

## Palomar League Championships 2012 - 5/10/2012 to 5/12/2012

## Results

## Event 1 Girls 200 Yard Medley Relay

CIFSDS: 1:46.31 2011		TPHS			
Palomar Leag: 1:47.55 2006		Torrey Pines High School			
Team	Relay	Prelim Time	Finals Time	Points	
<b>Championship Final</b>					
1 Mt. Carmel High School-SI	A	2:03.68	1:51.87	40	
1) Reilly, Georgia FR	2) Smith, Christine C SR	3) Hughes, Sabrina Z FR	4) Jones, Dana J SR		
27.82	1:01.58 (33.76)	1:28.29 (26.71)	1:51.87 (23.58)		
2 Torrey Pines High School	A	1:55.32	1:52.59	34	
1) Garfein, McKenna R JR	2) DePeralta, Allison R SR	3) Pold, Eva SR	4) Guo, Margaret SR		
28.94	1:00.08 (31.14)	1:27.34 (27.26)	1:52.59 (25.25)		
3 Westview High School	A	1:55.96	1:52.93	32	
1) Nguyen, An T FR	2) Rankin, Francesca SO	3) Vankat, Deniesse B JR	4) Mao, Callie JR		
29.56	1:00.61 (31.05)	1:27.40 (26.79)	1:52.93 (25.53)		
4 Rancho Bernardo High School	A	1:57.97	1:57.94	30	
1) Anderson, Colleen E FR	2) Gansert, Kiley SO	3) Cable, Alyssa J JR	4) Bradford, Emilee SO		
29.83	1:04.27 (34.44)	1:30.91 (26.64)	1:57.94 (27.03)		
5 Ramona High School	A	2:07.58	2:08.60	28	
1) Schwegler, Jocelyn E SO	2) Podoris, Alicia M FR	3) Holabird, Ashlee L SO	4) Gilbert, Jessi L JR		
33.27	1:10.68 (37.41)	1:40.35 (29.67)	2:08.60 (28.25)		
6 Poway High School-CA	A	2:10.09	2:11.08	26	
1) Brown, Abby SR	2) Samson, Salem JR	3) Degelsmith, Daylen R SR	4) Artaud, Summer SO		
34.17	1:11.45 (37.28)	1:41.16 (29.71)	2:11.08 (29.92)		
<b>Consolation Final</b>					
9 Mt. Carmel High School-SI	B	2:07.36	1:57.51	18	
1) Quinonez, Victoria SR	2) Lee, Mae B FR	3) Burton, Nina L FR	4) Gormaly, Jordan SO		
29.80	1:03.72 (33.92)	1:31.88 (28.16)	1:57.51 (25.63)		
10 Torrey Pines High School	B	1:59.59	1:58.66	14	
1) Seacat, Julia SO	2) Lambert-FLiszar, Florence SR	3) Keziz, Tara JR	4) Yang, Kathryn D SO		
29.69	1:03.05 (33.36)	1:32.85 (29.80)	1:58.66 (25.81)		
11 Westview High School	B	2:01.83	1:58.70	12	
1) Ou, Kelly SR	2) Logan, Mackenzie R SO	3) Rosenthal, Rachel J JR	4) Ockletree, Suranee L SR		
32.45	1:03.65 (31.20)	1:31.96 (28.31)	1:58.70 (26.74)		
12 Rancho Bernardo High School	B	2:14.69	2:12.75	10	
1) Ross, Cameron K FR	2) Chen, Maggie FR	3) Kuck, Haley SR	4) Han, Songhee FR		
36.02	1:13.12 (37.10)	1:44.44 (31.32)	2:12.75 (28.31)		
13 Ramona High School	B	2:13.11	2:13.60	8	
1) O'Gwynn, Meredith I SN	2) Smith, Holly FR	3) VanTol, Kay FR	4) Campbell, Briana E JR		
33.90	1:12.75 (38.85)	1:43.93 (31.18)	2:13.60 (29.67)		
14 Poway High School-CA	B	2:19.36	2:18.13	6	
1) Benham, Jillian SO	2) Cahua, Adriana SO	3) Leonui, Kealoha FR	4) Watt, Regan SO		
34.97	1:12.19 (37.22)	1:47.19 (35.00)	2:18.13 (30.94)		

## Event 1 Girls 200 Yard Medley Relay

CIFSDS: 1:46.31 2011		TPHS			
Palomar Leag: 1:47.55 2006		Torrey Pines High School			
Team	Relay	Seed Time	Prelim Time		
<b>Preliminaries</b>					
1 Torrey Pines High School	A	1:52.41	1:55.32 q		
1) Garfein, McKenna R JR	2) DePeralta, Allison R SR	3) Pold, Eva SR	4) Guo, Margaret SR		
29.54	1:01.95 (32.41)	1:29.99 (28.04)	1:55.32 (25.33)		
2 Westview High School	A	1:54.24	1:55.96 q		
1) Nguyen, An T FR	2) Rankin, Francesca SO	3) Vankat, Deniesse B JR	4) Mao, Callie JR		
30.16	1:02.35 (32.19)	1:29.60 (27.25)	1:55.96 (26.36)		

## Palomar League Championships 2012 - 5/10/2012 to 5/12/2012

## Results

## Preliminaries ... (Event 1 Girls 200 Yard Medley Relay)

Team	Relay	Seed Time	Prelim Time
3 Rancho Bernardo High School	A	1:54.46	1:57.97 q
1) Anderson, Colleen E FR	2) Gansert, Kiley SO	3) Cable, Alyssa J JR	4) Bradford, Emilee SO
30.16	1:03.79 (33.63)	1:30.74 (26.95)	1:57.97 (27.23)
4 Torrey Pines High School	B	2:00.12	1:59.59 q
1) Seacat, Julia SO	2) Lambert-FLiszar, Florence SR	3) Keziz, Tara JR	4) Yang, Kathryn D SO
29.88	1:03.20 (33.32)	1:32.45 (29.25)	1:59.59 (27.14)
5 Westview High School	B	2:01.15	2:01.83 q
1) Ou, Kelly SR	2) Logan, Mackenzie R SO	3) Rosenthal, Rachel J JR	4) Ockletree, Suranee L SR
32.16	1:04.69 (32.53)	1:33.90 (29.21)	2:01.83 (27.93)
6 Mt. Carmel High School-SI	A	1:54.43	2:03.68 q
1) Jolk, Glenn A SO	2) Smith, Christine C SR	3) Burton, Nina L FR	4) Foresman, Alicia JR
32.06	1:06.63 (34.57)	1:35.65 (29.02)	2:03.68 (28.03)
7 Mt. Carmel High School-SI	B	2:03.00	2:07.36 q
1) Quinonez, Victoria SR	2) Bell, Allison M SO	3) Chaturvedi, Richa SO	4) Vinoskey, Emily SO
30.17	1:08.37 (38.20)	1:38.60 (30.23)	2:07.36 (28.76)
8 Ramona High School	A	2:09.14	2:07.58 q
1) Schwegler, Jocelyn E SO	2) Podoris, Alicia M FR	3) Holabird, Ashlee L SO	4) Gilbert, Jessi L JR
32.65	1:09.79 (37.14)	1:39.24 (29.45)	2:07.58 (28.34)
9 Poway High School-CA	A	2:13.42	2:10.09 q
1) Brown, Abby SR	2) Samson, Salem JR	3) Degelsmith, Daylen R SR	4) Artaud, Summer SO
33.46	1:10.11 (36.65)	1:40.01 (29.90)	2:10.09 (30.08)
10 Ramona High School	B	2:16.39	2:13.11 q
1) O'Gwynn, Meredith I SN	2) Smith, Holly FR	3) VanTol, Kay FR	4) Campbell, Briana E JR
34.14	1:11.42 (37.28)	1:43.32 (31.90)	2:13.11 (29.79)
11 Rancho Bernardo High School	B	2:02.89	2:14.69 q
1) Ross, Cameron K FR	2) Chen, Maggie FR	3) Kuck, Haley SR	4) Han, Songhee FR
36.41	1:15.00 (38.59)	1:46.37 (31.37)	2:14.69 (28.32)
12 Poway High School-CA	B	2:18.20	2:19.36 q
1) Benham, Jillian SO	2) Cahua, Adriana SO	3) Leonui, Kealoha FR	4) Watt, Regan SO
35.17	1:13.79 (38.62)	1:48.99 (35.20)	2:19.36 (30.37)

## Palomar League Championships 2012 - 5/10/2012 to 5/12/2012

## Results

## Event 2 Boys 200 Yard Medley Relay

CIFSDS: 1:33.94 2009

CHS

Palomar Leag: 1:37.39 2011

Mt. Carmel High School

Team	Relay	Prelim Time	Finals Time	Points
<b>Championship Final</b>				
1 Rancho Bernardo High School	A	1:41.39	1:39.11	40
1) Semple, Liam P SO	2) Bell, Jack SO	3) Williams, Tanner C SO	4) Williams, Trent F SR	
26.66	56.52 (29.86)	1:23.80 (27.28)	1:39.11 (15.31)	
2 Mt. Carmel High School-SI	A	1:48.13	1:39.66	34
1) Hong, Minh C FR	2) Lee, Judge B SR	3) Scherschel, Joshua A JR	4) Sultz, Derek A JR	
31.13	1:02.97 (31.84)	1:29.23 (26.26)	1:39.66 (10.43)	
3 Torrey Pines High School	A	1:45.65	1:42.68	32
1) Pold, Pearo SO	2) Wang, Kevin Y JR	3) Kelly, Tomo SR	4) Ines, Daniel FR	
27.03	57.67 (30.64)	1:24.01 (26.34)	1:42.68 (18.67)	
4 Ramona High	A	1:46.86	1:42.86	30
1) Glaudini, Garrett SO	2) Silva, Carlo SO	3) Dean, Ted SR	4) Creswell, Nathan SR	
29.98	1:04.36 (34.38)	1:31.51 (27.15)	1:42.86 (11.35)	
5 Westview High School	A	1:50.37	1:48.26	28
1) Bigelow, Riley JR	2) Sun, Nicholas SR	3) Gries, Lukas JR	4) Holland, Cutler SO	
30.69	1:02.32 (31.63)	1:32.53 (30.21)	1:48.26 (15.73)	
6 Poway High School-CA	A	1:53.28	1:50.26	26
1) Houston, Andrew R JR	2) Bendinelli, Dominic T JR	3) Umsted, Kevin SR	4) Parker, Robert JR	
29.92	1:04.82 (34.90)	1:33.84 (29.02)	1:50.26 (16.42)	
<b>Consolation Final</b>				
9 Mt. Carmel High School-SI	B	1:49.51	1:47.13	18
1) Townsend, Evan L JR	2) Martis, Andrew SR	3) Jiang, Kevin SO	4) Weber, Jacob SO	
28.94	1:00.08 (31.14)	1:27.34 (27.26)	1:47.13 (19.79)	
10 Torrey Pines High School	B	1:50.53	1:50.62	14
1) Dang, Mark JR	2) Papadopoulos, James SR	3) Inada, Dustin SR	4) Applegate, Zack SO	
29.56	1:00.61 (31.05)	1:27.40 (26.79)	1:50.62 (23.22)	
11 Poway High School-CA	B	1:58.58	1:53.77	12
1) Ceballos, Jaden JR	2) Telson, Hayden SO	3) Mueller, Eric JR	4) Busch, Ian JR	
27.82	1:01.58 (33.76)	1:28.29 (26.71)	1:53.77 (25.48)	
12 Westview High School	B	1:57.51	1:56.55	10
1) Bryant, Will JR	2) Liang, Elbert JR	3) Liu, Shaoxiong FR	4) Garnica, Matt SO	
29.83	1:04.27 (34.44)	1:30.91 (26.64)	1:56.55 (25.64)	
13 Ramona High	B	1:59.38	1:57.48	8
1) Gross, Isaac JR	2) Reiling, Jesse SO	3) Talento, Vincent SO	4) Vermeulen, Levi SO	
33.27	1:10.68 (37.41)	1:40.35 (29.67)	1:57.48 (17.13)	
14 Rancho Bernardo High School	B	2:00.83	2:02.03	6
1) Wang, Bernie FR	2) Tael, Paul S	3) Sanchez, Adrian SR	4) Jones, Ryan	
34.17	1:11.45 (37.28)	1:41.16 (29.71)	2:02.03 (20.87)	

## Event 2 Boys 200 Yard Medley Relay

CIFSDS: 1:33.94 2009

CHS

Palomar Leag: 1:37.39 2011

Mt. Carmel High School

Team	Relay	Seed Time	Prelim Time
<b>Preliminaries</b>			
1 Rancho Bernardo High School	A	1:39.35	1:41.39 q
1) Semple, Liam P SO	2) Bell, Jack SO	3) Williams, Tanner C SO	4) Williams, Trent F SR
26.58	55.84 (29.26)	1:20.29 (24.45)	1:41.39 (21.10)
2 Torrey Pines High School	A	1:43.48	1:45.65 q
1) Pold, Pearo SO	2) Wang, Kevin Y JR	3) Kelly, Tomo SR	4) Ines, Daniel FR
27.42	56.14 (28.72)	1:22.45 (26.31)	1:45.65 (23.20)

## Palomar League Championships 2012 - 5/10/2012 to 5/12/2012

## Results

## Preliminaries ... (Event 2 Boys 200 Yard Medley Relay)

Team	Relay	Seed Time	Prelim Time
3 Ramona High	A	1:47.99	1:46.86 q
1) Glaudini, Garrett SO	2) Silva, Carlo SO	3) Dean, Ted SR	4) Creswell, Nathan SR
25.53	55.78 (30.25)	1:21.73 (25.95)	1:46.86 (25.13)
4 Mt. Carmel High School-SI	A	1:41.45	1:48.13 q
1) Feldman-Scarr, Morgan S SR	2) Lee, Judge B SR	3) Scherschel, Joshua A JR	4) Sultz, Derek A JR
29.33	57.98 (28.65)	1:22.65 (24.67)	1:48.13 (25.48)
5 Mt. Carmel High School-SI	B	1:48.00	1:49.51 q
1) Jiang, Kevin SO	2) Martis, Andrew SR	3) Nathanson, Michael FR	4) Kenny, Kyle D SR
28.00	57.19 (29.19)	1:24.45 (27.26)	1:49.51 (25.06)
6 Westview High School	A	1:50.09	1:50.37 q
1) Bigelow, Riley JR	2) Sun, Nicholas SR	3) Gries, Lukas JR	4) Holland, Cutler SO
27.46	58.72 (31.26)	1:26.50 (27.78)	1:50.37 (23.87)
7 Torrey Pines High School	B	1:47.28	1:50.53 q
1) Dang, Mark JR	2) Papadopoulos, James SR	3) Inada, Dustin SR	4) Applegate, Zack SO
27.65	58.81 (31.16)	1:25.56 (26.75)	1:50.53 (24.97)
8 Poway High School-CA	A	1:53.93	1:53.28 q
1) Houston, Andrew R JR	2) Bendinelli, Dominic T JR	3) Umsted, Kevin SR	4) Parker, Robert JR
28.70	1:01.18 (32.48)	1:29.44 (28.26)	1:53.28 (23.84)
9 Westview High School	B	1:56.15	1:57.51 q
1) Bryant, Will JR	2) Liang, Elbert JR	3) Liu, Shaoxiong FR	4) Garnica, Matt SO
29.80	1:04.56 (34.76)	1:32.07 (27.51)	1:57.51 (25.44)
10 Poway High School-CA	B	2:01.40	1:58.58 q
1) Ceballos, Jaden JR	2) Telson, Hayden SO	3) Mueller, Eric JR	4) Busch, Ian JR
32.62	1:06.34 (33.72)	1:33.75 (27.41)	1:58.58 (24.83)
11 Ramona High	B	1:56.00	1:59.38 q
1) Gross, Isaac JR	2) Reiling, Jesse SO	3) Talento, Vincent SO	4) Vermeulen, Levi SO
30.65	1:02.11 (31.46)	1:33.30 (31.19)	1:59.38 (26.08)
12 Rancho Bernardo High School	B	2:00.00	2:00.83 q
1) Wang, Bernie FR	2) Tael, Paul S	3) Sanchez, Adrian SR	4) Jones, Ryan
30.52	1:06.17 (35.65)	1:33.64 (27.47)	2:00.83 (27.19)

## Palomar League Championships 2012 - 5/10/2012 to 5/12/2012

## Results

## Event 3 Girls 200 Yard Freestyle

CIFSDS: 1:46.62 2005		Blake Hayter		USDH		
Palomar Leag: 1:48.37 2006		Whitney Spence		MCHS		
Name	Yr	School	Prelim Time	Finals Time	Points	
<b>Championship Final</b>						
1	Spitser, Riley E	SR	Rancho Bernardo High School	1:57.48	1:53.32	20
	26.46	55.33 (28.87)	1:24.44 (29.11)	1:53.32 (28.88)		
2	Garfein, McKenna R	JR	Torrey Pines High School	1:57.85	1:54.85	17
	27.59	56.32 (28.73)	1:25.34 (29.02)	1:54.85 (29.51)		
3	Chaturvedi, Shuchi	SR	Mt. Carmel High School-SI	2:00.26	1:57.00	16
	27.00	55.77 (28.77)	1:25.72 (29.95)	1:57.00 (31.28)		
4	Pold, Eva	SR	Torrey Pines High School	1:59.46	1:58.13	15
	28.10	57.60 (29.50)	1:27.59 (29.99)	1:58.13 (30.54)		
5	Schwab, Laura E	FR	Poway High School-CA	2:02.90	2:01.05	14
	28.49	59.01 (30.52)	1:30.28 (31.27)	2:01.05 (30.77)		
6	Rosenthal, Rachel J	JR	Westview High School	2:04.31	2:01.26	13
	28.63	59.38 (30.75)	1:30.62 (31.24)	2:01.26 (30.64)		
7	Ockletree, Suranee L	SR	Westview High School	2:03.41	2:02.93	12
	28.40	59.14 (30.74)	1:31.28 (32.14)	2:02.93 (31.65)		
8	Orie, Natasha X	FR	Mt. Carmel High School-SI	2:03.98	2:05.29	11
	28.27	59.86 (31.59)	1:32.77 (32.91)	2:05.29 (32.52)		
<b>Consolation Final</b>						
9	Beatty, Lindsay B	FR	Mt. Carmel High School-SI	2:04.76	2:02.89	9
	28.28	59.31 (31.03)	1:31.32 (32.01)	2:02.89 (31.57)		
10	Pepin, Alexa A	SO	Poway High School-CA	2:04.97	2:03.24	7
	29.09	1:00.32 (31.23)	1:31.95 (31.63)	2:03.24 (31.29)		
11	Ryder, Nicole	SR	Mt. Carmel High School-SI	2:10.68	2:05.80	6
	29.39	1:01.11 (31.72)	1:33.90 (32.79)	2:05.80 (31.90)		
12	LaRosa, Danielle B	FR	Ramona High School	2:07.90	2:06.65	5
	29.06	1:01.57 (32.51)	1:34.66 (33.09)	2:06.65 (31.99)		
13	Sax, Emma F	SO	Torrey Pines High School	2:10.28	2:09.69	4
	29.56	1:02.61 (33.05)	1:35.94 (33.33)	2:09.69 (33.75)		
14	Hinton, Maddie	SR	Westview High School	2:08.53	2:10.10	3
	29.02	1:01.58 (32.56)	1:35.67 (34.09)	2:10.10 (34.43)		
15	Kuck, Haley	SR	Rancho Bernardo High School	2:10.94	2:10.63	2
	30.94	1:04.09 (33.15)	1:37.76 (33.67)	2:10.63 (32.87)		
16	Brown, Abby	SR	Poway High School-CA	2:10.93	2:13.21	1
	30.11	1:03.00 (32.89)	1:38.12 (35.12)	2:13.21 (35.09)		
<b>Preliminaries</b>						
9	Morgan, Emily	JR	Torrey Pines High School	2:04.76		
	29.06	1:00.65 (31.59)	1:32.50 (31.85)	2:04.76 (32.26)		
18	Schwegler, Jocelyn E	SO	Ramona High School	2:12.01		
	30.12	1:03.69 (33.57)	1:37.94 (34.25)	2:12.01 (34.07)		
19	Gilbert, Jessi L	JR	Ramona High School	2:13.87		
	30.35	1:04.59 (34.24)	1:39.65 (35.06)	2:13.87 (34.22)		
20	Miller, Kiersten	SR	Westview High School	2:14.02		
	31.92	1:05.64 (33.72)	1:39.83 (34.19)	2:14.02 (34.19)		
21	Smith, Holly	FR	Ramona High School	2:18.99		
	31.01	1:05.99 (34.98)	1:43.33 (37.34)	2:18.99 (35.66)		
22	Artaud, Summer	SO	Poway High School-CA	2:20.01		
	31.54	1:06.95 (35.41)	1:43.83 (36.88)	2:20.01 (36.18)		
---	Brown, Elise	JR	Ramona High School	2:38.87	X	
	33.28	1:12.16 (38.88)	1:55.35 (43.19)	2:38.87 (43.52)		
---	Riley, Kerrie L	SO	Mt. Carmel High School-SI	2:19.56	X	
	32.29	1:07.63 (35.34)	1:44.31 (36.68)	2:19.56 (35.25)		

## Palomar League Championships 2012 - 5/10/2012 to 5/12/2012

## Results

## Preliminaries ... (Event 3 Girls 200 Yard Freestyle)

Name	Yr	School	Prelim Time	Finals Time	Points
--- Ranj, Mari	SO	Westview High School	2:12.91	X	
30.74	1:04.14 (33.40)	1:38.82 (34.68)	2:12.91 (34.09)		

