



**Inaugural RSD IMX/IMR Trophy Meet  
October 7-8, 2017**



<b>Sanctioned by:</b> USA Swimming and SI	<b>Date:</b> October 7-8 (Sat & Sun)
<b>Sanction Number:</b>	<b>Entries Due:</b> Sunday, September 24
<b>Sponsored by:</b> Rancho San Dieguito	<b>Start Times:</b> 8:30am warmup, 10:00am start

Saturday		
Number	Age	Event
1	11 & up	200 Free**
2	8 & Under	25 Free
3	10 & under	100 Free**
4	8 & Under	25 Back
5	13 & up	200 Breast*
6	12 & under	100 Breast*
7	13 & up	100 Fly**
8	12 & under	50 Fly**
9	8 & Under	25 Breast
10	13 & up 200 Back*	200 Back*
11	12 & under	100 Back*
12	8 & Under	25 Fly
13	13 & up	400 IM*
14	12 & Under	100 IM**
Sunday		
Number	Age	Event
15	11 & up	500 Free*
16	10 & under	200 Free*
17	13 & up	100 Breast**
18	12 & under	50 Breast**
19	13 & up	200 Fly*
20	12 & under	100 Fly*
21	13 & up	100 Back**
22	12 & under	50 Back**
23	Open	200 IM*

*IMX Checklist		
10&under	11-12	13&up
200 Free (Sun)	500 Free (Sun)	500 Free (Sun)
100 Back (Sat)	100 Back (Sat)	200 Back (Sat)
100 Breast (Sat)	100 Breast (Sat)	200 Breast (Sat)
100 Fly (Sun)	100 Fly (Sun)	200 Fly (Sun)
200 IM (Sun)	200 IM (Sun)	200 IM (Sun)
		400 IM (Sat)

**IMR Checklist		
10&under	11-12	13&up
100 Free (Sat)	200 Free (Sat)	200 Free (Sat)
50 Back (Sun)	50 Back (Sun)	100 Back (Sun)
50 Breast (Sun)	50 Breast (Sun)	100 Breast (Sun)
50 Fly (Sat)	50 Fly (Sat)	100 Fly (Sat)
100 IM (Sat)	100 IM (Sat)	200 IM (Sun)





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**LOCATION:** Doug & Marianne Pardee Aquatics Center at the Boys & Girls Club of San Dieguito, 533 Lomas Santa Fe Dr., Solana Beach, CA 92075. Competition pool is 10 lanes by 25 yards. The minimum water depth, measured in accordance with Article 103.2.3, is 9 feet, 0 inches at the start end and 9 feet, 0 inches at the turn end. The competition course has not been certified in accordance with Article 104.2.2C(4). An additional 6-lane, 25-yard shallow pool is available for warm-up and cool-down throughout the meet.

### **PARKING:**

**Saturday & Sunday:** NO PARKING on the residential hill adjacent to the pool parking lot  
NO PARKING at the office park (505 Lomas Santa Fe) on the corner of Nardo and Lomas  
NO PARKING at the office park/parking structure directly across the street (550 & 530 Lomas Santa Fe)  
NO PARKING at the Solana Beach Library (Stevens)  
Overflow parking is available on surrounding surface streets and should be available at Earl Warren Middle School (Sat & Sun) and at the Solano beach Presbyterian Church (Sat only)  
-Updated parking information will be available prior to competition.

**ELIGIBILITY:** This swim meet is open only to swimmers who are 2017 USA Swimming registered RSD or Unattached-RSD. SI Swimming does not permit on-deck registration.

**CHANGE OF AFFILIATION:** *Before* the meet, a swimmer may change affiliation by submitting a Club Transfer form and the appropriate fee to the Swim Office. *At the meet,* a swimmer may unattach by notifying the Administrative Referee in writing and paying the appropriate fee. A swimmer may not attach at the meet

### **ENTRY DEADLINE:**

11:59 p.m. Sunday, September 24

### **ENTRY LIMIT:**

Swimmers ages 13&up may swim a maximum of (3) events per day—**total of 6 events for the meet.**  
Swimmers ages 12&under may swim a maximum of (3) events per day—**total of 5 events for the meet.**  
Swimmers ages 8&under may swim a maximum of (4) events on Saturday—**total of 4 events for the meet.**  
Swimmers age 8&under may swim in "10&Under" IMR and/or IMX track instead of the stroke 25s, with prior coach approval—**total of 5 events for the meet.**  
Swimmers are encouraged to enter only all the IMR events or all the IMX events for their gender/age group. All swimmers ages 12 and younger should complete competition in 4 hours and meet admin may limit entries or require mandatory scratch-down to meet the 4-hour rule. "No Time" entries will be accepted.

