



# SOUTH BAY AQUATICS

## A/B All Ages LC Meet - July 7-9, 2017

Invited SI Teams are: **BFST, CALI, CSA, FAST, ICAC, MEYR, OSC, PAC, PQAC, RSD, SBA, SSD and WSST**

		Girls				Boys				
		B min	A min	Age	Dist/Stroke	A min	B min			
<b>Warmup 5:00pm</b>										<b>Meet Starts 6:00pm</b>
<b>Friday, July 7, 2017</b>										
1	6:18.80	5:47.30	12/Un	A/B	400 FREE	5:46.60	6:18.10		2	
3	12:31.70	11:29.00	11-Ov	A/B	800 FREE	11:01.20	12:01.30		4	
<b>Warmup 7:15am</b>										<b>Meet Starts 8:30am</b>
<b>Saturday, July 8, 2017</b>										
<b>MORNING SESSION</b>										
5	3:19.30	3:02.70	10/U	A/B	200 FREE	3:02.40	3:19.00		6	
7	2:57.70	2:42.90	11-12	A/B	200 FREE	2:43.60	2:58.40		8	
9	1:50.30	1:41.00	10/U	A/B	100 BACK	1:41.30	1:50.50		10	
11	1:37.60	1:29.40	11-12	A/B	100 BACK	1:30.70	1:39.00		12	
13	54.70	45.60	8/U	A/B	50 FREE	44.40	53.30		14	
15	41.90	38.40	9-10	A/B	50 FREE	38.10	41.50		16	
17	38.00	34.90	11-12	A/B	50 FREE	34.40	37.60		18	
19	1:02.40	52.00	8/U	A/B	50 FLY	52.70	1:03.20		20	
21	47.20	43.20	9-10	A/B	50 FLY	43.10	47.00		22	
23	41.90	38.40	11-12	A/B	50 FLY	39.20	42.70		24	
25	2:02.40	1:52.20	10/U	A/B	100 BRST	1:52.90	2:03.10		26	
27	1:49.10	1:40.00	11-12	A/B	100 BRST	1:40.10	1:49.20		28	
<b>AFTERNOON SESSION</b>										
29	6:55.10	6:20.40	11-14	A/B	400 IM	6:00.20	6:33.00		30	
31	6:37.70	6:04.50	15-Ov	A/B	400 IM	5:41.70	6:12.80		32	
33	2:48.10	2:34.10	13-14	A/B	200 FREE	2:28.50	2:42.00		34	
35	2:46.20	2:32.30	15-Ov	A/B	200 FREE	2:21.80	2:34.70		36	
37	1:32.90	1:25.10	13-14	A/B	100 BACK	1:22.10	1:31.60		38	
39	1:32.20	1:24.40	15-0v	A/B	100 BACK	1:18.60	1:25.80		40	
41	36.40	33.30	13-14	A/B	50 FREE	30.20	33.00		42	
43	35.80	32.80	15-0v	A/B	50 FREE	29.80	32.50		44	
45	3:17.40	3:00.90	11-14	A/B	200 FLY	2:53.10	3:08.90		46	
47	3:13.00	2:56.90	15-Ov	A/B	200 FLY	2:40.30	2:54.80		48	
49	1:42.50	1:33.90	13-14	A/B	100 BRST	1:29.20	1:37.30		50	
51	1:43.20	1:34.60	15-Ov	A/B	100 BRST	1:25.60	1:33.40		52	
53	5:55.80	5:26.10	13-14	A/B	400 FREE	5:15.60	5:44.30		54	
55	5:47.60	5:18.70	15-Ov	A/B	400 FREE	4:59.20	5:26.40		56	
<b>Warmup 7:15am</b>										<b>Meet Starts 8:30am</b>
<b>Sunday, July 9, 2017</b>										
<b>MORNING SESSION</b>										
57	1:59.20	1:39.30	8/U	A/B	100 FREE	1:35.50	1:54.60		58	
59	1:32.00	1:24.40	9-10	A/B	100 FREE	1:23.90	1:31.60		60	
61	1:22.40	1:15.60	11-12	A/B	100 FREE	1:15.10	1:22.00		62	
63	1:10.30	58.60	8/U	A/B	50 BRST	57.10	1:08.50		64	
65	56.00	51.40	9-10	A/B	50 BRST	51.40	56.00		66	
67	50.20	46.00	11-12	A/B	50 BRST	45.60	49.80		68	
69	1:05.30	54.40	8/U	A/B	50 BACK	53.20	1:03.80		70	
71	50.60	46.40	9-10	A/B	50 BACK	46.30	50.50		72	
73	45.40	41.60	11-12	A/B	50 BACK	42.00	45.80		74	
75	1:49.70	1:40.50	10/U	A/B	100 FLY	1:40.70	1:49.80		76	
77	1:35.30	1:27.30	11-12	A/B	100 FLY	1:28.10	1:36.10		78	
79	3:49.30	3:30.20	10/U	A/B	200 IM	3:31.20	3:50.40		80	
81	3:25.00	3:07.90	11-12	A/B	200 IM	3:08.20	3:25.30		82	
<b>AFTERNOON SESSION</b>										
83	1:18.50	1:11.90	13-14	A/B	100 FREE	1:07.90	1:14.00		84	
85	1:17.80	1:11.30	15-Ov	A/B	100 FREE	1:04.50	1:10.30		86	
87	3:43.00	3:24.40	11-14	A/B	200 BRST	3:15.20	3:33.00		88	
89	3:41.90	3:23.40	15-Ov	A/B	200 BRST	3:03.70	3:20.40		90	
91	3:19.60	3:02.80	11-14	A/B	200 BACK	2:53.30	3:09.20		92	
93	3:12.70	2:56.50	15-Ov	A/B	200 BACK	2:45.50	3:00.70		94	
95	1:27.60	1:20.30	13-14	A/B	100 FLY	1:16.70	1:23.60		96	
97	1:26.40	1:19.20	15-Ov	A/B	100 FLY	1:13.90	1:20.60		98	
99	3:13.40	2:57.30	13-14	A/B	200 IM	2:49.00	3:04.30		100	
101	3:12.00	2:56.00	15-Ov	A/B	200 IM	2:41.00	2:55.70		102	
103	23:13.30	21:17.20	11-Ov	A/B	1500 FREE	20:57.40	22:51.70		104	