## Event 3 Girls 200 Yard Freestyle

Name	Yr	School	Seed Time	Prelim Time	
<b>CIFSDS: 1:46.62 2005</b>		<b>Blake Hayter</b>		<b>USDH</b>	
<b>Palomar Leag: 1:48.37 2006</b>		<b>Whitney Spence</b>		<b>MCHS</b>	
<b>Preliminaries</b>					
1 Spitsler, Riley E	SR	Rancho Bernardo High School	1:56.42	1:57.48	q
26.57	56.42 (29.85)	1:26.94 (30.52)	1:57.48 (30.54)		
2 Garfein, McKenna R	JR	Torrey Pines High School	1:55.10	1:57.85	q
27.95	57.48 (29.53)	1:27.57 (30.09)	1:57.85 (30.28)		
3 Pold, Eva	SR	Torrey Pines High School	1:57.48	1:59.46	q
28.79	59.29 (30.50)	1:29.77 (30.48)	1:59.46 (29.69)		
4 Chaturvedi, Shuchi	SR	Mt. Carmel High School-SI	1:59.22	2:00.26	q
27.83	57.78 (29.95)	1:28.64 (30.86)	2:00.26 (31.62)		
5 Schwab, Laura E	FR	Poway High School-CA	2:00.60	2:02.90	q
28.57	1:00.24 (31.67)	1:31.99 (31.75)	2:02.90 (30.91)		
6 Ockletree, Suranee L	SR	Westview High School	2:02.96	2:03.41	q
28.64	59.69 (31.05)	1:31.81 (32.12)	2:03.41 (31.60)		
7 Orié, Natasha X	FR	Mt. Carmel High School-SI	2:06.49	2:03.98	q
29.54	1:00.83 (31.29)	1:32.74 (31.91)	2:03.98 (31.24)		
8 Rosenthal, Rachel J	JR	Westview High School	2:03.55	2:04.31	q
29.15	1:01.03 (31.88)	1:33.05 (32.02)	2:04.31 (31.26)		
*9 Morgan, Emily	JR	Torrey Pines High School	2:02.42	2:04.76	q
29.06	1:00.65 (31.59)	1:32.50 (31.85)	2:04.76 (32.26)		
*9 Beatty, Lindsay B	FR	Mt. Carmel High School-SI	2:08.15	2:04.76	q
27.84	58.92 (31.08)	1:31.82 (32.90)	2:04.76 (32.94)		
11 Pepin, Alexa A	SO	Poway High School-CA	2:07.00	2:04.97	q
29.35	1:01.00 (31.65)	1:33.24 (32.24)	2:04.97 (31.73)		
12 LaRosa, Danielle B	FR	Ramona High School	2:03.71	2:07.90	q
29.24	1:01.33 (32.09)	1:35.22 (33.89)	2:07.90 (32.68)		
13 Hinton, Maddie	SR	Westview High School	2:10.31	2:08.53	q
29.11	1:01.33 (32.22)	1:34.79 (33.46)	2:08.53 (33.74)		
14 Sax, Emma F	SO	Torrey Pines High School	2:08.02	2:10.28	q
29.82	1:02.78 (32.96)	1:36.90 (34.12)	2:10.28 (33.38)		
15 Ryder, Nicole	SR	Mt. Carmel High School-SI	2:09.13	2:10.68	q
30.39	1:03.39 (33.00)	1:37.52 (34.13)	2:10.68 (33.16)		
16 Brown, Abby	SR	Poway High School-CA	2:09.40	2:10.93	q
30.72	1:04.35 (33.63)	1:38.42 (34.07)	2:10.93 (32.51)		
17 Kuck, Haley	SR	Rancho Bernardo High School	2:10.04	2:10.94	
31.24	1:04.90 (33.66)	1:38.50 (33.60)	2:10.94 (32.44)		
18 Schwegler, Jocelyn E	SO	Ramona High School	2:13.33	2:12.01	
30.12	1:03.69 (33.57)	1:37.94 (34.25)	2:12.01 (34.07)		
19 Gilbert, Jessi L	JR	Ramona High School	2:14.35	2:13.87	
30.35	1:04.59 (34.24)	1:39.65 (35.06)	2:13.87 (34.22)		
20 Miller, Kiersten	SR	Westview High School	2:13.52	2:14.02	
31.92	1:05.64 (33.72)	1:39.83 (34.19)	2:14.02 (34.19)		
21 Smith, Holly	FR	Ramona High School	2:19.90	2:18.99	
31.01	1:05.99 (34.98)	1:43.33 (37.34)	2:18.99 (35.66)		
22 Artaud, Summer	SO	Poway High School-CA	2:14.30	2:20.01	
31.54	1:06.95 (35.41)	1:43.83 (36.88)	2:20.01 (36.18)		

**Palomar League Championships 2012 - 5/10/2012 to 5/12/2012****Results****Preliminaries ... (Event 3 Girls 200 Yard Freestyle)**

<b>Name</b>	<b>Yr</b>	<b>School</b>	<b>Seed Time</b>	<b>Prelim Time</b>
--- Ranj, Mari	SO	Westview High School	2:11.76	X2:12.91
30.74	1:04.14 (33.40)	1:38.82 (34.68)	2:12.91 (34.09)	
--- Riley, Kerrie L	SO	Mt. Carmel High School-SI	2:22.37	X2:19.56
32.29	1:07.63 (35.34)	1:44.31 (36.68)	2:19.56 (35.25)	
--- Brown, Elise	JR	Ramona High School	2:40.99	X2:38.87
33.28	1:12.16 (38.88)	1:55.35 (43.19)	2:38.87 (43.52)	

## Palomar League Championships 2012 - 5/10/2012 to 5/12/2012

## Results

## Event 4 Boys 200 Yard Freestyle

CIFSDS: 1:37.77		2011		Trent Williams		RBHS	
Palomar Leag: 1:42.43		5/9/2008		Jay Giddens		LCC -SI	
Name	Yr	School	Prelim Time	Finals Time	Points		
<b>Championship Final</b>							
1 Kelly, Tomo	SR	Torrey Pines High School	1:47.61	1:44.09	20		
24.70	51.53 (26.83)	1:17.94 (26.41)	1:44.09 (26.15)				
2 Semple, Liam P	SO	Rancho Bernardo High School	1:48.12	1:44.97	17		
24.56	51.90 (27.34)	1:18.91 (27.01)	1:44.97 (26.06)				
3 Evangelista, Christopher M	FR	Mt. Carmel High School-SI	1:47.74	1:45.82	16		
24.84	51.31 (26.47)	1:18.69 (27.38)	1:45.82 (27.13)				
4 Pold, Pearo	SO	Torrey Pines High School	1:50.50	1:48.19	15		
26.08	53.77 (27.69)	1:21.20 (27.43)	1:48.19 (26.99)				
5 Jelsma, Greg B	JR	Poway High School-CA	1:49.27	1:48.96	14		
25.22	52.41 (27.19)	1:20.39 (27.98)	1:48.96 (28.57)				
6 Townsend, Evan L	JR	Mt. Carmel High School-SI	1:51.94	1:51.00	13		
25.93	54.23 (28.30)	1:22.99 (28.76)	1:51.00 (28.01)				
7 Colbert, Trevor	SO	Torrey Pines High School	1:53.50	1:51.27	12		
25.99	54.02 (28.03)	1:22.59 (28.57)	1:51.27 (28.68)				
8 Watling, Timothy C	SR	Mt. Carmel High School-SI	1:54.92	1:55.94	11		
27.01	56.29 (29.28)	1:26.21 (29.92)	1:55.94 (29.73)				
<b>Consolation Final</b>							
9 Dean, Ted	SR	Ramona High	1:55.03	1:52.28	9		
24.88	52.74 (27.86)	1:22.21 (29.47)	1:52.28 (30.07)				
10 Barber, Dana	SO	Mt. Carmel High School-SI	1:55.58	1:54.25	7		
25.58	54.02 (28.44)	1:23.89 (29.87)	1:54.25 (30.36)				
11 Collins, Charles A	SR	Poway High School-CA	1:58.33	1:57.39	6		
26.43	56.37 (29.94)	1:27.52 (31.15)	1:57.39 (29.87)				
12 Deck, Zane	SO	Westview High School	1:56.78	1:57.71	5		
26.86	56.44 (29.58)	1:27.59 (31.15)	1:57.71 (30.12)				
13 Pedram, Shayam	SO	Torrey Pines High School	2:01.51	2:00.99	4		
28.01	58.61 (30.60)	1:29.86 (31.25)	2:00.99 (31.13)				
14 Davison, Cory	FR	Ramona High	2:02.49	2:03.10	3		
27.25	57.65 (30.40)	1:30.30 (32.65)	2:03.10 (32.80)				
15 Taylor-Jenson, Keanan	SO	Westview High School	2:05.29	2:03.30	2		
28.34	59.58 (31.24)	1:31.98 (32.40)	2:03.30 (31.32)				
<b>Preliminaries</b>							
14 Torres, Sean	SR	Westview High School	2:01.79				
27.02	57.14 (30.12)	1:29.20 (32.06)	2:01.79 (32.59)				
17 Tael, Paul S		Rancho Bernardo High School	2:07.50				
30.13	1:02.16 (32.03)	1:34.81 (32.65)	2:07.50 (32.69)				
18 Klein, Allen	FR	Westview High School	2:09.04				
28.80	1:02.14 (33.34)	1:36.47 (34.33)	2:09.04 (32.57)				
19 Ceballos, Jaden	JR	Poway High School-CA	2:11.94				
29.77	1:02.18 (32.41)	1:36.89 (34.71)	2:11.94 (35.05)				
20 Keen, Lennox	JR	Ramona High	2:17.40				
28.97	1:03.89 (34.92)	2:17.40 (1:13.51)					
21 Barton, Garrett	SO	Poway High School-CA	2:19.46				
30.95	1:06.08 (35.13)	1:43.24 (37.16)	2:19.46 (36.22)				
22 Close, Connor	FR	Ramona High	2:21.05				
30.31	1:06.16 (35.85)	1:43.86 (37.70)	2:21.05 (37.19)				
--- Taylor, Joseph	FR	Mt. Carmel High School-SI	2:08.05	X			
29.27	1:01.20 (31.93)	1:34.56 (33.36)	2:08.05 (33.49)				
--- Vengrin, Eric	FR	Westview High School	2:06.50	X			
28.53	1:00.25 (31.72)	1:33.40 (33.15)	2:06.50 (33.10)				



## Palomar League Championships 2012 - 5/10/2012 to 5/12/2012

## Results

## Event 4 Boys 200 Yard Freestyle

CIFSDS: 1:37.77		2011		Trent Williams		RBHS	
Palomar Leag: 1:42.43		5/9/2008		Jay Giddens		LCC -SI	
Name	Yr	School	Seed	Time	Prelim	Time	
<b>Preliminaries</b>							
1	Kelly, Tomo	SR	Torrey Pines High School	1:46.41	1:47.61	q	
	25.11	52.44 (27.33)	1:20.38 (27.94)	1:47.61 (27.23)			
2	Evangelista, Christopher M	FR	Mt. Carmel High School-SI	1:48.51	1:47.74	q	
	25.32	52.42 (27.10)	1:20.20 (27.78)	1:47.74 (27.54)			
3	Semple, Liam P	SO	Rancho Bernardo High School	1:48.27	1:48.12	q	
	24.75	53.24 (28.49)	1:22.08 (28.84)	1:48.12 (26.04)			
4	Jelsma, Greg B	JR	Poway High School-CA	1:48.00	1:49.27	q	
	24.87	52.23 (27.36)	1:20.53 (28.30)	1:49.27 (28.74)			
5	Pold, Pearo	SO	Torrey Pines High School	1:47.39	1:50.50	q	
	26.59	54.63 (28.04)	1:22.87 (28.24)	1:50.50 (27.63)			
6	Townsend, Evan L	JR	Mt. Carmel High School-SI	1:54.84	1:51.94	q	
	25.65	54.02 (28.37)	1:22.91 (28.89)	1:51.94 (29.03)			
7	Colbert, Trevor	SO	Torrey Pines High School	1:52.32	1:53.50	q	
	25.95	54.39 (28.44)	1:23.98 (29.59)	1:53.50 (29.52)			
8	Watling, Timothy C	SR	Mt. Carmel High School-SI	1:57.83	1:54.92	q	
	27.00	55.87 (28.87)	1:25.44 (29.57)	1:54.92 (29.48)			
9	Dean, Ted	SR	Ramona High	1:56.85	1:55.03	q	
	25.41	53.74 (28.33)	1:24.37 (30.63)	1:55.03 (30.66)			
10	Barber, Dana	SO	Mt. Carmel High School-SI	1:59.80	1:55.58	q	
	26.64	55.72 (29.08)	1:25.42 (29.70)	1:55.58 (30.16)			
11	Deck, Zane	SO	Westview High School	1:59.02	1:56.78	q	
	26.39	55.62 (29.23)	1:26.95 (31.33)	1:56.78 (29.83)			
12	Collins, Charles A	SR	Poway High School-CA	1:55.50	1:58.33	q	
	27.72	57.79 (30.07)	1:28.30 (30.51)	1:58.33 (30.03)			
13	Pedram, Shayam	SO	Torrey Pines High School	2:00.24	2:01.51	q	
	27.88	58.17 (30.29)	1:30.20 (32.03)	2:01.51 (31.31)			
14	Torres, Sean	SR	Westview High School	2:08.43	2:01.79	q	
	27.02	57.14 (30.12)	1:29.20 (32.06)	2:01.79 (32.59)			
15	Davison, Cory	FR	Ramona High	2:02.62	2:02.49	q	
	26.90	57.22 (30.32)	1:29.61 (32.39)	2:02.49 (32.88)			
16	Taylor-Jenson, Keanan	SO	Westview High School	2:07.06	2:05.29	q	
	29.15	1:00.74 (31.59)	1:33.37 (32.63)	2:05.29 (31.92)			
17	Tael, Paul S		Rancho Bernardo High School	2:07.21	2:07.50		
	30.13	1:02.16 (32.03)	1:34.81 (32.65)	2:07.50 (32.69)			
18	Klein, Allen	FR	Westview High School	1:57.06	2:09.04		
	28.80	1:02.14 (33.34)	1:36.47 (34.33)	2:09.04 (32.57)			
19	Ceballos, Jaden	JR	Poway High School-CA	2:10.50	2:11.94		
	29.77	1:02.18 (32.41)	1:36.89 (34.71)	2:11.94 (35.05)			
20	Keen, Lennox	JR	Ramona High	2:38.02	2:17.40		
	28.97	1:03.89 (34.92)	2:17.40 (1:13.51)				
21	Barton, Garrett	SO	Poway High School-CA	2:16.50	2:19.46		
	30.95	1:06.08 (35.13)	1:43.24 (37.16)	2:19.46 (36.22)			
22	Close, Connor	FR	Ramona High	2:24.39	2:21.05		
	30.31	1:06.16 (35.85)	1:43.86 (37.70)	2:21.05 (37.19)			
---	Vengrin, Eric	FR	Westview High School	2:11.85	X2:06.50		
	28.53	1:00.25 (31.72)	1:33.40 (33.15)	2:06.50 (33.10)			
---	Taylor, Joseph	FR	Mt. Carmel High School-SI	2:10.48	X2:08.05		
	29.27	1:01.20 (31.93)	1:34.56 (33.36)	2:08.05 (33.49)			

## Palomar League Championships 2012 - 5/10/2012 to 5/12/2012

## Results

## Event 5 Girls 200 Yard IM

CIFSDS: 2:00.94		2007	Jessica Schmitt	TPHS		
Palomar Leag: 2:02.05		5/10/2007	Jessica Schmitt	TPHS-		
Name		Yr	School	Prelim Time	Finals Time	Points
<b>Championship Final</b>						
1	DePeralta, Allison R	SR	Torrey Pines High School	2:17.03	2:09.31	20
	28.41	1:01.24 (32.83)	1:38.52 (37.28)	2:09.31 (30.79)		
2	Reilly, Georgia	FR	Mt. Carmel High School-SI	2:16.09	2:09.41	17
	28.29	1:00.16 (31.87)	1:38.95 (38.79)	2:09.41 (30.46)		
3	Lucas, Gina M	JR	Ramona High School	2:12.46	2:09.63	16
	27.99	1:00.68 (32.69)	1:39.21 (38.53)	2:09.63 (30.42)		
4	Nguyen, An T	FR	Westview High School	2:14.18	2:13.17	15
	29.42	1:03.19 (33.77)	1:40.77 (37.58)	2:13.17 (32.40)		
5	Vankat, Deniesse B	JR	Westview High School	2:20.03	2:18.37	14
	28.01	1:02.89 (34.88)	1:45.27 (42.38)	2:18.37 (33.10)		
6	Gansert, Kiley	SO	Rancho Bernardo High School	2:19.87	2:20.78	13
	30.94	1:07.62 (36.68)	1:47.49 (39.87)	2:20.78 (33.29)		
7	Lambert-FLiszar, Florence	SR	Torrey Pines High School	2:22.39	2:22.65	12
	30.62	1:06.82 (36.20)	1:47.98 (41.16)	2:22.65 (34.67)		
8	Crosby, Maddy L	SO	Rancho Bernardo High School	2:20.65	2:23.01	11
	30.42	1:06.39 (35.97)	1:50.25 (43.86)	2:23.01 (32.76)		
<b>Consolation Final</b>						
9	Logan, Mackenzie R	SO	Westview High School	2:25.16	2:21.65	9
	32.39	1:10.29 (37.90)	1:48.79 (38.50)	2:21.65 (32.86)		
10	Talavera, Liza	SR	Westview High School	2:24.08	2:24.27	7
	29.53	1:06.17 (36.64)	1:50.11 (43.94)	2:24.27 (34.16)		
11	Ingwell, Milan W	JR	Torrey Pines High School	2:26.42	2:25.40	6
	33.62	1:10.34 (36.72)	1:52.14 (41.80)	2:25.40 (33.26)		
12	Holabird, Ashlee L	SO	Ramona High School	2:27.45	2:26.81	5
	30.33	1:08.74 (38.41)	1:53.08 (44.34)	2:26.81 (33.73)		
13	Wang, Melinda H	FR	Torrey Pines High School	2:29.07	2:27.43	4
	32.78	1:10.37 (37.59)	1:54.63 (44.26)	2:27.43 (32.80)		
14	Lee, Mae B	FR	Mt. Carmel High School-SI	2:31.46	2:32.31	3
	33.25	1:13.55 (40.30)	1:55.75 (42.20)	2:32.31 (36.56)		
15	Podoris, Alicia M	FR	Ramona High School	2:31.63	2:34.05	2
	33.10	1:12.85 (39.75)	1:57.82 (44.97)	2:34.05 (36.23)		
16	Samson, Salem	JR	Poway High School-CA	2:31.82	2:36.87	1
	33.90	1:15.32 (41.42)	1:59.30 (43.98)	2:36.87 (37.57)		
<b>Preliminaries</b>						
17	Tran, Vivien	SO	Mt. Carmel High School-SI	2:36.35		
	33.31	1:13.90 (40.59)	1:59.52 (45.62)	2:36.35 (36.83)		
18	Lau, Danika W	SO	Mt. Carmel High School-SI	2:37.04		
	34.51	1:16.97 (42.46)	1:59.50 (42.53)	2:37.04 (37.54)		
19	Benham, Jillian	SO	Poway High School-CA	2:41.20		
	36.07	1:17.20 (41.13)	2:04.66 (47.46)	2:41.20 (36.54)		
20	VanTol, Kay	FR	Ramona High School	2:44.61		
	32.57	1:15.56 (42.99)	2:07.45 (51.89)	2:44.61 (37.16)		
21	Prince, Rachel	JR	Poway High School-CA	3:00.29		
	35.58	1:22.90 (47.32)	2:17.00 (54.10)	3:00.29 (43.29)		
22	Lampassi, Laura	JR	Poway High School-CA	3:02.11		
	40.41	1:27.25 (46.84)	2:21.46 (54.21)	3:02.11 (40.65)		
---	Ou, Kelly	SR	Westview High School	2:35.13	X	
	33.39	1:11.51 (38.12)	1:58.63 (47.12)	2:35.13 (36.50)		
---	Santiago, Danielle	SR	Mt. Carmel High School-SI	2:51.83	X	
	36.77	1:23.57 (46.80)	2:11.40 (47.83)	2:51.83 (40.43)		