### **ENTRY FEE:**

\$4.00 each individual event, \$12.00 per swimmer surcharge No refunds will be issued.

### **AWARDS:**

Swimmers must enter and swim ALL IMX and/or IMR events within their age group and gender to be eligible for awards. A "no show" in any event will remove the swimmer from the award scoring. "No show" swimmers will be allowed to swim all remaining events for time only. Declared false starts will not be accepted as part of the individual scoring and will be treated as a "no show."

Trophies will be awarded for the top three IMX swimmers in each single-year age grouping (9&under, 10, 11, 12, 13, 14, 15, 16, 17, 18) and gender.

Trophies will be awarded for the top three IMR swimmers in each single-year age grouping (9&under, 10, 11, 12, 13, 14, 15, 16, 17, 18) and gender.

The 8&under 25-yard events will not be included in scoring.







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**CHECK-IN:**

At the discretion of the Meet Referee and Meet Director, the meet may be pre-seeded with no penalty for missed events or swimmers must check in with the Clerk of Course for each event they wish to swim. After an event has been officially closed, swimmers **MAY NOT CHECK IN OR SCRATCH. SWIMMERS MUST CHECK IN THIRTY MINUTES PRIOR TO THE START OF THE SESSION.**

**WARMUP RULES:** USA Swimming warm-up policies will be enforced by USA Swimming Officials. Swimmers warming up or down before, during, or after th1s swim meet must be under the direct supervision of an USA Swimming member coach. There will be **NO DIVING** into the pool during these times except into the designated sprint lane(s). **WARM-UP RULES WILL BE ANNOUNCED AND POSTED.**

**SWIMWEAR:** Swimwear must conform to USA Swimming Rule 102.8. Only swimsuits complying with FINA swimsuit specifications may be worn in any USA Swimming sanctioned or approved competition.

**DECK CHANGING:** Deck changing is not permitted.

**RACING START CERTIFICATION:** Any swimmer entered in the meet must be certified by a USA Swimming member coach as being proficient in performing a racing start or must start each race from within the water. When unaccompanied by a member coach, it is the responsibility of the swimmer or the swimmer's legal guardian to ensure compliance with this requirement.

**RULES:** USA Swimming rules will govern. Current SI Meet procedures will be enforced and take precedence over any errors or omissions on this entry form. It is understood and agreed that USA Swimming shall be free from any liabilities or claims for damages arising by reason of injuries to anyone during the conduct of the event.

**MEET REFEREE:** The meet referee shall be in charge of the meet. Any questions regarding the conduct of the meet should be made directly to that person.

**RULES RECAP:**

- Current USA-S rules will apply.
- All events will be swum fastest to slowest.
- Fly-Over starts may be used. In that event, swimmers are reminded to remain in the water at the conclusion of their heat until the following heat has started. Swimmers then have 15 seconds to exit the pool.
- There is no penalty for missed events - except for removal from the IMX/IMR scoring and trophies
- The Meet Referee and Meet Director may require a mandatory scratch-down if the 4-hour rule for swimmers ages 12 is not met.

**SAFE SPORT/USA SWIMMING:**

**RECORDING DEVICES & MEDIA NOTICE:** The use of audio-visual recording devices, including cell phones, is not permitted in locker rooms, changing areas or restrooms. Recording devices are not permitted behind the starting blocks during the starting sequence throughout the meet. This meet may be covered by the media, including photographs, video, web casting and other forms of obtaining images of athletes participating in the meet. Entry into the meet is acknowledgement and consent to this fact.

“Operation of a drone, or any other flying apparatus, is prohibited over the venue (pools, athlete/coach areas, spectator areas and open-ceiling locker rooms) any time athletes, coaches, officials and/or spectators are present.”