FOUR EVENTS PER DAY LIMIT !



# SOUTH BAY AQUATICS

## A/B All Ages LC Meet - July 7-9, 2017

**Invited SI Teams are: BFST, CALI, CSA, FAST, ICAC, MEYR, OSC, PAC, PQAC, RSD, SBA, SSD and WSST**

**SANCTION:** This meet is held under the sanction of USA Swimming and issued by San Diego-Imperial Swimming #SI-17-23. In granting this sanction it is understood and agreed that USA Swimming shall be free from any liabilities or claims for damages arising by reason of injuries to anyone during the conduct of the event.

**MEET DIRECTOR:** Sammie Hail. Cell 619-865-4209, or email: [sbswims@gmail.com](mailto:sbswims@gmail.com)

**POOL:** Loma Verde pool, 1420 Loma Lane, Chula Vista. 8 lane, 50M pool. Colorado timing and scoreboard in use. The minimum water depth, measured in accordance with Article 103.2.3, is 6 feet, 0 inches at the start end and 4 feet, 0 inches at the turn end. The competition course has not been certified in accordance with Article 104.2.2C(4). Full snack bar available.

**ELIGIBILITY:** Open only to SI USAS swimmers from invited teams (listed above) or who are unattached, and out-of-district swimmers who hold a valid 2017 USA Swimming Card issued no later than 2:30pm on Thursday, June 29, 2017. Swimmers with a disability are encouraged to participate. SI Swimming does not permit on-deck registration. All USA Swimming registration numbers will be verified with the SWIMS registration database; swimmers without a current registration will be scratched from all events.