## Palomar League Championships 2012 - 5/10/2012 to 5/12/2012

## Results

## Event 5 Girls 200 Yard IM

CIFSDS: 2:00.94		2007	Jessica Schmitt	TPHS	
Palomar Leag: 2:02.05		5/10/2007	Jessica Schmitt	TPHS-	
Name	Yr	School	Seed Time	Prelim Time	
<b>Preliminaries</b>					
1 Lucas, Gina M	JR	Ramona High School	2:10.48	2:12.46	q
28.54	1:01.66 (33.12)	1:40.76 (39.10)	2:12.46 (31.70)		
2 Nguyen, An T	FR	Westview High School	2:13.88	2:14.18	q
30.01	1:03.54 (33.53)	1:41.68 (38.14)	2:14.18 (32.50)		
3 Reilly, Georgia	FR	Mt. Carmel High School-SI	2:11.99	2:16.09	q
29.92	1:03.42 (33.50)	1:43.72 (40.30)	2:16.09 (32.37)		
4 DePeralta, Allison R	SR	Torrey Pines High School	2:09.06	2:17.03	q
29.92	1:04.39 (34.47)	1:43.15 (38.76)	2:17.03 (33.88)		
5 Gansert, Kiley	SO	Rancho Bernardo High School	2:20.90	2:19.87	q
30.81	1:08.49 (37.68)	1:48.13 (39.64)	2:19.87 (31.74)		
6 Vankat, Deniesse B	JR	Westview High School	2:23.76	2:20.03	q
28.27	1:03.74 (35.47)	1:46.97 (43.23)	2:20.03 (33.06)		
7 Crosby, Maddy L	SO	Rancho Bernardo High School	2:21.45	2:20.65	q
30.59	1:06.91 (36.32)	1:49.32 (42.41)	2:20.65 (31.33)		
8 Lambert-FLiszar, Florence	SR	Torrey Pines High School	2:23.20	2:22.39	q
30.51	1:07.26 (36.75)	1:48.08 (40.82)	2:22.39 (34.31)		
9 Talavera, Liza	SR	Westview High School	2:24.14	2:24.08	q
29.78	1:06.52 (36.74)	1:50.00 (43.48)	2:24.08 (34.08)		
10 Logan, Mackenzie R	SO	Westview High School	2:24.04	2:25.16	q
32.92	1:09.93 (37.01)	1:50.30 (40.37)	2:25.16 (34.86)		
11 Ingwell, Milan W	JR	Torrey Pines High School	2:27.84	2:26.42	q
33.93	1:11.63 (37.70)	1:53.05 (41.42)	2:26.42 (33.37)		
12 Holabird, Ashlee L	SO	Ramona High School	2:28.64	2:27.45	q
30.40	1:08.50 (38.10)	1:53.01 (44.51)	2:27.45 (34.44)		
13 Wang, Melinda H	FR	Torrey Pines High School	2:28.80	2:29.07	q
32.56	1:10.81 (38.25)	1:55.80 (44.99)	2:29.07 (33.27)		
14 Lee, Mae B	FR	Mt. Carmel High School-SI	2:31.63	2:31.46	q
33.55	1:13.70 (40.15)	1:55.13 (41.43)	2:31.46 (36.33)		
15 Podoris, Alicia M	FR	Ramona High School	2:35.33	2:31.63	q
33.75	1:12.77 (39.02)	1:57.01 (44.24)	2:31.63 (34.62)		
16 Samson, Salem	JR	Poway High School-CA	2:28.60	2:31.82	q
33.18	1:13.53 (40.35)	1:56.51 (42.98)	2:31.82 (35.31)		
17 Tran, Vivien	SO	Mt. Carmel High School-SI	2:35.14	2:36.35	
33.31	1:13.90 (40.59)	1:59.52 (45.62)	2:36.35 (36.83)		
18 Lau, Danika W	SO	Mt. Carmel High School-SI	2:38.65	2:37.04	
34.51	1:16.97 (42.46)	1:59.50 (42.53)	2:37.04 (37.54)		
19 Benham, Jillian	SO	Poway High School-CA	2:38.50	2:41.20	
36.07	1:17.20 (41.13)	2:04.66 (47.46)	2:41.20 (36.54)		
20 VanTol, Kay	FR	Ramona High School	2:42.35	2:44.61	
32.57	1:15.56 (42.99)	2:07.45 (51.89)	2:44.61 (37.16)		
21 Prince, Rachel	JR	Poway High School-CA	2:58.20	3:00.29	
35.58	1:22.90 (47.32)	2:17.00 (54.10)	3:00.29 (43.29)		
22 Lampassi, Laura	JR	Poway High School-CA	3:24.60	3:02.11	
40.41	1:27.25 (46.84)	2:21.46 (54.21)	3:02.11 (40.65)		
--- Ou, Kelly	SR	Westview High School	2:34.70	X2:35.13	
33.39	1:11.51 (38.12)	1:58.63 (47.12)	2:35.13 (36.50)		
--- Santiago, Danielle	SR	Mt. Carmel High School-SI	2:51.26	X2:51.83	
36.77	1:23.57 (46.80)	2:11.40 (47.83)	2:51.83 (40.43)		

## Palomar League Championships 2012 - 5/10/2012 to 5/12/2012

## Results

## Event 6 Boys 200 Yard IM

CIFSDS: 1:49.47		1998	Tim Sicliano		SMHS		
Palomar Leag: 1:55.81		2009	Spencer DiDio		CHS		
Name		Yr	School	Prelim Time	Finals Time	Points	
<b>Championship Final</b>							
1	Glaudini, Garrett	SO	Ramona High	2:00.77	1:58.48	20	
	25.93	56.21 (30.28)	1:31.84 (35.63)	1:58.48 (26.64)			
2	Wang, Kevin Y	JR	Torrey Pines High School	2:04.30	2:01.74	17	
	26.92	58.11 (31.19)	1:32.37 (34.26)	2:01.74 (29.37)			
3	Williams, Tanner C	SO	Rancho Bernardo High School	2:04.93	2:03.28	16	
	25.81	58.99 (33.18)	1:34.68 (35.69)	2:03.28 (28.60)			
4	Nathanson, Michael	FR	Mt. Carmel High School-SI	2:08.00	2:05.60	15	
	27.28	59.13 (31.85)	1:35.54 (36.41)	2:05.60 (30.06)			
5	Hong, Minh C	FR	Mt. Carmel High School-SI	2:12.42	2:09.53	14	
	27.87	58.75 (30.88)	1:39.41 (40.66)	2:09.53 (30.12)			
6	Lee, Judge B	SR	Mt. Carmel High School-SI	2:10.09	2:10.34	13	
	27.99	1:03.13 (35.14)	1:37.88 (34.75)	2:10.34 (32.46)			
7	Andrada, Jordan	JR	Westview High School	2:13.37	2:12.45	12	
	27.76	1:00.99 (33.23)	1:42.23 (41.24)	2:12.45 (30.22)			
8	Bell, Jack	SO	Rancho Bernardo High School	2:12.96	2:13.10	11	
	28.25	1:04.37 (36.12)	1:41.11 (36.74)	2:13.10 (31.99)			
<b>Consolation Final</b>							
9	Mueller, Eric	JR	Poway High School-CA	2:13.70	2:09.42	9	
	28.18	1:01.82 (33.64)	1:39.67 (37.85)	2:09.42 (29.75)			
10	Murray, Andrew	SR	Rancho Bernardo High School	2:15.50	2:13.80	7	
	27.97	1:03.61 (35.64)	1:43.97 (40.36)	2:13.80 (29.83)			
11	Kenny, Kyle D	SR	Mt. Carmel High School-SI	2:13.70	2:14.52	6	
	28.78	1:02.20 (33.42)	1:42.01 (39.81)	2:14.52 (32.51)			
12	Bendinelli, Dominic T	JR	Poway High School-CA	2:15.49	2:14.74	5	
	29.19	1:05.88 (36.69)	1:43.21 (37.33)	2:14.74 (31.53)			
13	Silva, Carlo	SO	Ramona High	2:15.33	2:14.76	4	
	30.65	1:05.36 (34.71)	1:43.74 (38.38)	2:14.76 (31.02)			
14	Gries, Lukas	JR	Westview High School	2:16.30	2:15.09	3	
	28.75	1:05.07 (36.32)	1:44.02 (38.95)	2:15.09 (31.07)			
15	Houston, Andrew R	JR	Poway High School-CA	2:16.52	2:16.25	2	
	28.28	1:03.08 (34.80)	1:44.82 (41.74)	2:16.25 (31.43)			
16	Papadopoulos, James	SR	Torrey Pines High School	2:14.46	2:20.62	1	
	30.00	1:04.73 (34.73)	1:46.54 (41.81)	2:20.62 (34.08)			
<b>Preliminaries</b>							
17	Garnica, Matt	SO	Westview High School	2:18.64			
	29.83	1:06.24 (36.41)	1:47.44 (41.20)	2:18.64 (31.20)			
18	Sisk, Brandon	JR	Torrey Pines High School	2:19.50			
	30.00	1:05.92 (35.92)	1:46.37 (40.45)	2:19.50 (33.13)			
19	Nalabolu, Sujith	JR	Torrey Pines High School	2:19.65			
	28.98	1:06.41 (37.43)	1:50.01 (43.60)	2:19.65 (29.64)			
20	Gross, Isaac	JR	Ramona High	2:20.85			
	30.36	1:05.57 (35.21)	1:47.28 (41.71)	2:20.85 (33.57)			
21	Wang, Bernie	FR	Rancho Bernardo High School	2:24.79			
	32.43	1:08.17 (35.74)	1:52.16 (43.99)	2:24.79 (32.63)			
22	Jacoway, Ian	JR	Ramona High	2:30.80			
	31.50	1:11.79 (40.29)	1:56.34 (44.55)	2:30.80 (34.46)			
23	Maldonado, Dominick	SO	Poway High School-CA	2:34.25			
	32.51	1:14.06 (41.55)	1:59.91 (45.85)	2:34.25 (34.34)			
---	Martis, Andrew	SR	Mt. Carmel High School-SI	2:12.83	X		
	29.23	1:05.14 (35.91)	1:42.32 (37.18)	2:12.83 (30.51)			

## Palomar League Championships 2012 - 5/10/2012 to 5/12/2012

## Results

## Preliminaries ... (Event 6 Boys 200 Yard IM)

Name	Yr	School	Prelim Time	Finals Time	Points
--- Peirce, Trevor	SR	Westview High School	2:31.27	X	
31.08	1:10.86 (39.78)	1:56.04 (45.18)	2:31.27 (35.23)		

## Event 6 Boys 200 Yard IM

Name	Yr	School	Seed Time	Prelim Time
CIFSDS: 1:49.47	1998	Tim Siciliano		SMHS
Palomar Leag: 1:55.81	2009	Spencer DiDio		CHS

## Preliminaries

Name	Yr	School	Seed Time	Prelim Time	
1 Glaudini, Garrett	SO	Ramona High	2:00.47	2:00.77	q
26.86	57.64 (30.78)	1:33.05 (35.41)	2:00.77 (27.72)		
2 Wang, Kevin Y	JR	Torrey Pines High School	2:02.45	2:04.30	q
26.89	59.00 (32.11)	1:34.56 (35.56)	2:04.30 (29.74)		
3 Williams, Tanner C	SO	Rancho Bernardo High School	2:04.19	2:04.93	q
26.13	59.91 (33.78)	1:36.52 (36.61)	2:04.93 (28.41)		
4 Nathanson, Michael	FR	Mt. Carmel High School-SI	2:10.05	2:08.00	q
28.15	1:01.56 (33.41)	1:37.95 (36.39)	2:08.00 (30.05)		
5 Lee, Judge B	SR	Mt. Carmel High School-SI	2:10.49	2:10.09	q
28.42	1:03.51 (35.09)	1:38.46 (34.95)	2:10.09 (31.63)		
6 Hong, Minh C	FR	Mt. Carmel High School-SI	2:12.97	2:12.42	q
28.65	1:00.99 (32.34)	1:42.14 (41.15)	2:12.42 (30.28)		
7 Bell, Jack	SO	Rancho Bernardo High School	2:09.74	2:12.96	q
28.91	1:05.88 (36.97)	1:42.58 (36.70)	2:12.96 (30.38)		
8 Andrada, Jordan	JR	Westview High School	2:14.37	2:13.37	q
27.96	1:01.77 (33.81)	1:43.00 (41.23)	2:13.37 (30.37)		
*9 Mueller, Eric	JR	Poway High School-CA	2:16.00	2:13.70	q
28.25	1:03.83 (35.58)	1:42.78 (38.95)	2:13.70 (30.92)		
*9 Kenny, Kyle D	SR	Mt. Carmel High School-SI	2:18.64	2:13.70	q
28.75	1:02.56 (33.81)	1:41.64 (39.08)	2:13.70 (32.06)		
11 Papadopoulos, James	SR	Torrey Pines High School	2:13.29	2:14.46	q
30.34	1:04.46 (34.12)	1:43.18 (38.72)	2:14.46 (31.28)		
12 Silva, Carlo	SO	Ramona High	2:15.49	2:15.33	q
30.94	1:05.90 (34.96)	1:43.71 (37.81)	2:15.33 (31.62)		
13 Bendinelli, Dominic T	JR	Poway High School-CA	2:17.70	2:15.49	q
29.38	1:06.43 (37.05)	1:44.21 (37.78)	2:15.49 (31.28)		
14 Murray, Andrew	SR	Rancho Bernardo High School	2:14.88	2:15.50	q
28.18	1:04.71 (36.53)	1:45.70 (40.99)	2:15.50 (29.80)		
15 Gries, Lukas	JR	Westview High School	2:18.05	2:16.30	q
28.82	1:05.81 (36.99)	1:44.81 (39.00)	2:16.30 (31.49)		
16 Houston, Andrew R	JR	Poway High School-CA	2:18.70	2:16.52	q
28.98	1:03.10 (34.12)	1:45.40 (42.30)	2:16.52 (31.12)		
17 Garnica, Matt	SO	Westview High School	2:15.29	2:18.64	
29.83	1:06.24 (36.41)	1:47.44 (41.20)	2:18.64 (31.20)		
18 Sisk, Brandon	JR	Torrey Pines High School	2:21.70	2:19.50	
30.00	1:05.92 (35.92)	1:46.37 (40.45)	2:19.50 (33.13)		
19 Nalabolu, Sujith	JR	Torrey Pines High School	2:16.32	2:19.65	
28.98	1:06.41 (37.43)	1:50.01 (43.60)	2:19.65 (29.64)		
20 Gross, Isaac	JR	Ramona High	2:25.75	2:20.85	
30.36	1:05.57 (35.21)	1:47.28 (41.71)	2:20.85 (33.57)		
21 Wang, Bernie	FR	Rancho Bernardo High School	2:22.63	2:24.79	
32.43	1:08.17 (35.74)	1:52.16 (43.99)	2:24.79 (32.63)		
22 Jacoway, Ian	JR	Ramona High	2:36.67	2:30.80	
31.50	1:11.79 (40.29)	1:56.34 (44.55)	2:30.80 (34.46)		

**Palomar League Championships 2012 - 5/10/2012 to 5/12/2012****Results****Preliminaries ... (Event 6 Boys 200 Yard IM)**

	<b>Name</b>	<b>Yr</b>	<b>School</b>	<b>Seed Time</b>	<b>Prelim Time</b>
23	Maldonado, Dominick	SO	Poway High School-CA	2:34.10	2:34.25
	32.51	1:14.06 (41.55)	1:59.91 (45.85)	2:34.25 (34.34)	
---	Martis, Andrew	SR	Mt. Carmel High School-SI	2:17.46	X2:12.83
	29.23	1:05.14 (35.91)	1:42.32 (37.18)	2:12.83 (30.51)	
---	Peirce, Trevor	SR	Westview High School	2:37.47	X2:31.27
	31.08	1:10.86 (39.78)	1:56.04 (45.18)	2:31.27 (35.23)	

## Palomar League Championships 2012 - 5/10/2012 to 5/12/2012

## Results

## Event 7 Girls 50 Yard Freestyle

CIFSDS: 23.21 2011			Chandra Lukes		SPHS	
Palomar Leag: 24.11 2001			Kirsten Rasmuson		MCHS	
Name	Yr	School	Prelim Time	Finals Time	Points	
<b>Championship Final</b>						
1	Hull, Valerie E	SO Westview High School	24.26	24.15	20	
2	Jones, Dana J	SR Mt. Carmel High School-SI	25.10	24.48	17	
3	Wasung, Karly R	SR Poway High School-CA	25.33	24.82	16	
4	Skaggs, Nicole L	SR Torrey Pines High School	25.53	24.98	15	
5	Hughes, Sabrina Z	FR Mt. Carmel High School-SI	24.97	24.99	14	
6	Cordova, Charolette M	SO Torrey Pines High School	25.41	25.10	13	
7	Lore, Crystal	SO Torrey Pines High School	25.85	25.62	12	
8	Guo, Margaret	SR Torrey Pines High School	25.86	26.16	11	
<b>Consolation Final</b>						
9	Mao, Callie	JR Westview High School	27.28	26.17	9	
10	Gormaly, Jordan	SO Mt. Carmel High School-SI	26.29	26.23	7	
11	Schwab, Anna	SR Poway High School-CA	26.83	26.95	6	
12	Hogervorst, Rachel	JR Ramona High School	26.98	27.04	5	
13	Bradford, Emilee	SO Rancho Bernardo High School	27.71	27.48	4	
14	Payne, Noelle C	SO Westview High School	27.44	27.51	3	
15	Bernd, Paulina J	SO Ramona High School	27.94	27.59	2	
16	Reed, Taylor S	FR Rancho Bernardo High School	27.86	27.86	1	
<b>Preliminaries</b>						
17	Foresman, Alicia	JR Mt. Carmel High School-SI	28.33			
18	O'Gwynn, Meredith I	SN Ramona High School	28.50			
19	Han, Songhee	FR Rancho Bernardo High School	29.08			
20	Huynh, Angela	SR Westview High School	29.31			
21	Watt, Regan	SO Poway High School-CA	30.45			
22	Johnson, Logan L	SO Ramona High School	30.49			
23	Leonui, Kealoha	FR Poway High School-CA	30.93			
---	Vinoskey, Emily	SO Mt. Carmel High School-SI	29.15	X		
---	Chen, Stephi	SR Westview High School	29.56	X		
---	Yang, Kathryn D	SO Torrey Pines High School	26.39	X		

## Event 7 Girls 50 Yard Freestyle

CIFSDS: 23.21 2011			Chandra Lukes		SPHS	
Palomar Leag: 24.11 2001			Kirsten Rasmuson		MCHS	
Name	Yr	School	Seed Time	Prelim Time		
<b>Preliminaries</b>						
1	Hull, Valerie E	SO Westview High School	24.96	24.26	q	
2	Hughes, Sabrina Z	FR Mt. Carmel High School-SI	26.08	24.97	q	
3	Jones, Dana J	SR Mt. Carmel High School-SI	24.94	25.10	q	
4	Wasung, Karly R	SR Poway High School-CA	25.12	25.33	q	
5	Cordova, Charolette M	SO Torrey Pines High School	25.45	25.41	q	
6	Skaggs, Nicole L	SR Torrey Pines High School	24.79	25.53	q	
7	Lore, Crystal	SO Torrey Pines High School	25.49	25.85	q	
8	Guo, Margaret	SR Torrey Pines High School	26.08	25.86	q	
9	Gormaly, Jordan	SO Mt. Carmel High School-SI	26.68	26.29	q	
10	Schwab, Anna	SR Poway High School-CA	26.64	26.83	q	
11	Hogervorst, Rachel	JR Ramona High School	27.18	26.98	q	
12	Mao, Callie	JR Westview High School	26.92	27.28	q	
13	Payne, Noelle C	SO Westview High School	28.15	27.44	q	
14	Bradford, Emilee	SO Rancho Bernardo High School	27.48	27.71	q	

**Palomar League Championships 2012 - 5/10/2012 to 5/12/2012****Results****Preliminaries ... (Event 7 Girls 50 Yard Freestyle)**

	<b>Name</b>	<b>Yr</b>	<b>School</b>	<b>Seed Time</b>	<b>Prelim Time</b>	
15	Reed, Taylor S	FR	Rancho Bernardo High School	27.21	27.86	q
16	Bernd, Paulina J	SO	Ramona High School	27.59	27.94	q
17	Foresman, Alicia	JR	Mt. Carmel High School-SI	28.17	28.33	
18	O'Gwynn, Meredith I	SN	Ramona High School	28.65	28.50	
19	Han, Songhee	FR	Rancho Bernardo High School	28.86	29.08	
20	Huynh, Angela	SR	Westview High School	30.23	29.31	
21	Watt, Regan	SO	Poway High School-CA	28.94	30.45	
22	Johnson, Logan L	SO	Ramona High School	30.90	30.49	
23	Leonui, Kealoha	FR	Poway High School-CA	28.46	30.93	
---	Yang, Kathryn D	SO	Torrey Pines High School	26.16	X26.39	
---	Vinoskey, Emily	SO	Mt. Carmel High School-SI	29.36	X29.15	
---	Chen, Stephi	SR	Westview High School	31.12	X29.56	



## Palomar League Championships 2012 - 5/10/2012 to 5/12/2012

## Results

## Event 8 Boys 50 Yard Freestyle

CIFSDS:		20.67	2002	Ryan Carlson		TPHS	
Palomar Leag:		21.35	2001	Ryan Carlson		TPHS	
Name	Yr	School	Prelim Time	Finals Time	Points		
<b>Championship Final</b>							
1	Williams, Trent F	SR Rancho Bernardo High School	21.30	21.19	20		
2	Fronczak, Steven J	SR Poway High School-CA	22.47	22.63	17		
3	Kidd, Tyler	JR Mt. Carmel High School-SI	22.97	22.95	16		
4	Cain, Joe W	JR Poway High School-CA	23.08	22.96	15		
5	Sultz, Derek A	JR Mt. Carmel High School-SI	23.42	23.01	14		
6	Parker, Robert	JR Poway High School-CA	23.66	23.40	13		
7	Ohno-Machado, Thomas R	JR Torrey Pines High School	23.80	23.45	12		
8	Scherschel, Joshua A	JR Mt. Carmel High School-SI	23.28	23.68	11		
<b>Consolation Final</b>							
9	Ines, Daniel	FR Torrey Pines High School	23.91	23.53	9		
10	Bergum, Peter	SR Torrey Pines High School	23.98	23.72	7		
11	Park, Stephen M	FR Torrey Pines High School	23.81	23.95	6		
12	Creswell, Nathan	SR Ramona High	24.43	23.98	5		
13	Weber, Jacob	SO Mt. Carmel High School-SI	23.96	24.21	4		
14	Holland, Cutler	SO Westview High School	24.45	24.42	3		
15	Busch, Ian	JR Poway High School-CA	25.20	24.89	2		
16	Klem, Garrett	FR Ramona High	25.85	26.09	1		
<b>Preliminaries</b>							
17	Bryant, Will	JR Westview High School	26.05				
18	Vermeulen, Levi	SO Ramona High	26.44				
19	Liang, Elbert	JR Westview High School	26.75				
20	Jones, Ryan	Rancho Bernardo High School	27.22				
21	Fink, Eric	FR Ramona High	34.73				
---	Feldman-Scarr, Morgan S	SR Mt. Carmel High School-SI	25.42	X			
---	Howard, Alex	SR Westview High School	28.42	X			

## Event 8 Boys 50 Yard Freestyle

CIFSDS:		20.67	2002	Ryan Carlson		TPHS	
Palomar Leag:		21.35	2001	Ryan Carlson		TPHS	
Name	Yr	School	Seed Time	Prelim Time			
<b>Preliminaries</b>							
1	Williams, Trent F	SR Rancho Bernardo High School	21.37	21.30	q		
2	Fronczak, Steven J	SR Poway High School-CA	22.50	22.47	q		
3	Kidd, Tyler	JR Mt. Carmel High School-SI	23.67	22.97	q		
4	Cain, Joe W	JR Poway High School-CA	23.30	23.08	q		
5	Scherschel, Joshua A	JR Mt. Carmel High School-SI	23.90	23.28	q		
6	Sultz, Derek A	JR Mt. Carmel High School-SI	23.31	23.42	q		
7	Parker, Robert	JR Poway High School-CA	23.90	23.66	q		
8	Ohno-Machado, Thomas R	JR Torrey Pines High School	23.99	23.80	q		
9	Park, Stephen M	FR Torrey Pines High School	23.04	23.81	q		
10	Ines, Daniel	FR Torrey Pines High School	23.76	23.91	q		
11	Weber, Jacob	SO Mt. Carmel High School-SI	24.84	23.96	q		
12	Bergum, Peter	SR Torrey Pines High School	24.10	23.98	q		
13	Creswell, Nathan	SR Ramona High	24.81	24.43	q		
14	Holland, Cutler	SO Westview High School	24.43	24.45	q		
15	Busch, Ian	JR Poway High School-CA	24.80	25.20	q		
16	Klem, Garrett	FR Ramona High	26.90	25.85	q		

