



# DON WATKINDS MEMORIAL F.I.R.S.T. SWIM MEET



**Including a Parent/Athlete Clinic Prior to the Meet  
September 23, 2017**



Saturday, September 23, 2017			
Girls		Boys	
Event #	Age Group	Distance / Stroke	Event #
1	8 & Under	25 Y Free	2
3	13 & Over	50 Y Free	4
5	11-12	50 Y Free	6
7	10 & Under	50 Y Free	8
9	13 & Over	100 Y Free	10
11	11-12	100 Y Free	12
13	10 & Under	100 Y Free	14

**The purpose of this event is to educate swimmers and parents about USA Swimming and to provide a fun environment for a swimmer's F.I.R.S.T. competition.**

**Sponsored by the Diversity and Inclusion Committee and San Diego Imperial Swimming**

**GENERAL INFORMATION:** Teams may enter up to 6 swimmers. Outreach/Diversity should take precedence when selecting your athletes. The meet will be capped at 54 swimmers. All athletes must have a coach in attendance for the clinic and the meet.

**AGENDA:**

- Athlete and Parent Check In: 8:00 – 8:30 am
- Swimmer's Clinic: 8:30 – 9:45 am Information about swim meet procedures, swim meet etiquette, nutrition and time for general questions
- Parent's Education Meeting: 8:30 – 9:45 am Information about USA Swimming, San Diego Imperial Swimming, swim meet procedures, parent procedures and time for general questions
- Swim meet: 10:00 am until conclusion
- Coaches, Officials and other Parents will be on deck to answer questions and assist in the meet process



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**SANCTION:** This meet is held under the sanction of USA Swimming and is issued by San Diego-Imperial Swimming #SI-17-50. In granting this sanction it is understood and agreed that USA Swimming shall be free from any liabilities or claims for damages arising by reason of injuries to anyone during the conduct of the meet.

**ELIGIBILITY:** This meet is open to USA Registered swimmers who hold a valid 2017 or 2018 Outreach or Year Round USA Swimming Card that has been issued by September 20, 2017. All USA Swimming registrations will be verified using the SWIMS registration database. **The swimmer may NOT ever have competed in any USA Sanctioned meet.**

**MEET DIRECTORS:** Krissy Payton: Questions regarding the event: [sba.info.krissy@aol.com](mailto:sba.info.krissy@aol.com) 619-733-6943  
Mary Redmond: Send entries to [seanmary@aol.com](mailto:seanmary@aol.com) via Hytek or Team Unify entry file. Entry questions: 760-716-7678

**POOL:** Salvation Army Ray and Joan Kroc Community Center pool. 6845 University Ave, San Diego, CA 92115. 25 yard, 8-lane pool with separate warmup area available during meet. The minimum water depth, measured in accordance with Article 103.2.3, is 13 feet, 0 inches at the start end and 7 feet, 6 inches at the turn end. The competition course has not been certified in accordance with Article 104.2.2C(4). Plenty of rest rooms and showers. Snack Bar provided by Salvation Army.

**RULES:** Current USA swimming rules and SI Swimming procedures will govern all competition, and will take precedence over errors/omissions of this meet announcement. All coaches and deck officials must wear their USA Swimming membership cards in a visible manner. Changing into or out of swimsuits other than in locker rooms or other designated areas is not appropriate and is prohibited. The use of audio or visual recording devices, including a cell phone, is not permitted in changing areas, rest rooms, or locker rooms. Recording devices are not permitted behind the starting blocks during the starting sequence throughout the meet. Operation of a drone, or any other flying apparatus, is prohibited over the venue (pools, athlete/coach areas, spectator areas and open ceiling locker rooms) any time athletes, coaches, officials and/or spectators are present.

- **Check-in.** Swimmers must check in prior to the beginning of the Swimmer's Clinic.
- **Seeding.** All events will be seeded and swum fastest to slowest.
- **Racing Starts.** All swimmers entered in the meet must be certified by a USA Swimming member coach as being proficient in performing a racing start or must start each race from within the water. For swimmers unaccompanied by a USA Swimming member coach, it is the responsibility of the swimmer or the swimmer's legal guardian to ensure compliance with this requirement.

**ENTRIES:** Swimmers may enter all events they are eligible for. Swimmers may enter this first-ever meet with estimated times or no time (NT).

**AWARDS:** All swimmers will receive an award for each event they swim.

**ENTRY FEES:** There are no entry fees for this meet.