**RULES:** Current USA swimming rules and SI Swimming procedures will govern all competition, and will take precedence over errors/omissions of this meet announcement. All coaches and deck officials must wear their USA Swimming membership cards in a visible manner. Changing into or out of swimsuits other than in locker rooms or other designated areas is prohibited. The use of audio or visual recording devices, including a cell phone, is not permitted in changing areas, rest rooms, or locker rooms. Recording devices are not permitted behind the starting blocks during the starting sequence throughout the meet. Operation of a drone, or any other flying apparatus, is prohibited over the venue (pools, athlete/coach areas, spectator areas and open ceiling locker rooms) any time athletes, coaches, officials and/or spectators are present.

- **Check-in.** This is a deck seeded meet. Swimmers must check in with the Clerk of Course for each event they wish to swim. Swimmers who fail to check in for an event will be scratched from that event and not allowed to swim. Scratches are permitted without refunds. After an event is closed, a swimmer may not check in or scratch. Check-in for the first 8 events of each session will close 30 minutes prior to the beginning of the session; the remaining events will close when the sessions begins.
- **Seeding.** All events will be seeded and swum fastest to slowest.
- **Racing Starts.** All swimmers entered in the meet must be certified by a USA Swimming member coach as being proficient in performing a racing start or must start each race from within the water. For swimmers unaccompanied by a USA Swimming member coach, it is the responsibility of the swimmer or the swimmer's legal guardian to ensure compliance with this requirement.
- **No Show Penalty.** Any swimmer, once checked in for an event, who is a no show for an event, will be barred from their next individual event and will not be allowed to swim that race.

**ENTRIES:** Swimmers are limited to 4 events per day. All individual entries must be submitted electronically using Hy-Tek Team Manager compatible software to [sbswims@gmail.com](mailto:sbswims@gmail.com). Relays may be deck-entered. A paper copy of the meet entry report and the entry fee report must be mailed along with full payment of entry fees within 24 hours. Event files can be uploaded from [www.si-swimming.org](http://www.si-swimming.org). All relays will be deck-entered. Assigned warm-up times, estimated timelines and team timing assignments will be posted on [www.si-swimming.org](http://www.si-swimming.org) prior to the meet. Entries received without payment will be rejected. All entries that do not contain a current USA Swimming registration number will be rejected.

**ENTRY TIMES:** Submit Long Course times only, which meet the B minimum time standard. NT entries will not be accepted.



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**Invited SI Teams are: BFST, CALI, CSA, FAST, ICAC, MEYR, OSC, PAC, PQAC, RSD, SBA, SSD and WSST**

### **ENTRY FEES:**

- Surcharge: \$5.00 per swimmer. Individual Entries: \$4.00 each. Relays: \$16.00 each. No refunds.
- Late entries, IF ACCEPTED, will be charged double, including surcharge. No late entries are permitted after the meet begins.
- A single team check is required. Make check payable to: **SOUTH BAY AQUATICS**

### **DELIVERY:**

- **Email:** Must be received by 9:00 pm Friday June 30, 2017 in acceptable Hy-Tek format to [sbswims@gmail.com](mailto:sbswims@gmail.com) with paper copy and team check mailed within 24 hours.
- **Mailed Entries:** Must be postmarked no later than Wednesday June 28, 2017 to:  
Sammie Hail, 1113 Bow Willow Trail Way, Chula Vista, CA 91915
- Entries may be hand delivered by 2:30pm Friday June 30, 2017 to the SI Swimming office:  
3511 Camino del Rio South, Suite 405, San Diego, CA 92108 or to Paradowski's Swim & Sport, 7962 Convoy Court, San Diego.

**AWARDS:** Individual Events: A events: Medals 1-3, ribbons 4-8. B events: Ribbons 1-8. Relays: Medals 1-3. Awards for 13 & Over events by request only.