**Palomar League Championships 2012 - 5/10/2012 to 5/12/2012****Results****Preliminaries ... (Event 8 Boys 50 Yard Freestyle)**

<b>Name</b>	<b>Yr</b>	<b>School</b>	<b>Seed Time</b>	<b>Prelim Time</b>
17 Bryant, Will	JR	Westview High School	26.15	26.05
18 Vermeulen, Levi	SO	Ramona High	26.09	26.44
19 Liang, Elbert	JR	Westview High School	26.85	26.75
20 Jones, Ryan		Rancho Bernardo High School	26.42	27.22
21 Fink, Eric	FR	Ramona High	34.65	34.73
--- Feldman-Scarr, Morgan S	SR	Mt. Carmel High School-SI	25.47	X25.42
--- Howard, Alex	SR	Westview High School	28.75	X28.42

## Palomar League Championships 2012 - 5/10/2012 to 5/12/2012

## Results

## Event 9 Girls 100 Yard Butterfly

CIFSDS: 52.43		2010	Kendyl Stewart		LCC		
Palomar Leag: 55.68		5/9/2008	Bianca Casciari		Poway		
Name		Yr	School	Prelim Time	Finals Time	Points	
<b>Championship Final</b>							
1	DePeralta, Allison R		SR Torrey Pines High School	59.57	58.79	20	
	28.06				58.79 (30.73)		
2	Hughes, Sabrina Z		FR Mt. Carmel High School-SI	59.99	59.97	17	
	28.00				59.97 (31.97)		
3	Cable, Alyssa J		JR Rancho Bernardo High School	59.57	1:00.36	16	
	27.66				1:00.36 (32.70)		
4	Rosenthal, Rachel J		JR Westview High School	1:03.28	1:01.35	15	
	29.10				1:01.35 (32.25)		
5	Seacat, Julia		SO Torrey Pines High School	1:02.49	1:02.00	14	
	29.01				1:02.00 (32.99)		
6	Anderson, Colleen E		FR Rancho Bernardo High School	1:02.60	1:02.49	13	
	29.49				1:02.49 (33.00)		
7	Schwab, Laura E		FR Poway High School-CA	1:03.61	1:02.62	12	
	29.70				1:02.62 (32.92)		
8	Talavera, Liza		SR Westview High School	1:04.01	1:04.99	11	
	30.16				1:04.99 (34.83)		
<b>Consolation Final</b>							
9	Chaturvedi, Richa		SO Mt. Carmel High School-SI	1:04.81	1:03.06	9	
	29.63				1:03.06 (33.43)		
10	Burton, Nina L		FR Mt. Carmel High School-SI	1:05.22	1:03.83	7	
	28.87				1:03.83 (34.96)		
11	Rankin, Francesca		SO Westview High School	1:06.40	1:04.46	6	
	29.63				1:04.46 (34.83)		
12	Yang, Sandra K		FR Westview High School	1:04.66	1:04.69	5	
	30.08				1:04.69 (34.61)		
13	Degelsmith, Daylen R		SR Poway High School-CA	1:05.85	1:05.05	4	
	30.72				1:05.05 (34.33)		
14	Holabird, Ashlee L		SO Ramona High School	1:05.78	1:05.24	3	
	30.23				1:05.24 (35.01)		
15	Smith, Christine C		SR Mt. Carmel High School-SI	1:06.03	1:06.38	2	
	30.59				1:06.38 (35.79)		
16	Keziz, Tara		JR Torrey Pines High School	1:05.33	1:06.44	1	
	31.11				1:06.44 (35.33)		
<b>Preliminaries</b>							
17	Maggs, Hari		SR Torrey Pines High School	1:08.52			
	32.49				1:08.52 (36.03)		
18	VanTol, Kay		FR Ramona High School	1:11.21			
	32.63				1:11.21 (38.58)		
19	Ross, Cameron K		FR Rancho Bernardo High School	1:12.88			
	34.15				1:12.88 (38.73)		
20	Leonui, Kealoha		FR Poway High School-CA	1:18.11			
21	Prince, Rachel		JR Poway High School-CA	1:20.51			
22	Huber, Amanda D		JR Ramona High School	1:20.52			
	37.09				1:20.52 (43.43)		
23	Linnell, Elise		SO Ramona High School	1:21.17			
---	Tran, Vivien		SO Mt. Carmel High School-SI	1:17.95			X
	35.59				1:17.95 (42.36)		
---	Haririan, Pareesa		SR Torrey Pines High School	1:05.69			X
	30.55				1:05.69 (35.14)		

## Palomar League Championships 2012 - 5/10/2012 to 5/12/2012

## Results

## Preliminaries ... (Event 9 Girls 100 Yard Butterfly)

Name	Yr	School	Prelim Time	Finals Time	Points
--- DI Padova, Annemarie 33.96	JR	Westview High School	1:13.55	X	
			1:13.55 (39.59)		

## Event 9 Girls 100 Yard Butterfly

Name	Yr	School	Seed Time	Prelim Time	
<b>CIFSDS: 52.43</b>	<b>2010</b>	<b>Kendyl Stewart</b>	<b>LCC</b>		
<b>Palomar Leag: 55.68</b>	<b>5/9/2008</b>	<b>Bianca Casciari</b>	<b>Poway</b>		
<b>Preliminaries</b>					
*1 Cable, Alyssa J 27.93	JR	Rancho Bernardo High School	58.89	59.57	q
				59.57 (31.64)	
*1 DePeralta, Allison R 28.15	SR	Torrey Pines High School	58.63	59.57	q
				59.57 (31.42)	
3 Hughes, Sabrina Z 28.05	FR	Mt. Carmel High School-SI	1:01.44	59.99	q
				59.99 (31.94)	
4 Seacat, Julia 28.99	SO	Torrey Pines High School	1:04.37	1:02.49	q
				1:02.49 (33.50)	
5 Anderson, Colleen E 29.53	FR	Rancho Bernardo High School	1:01.65	1:02.60	q
				1:02.60 (33.07)	
6 Rosenthal, Rachel J 30.05	JR	Westview High School	1:02.45	1:03.28	q
				1:03.28 (33.23)	
7 Schwab, Laura E 29.79	FR	Poway High School-CA	1:05.20	1:03.61	q
				1:03.61 (33.82)	
8 Talavera, Liza 30.18	SR	Westview High School	1:07.51	1:04.01	q
				1:04.01 (33.83)	
9 Yang, Sandra K 30.65	FR	Westview High School	1:08.93	1:04.66	q
				1:04.66 (34.01)	
10 Chaturvedi, Richa 30.77	SO	Mt. Carmel High School-SI	1:04.91	1:04.81	q
				1:04.81 (34.04)	
11 Burton, Nina L 30.30	FR	Mt. Carmel High School-SI	1:05.50	1:05.22	q
				1:05.22 (34.92)	
12 Keziz, Tara 30.70	JR	Torrey Pines High School	1:05.61	1:05.33	q
				1:05.33 (34.63)	
13 Holabird, Ashlee L 30.75	SO	Ramona High School	1:05.38	1:05.78	q
				1:05.78 (35.03)	
14 Degelsmith, Daylen R 30.71	SR	Poway High School-CA	1:05.10	1:05.85	q
				1:05.85 (35.14)	
15 Smith, Christine C 30.66	SR	Mt. Carmel High School-SI	1:06.62	1:06.03	q
				1:06.03 (35.37)	
16 Rankin, Francesca 30.09	SO	Westview High School	1:05.51	1:06.40	q
				1:06.40 (36.31)	
17 Maggs, Hari 32.49	SR	Torrey Pines High School	1:07.80	1:08.52	
				1:08.52 (36.03)	
18 VanTol, Kay 32.63	FR	Ramona High School	1:11.05	1:11.21	
				1:11.21 (38.58)	
19 Ross, Cameron K 34.15	FR	Rancho Bernardo High School	1:11.72	1:12.88	
				1:12.88 (38.73)	
20 Leonui, Kealoha	FR	Poway High School-CA	1:25.60	1:18.11	
21 Prince, Rachel	JR	Poway High School-CA	1:24.40	1:20.51	
22 Huber, Amanda D 37.09	JR	Ramona High School	1:20.61	1:20.52	
				1:20.52 (43.43)	
23 Linnell, Elise	SO	Ramona High School	1:29.11	1:21.17	

**Palomar League Championships 2012 - 5/10/2012 to 5/12/2012****Results****Preliminaries ... (Event 9 Girls 100 Yard Butterfly)**

<b>Name</b>	<b>Yr</b>	<b>School</b>	<b>Seed Time</b>	<b>Prelim Time</b>
--- Haririan, Pareesa	SR	Torrey Pines High School	1:08.37	X1:05.69
30.55		1:05.69 (35.14)		
--- DI Padova, Annemarie	JR	Westview High School	1:17.10	X1:13.55
33.96		1:13.55 (39.59)		
--- Tran, Vivien	SO	Mt. Carmel High School-SI	1:15.36	X1:17.95
35.59		1:17.95 (42.36)		

## Palomar League Championships 2012 - 5/10/2012 to 5/12/2012

## Results

## Event 10 Boys 100 Yard Butterfly

CIFSDS: 48.92 2009		Spencer DiDio		CHS		
Palomar Leag: 50.86 2006		Jeff Giddens		LCC		
Name	Yr	School	Prelim Time	Finals Time	Points	
<b>Championship Final</b>						
1 Hong, Nguyen N		SR Mt. Carmel High School-SI	54.66	52.99	20	
	24.77	52.99 (28.22)				
2 Williams, Tanner C		SO Rancho Bernardo High School	54.18	53.31	17	
	25.06	53.31 (28.25)				
3 Schenk, Grant K		SO Mt. Carmel High School-SI	54.48	53.33	16	
	25.15	53.33 (28.18)				
4 Bigelow, Riley		JR Westview High School	58.32	56.31	15	
	26.54	56.31 (29.77)				
5 Ohno-Machado, Thomas R		JR Torrey Pines High School	57.06	56.60	14	
	26.45	56.60 (30.15)				
6 Dean, Ted		SR Ramona High	58.54	58.23	13	
	26.33	58.23 (31.90)				
7 Murray, Andrew		SR Rancho Bernardo High School	58.39	58.36	12	
	27.68	58.36 (30.68)				
8 Inada, Dustin		SR Torrey Pines High School	57.60	58.73	11	
	27.47	58.73 (31.26)				
<b>Consolation Final</b>						
9 Mueller, Eric		JR Poway High School-CA	59.41	57.92	9	
	27.79	57.92 (30.13)				
10 Barber, Dana		SO Mt. Carmel High School-SI	59.36	58.15	7	
	27.14	58.15 (31.01)				
11 Nalabolu, Sujith		JR Torrey Pines High School	1:00.46	59.11	6	
	27.58	59.11 (31.53)				
12 Jiang, Kevin		SO Mt. Carmel High School-SI	59.45	59.32	5	
	28.12	59.32 (31.20)				
13 Dang, Mark		JR Torrey Pines High School	1:00.74	59.80	4	
	28.64	59.80 (31.16)				
14 Andrada, Jordan		JR Westview High School	1:00.34	1:00.03	3	
	27.97	1:00.03 (32.06)				
15 Umsted, Kevin		SR Poway High School-CA	1:01.98	1:02.86	2	
	28.59	1:02.86 (34.27)				
16 Ellis, Cameron		SR Rancho Bernardo High School	1:02.29	1:03.67	1	
	28.08	1:03.67 (35.59)				
<b>Preliminaries</b>						
17 Liu, Shaoxiong		FR Westview High School	1:02.96			
	29.30	1:02.96 (33.66)				
18 Brandalise, Dexter		SO Poway High School-CA	1:04.17			
	29.20	1:04.17 (34.97)				
19 Sanchez, Adrian		SR Rancho Bernardo High School	1:05.37			
	29.54	1:05.37 (35.83)				
20 Talento, Vincent		SO Ramona High	1:07.65			
	30.91	1:07.65 (36.74)				
21 Wolfkiel, Christian		JR Poway High School-CA	1:08.67			
	31.27	1:08.67 (37.40)				
22 Jacoway, Ian		JR Ramona High	1:10.47			
	31.32	1:10.47 (39.15)				
23 Houri, Jordan		FR Westview High School	1:11.72			
	32.20	1:11.72 (39.52)				
--- Liang, Elbert		JR Westview High School	1:11.07	X		
	33.30	1:11.07 (37.77)				

## Palomar League Championships 2012 - 5/10/2012 to 5/12/2012

## Results

## Event 10 Boys 100 Yard Butterfly

CIFSDS: 48.92 2009		Spencer DiDio		CHS	
Palomar Leag: 50.86 2006		Jeff Giddens		LCC	
Name	Yr	School	Seed Time	Prelim Time	
<b>Preliminaries</b>					
1	Williams, Tanner C	SO Rancho Bernardo High School	54.23	54.18	q
	25.54	54.18 (28.64)			
2	Schenk, Grant K	SO Mt. Carmel High School-SI	54.07	54.48	q
	25.05	54.48 (29.43)			
3	Hong, Nguyen N	SR Mt. Carmel High School-SI	54.41	54.66	q
	25.51	54.66 (29.15)			
4	Ohno-Machado, Thomas R	JR Torrey Pines High School	56.96	57.06	q
	26.14	57.06 (30.92)			
5	Inada, Dustin	SR Torrey Pines High School	58.15	57.60	q
	26.86	57.60 (30.74)			
6	Bigelow, Riley	JR Westview High School	59.41	58.32	q
	26.89	58.32 (31.43)			
7	Murray, Andrew	SR Rancho Bernardo High School	58.55	58.39	q
	27.54	58.39 (30.85)			
8	Dean, Ted	SR Ramona High	59.92	58.54	q
	26.68	58.54 (31.86)			
9	Barber, Dana	SO Mt. Carmel High School-SI	1:00.54	59.36	q
	27.97	59.36 (31.39)			
10	Mueller, Eric	JR Poway High School-CA	1:03.50	59.41	q
	27.63	59.41 (31.78)			
11	Jiang, Kevin	SO Mt. Carmel High School-SI	1:01.66	59.45	q
	28.22	59.45 (31.23)			
12	Andrada, Jordan	JR Westview High School	1:00.85	1:00.34	q
	28.06	1:00.34 (32.28)			
13	Nalabolu, Sujith	JR Torrey Pines High School	1:00.20	1:00.46	q
	28.31	1:00.46 (32.15)			
14	Dang, Mark	JR Torrey Pines High School	1:00.40	1:00.74	q
	29.02	1:00.74 (31.72)			
15	Umsted, Kevin	SR Poway High School-CA	1:04.60	1:01.98	q
	28.46	1:01.98 (33.52)			
16	Ellis, Cameron	SR Rancho Bernardo High School	1:03.47	1:02.29	q
	28.76	1:02.29 (33.53)			
17	Liu, Shaoxiong	FR Westview High School	1:04.32	1:02.96	
	29.30	1:02.96 (33.66)			
18	Brandalise, Dexter	SO Poway High School-CA	1:06.90	1:04.17	
	29.20	1:04.17 (34.97)			
19	Sanchez, Adrian	SR Rancho Bernardo High School	1:03.23	1:05.37	
	29.54	1:05.37 (35.83)			
20	Talento, Vincent	SO Ramona High	1:12.77	1:07.65	
	30.91	1:07.65 (36.74)			
21	Wolfkiel, Christian	JR Poway High School-CA	1:08.10	1:08.67	
	31.27	1:08.67 (37.40)			
22	Jacoway, Ian	JR Ramona High	1:13.29	1:10.47	
	31.32	1:10.47 (39.15)			
23	Houri, Jordan	FR Westview High School	1:14.35	1:11.72	
	32.20	1:11.72 (39.52)			
---	Liang, Elbert	JR Westview High School	1:19.13	X1:11.07	
	33.30	1:11.07 (37.77)			

## Palomar League Championships 2012 - 5/10/2012 to 5/12/2012

## Results

## Event 11 Girls 100 Yard Freestyle

CIFSDS: 49.77 2011		Kendyl Stewart		LCC		
Palomar Leag: 51.54 2003		Valerie Tukey		TPHS		
Name	Yr	School	Prelim Time	Finals Time	Points	
<b>Championship Final</b>						
1	Hull, Valerie E	SO Westview High School	52.95	51.88	20	
	25.51	51.88 (26.37)				
2	Jones, Dana J	SR Mt. Carmel High School-SI	54.36	53.46	17	
	26.17	53.46 (27.29)				
3	Wasung, Karly R	SR Poway High School-CA	54.61	53.55	16	
	26.07	53.55 (27.48)				
4	Anderson, Katie M	SR Rancho Bernardo High School	54.66	54.09	15	
	26.23	54.09 (27.86)				
5	Chaturvedi, Shuchi	SR Mt. Carmel High School-SI	54.90	54.33	14	
	26.12	54.33 (28.21)				
6	Skaggs, Nicole L	SR Torrey Pines High School	55.23	54.60	13	
	26.07	54.60 (28.53)				
7	Guo, Margaret	SR Torrey Pines High School	55.83	56.02	12	
	27.09	56.02 (28.93)				
8	Lore, Crystal	SO Torrey Pines High School	56.86	56.23	11	
	27.26	56.23 (28.97)				
<b>Consolation Final</b>						
9	Vankat, Deniesse B	JR Westview High School	57.22	56.09	9	
	26.68	56.09 (29.41)				
10	Beatty, Lindsay B	FR Mt. Carmel High School-SI	57.17	56.71	7	
	27.53	56.71 (29.18)				
11	Orie, Natasha X	FR Mt. Carmel High School-SI	57.06	56.84	6	
	27.39	56.84 (29.45)				
12	Hogervorst, Rachel	JR Ramona High School	58.58	59.29	5	
	28.58	59.29 (30.71)				
13	Schwab, Anna	SR Poway High School-CA	59.81	59.31	4	
	28.59	59.31 (30.72)				
14	Bernd, Paulina J	SO Ramona High School	1:00.63	59.98	3	
	28.81	59.98 (31.17)				
15	Reed, Taylor S	FR Rancho Bernardo High School	1:00.20	1:00.25	2	
	29.04	1:00.25 (31.21)				
16	Cahua, Adriana	SO Poway High School-CA	1:01.65	1:00.82	1	
	29.22	1:00.82 (31.60)				
<b>Preliminaries</b>						
12	Morgan, Emily	JR Torrey Pines High School	58.36			
	27.95	58.36 (30.41)				
18	Zirpolo, Sarah	FR Westview High School	1:01.70			
	29.29	1:01.70 (32.41)				
19	Lin, Angie	JR Westview High School	1:03.19			
	29.88	1:03.19 (33.31)				
20	Han, Songhee	FR Rancho Bernardo High School	1:04.21			
	31.17	1:04.21 (33.04)				
21	Chen, Maggie	FR Rancho Bernardo High School	1:04.22			
	30.52	1:04.22 (33.70)				
22	Artaud, Summer	SO Poway High School-CA	1:07.21			
	32.23	1:07.21 (34.98)				
23	Ward, Josie K	SO Ramona High School	1:09.61			
	33.18	1:09.61 (36.43)				
24	Huber, Amanda D	JR Ramona High School	1:13.39			
	34.98	1:13.39 (38.41)				



## Palomar League Championships 2012 - 5/10/2012 to 5/12/2012

## Results

## Preliminaries ... (Event 11 Girls 100 Yard Freestyle)

Name	Yr	School	Prelim Time	Finals Time	Points
--- Huynh, Angela	SR	Westview High School	1:05.27	X	
31.80		1:05.27 (33.47)			
--- Foresman, Alicia	JR	Mt. Carmel High School-SI	1:03.66	X	
30.84		1:03.66 (32.82)			

## Event 11 Girls 100 Yard Freestyle

Name	Yr	School	Seed Time	Prelim Time	
<b>CIFSDS:</b> 49.77	<b>2011</b>	<b>Kendyl Stewart</b>			<b>LCC</b>
<b>Palomar Leag:</b> 51.54	<b>2003</b>	<b>Valerie Tukey</b>			<b>TPHS</b>
<b>Preliminaries</b>					
1 Hull, Valerie E	SO	Westview High School	53.04	52.95	q
25.81		52.95 (27.14)			
2 Jones, Dana J	SR	Mt. Carmel High School-SI	54.94	54.36	q
26.71		54.36 (27.65)			
3 Wasung, Karly R	SR	Poway High School-CA	54.00	54.61	q
26.83		54.61 (27.78)			
4 Anderson, Katie M	SR	Rancho Bernardo High School	55.47	54.66	q
26.44		54.66 (28.22)			
5 Chaturvedi, Shuchi	SR	Mt. Carmel High School-SI	54.51	54.90	q
26.48		54.90 (28.42)			
6 Skaggs, Nicole L	SR	Torrey Pines High School	55.06	55.23	q
26.28		55.23 (28.95)			
7 Guo, Margaret	SR	Torrey Pines High School	55.42	55.83	q
26.97		55.83 (28.86)			
8 Lore, Crystal	SO	Torrey Pines High School	56.02	56.86	q
27.38		56.86 (29.48)			
9 Orie, Natasha X	FR	Mt. Carmel High School-SI	57.96	57.06	q
27.73		57.06 (29.33)			
10 Beatty, Lindsay B	FR	Mt. Carmel High School-SI	58.20	57.17	q
27.26		57.17 (29.91)			
11 Vankat, Deniesse B	JR	Westview High School	59.45	57.22	q
27.04		57.22 (30.18)			
12 Morgan, Emily	JR	Torrey Pines High School	57.43	58.36	q
27.95		58.36 (30.41)			
13 Hogervorst, Rachel	JR	Ramona High School	59.61	58.58	q
28.44		58.58 (30.14)			
14 Schwab, Anna	SR	Poway High School-CA	1:00.60	59.81	q
28.70		59.81 (31.11)			
15 Reed, Taylor S	FR	Rancho Bernardo High School	59.80	1:00.20	q
28.89		1:00.20 (31.31)			
16 Bernd, Paulina J	SO	Ramona High School	59.50	1:00.63	q
28.87		1:00.63 (31.76)			
17 Cahua, Adriana	SO	Poway High School-CA	1:01.40	1:01.65	
29.30		1:01.65 (32.35)			
18 Zirpolo, Sarah	FR	Westview High School	1:02.93	1:01.70	
29.29		1:01.70 (32.41)			
19 Lin, Angie	JR	Westview High School	1:03.51	1:03.19	
29.88		1:03.19 (33.31)			
20 Han, Songhee	FR	Rancho Bernardo High School	1:01.77	1:04.21	
31.17		1:04.21 (33.04)			
21 Chen, Maggie	FR	Rancho Bernardo High School	1:04.59	1:04.22	
30.52		1:04.22 (33.70)			

