500 FREE	6:20.30	5:44.30		

**ALL TIME STANDARDS ARE 13-14 B min TIME STANDARDS**  
*All events will be swum fastest to slowest.*

**SANCTION:** This meet is sanctioned by USA Swimming and issued by San Diego-Imperial Swimming #SI-09-15

**POOL:** Doug & Marianne Pardee Aquatics Center at the Boys & Girls Club of San Dieguito, 533 Lomas Santa Fe Dr., Solana Beach, CA 92075. Competition pool is 10 lane 25 yards, 9 ft. deep. Additional 6 lane 25 yard shallow pool is available for warm-up & cool-down throughout the meet. Absolutely NO DIVING! Snack bar available. Canopies will be allowed on deck only on the Southwest side of the pool. Our indoor basketball gym is available for team areas, with no canopies allowed inside. **DIRECTIONS:** From I-5 exit @ Lomas Santa Fe Dr. West past STEVENS to the Boys & Girls Club driveway located on the left (South) side.

**SPECIAL PARKING INSTRUCTIONS:** The facility has 128 parking spots; when they fill, we encourage loading/unloading and the use of the overflow parking. We have secured overflow parking at the Earl Warren Middle school adjacent to the pool on Stevens, two (2) lots are available. 1<sup>st</sup> lot staff: staff parking lot on STEVENS (dirt lot). 2<sup>nd</sup> lot at SAN RODOLFO entrance.

No parking along or down the private drive directly East of the pool. All cars will be towed on the private drive.

No parking in the office park directly West of the pool (505 Lomas Santa Fe). Cars will be towed.

No parking in the office park directly North of the pool (530 Lomas Santa Fe). Cars will be towed.

**ELIGIBILITY:** Open to USA swimmers who hold a valid 2009 USA Swimming Card issued no later than 2:30pm on Thursday, May 28, 2009. Out of district teams are welcome; local hotel information available at [www.rsdswim.org](http://www.rsdswim.org). Swimmers with a disability are encouraged to participate. All USA Swimming registration numbers will be verified with the SWIMS registration database.

# Rancho San Dieguito Short Course Invitational

## June 5-6, 2009

**RULES:** Current USA swimming rules and SI Swimming procedures will govern all competition, and will take precedence over errors/omissions of this meet announcement. All coaches and deck officials must wear their USA Swimming membership cards in a visible manner.

- **Check-in.** This is a deck seeded meet. Swimmers must check in with the Clerk of Course for each event they wish to swim. Swimmers who fail to check in for an event will be scratched from that event and not allowed to swim. Scratches are permitted without refunds. After an event is closed, a swimmer may not check in or scratch. Check-in on Friday and for the first 4 events on Saturday will close ½ hour before the start of the session. Check-in for all remaining events on Saturday will close at 9:00am.
- **No Show Penalty.** Any swimmer, once checked in for an event, who is a no show for an event they will be barred from their next individual event that day and will not be allowed to swim that race. If the swimmer's next race is the following day of a multi-day meet, the swimmer will be barred from their first event of the following day.
- **Distance Events.** These events will be swum fastest to slowest, alternating women's and men's heats. Swimmers in the 1650 and 500 yard freestyle must provide their own timer, a person to count laps and a lap counting device if desired.

**ENTRIES:** Entries must be submitted electronically using the Hy-Tek Team Manager system, and emailed to [br60mail-rsd@yahoo.com](mailto:br60mail-rsd@yahoo.com) with a paper copy and payment mailed separately. All entries that do not show a current USA Swimming registration number will be rejected.

**ENTRY TIMES:** Submit Short Course times (preferred) or Long Course times which meet the listed minimum time standard. "No Time" entries will not be accepted. Times should be the best recorded times in the event from this or the previous swim season.

**WARM-UP:** Assigned warm-ups, estimated timeline, and team timing assignments will be posted at [www.rsdswim.org](http://www.rsdswim.org) the Wednesday before the meet.

### ENTRY FEES:

- Surcharge: \$5.00 per swimmer. Individual Entries: \$3.00 each.
- Late entries, IF ACCEPTED, will be charged double, including surcharge.
- Make checks payable to: **BGCSDTO**

### DELIVERY:

- EMAIL: Must be received by Thursday, May 28, 2009, to: [br60mail-rsd@yahoo.com](mailto:br60mail-rsd@yahoo.com), with paper copy & checks mailed within 24 hrs.
- MAIL: Must be postmarked no later than Wednesday, May 27, 2009 to:  
Brian Robinson 840 Valley Ave. Solana Beach, CA 92075 tel. 6-10 pm 858-259-5972
- HAND DELIVERY: by 2:30pm Thursday, May 28, 2009 to the SI Swimming office: 1511 MORENA BLVD, San Diego CA 92110

**AWARDS:** None.