

Wind N' Sea Swim Team

All Ages ABC Meet South ★ October 23-24, 2010



		Girls				Boys			
	B min	A min	Age	Dist/Stroke	A min	B min			
Warmup 7:00am		Saturday, Oct 23, 2010				Meet Starts 8:30am			
1	48.60	40.50	8/U	A/B/C 50 FREE	39.40	47.30	2		
3	37.00	33.90	9-10	A/B/C 50 FREE	34.10	37.20	4		
5	33.50	30.70	11-12	A/B/C 50 FREE	30.80	33.60	6		
7	2:01.40	1:41.20	8/U	A/B/C 100 IM	1:38.50	1:58.20	8		
9	1:34.40	1:26.60	9-10	A/B/C 100 IM	1:26.90	1:34.80	10		
11	1:24.70	1:17.70	11-12	A/B/C 100 IM	1:17.70	1:24.70	12		
13	57.80	48.10	8/U	A/B/C 50 BACK	46.80	56.30	14		
13	44.30	40.50	9-10	A/B/C 50 BACK	40.40	44.20	16		
17	39.60	36.20	11-12	A/B/C 50 BACK	36.60	40.00	18		
19	1:02.80	52.30	8/U	A/B/C 50 BRST	51.00	1:01.20	20		
21	49.80	45.60	9-10	A/B/C 50 BRST	45.60	49.80	22		
23	44.50	40.80	11-12	A/B/C 50 BRST	41.00	44.80	24		
25	55.60	46.30	8/U	A/B/C 50 FLY	47.00	56.40	26		
27	41.80	38.30	9-10	A/B/C 50 FLY	38.20	41.60	28		
29	37.40	34.30	11-12	A/B/C 50 FLY	34.50	37.70	30		
31	2:56.80	2:42.00	10/U	A/B/C 200 FREE	2:41.80	2:56.50	32		
33	2:37.20	2:24.10	11-12	A/B/C 200 FREE	2:24.60	2:37.80	34		
35	-	-	10/U	200 MED RELAY	-	-	36		
37	-	-	11-12	200 MED RELAY	-	-	38		
AFTERNOON SESSION									
39	-	-	13-Ov	400 MED RELAY	-	-	40		
41	2:28.40	2:16.10	13-14	A/B/C 200 FREE	2:10.90	2:22.80	42		
43	2:28.80	2:16.40	15-Ov	A/B/C 200 FREE	2:04.80	2:16.20	44		
45	2:55.10	2:40.50	13-14	A/B/C 200 FLY	2:33.30	2:47.30	46		
47	2:50.90	2:36.60	15-Ov	A/B/C 200 FLY	2:21.60	2:34.40	48		
49	3:18.20	3:01.70	13-14	A/B/C 200 BRST	2:50.80	3:06.40	50		
51	3:17.30	3:00.80	15-Ov	A/B/C 200 BRST	2:43.00	2:57.80	52		
53	1:21.00	1:14.10	13-14	A/B/C 100 BACK	1:11.30	1:18.00	54		
55	1:21.50	1:14.50	15-Ov	A/B/C 100 BACK	1:08.20	1:14.50	56		
57	31.90	29.30	13-14	A/B/C 50 FREE	27.50	30.00	58		
59	31.90	29.30	15-Ov	A/B/C 50 FREE	26.50	28.90	60		
61	6:07.30	5:36.60	13-14	A/B/C 400 IM	5:18.20	5:47.30	62		
63	5:51.50	5:22.00	15-Ov	A/B/C 400 IM	5:01.20	5:28.80	64		
Warmup 7:00am		Sunday, Oct 24, 2010				Meet Starts 8:30am			
65	6:59.50	6:24.60	12/U	A/B/C 500 FREE	6:29.80	7:05.30	66		
67	1:23.00	1:16.10	11-12	A/B/C 100 FLY	1:18.20	1:25.30	68		
69	1:37.40	1:29.30	10/U	A/B/C 100 FLY	1:29.40	1:37.60	70		
71	1:12.70	1:06.70	11-12	A/B/C 100 FREE	1:06.20	1:12.20	72		
73	1:21.50	1:14.70	10/U	A/B/C 100 FREE	1:14.30	1:21.00	74		
75	1:37.00	1:28.90	11-12	A/B/C 100 BRST	1:29.00	1:37.10	76		
77	1:49.10	1:40.00	10/O	A/B/C 100 BRST	1:40.50	1:49.70	78		
79	1:25.20	1:17.90	11-12	A/B/C 100 BACK	1:20.50	1:28.00	80		
81	1:36.80	1:28.60	10/U	A/B/C 100 BACK	1:28.70	1:37.00	82		
83	3:01.30	2:46.20	11-12	A/B/C 200 IM	2:46.50	3:01.70	84		
85	3:23.50	3:06.50	10/U	A/B/C 200 IM	3:07.40	3:24.50	86		
87	-	-	11-12	200 FREE RELAY	-	-	88		
89	-	-	10/U	200 FREE RELAY	-	-	90		
AFTERNOON SESSION									
91	-	-	13-Ov	400 FREE RELAY	-	-	92		
93	1:17.50	1:11.10	15-Ov	A/B/C 100 FLY	1:05.10	1:11.00	94		
95	1:17.40	1:11.00	13-14	A/B/C 100 FLY	1:07.70	1:13.80	96		
97	1:08.50	1:02.80	15-Ov	A/B/C 100 FREE	57.40	1:02.60	98		
99	1:09.10	1:03.40	13-14	A/B/C 100 FREE	59.60	1:05.00	100		
101	2:48.10	2:33.80	15-Ov	A/B/C 200 BACK	2:23.90	2:37.30	102		
103	2:54.50	2:39.60	13-14	A/B/C 200 BACK	2:31.00	2:45.10	104		
105	1:31.60	1:23.90	15-Ov	A/B/C 100 BRST	1:15.80	1:22.70	106		
107	1:31.00	1:23.40	13-14	A/B/C 100 BRST	1:19.10	1:26.30	108		
109	2:52.10	2:37.70	15-Ov	A/B/C 200 IM	2:21.70	2:34.70	110		
111	2:50.90	2:36.60	13-14	A/B/C 200 IM	2:29.00	2:42.60	112		
113	6:29.90	5:57.40	15-Ov	A/B/C 500 FREE	5:34.80	6:05.30	114		
115	6:32.30	5:59.60	13-14	A/B/C 500 FREE	5:48.60	6:20.30	116		