**Palomar League Championships 2012 - 5/10/2012 to 5/12/2012****Results****Preliminaries ... (Event 11 Girls 100 Yard Freestyle)**

	<b>Name</b>	<b>Yr</b>	<b>School</b>	<b>Seed Time</b>	<b>Prelim Time</b>
22	Artaud, Summer	SO	Poway High School-CA	1:01.00	1:07.21
	32.23		1:07.21 (34.98)		
23	Ward, Josie K	SO	Ramona High School	1:09.32	1:09.61
	33.18		1:09.61 (36.43)		
24	Huber, Amanda D	JR	Ramona High School	1:12.87	1:13.39
	34.98		1:13.39 (38.41)		
---	Foresman, Alicia	JR	Mt. Carmel High School-SI	1:03.82	X1:03.66
	30.84		1:03.66 (32.82)		
---	Huynh, Angela	SR	Westview High School	1:07.64	X1:05.27
	31.80		1:05.27 (33.47)		

## Palomar League Championships 2012 - 5/10/2012 to 5/12/2012

## Results

## Event 12 Boys 100 Yard Freestyle

CIFSDS: 45.21		1989	Mike Picotte	MMHS		
Palomar Leag: 46.61		5/9/2008	Jay Giddens	LCC -SI		
Name	Yr	School	Prelim Time	Finals Time	Points	
<b>Championship Final</b>						
1	Fronczak, Steven J	SR Poway High School-CA	49.62	49.25	20	
	23.77	49.25 (25.48)				
2	Jelsma, Greg B	JR Poway High School-CA	50.46	49.65	17	
	24.23	49.65 (25.42)				
3	Cain, Joe W	JR Poway High School-CA	49.99	50.18	16	
	24.30	50.18 (25.88)				
4	Ines, Daniel	FR Torrey Pines High School	51.35	50.79	15	
	24.63	50.79 (26.16)				
*5	Sultz, Derek A	JR Mt. Carmel High School-SI	51.72	50.94	13.50	
	24.45	50.94 (26.49)				
*5	Kidd, Tyler	JR Mt. Carmel High School-SI	50.54	50.94	13.50	
	24.52	50.94 (26.42)				
7	Parker, Robert	JR Poway High School-CA	51.81	51.28	12	
	24.77	51.28 (26.51)				
8	Scherschel, Joshua A	JR Mt. Carmel High School-SI	52.44	51.74	11	
	24.82	51.74 (26.92)				
<b>Consolation Final</b>						
9	Bergum, Peter	SR Torrey Pines High School	53.34	51.47	9	
	24.60	51.47 (26.87)				
10	Weber, Jacob	SO Mt. Carmel High School-SI	53.17	52.62	7	
	25.51	52.62 (27.11)				
11	Park, Stephen M	FR Torrey Pines High School	52.92	52.86	6	
	25.29	52.86 (27.57)				
12	Balch, David	SR Torrey Pines High School	54.12	53.67	5	
	25.40	53.67 (28.27)				
13	Holland, Cutler	SO Westview High School	53.39	53.72	4	
	25.85	53.72 (27.87)				
14	Garnica, Matt	SO Westview High School	55.34	54.20	3	
	26.26	54.20 (27.94)				
15	Sun, Nicholas	SR Westview High School	55.59	54.52	2	
	26.31	54.52 (28.21)				
16	Walker, Tristan	FR Rancho Bernardo High School	54.81	54.84	1	
	26.50	54.84 (28.34)				
<b>Preliminaries</b>						
17	Chung, Justin	Rancho Bernardo High School	55.75			
	26.39	55.75 (29.36)				
18	Reiling, Jesse	SO Ramona High	57.71			
	27.07	57.71 (30.64)				
19	Klem, Garrett	FR Ramona High	1:00.30			
20	Jones, Ryan	Rancho Bernardo High School	1:00.77			
	28.70	1:00.77 (32.07)				
21	Benke, Austin	FR Ramona High School	1:02.34			
	29.70	1:02.34 (32.64)				
---	Stathatos, Andreas	FR Mt. Carmel High School-SI	1:04.29		X	
	31.01	1:04.29 (33.28)				
---	Barrett, Davis	SR Westview High School	1:07.40		X	
	31.53	1:07.40 (35.87)				

## Palomar League Championships 2012 - 5/10/2012 to 5/12/2012

## Results

## Event 12 Boys 100 Yard Freestyle

CIFSDS: 45.21		1989	Mike Picotte	MMHS	
Palomar Leag: 46.61		5/9/2008	Jay Giddens	LCC -SI	
Name	Yr	School	Seed	Time	Prelim Time
<b>Preliminaries</b>					
1	Fronczak, Steven J	SR Poway High School-CA	49.99	49.62	q
	24.11	49.62 (25.51)			
2	Cain, Joe W	JR Poway High School-CA	51.29	49.99	q
	24.28	49.99 (25.71)			
3	Jelsma, Greg B	JR Poway High School-CA	50.12	50.46	q
	24.49	50.46 (25.97)			
4	Kidd, Tyler	JR Mt. Carmel High School-SI	52.83	50.54	q
	24.45	50.54 (26.09)			
5	Ines, Daniel	FR Torrey Pines High School	51.81	51.35	q
	24.97	51.35 (26.38)			
6	Sultz, Derek A	JR Mt. Carmel High School-SI	51.16	51.72	q
	25.01	51.72 (26.71)			
7	Parker, Robert	JR Poway High School-CA	52.10	51.81	q
	25.26	51.81 (26.55)			
8	Scherschel, Joshua A	JR Mt. Carmel High School-SI	52.15	52.44	q
	25.36	52.44 (27.08)			
9	Park, Stephen M	FR Torrey Pines High School	51.53	52.92	q
	25.24	52.92 (27.68)			
10	Weber, Jacob	SO Mt. Carmel High School-SI	55.55	53.17	q
	25.95	53.17 (27.22)			
11	Bergum, Peter	SR Torrey Pines High School	53.58	53.34	q
	25.04	53.34 (28.30)			
12	Holland, Cutler	SO Westview High School	54.04	53.39	q
	25.47	53.39 (27.92)			
13	Balch, David	SR Torrey Pines High School	53.01	54.12	q
	25.66	54.12 (28.46)			
14	Walker, Tristan	FR Rancho Bernardo High School	57.84	54.81	q
	26.19	54.81 (28.62)			
15	Garnica, Matt	SO Westview High School	56.16	55.34	q
	26.94	55.34 (28.40)			
16	Sun, Nicholas	SR Westview High School	56.32	55.59	q
	26.75	55.59 (28.84)			
17	Chung, Justin	Rancho Bernardo High School	56.83	55.75	
	26.39	55.75 (29.36)			
18	Reiling, Jesse	SO Ramona High	57.28	57.71	
	27.07	57.71 (30.64)			
19	Klem, Garrett	FR Ramona High	1:00.95	1:00.30	
20	Jones, Ryan	Rancho Bernardo High School	59.80	1:00.77	
	28.70	1:00.77 (32.07)			
21	Benke, Austin	FR Ramona High School	1:04.41	1:02.34	
	29.70	1:02.34 (32.64)			
---	Stathatos, Andreas	FR Mt. Carmel High School-SI	1:02.00	X1:04.29	
	31.01	1:04.29 (33.28)			
---	Barrett, Davis	SR Westview High School	1:10.25	X1:07.40	
	31.53	1:07.40 (35.87)			

## Palomar League Championships 2012 - 5/10/2012 to 5/12/2012

## Results

## Event 13 Girls 500 Yard Freestyle

CIFSDS: 4:43.75 2005		Blake Hayter		USDH	
Palomar Leag: 4:45.81 2006		Jessica Schmitt		TPHS	
Name	Yr	School	Prelim Time	Finals Time	Points
<b>Championship Final</b>					
1	Spitser, Riley E	SR Rancho Bernardo High School	5:09.15	5:07.14	20
	27.88	58.91 (31.03)	1:30.09 (31.18)	2:00.98 (30.89)	
	2:31.74 (30.76)	3:03.29 (31.55)	3:34.43 (31.14)	4:05.57 (31.14)	
	4:36.62 (31.05)	5:07.14 (30.52)			
2	Pold, Eva	SR Torrey Pines High School	5:11.70	5:10.37	17
	29.18	1:00.13 (30.95)	1:31.59 (31.46)	2:03.03 (31.44)	
	2:34.33 (31.30)	3:05.48 (31.15)	3:36.78 (31.30)	4:08.00 (31.22)	
	4:39.34 (31.34)	5:10.37 (31.03)			
3	Anderson, Colleen E	FR Rancho Bernardo High School	5:23.69	5:22.07	16
	29.34	1:01.07 (31.73)	1:32.94 (31.87)	2:05.00 (32.06)	
	2:37.67 (32.67)	3:10.58 (32.91)	3:43.71 (33.13)	4:16.76 (33.05)	
	4:49.71 (32.95)	5:22.07 (32.36)			
4	Pepin, Alexa A	SO Poway High School-CA	5:28.19	5:25.48	15
	29.93	1:01.89 (31.96)	1:34.40 (32.51)	2:07.26 (32.86)	
	2:40.23 (32.97)	3:13.28 (33.05)	3:46.36 (33.08)	4:19.73 (33.37)	
	4:53.31 (33.58)	5:25.48 (32.17)			
5	Ockletree, Suranee L	SR Westview High School	5:31.02	5:27.34	14
	29.65	1:01.74 (32.09)	1:34.60 (32.86)	2:07.90 (33.30)	
	2:41.22 (33.32)	3:13.85 (32.63)	3:47.61 (33.76)	4:21.04 (33.43)	
	4:55.22 (34.18)	5:27.34 (32.12)			
6	Jolk, Glenn A	SO Mt. Carmel High School-SI	5:28.95	5:31.53	13
	30.81	1:04.70 (33.89)	1:38.31 (33.61)	2:11.70 (33.39)	
	2:44.77 (33.07)	3:17.85 (33.08)	3:51.36 (33.51)	4:25.04 (33.68)	
	4:58.49 (33.45)	5:31.53 (33.04)			
7	Black, Laura	SO Torrey Pines High School	5:33.66	5:32.53	12
	30.04	1:02.03 (31.99)	1:34.74 (32.71)	2:07.61 (32.87)	
	2:40.75 (33.14)	3:14.52 (33.77)	3:48.68 (34.16)	4:23.47 (34.79)	
	4:58.39 (34.92)	5:32.53 (34.14)			
8	Crosby, Maddy L	SO Rancho Bernardo High School	5:33.62	5:35.02	11
	31.20	1:04.99 (33.79)	1:38.82 (33.83)	2:12.54 (33.72)	
	2:46.17 (33.63)	3:20.51 (34.34)	3:54.43 (33.92)	4:28.62 (34.19)	
	5:02.46 (33.84)	5:35.02 (32.56)			
<b>Consolation Final</b>					
9	Chaturvedi, Richa	SO Mt. Carmel High School-SI	5:39.47	5:26.59	9
	2:41.15	3:14.24 (33.09)	3:47.27 (33.03)	4:20.44 (33.17)	
	4:53.80 (33.36)	5:26.61 (32.81)	5:26.59 ( )		
10	LaRosa, Danielle B	FR Ramona High School	5:44.82	5:28.73	7
	2:45.97	3:19.81 (33.84)	3:54.37 (34.56)	4:28.11 (33.74)	
	5:01.96 (33.85)	5:28.73 (26.77)			
11	Degelsmith, Daylen R	SR Poway High School-CA	5:38.10	5:37.66	6
	2:46.70	3:20.87 (34.17)	3:55.33 (34.46)	4:29.62 (34.29)	
	5:04.26 (34.64)	5:37.66 (33.40)			
12	Ryder, Nicole	SR Mt. Carmel High School-SI	5:50.69	5:39.68	5
	2:49.75	3:23.75 (34.00)	3:57.97 (34.22)	4:32.27 (34.30)	
	5:07.17 (34.90)	5:39.68 (32.51)			
13	Payne, Noelle C	SO Westview High School	5:44.71	5:46.31	4
	2:48.89	3:23.85 (34.96)	3:59.28 (35.43)	4:35.73 (36.45)	
	5:11.71 (35.98)	5:46.31 (34.60)			
14	Kuck, Haley	SR Rancho Bernardo High School	5:48.80	5:47.09	3
	2:53.58	3:28.85 (35.27)	4:04.31 (35.46)	4:39.67 (35.36)	
	5:14.96 (35.29)	5:47.09 (32.13)			

## Palomar League Championships 2012 - 5/10/2012 to 5/12/2012

## Results

## Consolation Final ... (Event 13 Girls 500 Yard Freestyle)

Name	Yr	School	Prelim Time	Finals Time	Points
15 Sax, Emma F	SO	Torrey Pines High School	5:49.87	5:47.57	2
2:49.62	3:25.51 (35.89)	4:01.34 (35.83)	4:37.22 (35.88)		
5:12.86 (35.64)	5:47.57 (34.71)				
--- Martinelli, Michelle	JR	Torrey Pines High School	5:39.83	DQ	
2:47.27	3:22.27 (35.00)	3:57.72 (35.45)	4:33.45 (35.73)		
5:09.20 (35.75)	DQ (33.55)				
<b>Preliminaries</b>					
17 Fazen, Maddie	FR	Mt. Carmel High School-SI	5:55.61		
31.97	1:05.29 (33.32)	1:40.30 (35.01)	2:16.27 (35.97)		
2:52.53 (36.26)	3:29.13 (36.60)	4:06.15 (37.02)	4:42.98 (36.83)		
5:20.02 (37.04)	5:55.61 (35.59)				
18 Miller, Kiersten	SR	Westview High School	6:03.54		
34.30	1:10.91 (36.61)	1:47.65 (36.74)	2:24.71 (37.06)		
3:01.42 (36.71)	3:38.49 (37.07)	4:15.53 (37.04)	4:52.53 (37.00)		
5:29.14 (36.61)	6:03.54 (34.40)				
19 Gilbert, Jessi L	JR	Ramona High School	6:11.76		
31.09	1:07.22 (36.13)	1:44.84 (37.62)	2:23.02 (38.18)		
3:01.53 (38.51)	3:39.94 (38.41)	4:18.12 (38.18)	4:56.66 (38.54)		
5:35.04 (38.38)	6:11.76 (36.72)				
20 Hennes, Katelyn	SR	Westview High School	6:16.00		
32.18	1:09.40 (37.22)	1:46.75 (37.35)	2:24.74 (37.99)		
3:03.07 (38.33)	3:41.89 (38.82)	4:21.69 (39.80)	5:00.65 (38.96)		
5:38.80 (38.15)	6:16.00 (37.20)				
21 Campbell, Briana E	JR	Ramona High School	6:22.04		
32.60	1:08.79 (36.19)	1:46.63 (37.84)	2:25.64 (39.01)		
3:04.59 (38.95)	3:43.82 (39.23)	4:23.52 (39.70)	5:03.80 (40.28)		
5:43.84 (40.04)	6:22.04 (38.20)				
22 Ward, Josie K	SO	Ramona High School	6:48.48		
34.07	2:38.00 (2:03.93)	3:21.24 (43.24)			
4:03.49 ( )	4:46.68 (43.19)	5:30.75 (44.07)	6:10.86 (40.11)		
6:48.48 (37.62)					

## Event 13 Girls 500 Yard Freestyle

Name	Yr	School	Seed Time	Prelim Time	
<b>Preliminaries</b>					
1 Spitsler, Riley E	SR	Rancho Bernardo High School	5:08.16	5:09.15	q
27.89	58.97 (31.08)	1:30.48 (31.51)	2:01.76 (31.28)		
2:33.14 (31.38)	3:04.35 (31.21)	3:35.79 (31.44)	4:07.13 (31.34)		
4:38.50 (31.37)	5:09.15 (30.65)				
2 Pold, Eva	SR	Torrey Pines High School	5:08.32	5:11.70	q
29.93	1:01.20 (31.27)	1:32.74 (31.54)	2:04.15 (31.41)		
2:35.66 (31.51)	3:07.09 (31.43)	3:38.49 (31.40)	4:09.92 (31.43)		
4:41.25 (31.33)	5:11.70 (30.45)				
3 Anderson, Colleen E	FR	Rancho Bernardo High School	5:21.68	5:23.69	q
29.32	1:01.13 (31.81)	1:33.03 (31.90)	2:05.86 (32.83)		
2:38.49 (32.63)	3:11.24 (32.75)	3:44.20 (32.96)	4:17.58 (33.38)		
4:51.11 (33.53)	5:23.69 (32.58)				
4 Pepin, Alexa A	SO	Poway High School-CA	5:27.40	5:28.19	q
30.34	1:02.52 (32.18)	1:35.06 (32.54)	2:08.09 (33.03)		
2:41.31 (33.22)	3:14.97 (33.66)	3:48.46 (33.49)	4:22.30 (33.84)		
4:55.97 (33.67)	5:28.19 (32.22)				

## Palomar League Championships 2012 - 5/10/2012 to 5/12/2012

## Results

## Preliminaries ... (Event 13 Girls 500 Yard Freestyle)

Name	Yr	School	Seed Time	Prelim Time	
5 Jolk, Glenn A	SO	Mt. Carmel High School-SI	5:33.03	5:28.95	q
29.81	1:02.81 (33.00)	1:35.92 (33.11)	2:09.13 (33.21)		
2:42.46 (33.33)	3:16.29 (33.83)	3:49.43 (33.14)	4:22.86 (33.43)		
4:56.17 (33.31)	5:28.95 (32.78)				
6 Ockletree, Suranee L	SR	Westview High School	5:25.82	5:31.02	q
29.45	1:02.02 (32.57)	1:35.89 (33.87)	2:09.42 (33.53)		
2:43.23 (33.81)	3:16.46 (33.23)	3:50.27 (33.81)	4:24.06 (33.79)		
4:57.96 (33.90)	5:31.02 (33.06)				
7 Crosby, Maddy L	SO	Rancho Bernardo High School	5:28.28	5:33.62	q
30.47	1:03.34 (32.87)	1:36.87 (33.53)	2:10.30 (33.43)		
2:44.21 (33.91)	3:18.41 (34.20)	3:53.02 (34.61)	4:26.93 (33.91)		
5:00.89 (33.96)	5:33.62 (32.73)				
8 Black, Laura	SO	Torrey Pines High School	5:27.69	5:33.66	q
30.02	1:01.95 (31.93)	1:34.44 (32.49)	2:07.54 (33.10)		
2:41.42 (33.88)	3:15.53 (34.11)	3:49.87 (34.34)	4:24.42 (34.55)		
4:59.56 (35.14)	5:33.66 (34.10)				
9 Degelsmith, Daylen R	SR	Poway High School-CA	5:30.30	5:38.10	q
29.75	1:02.34 (32.59)	1:35.96 (33.62)	2:10.29 (34.33)		
2:44.99 (34.70)	3:18.99 (34.00)	3:53.47 (34.48)	4:28.78 (35.31)		
5:03.93 (35.15)	5:38.10 (34.17)				
10 Chaturvedi, Richa	SO	Mt. Carmel High School-SI	5:33.28	5:39.47	q
30.54	1:04.27 (33.73)	1:38.70 (34.43)	2:13.09 (34.39)		
2:47.86 (34.77)	3:22.16 (34.30)	3:56.53 (34.37)	4:31.36 (34.83)		
5:05.85 (34.49)	5:39.47 (33.62)				
11 Martinelli, Michelle	JR	Torrey Pines High School	5:51.37	5:39.83	q
30.63	1:03.72 (33.09)	1:37.82 (34.10)	2:12.38 (34.56)		
2:47.50 (35.12)	3:22.27 (34.77)	3:57.31 (35.04)	4:32.62 (35.31)		
5:07.74 (35.12)	5:39.83 (32.09)				
12 Payne, Noelle C	SO	Westview High School	6:00.31	5:44.71	q
31.05	1:05.51 (34.46)	1:40.53 (35.02)	2:14.55 (34.02)		
2:49.48 (34.93)	3:24.88 (35.40)	3:59.82 (34.94)	4:35.26 (35.44)		
5:10.50 (35.24)	5:44.71 (34.21)				
13 LaRosa, Danielle B	FR	Ramona High School	5:37.97	5:44.82	q
30.32	1:03.39 (33.07)	1:38.42 (35.03)	2:13.74 (35.32)		
2:48.92 (35.18)	3:24.41 (35.49)	3:59.77 (35.36)	4:35.03 (35.26)		
5:10.37 (35.34)	5:44.82 (34.45)				
14 Kuck, Haley	SR	Rancho Bernardo High School	5:46.82	5:48.80	q
33.29	1:08.83 (35.54)	1:44.58 (35.75)	2:19.92 (35.34)		
2:55.35 (35.43)	3:30.90 (35.55)	4:06.75 (35.85)	4:42.45 (35.70)		
5:16.86 (34.41)	5:48.80 (31.94)				
15 Sax, Emma F	SO	Torrey Pines High School	5:48.35	5:49.87	q
31.31	1:05.77 (34.46)	1:40.82 (35.05)	2:16.43 (35.61)		
2:52.22 (35.79)	3:27.76 (35.54)	4:03.92 (36.16)	4:40.03 (36.11)		
5:15.76 (35.73)	5:49.87 (34.11)				
16 Ryder, Nicole	SR	Mt. Carmel High School-SI	5:52.14	5:50.69	q
31.48	1:05.61 (34.13)	1:40.29 (34.68)	2:15.82 (35.53)		
2:52.01 (36.19)	3:28.48 (36.47)	4:04.95 (36.47)	4:40.82 (35.87)		
5:16.96 (36.14)	5:50.69 (33.73)				
17 Fazen, Maddie	FR	Mt. Carmel High School-SI	6:04.63	5:55.61	
31.97	1:05.29 (33.32)	1:40.30 (35.01)	2:16.27 (35.97)		
2:52.53 (36.26)	3:29.13 (36.60)	4:06.15 (37.02)	4:42.98 (36.83)		
5:20.02 (37.04)	5:55.61 (35.59)				

## Palomar League Championships 2012 - 5/10/2012 to 5/12/2012

## Results

## Preliminaries ... (Event 13 Girls 500 Yard Freestyle)

	Name	Yr	School	Seed Time	Prelim Time
18	Miller, Kiersten	SR	Westview High School	6:06.54	6:03.54
	34.30	1:10.91 (36.61)	1:47.65 (36.74)	2:24.71 (37.06)	
	3:01.42 (36.71)	3:38.49 (37.07)	4:15.53 (37.04)	4:52.53 (37.00)	
	5:29.14 (36.61)	6:03.54 (34.40)			
19	Gilbert, Jessi L	JR	Ramona High School	6:08.66	6:11.76
	31.09	1:07.22 (36.13)	1:44.84 (37.62)	2:23.02 (38.18)	
	3:01.53 (38.51)	3:39.94 (38.41)	4:18.12 (38.18)	4:56.66 (38.54)	
	5:35.04 (38.38)	6:11.76 (36.72)			
20	Hennes, Katelyn	SR	Westview High School	6:14.24	6:16.00
	32.18	1:09.40 (37.22)	1:46.75 (37.35)	2:24.74 (37.99)	
	3:03.07 (38.33)	3:41.89 (38.82)	4:21.69 (39.80)	5:00.65 (38.96)	
	5:38.80 (38.15)	6:16.00 (37.20)			
21	Campbell, Briana E	JR	Ramona High School	6:25.13	6:22.04
	32.60	1:08.79 (36.19)	1:46.63 (37.84)	2:25.64 (39.01)	
	3:04.59 (38.95)	3:43.82 (39.23)	4:23.52 (39.70)	5:03.80 (40.28)	
	5:43.84 (40.04)	6:22.04 (38.20)			
22	Ward, Josie K	SO	Ramona High School	6:39.20	6:48.48
	34.07	2:38.00 (2:03.93)	3:21.24 (43.24)		
	4:03.49 ( )	4:46.68 (43.19)	5:30.75 (44.07)	6:10.86 (40.11)	
	6:48.48 (37.62)				



## Palomar League Championships 2012 - 5/10/2012 to 5/12/2012

## Results

## Event 14 Boys 500 Yard Freestyle

CIFSDS: 4:21.10 1998		Tim Siciliano		SMHS	
Palomar Leag: 4:34.38 2011		Trent Williams		RBHS	
Name	Yr	School	Prelim Time	Finals Time	Points
<b>Championship Final</b>					
1	Schenk, Grant K	SO Mt. Carmel High School-SI	4:49.49	4:39.41	20
	26.16	54.69 (28.53)	1:23.62 (28.93)	1:52.63 (29.01)	
	2:21.30 (28.67)	2:49.94 (28.64)	3:18.04 (28.10)	3:46.09 (28.05)	
	4:13.66 (27.57)	4:39.41 (25.75)			
2	Semple, Liam P	SO Rancho Bernardo High School	4:45.01	4:39.87	17
	25.65	54.70 (29.05)	1:23.57 (28.87)	1:52.46 (28.89)	
	2:21.49 (29.03)	2:49.82 (28.33)	3:18.22 (28.40)	3:46.31 (28.09)	
	4:14.27 (27.96)	4:39.87 (25.60)			
3	Glaudini, Garrett	SO Ramona High	4:40.96	4:39.99	16
	25.98	54.50 (28.52)	1:23.61 (29.11)	1:52.41 (28.80)	
	2:21.07 (28.66)	2:49.49 (28.42)	3:17.62 (28.13)	3:45.67 (28.05)	
	4:13.39 (27.72)	4:39.99 (26.60)			
4	Evangelista, Christopher M	FR Mt. Carmel High School-SI	4:52.26	4:41.45	15
	26.29	54.30 (28.01)	1:22.49 (28.19)	1:50.80 (28.31)	
	2:19.14 (28.34)	2:47.67 (28.53)	3:16.31 (28.64)	3:44.93 (28.62)	
	4:13.63 (28.70)	4:41.45 (27.82)			
5	Pold, Pearo	SO Torrey Pines High School	4:55.09	4:46.90	14
	27.24	56.01 (28.77)	1:25.19 (29.18)	1:54.56 (29.37)	
	2:23.90 (29.34)	2:53.18 (29.28)	3:21.71 (28.53)	3:50.50 (28.79)	
	4:19.29 (28.79)	4:46.90 (27.61)			
6	Kelly, Tomo	SR Torrey Pines High School	4:54.13	4:52.21	13
	26.88	55.95 (29.07)	1:25.18 (29.23)	1:54.91 (29.73)	
	2:24.07 (29.16)	2:53.44 (29.37)	3:23.35 (29.91)	3:53.40 (30.05)	
	4:23.41 (30.01)	4:52.21 (28.80)			
7	Inada, Dustin	SR Torrey Pines High School	5:05.88	5:11.17	12
	27.92	58.12 (30.20)	1:29.13 (31.01)	2:00.83 (31.70)	
	2:32.89 (32.06)	3:05.36 (32.47)	3:37.31 (31.95)	4:09.13 (31.82)	
	4:40.77 (31.64)	5:11.17 (30.40)			
8	Watling, Timothy C	SR Mt. Carmel High School-SI	5:09.85	5:17.14	11
	29.29	1:00.52 (31.23)	1:31.79 (31.27)	2:03.13 (31.34)	
	2:35.01 (31.88)	3:06.93 (31.92)	3:39.42 (32.49)	4:12.28 (32.86)	
	4:45.31 (33.03)	5:17.14 (31.83)			
<b>Consolation Final</b>					
9	Colbert, Trevor	SO Torrey Pines High School	5:13.88	5:06.13	9
	28.16	58.77 (30.61)	1:29.86 (31.09)	2:00.80 (30.94)	
	2:31.80 (31.00)	3:02.87 (31.07)	3:33.84 (30.97)	4:04.82 (30.98)	
	4:36.22 (31.40)	5:06.13 (29.91)			
10	Collins, Charles A	SR Poway High School-CA	5:12.89	5:11.19	7
	27.45	58.03 (30.58)	1:28.92 (30.89)	2:00.45 (31.53)	
	2:31.80 (31.35)	3:03.70 (31.90)	3:35.59 (31.89)	4:08.09 (32.50)	
	4:40.42 (32.33)	5:11.19 (30.77)			
11	Deck, Zane	SO Westview High School	5:20.84	5:11.37	6
	27.61	58.13 (30.52)	1:30.10 (31.97)	2:02.38 (32.28)	
	2:34.05 (31.67)	3:06.76 (32.71)	3:38.71 (31.95)	4:10.37 (31.66)	
	4:42.20 (31.83)	5:11.37 (29.17)			
12	Bigby, Jacob	FR Westview High School	5:23.33	5:12.70	5
	28.21	59.06 (30.85)	1:30.54 (31.48)	2:02.51 (31.97)	
	2:34.95 (32.44)	3:06.60 (31.65)	3:38.75 (32.15)	4:10.48 (31.73)	
	4:42.56 (32.08)	5:12.70 (30.14)			

## Palomar League Championships 2012 - 5/10/2012 to 5/12/2012

## Results

## Consolation Final ... (Event 14 Boys 500 Yard Freestyle)

Name	Yr	School	Prelim Time	Finals Time	Points
13 Sanchez, Adrian	SR	Rancho Bernardo High School	5:28.44	5:28.72	4
27.47	59.38 (31.91)	1:32.28 (32.90)	2:04.99 (32.71)		
2:38.76 (33.77)	3:12.99 (34.23)	3:47.45 (34.46)	4:21.76 (34.31)		
4:56.74 (34.98)	5:28.72 (31.98)				
14 Norby, Chris	SR	Poway High School-CA	5:34.99	5:30.94	3
29.23	1:01.64 (32.41)	1:35.56 (33.92)	2:09.57 (34.01)		
2:43.89 (34.32)	3:18.35 (34.46)	3:52.72 (34.37)	4:26.71 (33.99)		
5:00.67 (33.96)	5:30.94 (30.27)				
15 Taylor-Jenson, Keanan	SO	Westview High School	5:40.17	5:31.21	2
29.75	1:02.81 (33.06)	1:36.46 (33.65)	2:10.98 (34.52)		
2:45.19 (34.21)	3:19.50 (34.31)	3:53.34 (33.84)	4:26.87 (33.53)		
4:59.79 (32.92)	5:31.21 (31.42)				
16 Tael, Paul S		Rancho Bernardo High School	5:39.99	5:42.45	1
29.70	1:03.49 (33.79)	1:37.75 (34.26)	2:12.30 (34.55)		
2:46.77 (34.47)	3:22.05 (35.28)	3:57.13 (35.08)	4:32.62 (35.49)		
5:07.68 (35.06)	5:42.45 (34.77)				

## Preliminaries

17 Taylor, Joseph	FR	Mt. Carmel High School-SI	5:45.64		
30.18	1:03.17 (32.99)	1:37.10 (33.93)	2:11.86 (34.76)		
2:46.55 (34.69)	3:21.99 (35.44)	3:58.50 (36.51)	4:34.98 (36.48)		
5:10.90 (35.92)	5:45.64 (34.74)				
18 Klein, Allen	FR	Westview High School	5:56.88		
31.19	1:06.77 (35.58)	1:42.84 (36.07)	2:18.52 (35.68)		
2:54.63 (36.11)	3:30.75 (36.12)	4:06.37 (35.62)	4:43.23 (36.86)		
5:21.24 (38.01)	5:56.88 (35.64)				
19 Close, Connor	FR	Ramona High	6:08.13		
31.80	1:07.58 (35.78)	1:44.55 (36.97)	2:21.89 (37.34)		
2:59.46 (37.57)	3:36.82 (37.36)	4:15.54 (38.72)	4:53.69 (38.15)		
5:32.07 (38.38)	6:08.13 (36.06)				
20 Coiner, Kyle	JR	Poway High School-CA	6:08.76		
33.14	1:10.33 (37.19)	1:48.54 (38.21)	2:26.35 (37.81)		
3:04.79 (38.44)	3:41.68 (36.89)	4:18.72 (37.04)	4:55.46 (36.74)		
5:32.34 (36.88)	6:08.76 (36.42)				
21 Keen, Lennox	JR	Ramona High	6:11.28		
28.99	1:02.62 (33.63)	1:38.49 (35.87)	2:16.16 (37.67)		
2:54.56 (38.40)	3:33.93 (39.37)	4:13.80 (39.87)	4:53.33 (39.53)		
5:33.02 (39.69)	6:11.28 (38.26)				

## Event 14 Boys 500 Yard Freestyle

Name	Yr	School	Seed Time	Prelim Time	
CIFSDS: 4:21.10	1998	Tim Siciliano		SMHS	
Palomar Leag: 4:34.38	2011	Trent Williams		RBHS	
1 Glaudini, Garrett	SO	Ramona High	4:42.56	4:40.96	q
25.83	54.12 (28.29)	1:22.53 (28.41)	1:51.09 (28.56)		
2:19.54 (28.45)	2:48.07 (28.53)	3:16.49 (28.42)	3:44.90 (28.41)		
4:13.31 (28.41)	4:40.96 (27.65)				
2 Semple, Liam P	SO	Rancho Bernardo High School	NT	4:45.01	q
3 Schenk, Grant K	SO	Mt. Carmel High School-SI	4:41.80	4:49.49	q
26.43	55.78 (29.35)	1:25.41 (29.63)	1:55.15 (29.74)		
2:24.42 (29.27)	2:54.11 (29.69)	3:22.97 (28.86)	3:51.26 (28.29)		
4:20.31 (29.05)	4:49.49 (29.18)				

## Palomar League Championships 2012 - 5/10/2012 to 5/12/2012

## Results

## Preliminaries ... (Event 14 Boys 500 Yard Freestyle)

Name	Yr	School	Seed Time	Prelim Time	
4 Evangelista, Christopher M	FR	Mt. Carmel High School-SI	4:47.24	4:52.26	q
26.78	55.31 (28.53)	1:24.46 (29.15)	1:53.90 (29.44)		
2:23.78 (29.88)	2:53.57 (29.79)	3:23.35 (29.78)	3:53.49 (30.14)		
4:23.26 (29.77)	4:52.26 (29.00)				
5 Kelly, Tomo	SR	Torrey Pines High School	4:44.28	4:54.13	q
26.59	55.80 (29.21)	1:26.03 (30.23)	1:56.10 (30.07)		
2:25.76 (29.66)	2:55.24 (29.48)	3:25.02 (29.78)	3:55.49 (30.47)		
4:25.23 (29.74)	4:54.13 (28.90)				
6 Pold, Pearo	SO	Torrey Pines High School	4:46.82	4:55.09	q
27.90	57.57 (29.67)	1:27.60 (30.03)	1:57.26 (29.66)		
2:26.89 (29.63)	2:56.59 (29.70)	3:26.22 (29.63)	3:55.85 (29.63)		
4:25.62 (29.77)	4:55.09 (29.47)				
7 Inada, Dustin	SR	Torrey Pines High School	5:13.64	5:05.88	q
27.75	57.67 (29.92)	1:27.82 (30.15)	1:58.16 (30.34)		
2:28.76 (30.60)	3:00.05 (31.29)	3:31.72 (31.67)	4:03.72 (32.00)		
4:35.51 (31.79)	5:05.88 (30.37)				
8 Watling, Timothy C	SR	Mt. Carmel High School-SI	5:22.38	5:09.85	q
28.34	58.36 (30.02)	1:28.65 (30.29)	1:59.70 (31.05)		
2:31.12 (31.42)	3:02.83 (31.71)	3:34.67 (31.84)	4:07.07 (32.40)		
4:39.17 (32.10)	5:09.85 (30.68)				
9 Collins, Charles A	SR	Poway High School-CA	5:06.20	5:12.89	q
27.99	59.31 (31.32)	1:31.01 (31.70)	2:02.64 (31.63)		
2:34.20 (31.56)	3:05.91 (31.71)	3:37.97 (32.06)	4:10.04 (32.07)		
4:41.83 (31.79)	5:12.89 (31.06)				
10 Colbert, Trevor	SO	Torrey Pines High School	5:13.77	5:13.88	q
27.77	58.66 (30.89)	1:30.41 (31.75)	2:01.92 (31.51)		
2:34.09 (32.17)	3:06.17 (32.08)	3:38.44 (32.27)	4:10.58 (32.14)		
4:42.97 (32.39)	5:13.88 (30.91)				
11 Deck, Zane	SO	Westview High School	5:26.97	5:20.84	q
28.25	59.39 (31.14)	1:31.95 (32.56)	2:05.19 (33.24)		
2:37.62 (32.43)	3:10.58 (32.96)	3:44.40 (33.82)	4:17.86 (33.46)		
4:50.23 (32.37)	5:20.84 (30.61)				
12 Bigby, Jacob	FR	Westview High School	5:27.29	5:23.33	q
28.62	1:00.17 (31.55)	1:32.19 (32.02)	2:05.30 (33.11)		
2:38.69 (33.39)	3:12.01 (33.32)	3:45.27 (33.26)	4:18.60 (33.33)		
4:51.74 (33.14)	5:23.33 (31.59)				
13 Sanchez, Adrian	SR	Rancho Bernardo High School	5:26.43	5:28.44	q
28.57	1:00.87 (32.30)	1:34.09 (33.22)	2:07.90 (33.81)		
2:41.51 (33.61)	3:15.47 (33.96)	3:49.30 (33.83)	4:23.11 (33.81)		
4:55.93 (32.82)	5:28.44 (32.51)				
14 Norby, Chris	SR	Poway High School-CA	5:26.00	5:34.99	q
29.54	1:02.01 (32.47)	1:36.22 (34.21)	2:10.38 (34.16)		
2:44.66 (34.28)	3:19.01 (34.35)	3:53.14 (34.13)	4:28.08 (34.94)		
5:01.86 (33.78)	5:34.99 (33.13)				
15 Tael, Paul S		Rancho Bernardo High School	5:51.47	5:39.99	q
30.52	1:03.86 (33.34)	1:37.49 (33.63)	2:12.07 (34.58)		
2:46.62 (34.55)	3:21.58 (34.96)	3:56.10 (34.52)	4:31.09 (34.99)		
5:05.75 (34.66)	5:39.99 (34.24)				
16 Taylor-Jenson, Keanan	SO	Westview High School	5:46.47	5:40.17	q
29.73	1:03.68 (33.95)	1:38.57 (34.89)	2:14.17 (35.60)		
2:49.22 (35.05)	3:24.43 (35.21)	3:59.20 (34.77)	4:34.14 (34.94)		
5:07.74 (33.60)	5:40.17 (32.43)				

**Palomar League Championships 2012 - 5/10/2012 to 5/12/2012****Results****Preliminaries ... (Event 14 Boys 500 Yard Freestyle)**

<b>Name</b>	<b>Yr</b>	<b>School</b>	<b>Seed Time</b>	<b>Prelim Time</b>
17 Taylor, Joseph	FR	Mt. Carmel High School-SI	5:55.43	5:45.64
30.18	1:03.17 (32.99)	1:37.10 (33.93)	2:11.86 (34.76)	
2:46.55 (34.69)	3:21.99 (35.44)	3:58.50 (36.51)	4:34.98 (36.48)	
5:10.90 (35.92)	5:45.64 (34.74)			
18 Klein, Allen	FR	Westview High School	5:17.93	5:56.88
31.19	1:06.77 (35.58)	1:42.84 (36.07)	2:18.52 (35.68)	
2:54.63 (36.11)	3:30.75 (36.12)	4:06.37 (35.62)	4:43.23 (36.86)	
5:21.24 (38.01)	5:56.88 (35.64)			
19 Close, Connor	FR	Ramona High	6:27.78	6:08.13
31.80	1:07.58 (35.78)	1:44.55 (36.97)	2:21.89 (37.34)	
2:59.46 (37.57)	3:36.82 (37.36)	4:15.54 (38.72)	4:53.69 (38.15)	
5:32.07 (38.38)	6:08.13 (36.06)			
20 Coiner, Kyle	JR	Poway High School-CA	6:10.10	6:08.76
33.14	1:10.33 (37.19)	1:48.54 (38.21)	2:26.35 (37.81)	
3:04.79 (38.44)	3:41.68 (36.89)	4:18.72 (37.04)	4:55.46 (36.74)	
5:32.34 (36.88)	6:08.76 (36.42)			
21 Keen, Lennox	JR	Ramona High	6:17.05	6:11.28
28.99	1:02.62 (33.63)	1:38.49 (35.87)	2:16.16 (37.67)	
2:54.56 (38.40)	3:33.93 (39.37)	4:13.80 (39.87)	4:53.33 (39.53)	
5:33.02 (39.69)	6:11.28 (38.26)			

## Palomar League Championships 2012 - 5/10/2012 to 5/12/2012

## Results

## Event 15 Girls 200 Yard Freestyle Relay

CIFSDS: 1:36.77 2009		Eastlake				
Palomar Leag: 1:38.52 5/10/2007		Torrey Pines High School				
Team		Relay		Prelim Time	Finals Time	Points
<b>Championship Final</b>						
1	Torrey Pines High School	A		1:42.63	1:40.79	40
	1) Lore, Crystal SO	2) Cordova, Charolette M SO	3) Guo, Margaret SR		4) Skaggs, Nicole L SR	
	25.91	50.79 (24.88)	1:16.23 (25.44)	1:40.79 (24.56)		
2	Mt. Carmel High School-SI	A		1:54.52	1:41.96	34
	1) Hughes, Sabrina Z FR	2) Gormaly, Jordan SO	3) Beatty, Lindsay B FR		4) Chaturvedi, Shuchi SR	
	25.09	50.64 (25.55)	1:17.47 (26.83)	1:41.96 (24.49)		
3	Rancho Bernardo High School	A		1:45.88	1:42.80	32
	1) Spitsler, Riley E SR	2) Anderson, Katie M SR	3) Crosby, Maddy L SO		4) Anderson, Colleen E FR	
	25.15	49.88 (24.73)	1:16.26 (26.38)	1:42.80 (26.54)		
4	Westview High School	A		1:45.92	1:43.37	30
	1) Hull, Valerie E SO	2) Rosenthal, Rachel J JR	3) Mao, Callie JR		4) Rankin, Francesca SO	
	26.42	52.33 (25.91)	1:19.03 (26.70)	1:43.37 (24.34)		
5	Poway High School-CA	A		1:49.80	1:45.37	28
	1) Schwab, Laura E FR	2) Schwab, Anna SR	3) Pepin, Alexa A SO		4) Wasung, Karly R SR	
	27.04	53.86 (26.82)	1:20.68 (26.82)	1:45.37 (24.69)		
6	Ramona High School	A		1:48.12	1:47.74	26
	1) LaRosa, Danielle B FR	2) Bernd, Paulina J SO	3) Hogervorst, Rachel JR		4) Lucas, Gina M JR	
	25.35	53.08 (27.73)	1:20.58 (27.50)	1:47.74 (27.16)		
<b>Consolation Final</b>						
9	Torrey Pines High School	B		1:47.66	1:45.59	18
	1) Yang, Kathryn D SO	2) Harris, Kelly SR	3) Lambert-FLiszar, Florence SR		4) Seacat, Julia SO	
	25.93	52.88 (26.95)	1:19.73 (26.85)	1:45.59 (25.86)		
10	Mt. Carmel High School-SI	B		1:56.66	1:48.56	14
	1) Quinonez, Victoria SR	2) Foresman, Alicia JR	3) Ryder, Nicole SR		4) Orié, Natasha X FR	
	27.27	55.21 (27.94)	1:22.83 (27.62)	1:48.56 (25.73)		
11	Westview High School	B		1:53.74	1:53.19	12
	1) Payne, Noelle C SO	2) Lin, Angie JR	3) Ranj, Mari SO		4) Sun, Alex L FR	
	28.16	56.41 (28.25)	1:24.88 (28.47)	1:53.19 (28.31)		
12	Ramona High School	B		1:56.13	1:55.17	10
	1) O'Gwynn, Meredith I SN	2) Campbell, Briana E JR	3) VanTol, Kay FR		4) Podoris, Alicia M FR	
	29.02	58.36 (29.34)	1:27.25 (28.89)	1:55.17 (27.92)		
13	Rancho Bernardo High School	B		1:59.04	1:57.87	8
	1) Reed, Taylor S FR	2) Kuck, Haley SR	3) Chen, Maggie FR		4) Ross, Cameron K FR	
	28.32	57.47 (29.15)	1:26.30 (28.83)	1:57.87 (31.57)		
14	Poway High School-CA	B		1:58.86	1:57.97	6
	1) Benham, Jillian SO	2) Watt, Regan SO	3) Leonui, Kealoha FR		4) Cahua, Adriana SO	
	28.93	59.99 (31.06)	1:29.88 (29.89)	1:57.97 (28.09)		