4 EVENTS PER DAY LIMIT

Wind N' Sea Swim Team

All Ages ABC Meet South ★ October 23-24, 2010

SANCTION: This meet is sanctioned by USA Swimming and issued by San Diego-Imperial Swimming #SI-10-29.

POOL: Coggan Family Aquatic Complex, 800 Nautilus Street, La Jolla, CA 92037. Info: www.cfaquatics.org
25 yd by 50 meter pool. The minimum water depth, measured in accordance with Article 103.2.3, is 7 feet, 0 inches at the start end and 7 feet, 0 inches at the turn end. The competition course has not been certified in accordance with Article 104.2.2C(4). Snack bar will be available.

ELIGIBILITY: Open to SI South Division teams and Out-of-District USA swimmers who hold a valid 2010 USA Swimming Card issued no later than 2:30 pm on Thursday, October 14, 2010. All USA Swimming registration numbers will be verified with the SWIMS registration database.

RULES: Current USA swimming rules and SI Swimming procedures will govern all competition, and will take precedence over errors/omissions of this meet announcement. All coaches and deck officials must wear their USA Swimming membership cards in a visible manner.

- **Check-in.** This is a deck seeded meet. Swimmers must check in with the Clerk of Course for each event they wish to swim. Swimmers who fail to check in for an event will be scratched from that event and not allowed to swim. Scratches are permitted without refunds. After an event is closed, a swimmer may not check in or scratch. Check-in for the first eight events of each session will close 30 minutes prior to the beginning of the session. Check-in for the remaining events will close at start of the session.
- **No Show Penalty.** Any swimmer, once checked in for an event, who is a no show for an event, will be barred from their next individual event and will not be allowed to swim that race.
- **Racing Starts.** All swimmers entered in the meet must be certified by a USA Swimming member coach as being proficient in performing a racing start or must start each race from within the water. For swimmers unaccompanied by a USA Swimming member coach, it is the responsibility of the swimmer or the swimmer's legal guardian to ensure compliance with this requirement.
- **Timeline.** Assigned warm-ups, an estimated timeline and team timing assignments will be posted at www.windnseaswimteam.com the Wednesday before the meet.

ENTRIES: Swimmers are limited to a maximum of 4 events each day. Individual entries must be submitted electronically using the Hy-Tek Team Manager system, and emailed to paton@windnseaswimteam.com with a paper copy and payment mailed separately. Event files can be uploaded from www.si-swimming.com. All relays will be deck entered.

ENTRY TIMES: Submit Short Course times only. Times must be the best recorded time in the event from this or the previous swim season. Swimmers with no times use NT.

ENTRY FEE: Surcharge: \$5.00 per swimmer. Individual Entries: \$3.00 each. Relays: \$12.00 each. Entries from a single team (10 or more swimmers) not submitted electronically: \$6.00 each. Late entries, IF ACCEPTED, will be charged double, including surcharge. Team entries must be paid with a single check.

Make all checks payable to: **WIND N SEA SWIM TEAM**

DELIVERY:

- **EMAIL:** Must be received by Thursday October 14, 2010, in acceptable Hytek format to: paton@windnseaswimteam.com with paper copy & team check mailed within 24 hrs.
- **MAIL:** Must be postmarked no later than Wednesday, October 13, 2010, to:
Paton McClung, 737 Emerald Street, San Diego, CA 92109 telephone: 858-483-8310
- **HAND DELIVERY:** by 2:30pm Thursday, October 14, 2010 to the SI Swimming Office -
1511 Morena Blvd, San Diego, CA 92110.

AWARDS: A Events: Medals 1st-3rd, ribbons 4th-8th. B and C Events: Ribbons 1st - 8th place.