## Event 15 Girls 200 Yard Freestyle Relay

CIFSDS: 1:36.77 2009		Eastlake				
Palomar Leag: 1:38.52 5/10/2007		Torrey Pines High School				
Team		Relay		Seed Time	Prelim Time	
<b>Preliminaries</b>						
1	Torrey Pines High School	A		1:42.50	1:42.63	q
	1) Lore, Crystal SO	2) Cordova, Charolette M SO	3) Guo, Margaret SR		4) Skaggs, Nicole L SR	
	28.69	59.62 (30.93)	1:30.43 (30.81)	1:42.63 (12.20)		
2	Rancho Bernardo High School	A		1:43.69	1:45.88	q
	1) Spitsler, Riley E SR	2) Anderson, Katie M SR	3) Crosby, Maddy L SO		4) Anderson, Colleen E FR	
	27.69	54.09 (26.40)	1:21.27 (27.18)	1:45.88 (24.61)		

## Palomar League Championships 2012 - 5/10/2012 to 5/12/2012

## Results

## Preliminaries ... (Event 15 Girls 200 Yard Freestyle Relay)

Team	Relay	Seed Time	Prelim Time
3 Westview High School	A	1:47.15	1:45.92 q
1) Hull, Valerie E SO 29.17	2) Rosenthal, Rachel J JR 58.69 (29.52)	3) Mao, Callie JR 1:45.92 (17.66)	4) Rankin, Francesca SO
4 Torrey Pines High School	B	1:50.75	1:47.66 q
1) Yang, Kathryn D SO 27.69	2) Harris, Kelly SR 54.09 (26.40)	3) Lambert-FLiszar, Florence SR 1:47.66 (26.39)	4) Seacat, Julia SO
5 Ramona High School	A	1:47.01	1:48.12 q
1) LaRosa, Danielle B FR 28.48	2) Bernd, Paulina J SO 58.49 (30.01)	3) Hogervorst, Rachel JR 1:48.12 (20.48)	4) Lucas, Gina M JR
6 Poway High School-CA	A	1:45.00	1:49.80 q
1) Schwab, Laura E FR 26.15	2) Schwab, Anna SR 55.49 (29.34)	3) Pepin, Alexa A SO 1:49.80 (22.54)	4) Wasung, Karly R SR
7 Westview High School	B	1:51.15	1:53.74 q
1) Payne, Noelle C SO 27.84	2) Lin, Angie JR 56.12 (28.28)	3) Ranj, Mari SO 1:53.74 (29.26)	4) Sun, Alex L FR
8 Mt. Carmel High School-SI	A	1:44.84	1:54.52 q
1) Orie, Natasha X FR 27.84	2) Foresman, Alicia JR 56.12 (28.28)	3) Vinoskey, Emily SO 1:54.52 (30.04)	4) Chaturvedi, Richa SO
9 Ramona High School	B	1:56.14	1:56.13 q
1) O'Gwynn, Meredith I SN 29.17	2) Campbell, Briana E JR 58.69 (29.52)	3) VanTol, Kay FR 1:56.13 (27.87)	4) Podoris, Alicia M FR
10 Mt. Carmel High School-SI	B	1:53.00	1:56.66 q
1) Beatty, Lindsay B FR 26.15	2) Riley, Kerrie L SO 55.49 (29.34)	3) Santiago, Danielle SR 1:56.66 (29.40)	4) Tran, Vivien SO
11 Poway High School-CA	B	1:49.70	1:58.86 q
1) Benham, Jillian SO 28.69	2) Watt, Regan SO 59.62 (30.93)	3) Leonui, Kealoha FR 1:58.86 (28.43)	4) Cahua, Adriana SO
12 Rancho Bernardo High School	B	1:53.48	1:59.04 q
1) Reed, Taylor S FR 28.48	2) Kuck, Haley SR 58.49 (30.01)	3) Chen, Maggie FR 1:59.04 (31.40)	4) Ross, Cameron K FR

## Palomar League Championships 2012 - 5/10/2012 to 5/12/2012

## Results

## Event 16 Boys 200 Yard Freestyle Relay

CIFSDS: 1:25.97 2010		Coronado				
Palomar Leag: 1:28.16 5/9/2008		Poway High School				
Team		Relay		Prelim Time	Finals Time	Points
<b>Championship Final</b>						
1	Mt. Carmel High School-SI	A		1:35.81	1:32.01	40
	1) Hong, Nguyen N SR	2) Kidd, Tyler JR	3) Sultz, Derek A JR		4) Schenk, Grant K SO	
	22.95	45.94 (22.99)	1:09.23 (23.29)	1:32.01 (22.78)		
2	Poway High School-CA	A		1:35.03	1:32.83	34
	1) Collins, Charles A SR	2) Cain, Joe W JR	3) Jelsma, Greg B JR		4) Fronczak, Steven J SR	
	24.71	47.46 (22.75)	1:10.48 (23.02)	1:32.83 (22.35)		
3	Torrey Pines High School	A		1:35.48	1:34.54	32
	1) Bergum, Peter SR	2) Ines, Daniel FR	3) Ohno-Machado, Thomas R JR		4) Park, Stephen M FR	
	23.73	47.68 (23.95)	1:10.96 (23.28)	1:34.54 (23.58)		
4	Ramona High	A		1:40.55	1:34.97	30
	1) Dean, Ted SR	2) Davison, Cory FR	3) Creswell, Nathan SR		4) Glaudini, Garrett SO	
	23.41	47.97 (24.56)	1:12.20 (24.23)	1:34.97 (22.77)		
5	Westview High School	A		1:40.19	1:40.39	28
	1) Deck, Zane SO	2) Bryant, Will JR	3) Vengrin, Eric FR		4) Andrada, Jordan JR	
	25.29	50.05 (24.76)	1:15.99 (25.94)	1:40.39 (24.40)		
6	Rancho Bernardo High School	A		1:44.12	1:43.31	26
	1) Murray, Andrew SR	2) Walker, Tristan FR	3) Chung, Justin		4) Wang, Bernie FR	
	26.07	51.19 (25.12)	1:16.76 (25.57)	1:43.31 (26.55)		
<b>Consolation Final</b>						
9	Mt. Carmel High School-SI	B		1:43.74	1:36.95	18
	1) Evangelista, Christopher M FR	2) Barber, Dana SO	3) Kenny, Kyle D SR		4) Weber, Jacob SO	
	23.81	47.86 (24.05)	1:12.77 (24.91)	1:36.95 (24.18)		
10	Torrey Pines High School	B		1:40.21	1:39.36	14
	1) Hardeman, Sam SO	2) Applegate, Zack SO	3) Dang, Benjamin FR		4) Balch, David SR	
	25.13	50.17 (25.04)	1:15.13 (24.96)	1:39.36 (24.23)		
11	Westview High School	B		1:45.17	1:45.53	12
	1) Hourri, Jordan FR	2) Liang, Elbert JR	3) Liu, Shaoxiong FR		4) Taylor-Jenson, Keanan SO	
	26.68	53.36 (26.68)	1:20.62 (27.26)	1:45.53 (24.91)		
12	Rancho Bernardo High School	B		1:48.77	1:48.14	10
	1) Ellis, Cameron SR	2) Jones, Ryan	3) Sanchez, Adrian SR		4) Tael, Paul S	
	25.91	53.64 (27.73)	1:20.57 (26.93)	1:48.14 (27.57)		
13	Ramona High	B		2:01.91	1:50.57	8
	1) Benke, Austin FR	2) Close, Connor FR	3) Fink, Eric FR		4) Keen, Lennox JR	
	26.74	56.14 (29.40)	1:24.67 (28.53)	1:50.57 (25.90)		
7	Poway High School-CA	B		1:42.81		
	1) Ceballos, Jaden JR	2) Norby, Chris SR	3) Parker, Robert JR		4) Busch, Ian JR	
	26.58	53.89 (27.31)	1:17.96 (24.07)	1:42.81 (24.85)		

## Event 16 Boys 200 Yard Freestyle Relay

CIFSDS: 1:25.97 2010		Coronado				
Palomar Leag: 1:28.16 5/9/2008		Poway High School				
Team		Relay		Seed Time	Prelim Time	
<b>Preliminaries</b>						
1	Poway High School-CA	A		1:34.10	1:35.03	q
	1) Collins, Charles A SR	2) Cain, Joe W JR	3) Jelsma, Greg B JR		4) Fronczak, Steven J SR	
	25.59	48.71 (23.12)	1:12.53 (23.82)	1:35.03 (22.50)		
2	Torrey Pines High School	A		1:33.34	1:35.48	q
	1) Bergum, Peter SR	2) Ines, Daniel FR	3) Ohno-Machado, Thomas R JR		4) Park, Stephen M FR	
	24.18	48.05 (23.87)	1:11.86 (23.81)	1:35.48 (23.62)		

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## Preliminaries ... (Event 16 Boys 200 Yard Freestyle Relay)

Team	Relay	Seed Time	Prelim Time
3 Mt. Carmel High School-SI	A	1:32.79	1:35.81 q
1) Barber, Dana SO 24.73	2) Hong, Nguyen N SR 48.53 (23.80)	3) Evangelista, Christopher M FR 1:35.81 (23.04)	4) Schenk, Grant K SO
4 Westview High School	A	1:36.61	1:40.19 q
1) Deck, Zane SO 25.29	2) Bryant, Will JR 50.38 (25.09)	3) Vengrin, Eric FR 1:40.19 (24.22)	4) Andrada, Jordan JR
5 Torrey Pines High School	B	1:41.11	1:40.21 q
1) Hardeman, Sam SO 26.08	2) Applegate, Zack SO 51.12 (25.04)	3) Dang, Benjamin FR 1:40.21 (24.04)	4) Balch, David SR
6 Ramona High	A	1:37.77	1:40.55 q
1) Dean, Ted SR	2) Davison, Cory FR	3) Creswell, Nathan SR	4) Glandini, Garrett SO
7 Poway High School-CA	B	1:38.00	1:42.81 q
1) Ceballos, Jaden JR 26.58	2) Norby, Chris SR 53.89 (27.31)	3) Parker, Robert JR 1:42.81 (24.85)	4) Busch, Ian JR
8 Mt. Carmel High School-SI	B	1:39.00	1:43.74 q
1) Watling, Timothy C SR 26.02	2) Kenny, Kyle D SR 51.83 (25.81)	3) Weber, Jacob SO 1:43.74 (27.14)	4) Taylor, Joseph FR
9 Rancho Bernardo High School	A	1:36.56	1:44.12 q
1) Murray, Andrew SR 26.03	2) Walker, Tristan FR 51.06 (25.03)	3) Chung, Justin 1:44.12 (26.38)	4) Wang, Bernie FR
10 Westview High School	B	1:40.15	1:45.17 q
1) Hourii, Jordan FR 26.99	2) Liang, Elbert JR 53.52 (26.53)	3) Liu, Shaoxiong FR 1:45.17 (26.52)	4) Taylor-Jenson, Keanan SO
11 Rancho Bernardo High School	B	1:48.00	1:48.77 q
1) Ellis, Cameron SR 26.28	2) Jones, Ryan 53.68 (27.40)	3) Sanchez, Adrian SR 1:48.77 (27.92)	4) Tael, Paul S
12 Ramona High	B	1:42.70	2:01.91 q
1) Benke, Austin FR 26.29	2) Close, Connor FR 55.81 (29.52)	3) Fink, Eric FR 1:32.55 (36.74)	4) Keen, Lennox JR 2:01.91 (29.36)



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## Event 17 Girls 100 Yard Backstroke

CIFSDS: 54.55		2009	Nicole Parmenter		SMHS		
Palomar Leag: 57.45		5/10/2007	Anna Pold		TPHS-		
Name		Yr	School	Prelim Time	Finals Time	Points	
<b>Championship Final</b>							
1	Reilly, Georgia		FR Mt. Carmel High School-SI	1:00.93	58.90	20	
	29.29		58.90 (29.61)				
2	Lucas, Gina M		JR Ramona High School	1:00.49	59.08	17	
	28.79		59.08 (30.29)				
3	Garfein, McKenna R		JR Torrey Pines High School	1:00.97	59.69	16	
	29.20		59.69 (30.49)				
4	Anderson, Katie M		SR Rancho Bernardo High School	1:01.98	1:00.75	15	
	29.65		1:00.75 (31.10)				
5	Seacat, Julia		SO Torrey Pines High School	1:03.44	1:04.45	14	
	31.32		1:04.45 (33.13)				
6	Nguyen, An T		FR Westview High School	1:04.21	1:04.77	13	
	31.38		1:04.77 (33.39)				
7	Quinonez, Victoria		SR Mt. Carmel High School-SI	1:05.45	1:05.20	12	
	32.08		1:05.20 (33.12)				
8	Jolk, Glenn A		SO Mt. Carmel High School-SI	1:08.55	1:09.15	11	
	33.37		1:09.15 (35.78)				
<b>Consolation Final</b>							
9	Zirpolo, Sarah		FR Westview High School	1:08.79	1:07.20	9	
	32.43		1:07.20 (34.77)				
10	Yang, Kathryn D		SO Torrey Pines High School	1:09.33	1:07.69	7	
	32.84		1:07.69 (34.85)				
11	Burton, Nina L		FR Mt. Carmel High School-SI	1:08.56	1:08.10	6	
	32.84		1:08.10 (35.26)				
12	Hinton, Maddie		SR Westview High School	1:08.81	1:08.52	5	
	32.42		1:08.52 (36.10)				
13	Geary, Shea		SO Torrey Pines High School	1:09.74	1:08.74	4	
	34.27		1:08.74 (34.47)				
14	Schwegler, Jocelyn E		SO Ramona High School	1:09.74	1:08.91	3	
	33.80		1:08.91 (35.11)				
15	Ou, Kelly		SR Westview High School	1:09.04	1:09.08	2	
	33.73		1:09.08 (35.35)				
16	Brown, Abby		SR Poway High School-CA	1:12.44	1:15.33	1	
	35.94		1:15.33 (39.39)				
<b>Preliminaries</b>							
17	O'Gwynn, Meredith I		SN Ramona High School	1:13.60			
	35.64		1:13.60 (37.96)				
18	Campbell, Briana E		JR Ramona High School	1:17.06			
	37.56		1:17.06 (39.50)				
19	Benham, Jillian		SO Poway High School-CA	1:17.23			
	36.37		1:17.23 (40.86)				
20	Ross, Cameron K		FR Rancho Bernardo High School	1:19.59			
	38.15		1:19.59 (41.44)				
---	Hennes, Katelyn		SR Westview High School	1:18.76		X	
	38.31		1:18.76 (40.45)				
---	Lisicky, Abbey		SO Mt. Carmel High School-SI	1:13.60		X	
	34.69		1:13.60 (38.91)				

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## Event 17 Girls 100 Yard Backstroke

	CIFSDS:	54.55	2009	Nicole Parmenter		SMHS
	Palomar Leag:	57.45	5/10/2007	Anna Pold		TPHS-
Name			Yr	School	Seed Time	Prelim Time
<b>Preliminaries</b>						
1	Lucas, Gina M		JR	Ramona High School	59.43	1:00.49 q
	29.52	1:00.49 (30.97)				
2	Reilly, Georgia		FR	Mt. Carmel High School-SI	59.77	1:00.93 q
	30.67	1:00.93 (30.26)				
3	Garfein, McKenna R		JR	Torrey Pines High School	1:00.63	1:00.97 q
	30.01	1:00.97 (30.96)				
4	Anderson, Katie M		SR	Rancho Bernardo High School	1:00.52	1:01.98 q
	30.25	1:01.98 (31.73)				
5	Seacat, Julia		SO	Torrey Pines High School	1:02.50	1:03.44 q
	31.34	1:03.44 (32.10)				
6	Nguyen, An T		FR	Westview High School	1:04.70	1:04.21 q
	31.32	1:04.21 (32.89)				
7	Quinonez, Victoria		SR	Mt. Carmel High School-SI	1:11.12	1:05.45 q
	31.91	1:05.45 (33.54)				
8	Jolk, Glenn A		SO	Mt. Carmel High School-SI	1:09.37	1:08.55 q
	32.89	1:08.55 (35.66)				
9	Burton, Nina L		FR	Mt. Carmel High School-SI	1:12.07	1:08.56 q
	33.50	1:08.56 (35.06)				
10	Zirpolo, Sarah		FR	Westview High School	1:07.37	1:08.79 q
	32.28	1:08.79 (36.51)				
11	Hinton, Maddie		SR	Westview High School	1:09.39	1:08.81 q
	32.70	1:08.81 (36.11)				
12	Ou, Kelly		SR	Westview High School	1:09.61	1:09.04 q
	33.35	1:09.04 (35.69)				
13	Yang, Kathryn D		SO	Torrey Pines High School	1:09.18	1:09.33 q
	33.16	1:09.33 (36.17)				
*14	Geary, Shea		SO	Torrey Pines High School	1:08.78	1:09.74 q
	34.46	1:09.74 (35.28)				
*14	Schwegler, Jocelyn E		SO	Ramona High School	1:10.16	1:09.74 q
	33.90	1:09.74 (35.84)				
16	Brown, Abby		SR	Poway High School-CA	1:11.60	1:12.44 q
	35.32	1:12.44 (37.12)				
17	O'Gwynn, Meredith I		SN	Ramona High School	1:14.68	1:13.60
	35.64	1:13.60 (37.96)				
18	Campbell, Briana E		JR	Ramona High School	1:18.98	1:17.06
	37.56	1:17.06 (39.50)				
19	Benham, Jillian		SO	Poway High School-CA	1:16.00	1:17.23
	36.37	1:17.23 (40.86)				
20	Ross, Cameron K		FR	Rancho Bernardo High School	1:19.09	1:19.59
	38.15	1:19.59 (41.44)				
---	Lisicky, Abbey		SO	Mt. Carmel High School-SI	1:18.70	X1:13.60
	34.69	1:13.60 (38.91)				
---	Hennes, Katelyn		SR	Westview High School	1:17.14	X1:18.76
	38.31	1:18.76 (40.45)				

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## Event 18 Boys 100 Yard Backstroke

CIFSDS: 50.23 1993		Cory Sinclair/Junstin DiFeder		PHS/CRST		Points
Palomar Leag: 51.44 2011		Anton Razanav		WVHS		
Name	Yr	School	Prelim Time	Finals Time		
<b>Championship Final</b>						
1 Hong, Minh C	FR	Mt. Carmel High School-SI	58.18	54.88		20
26.83		54.88 (28.05)				
2 Bigelow, Riley	JR	Westview High School	58.12	57.26		17
27.74		57.26 (29.52)				
3 Townsend, Evan L	JR	Mt. Carmel High School-SI	58.57	57.42		16
28.06		57.42 (29.36)				
4 Dang, Mark	JR	Torrey Pines High School	1:00.29	58.49		15
27.99		58.49 (30.50)				
5 Houston, Andrew R	JR	Poway High School-CA	1:00.27	59.46		14
29.38		59.46 (30.08)				
6 Hardeman, Sam	SO	Torrey Pines High School	1:01.46	1:00.00		13
29.46		1:00.00 (30.54)				
7 Jiang, Kevin	SO	Mt. Carmel High School-SI	1:00.39	1:00.36		12
29.10		1:00.36 (31.26)				
8 Feldman-Scarr, Morgan S	SR	Mt. Carmel High School-SI	1:02.23	1:03.89		11
31.54		1:03.89 (32.35)				
<b>Consolation Final</b>						
9 Dang, Benjamin	FR	Torrey Pines High School	1:03.66	1:02.14		9
29.09		1:02.14 (33.05)				
10 Creswell, Nathan	SR	Ramona High	1:03.31	1:02.76		7
29.57		1:02.76 (33.19)				
11 Balch, David	SR	Torrey Pines High School	1:05.16	1:03.00		6
31.29		1:03.00 (31.71)				
12 Wang, Bernie	FR	Rancho Bernardo High School	1:04.00	1:03.70		5
30.98		1:03.70 (32.72)				
13 Bigby, Jacob	FR	Westview High School	1:05.53	1:03.87		4
31.26		1:03.87 (32.61)				
14 Rath, Cameron	SO	Poway High School-CA	1:04.91	1:04.09		3
31.23		1:04.09 (32.86)				
15 Bryant, Will	JR	Westview High School	1:05.75	1:05.38		2
31.43		1:05.38 (33.95)				
16 Gross, Isaac	JR	Ramona High	1:04.10	1:06.27		1
31.91		1:06.27 (34.36)				
<b>Preliminaries</b>						
17 Houri, Jordan	FR	Westview High School	1:07.78			
33.20		1:07.78 (34.58)				
18 Ellis, Cameron	SR	Rancho Bernardo High School	1:08.92			
33.40		1:08.92 (35.52)				
19 Vermeulen, Levi	SO	Ramona High	1:09.13			
33.47		1:09.13 (35.66)				
20 Ceballos, Jaden	JR	Poway High School-CA	1:10.22			
34.16		1:10.22 (36.06)				
21 Han, Mason	JR	Poway High School-CA	1:23.60			
---						
Peirce, Trevor	SR	Westview High School	1:13.84		X	
36.15		1:13.84 (37.69)				
---						
Kenny, Kyle D	SR	Mt. Carmel High School-SI	1:04.82		X	
31.44		1:04.82 (33.38)				

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## Event 18 Boys 100 Yard Backstroke

CIFSDS: 50.23 1993		Cory Sinclair/Junstin DiFeder		PHS/CRST	
Palomar Leag: 51.44 2011		Anton Razanav		WVHS	
Name	Yr	School	Seed Time	Prelim Time	
<b>Preliminaries</b>					
1	Bigelow, Riley	JR Westview High School	59.68	58.12	q
	28.18	58.12 (29.94)			
2	Hong, Minh C	FR Mt. Carmel High School-SI	57.49	58.18	q
	28.24	58.18 (29.94)			
3	Townsend, Evan L	JR Mt. Carmel High School-SI	1:00.52	58.57	q
	28.45	58.57 (30.12)			
4	Houston, Andrew R	JR Poway High School-CA	1:00.00	1:00.27	q
	29.29	1:00.27 (30.98)			
5	Dang, Mark	JR Torrey Pines High School	58.64	1:00.29	q
	29.28	1:00.29 (31.01)			
6	Jiang, Kevin	SO Mt. Carmel High School-SI	1:03.47	1:00.39	q
	29.13	1:00.39 (31.26)			
7	Hardeman, Sam	SO Torrey Pines High School	1:01.17	1:01.46	q
	29.45	1:01.46 (32.01)			
8	Feldman-Scarr, Morgan S	SR Mt. Carmel High School-SI	1:03.69	1:02.23	q
	30.80	1:02.23 (31.43)			
9	Creswell, Nathan	SR Ramona High	1:05.18	1:03.31	q
	30.27	1:03.31 (33.04)			
10	Dang, Benjamin	FR Torrey Pines High School	1:02.26	1:03.66	q
	30.54	1:03.66 (33.12)			
11	Wang, Bernie	FR Rancho Bernardo High School	1:02.73	1:04.00	q
	31.22	1:04.00 (32.78)			
12	Gross, Isaac	JR Ramona High	1:07.38	1:04.10	q
	31.75	1:04.10 (32.35)			
13	Rath, Cameron	SO Poway High School-CA	1:07.90	1:04.91	q
	31.77	1:04.91 (33.14)			
14	Balch, David	SR Torrey Pines High School	1:01.48	1:05.16	q
	31.86	1:05.16 (33.30)			
15	Bigby, Jacob	FR Westview High School	1:05.26	1:05.53	q
	31.83	1:05.53 (33.70)			
16	Bryant, Will	JR Westview High School	1:08.27	1:05.75	q
	31.81	1:05.75 (33.94)			
17	Houri, Jordan	FR Westview High School	1:07.46	1:07.78	
	33.20	1:07.78 (34.58)			
18	Ellis, Cameron	SR Rancho Bernardo High School	1:09.50	1:08.92	
	33.40	1:08.92 (35.52)			
19	Vermeulen, Levi	SO Ramona High	1:09.72	1:09.13	
	33.47	1:09.13 (35.66)			
20	Ceballos, Jaden	JR Poway High School-CA	1:08.80	1:10.22	
	34.16	1:10.22 (36.06)			
21	Han, Mason	JR Poway High School-CA	1:12.10	1:23.60	
---	Kenny, Kyle D	SR Mt. Carmel High School-SI	1:08.55	X1:04.82	
	31.44	1:04.82 (33.38)			
---	Peirce, Trevor	SR Westview High School	1:14.31	X1:13.84	
	36.15	1:13.84 (37.69)			

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## Event 19 Girls 100 Yard Breaststroke

CIFSDS: 1:01.77		1998	Staci Stitts	CHS		
Palomar Leag: 1:03.36		5/10/2007	Jessica Schmitt	TPHS-		
Name	Yr	School	Prelim Time	Finals Time	Points	
<b>Championship Final</b>						
1 Logan, Mackenzie R	SO	Westview High School	1:10.06	1:07.71	20	
	1:07.86	1:07.71 ( )				
2 Cable, Alyssa J	JR	Rancho Bernardo High School	1:09.65	1:08.97	17	
	1:09.01	1:08.97 ( )				
3 Rankin, Francesca	SO	Westview High School	1:12.95	1:10.10	16	
	1:09.89	1:10.10 (0.21)				
4 Gansert, Kiley	SO	Rancho Bernardo High School	1:11.22	1:11.29	15	
	1:11.35	1:11.29 ( )				
5 Lambert-FLiszar, Florence	SR	Torrey Pines High School	1:13.15	1:11.46	14	
6 Yang, Sandra K	FR	Westview High School	1:11.23	1:11.47	13	
	1:11.60	1:11.47 ( )				
7 Bradford, Emilee	SO	Rancho Bernardo High School	1:12.38	1:12.10	12	
8 Smith, Christine C	SR	Mt. Carmel High School-SI	1:13.22	1:13.25	11	
	1:13.25	1:13.25 ( )				
<b>Consolation Final</b>						
9 Cordova, Charolette M	SO	Torrey Pines High School	1:13.30	1:11.99	9	
	34.28	1:11.99 (37.71)				
10 Gormaly, Jordan	SO	Mt. Carmel High School-SI	1:13.82	1:12.73	7	
	34.32	1:12.73 (38.41)				
11 Sun, Alex L	FR	Westview High School	1:15.47	1:13.83	6	
	35.18	1:13.83 (38.65)				
12 Black, Laura	SO	Torrey Pines High School	1:13.86	1:14.02	5	
	35.14	1:14.02 (38.88)				
13 Lau, Danika W	SO	Mt. Carmel High School-SI	1:16.19	1:15.14	4	
	35.61	1:15.14 (39.53)				
14 Ingwell, Milan W	JR	Torrey Pines High School	1:16.04	1:16.93	3	
	36.76	1:16.93 (40.17)				
15 Lee, Mae B	FR	Mt. Carmel High School-SI	1:14.92	1:17.40	2	
	35.80	1:17.40 (41.60)				
16 Chen, Maggie	FR	Rancho Bernardo High School	1:19.71	1:19.51	1	
	37.92	1:19.51 (41.59)				
<b>Preliminaries</b>						
17 Samson, Salem	JR	Poway High School-CA	1:20.12			
	38.10	1:20.12 (42.02)				
18 Podoris, Alicia M	FR	Ramona High School	1:20.91			
	37.42	1:20.91 (43.49)				
19 Smith, Holly	FR	Ramona High School	1:22.22			
	38.66	1:22.22 (43.56)				
20 Cahua, Adriana	SO	Poway High School-CA	1:23.26			
	38.53	1:23.26 (44.73)				
21 Linnell, Elise	SO	Ramona High School	1:27.07			
	40.12	1:27.07 (46.95)				
22 Brown, Elise	JR	Ramona High School	1:30.95			
	42.53	1:30.95 (48.42)				
23 Lampassi, Laura	JR	Poway High School-CA	1:38.05			
	45.16	1:38.05 (52.89)				
--- Bell, Allison M	SO	Mt. Carmel High School-SI	1:20.10	X		
	37.82	1:20.10 (42.28)				
--- DI Padova, Annemarie	JR	Westview High School	1:20.80	X		
	37.93	1:20.80 (42.87)				

## Palomar League Championships 2012 - 5/10/2012 to 5/12/2012

## Results

## Event 19 Girls 100 Yard Breaststroke

CIFSDS: 1:01.77		1998	Staci Stitts	CHS		
Palomar Leag: 1:03.36		5/10/2007	Jessica Schmitt	TPHS-		
Name	Yr	School	Seed Time	Prelim Time		
<b>Preliminaries</b>						
1	Cable, Alyssa J	JR	Rancho Bernardo High School	1:10.23	1:09.65	q
	32.87	1:09.65 (36.78)				
2	Logan, Mackenzie R	SO	Westview High School	1:11.64	1:10.06	q
	33.19	1:10.06 (36.87)				
3	Gansert, Kiley	SO	Rancho Bernardo High School	1:13.69	1:11.22	q
	34.08	1:11.22 (37.14)				
4	Yang, Sandra K	FR	Westview High School	1:12.75	1:11.23	q
	33.93	1:11.23 (37.30)				
5	Bradford, Emilee	SO	Rancho Bernardo High School	1:12.78	1:12.38	q
	34.18	1:12.38 (38.20)				
6	Rankin, Francesca	SO	Westview High School	1:11.59	1:12.95	q
	33.93	1:12.95 (39.02)				
7	Lambert-FLiszar, Florence	SR	Torrey Pines High School	1:12.01	1:13.15	q
	34.27	1:13.15 (38.88)				
8	Smith, Christine C	SR	Mt. Carmel High School-SI	1:13.64	1:13.22	q
	34.70	1:13.22 (38.52)				
9	Cordova, Charolette M	SO	Torrey Pines High School	1:12.27	1:13.30	q
	35.14	1:13.30 (38.16)				
10	Gormaly, Jordan	SO	Mt. Carmel High School-SI	1:13.59	1:13.82	q
	34.22	1:13.82 (39.60)				
11	Black, Laura	SO	Torrey Pines High School	1:13.60	1:13.86	q
	35.16	1:13.86 (38.70)				
12	Lee, Mae B	FR	Mt. Carmel High School-SI	1:15.44	1:14.92	q
	34.69	1:14.92 (40.23)				
13	Sun, Alex L	FR	Westview High School	1:16.48	1:15.47	q
	35.81	1:15.47 (39.66)				
14	Ingwell, Milan W	JR	Torrey Pines High School	1:15.79	1:16.04	q
	35.88	1:16.04 (40.16)				
15	Lau, Danika W	SO	Mt. Carmel High School-SI	1:16.66	1:16.19	q
	36.66	1:16.19 (39.53)				
16	Chen, Maggie	FR	Rancho Bernardo High School	1:20.58	1:19.71	q
	37.91	1:19.71 (41.80)				
17	Samson, Salem	JR	Poway High School-CA	1:16.80	1:20.12	
	38.10	1:20.12 (42.02)				
18	Podoris, Alicia M	FR	Ramona High School	1:20.36	1:20.91	
	37.42	1:20.91 (43.49)				
19	Smith, Holly	FR	Ramona High School	1:25.23	1:22.22	
	38.66	1:22.22 (43.56)				
20	Cahua, Adriana	SO	Poway High School-CA	1:19.80	1:23.26	
	38.53	1:23.26 (44.73)				
21	Linnell, Elise	SO	Ramona High School	1:40.95	1:27.07	
	40.12	1:27.07 (46.95)				
22	Brown, Elise	JR	Ramona High School	1:37.81	1:30.95	
	42.53	1:30.95 (48.42)				
23	Lampassi, Laura	JR	Poway High School-CA	1:36.00	1:38.05	
	45.16	1:38.05 (52.89)				
---	Bell, Allison M	SO	Mt. Carmel High School-SI	1:20.43	X1:20.10	
	37.82	1:20.10 (42.28)				

**Palomar League Championships 2012 - 5/10/2012 to 5/12/2012**

**Results**

**Preliminaries ... (Event 19 Girls 100 Yard Breaststroke)**

<b>Name</b>	<b>Yr</b>	<b>School</b>	<b>Seed Time</b>	<b>Prelim Time</b>
---	DI Padova, Annemarie	JR Westview High School	1:21.63	X1:20.80
	37.93	1:20.80 (42.87)		

## Palomar League Championships 2012 - 5/10/2012 to 5/12/2012

## Results

## Event 20 Boys 100 Yard Breaststroke

CIFSDS: 56.38 1999		Quentin Byma		RBVHS		Points
Palomar Leag: 58.58 1999		Quentin Byma		RBVHS		
Name	Yr	School	Prelim Time	Finals Time	Points	
<b>Championship Final</b>						
1 Williams, Trent F	SR	Rancho Bernardo High School	58.20	58.41	20	
27.57	58.41	(30.84)				
2 Wang, Kevin Y	JR	Torrey Pines High School	1:00.80	59.67	17	
27.95	59.67	(31.72)				
3 Lee, Judge B	SR	Mt. Carmel High School-SI	1:00.90	1:01.09	16	
28.67	1:01.09	(32.42)				
4 Silva, Carlo	SO	Ramona High	1:03.56	1:02.75	15	
29.64	1:02.75	(33.11)				
5 Hong, Nguyen N	SR	Mt. Carmel High School-SI	1:03.76	1:03.17	14	
30.02	1:03.17	(33.15)				
6 Bell, Jack	SO	Rancho Bernardo High School	1:03.75	1:03.54	13	
29.63	1:03.54	(33.91)				
7 Martis, Andrew	SR	Mt. Carmel High School-SI	1:05.94	1:06.03	12	
30.21	1:06.03	(35.82)				
8 Nathanson, Michael	FR	Mt. Carmel High School-SI	1:07.24	1:06.21	11	
31.80	1:06.21	(34.41)				
<b>Consolation Final</b>						
9 Reiling, Jesse	SO	Ramona High	1:09.09	1:06.91	9	
30.61	1:06.91	(36.30)				
10 Sun, Nicholas	SR	Westview High School	1:11.21	1:08.25	7	
32.88	1:08.25	(35.37)				
11 Bendinelli, Dominic T	JR	Poway High School-CA	1:10.40	1:08.34	6	
32.12	1:08.34	(36.22)				
12 Walker, Tristan	FR	Rancho Bernardo High School	1:09.66	1:08.40	5	
32.04	1:08.40	(36.36)				
13 Gries, Lukas	JR	Westview High School	1:10.04	1:09.19	4	
32.71	1:09.19	(36.48)				
14 Telson, Hayden	SO	Poway High School-CA	1:10.03	1:09.36	3	
32.92	1:09.36	(36.44)				
15 Dickstein, Serge S	FR	Torrey Pines High School	1:09.77	1:11.10	2	
32.99	1:11.10	(38.11)				
16 Applegate, Zack	SO	Torrey Pines High School	1:10.45	1:12.24	1	
33.92	1:12.24	(38.32)				
<b>Preliminaries</b>						
17 Davison, Cory	FR	Ramona High	1:12.29			
33.75	1:12.29	(38.54)				
18 Papadopoulos, James	SR	Torrey Pines High School	1:12.54			
32.44	1:12.54	(40.10)				
19 Liu, Shaoxiong	FR	Westview High School	1:13.15			
34.29	1:13.15	(38.86)				
20 Busch, Ian	JR	Poway High School-CA	1:13.33			
34.84	1:13.33	(38.49)				
21 Torres, Sean	SR	Westview High School	1:13.43			
34.51	1:13.43	(38.92)				
22 Chung, Justin		Rancho Bernardo High School	1:14.44			
34.50	1:14.44	(39.94)				
23 Fantasia, Riley	FR	Poway High School-CA	1:16.52			
35.85	1:16.52	(40.67)				
24 Benke, Austin	FR	Ramona High School	1:22.04			
38.79	1:22.04	(43.25)				



## Palomar League Championships 2012 - 5/10/2012 to 5/12/2012

## Results

## Preliminaries ... (Event 20 Boys 100 Yard Breaststroke)

Name	Yr	School	Prelim Time	Finals Time	Points
--- Stathatos, Andreas	FR	Mt. Carmel High School-SI	1:18.94	X	
37.31		1:18.94 (41.63)			
--- Marshall, Anand	SR	Westview High School	1:20.77	X	
36.67		1:20.77 (44.10)			
--- Fink, Eric	FR	Ramona High	1:50.38	X	
49.91		1:50.38 (1:00.47)			

## Event 20 Boys 100 Yard Breaststroke

Name	Yr	School	Seed Time	Prelim Time	
<b>CIFSDS: 56.38</b>	<b>1999</b>	<b>Quentin Byma</b>		<b>RBVHS</b>	
<b>Palomar Leag: 58.58</b>	<b>1999</b>	<b>Quentin Byma</b>		<b>RBVHS</b>	
<b>Preliminaries</b>					
1 Williams, Trent F	SR	Rancho Bernardo High School	59.30	58.20	q
27.15		58.20 (31.05)			
2 Wang, Kevin Y	JR	Torrey Pines High School	59.52	1:00.80	q
28.69		1:00.80 (32.11)			
3 Lee, Judge B	SR	Mt. Carmel High School-SI	1:00.26	1:00.90	q
29.19		1:00.90 (31.71)			
4 Silva, Carlo	SO	Ramona High	1:03.92	1:03.56	q
30.14		1:03.56 (33.42)			
5 Bell, Jack	SO	Rancho Bernardo High School	1:01.40	1:03.75	q
29.48		1:03.75 (34.27)			
6 Hong, Nguyen N	SR	Mt. Carmel High School-SI	1:02.25	1:03.76	q
30.01		1:03.76 (33.75)			
7 Martis, Andrew	SR	Mt. Carmel High School-SI	1:07.55	1:05.94	q
30.28		1:05.94 (35.66)			
8 Nathanson, Michael	FR	Mt. Carmel High School-SI	1:07.16	1:07.24	q
32.40		1:07.24 (34.84)			
9 Reiling, Jesse	SO	Ramona High	1:11.62	1:09.09	q
32.46		1:09.09 (36.63)			
10 Walker, Tristan	FR	Rancho Bernardo High School	1:07.84	1:09.66	q
33.08		1:09.66 (36.58)			
11 Dickstein, Serge S	FR	Torrey Pines High School	1:09.49	1:09.77	q
32.76		1:09.77 (37.01)			
12 Telson, Hayden	SO	Poway High School-CA	1:10.00	1:10.03	q
33.30		1:10.03 (36.73)			
13 Gries, Lukas	JR	Westview High School	1:10.71	1:10.04	q
33.10		1:10.04 (36.94)			
14 Bendinelli, Dominic T	JR	Poway High School-CA	1:08.50	1:10.40	q
33.09		1:10.40 (37.31)			
15 Applegate, Zack	SO	Torrey Pines High School	1:09.48	1:10.45	q
32.42		1:10.45 (38.03)			
16 Sun, Nicholas	SR	Westview High School	1:09.96	1:11.21	q
33.76		1:11.21 (37.45)			
17 Davison, Cory	FR	Ramona High	1:13.55	1:12.29	
33.75		1:12.29 (38.54)			
18 Papadopoulos, James	SR	Torrey Pines High School	1:08.27	1:12.54	
32.44		1:12.54 (40.10)			
19 Liu, Shaoxiong	FR	Westview High School	1:15.13	1:13.15	
34.29		1:13.15 (38.86)			
20 Busch, Ian	JR	Poway High School-CA	1:14.00	1:13.33	
34.84		1:13.33 (38.49)			

**Palomar League Championships 2012 - 5/10/2012 to 5/12/2012****Results****Preliminaries ... (Event 20 Boys 100 Yard Breaststroke)**

	<b>Name</b>	<b>Yr</b>	<b>School</b>	<b>Seed Time</b>	<b>Prelim Time</b>
21	Torres, Sean	SR	Westview High School	1:13.61	1:13.43
	34.51			1:13.43 (38.92)	
22	Chung, Justin		Rancho Bernardo High School	1:12.88	1:14.44
	34.50			1:14.44 (39.94)	
23	Fantasia, Riley	FR	Poway High School-CA	1:18.30	1:16.52
	35.85			1:16.52 (40.67)	
24	Benke, Austin	FR	Ramona High School	1:23.30	1:22.04
	38.79			1:22.04 (43.25)	
---	Stathatos, Andreas	FR	Mt. Carmel High School-SI	1:17.41	X1:18.94
	37.31			1:18.94 (41.63)	
---	Marshall, Anand	SR	Westview High School	1:20.78	X1:20.77
	36.67			1:20.77 (44.10)	
---	Fink, Eric	FR	Ramona High	1:40.79	X1:50.38
	49.91			1:50.38 (1:00.47)	

## Palomar League Championships 2012 - 5/10/2012 to 5/12/2012

## Results

## Event 21 Girls 400 Yard Freestyle Relay

Team	Relay	Prelim Time	Finals Time	Points
<b>Championship Final</b>				
1 Torrey Pines High School	A	3:43.39	3:37.31	40
1) Pold, Eva SR	2) Garfein, McKenna R JR	3) Skaggs, Nicole L SR	4) DePeralta, Allison R SR	
26.88	55.53 (55.53)	1:22.01 (26.48)	1:50.30 (54.77)	
2:15.30 (25.00)	2:43.39 (53.09)	3:09.43 (26.04)	3:37.31 (53.92)	
2 Rancho Bernardo High School	A	3:47.15	3:39.14	34
1) Spitzer, Riley E SR	2) Anderson, Katie M SR	3) Cable, Alyssa J JR	4) Crosby, Maddy L SO	
25.96	53.77 (53.77)	1:19.25 (25.48)	1:47.34 (53.57)	
2:13.33 (25.99)	2:42.21 (54.87)	3:09.58 (27.37)	3:39.14 (56.93)	
3 Mt. Carmel High School-SI	A	4:21.10	3:41.84	32
1) Reilly, Georgia FR	2) Beatty, Lindsay B FR	3) Chaturvedi, Shuchi SR	4) Jones, Dana J SR	
27.38	56.24 (56.24)	1:24.23 (27.99)	1:53.56 (57.32)	
2:19.49 (25.93)	2:48.68 (55.12)	3:13.99 (25.31)	3:41.84 (53.16)	
4 Westview High School	A	3:52.38	3:45.16	30
1) Vankat, Deniese B JR	2) Ockletree, Suranee L SR	3) Nguyen, An T FR	4) Hull, Valerie E SO	
26.48	55.38 (55.38)	1:23.34 (27.96)	1:53.18 (57.80)	
2:20.81 (27.63)	2:51.05 (57.87)	3:16.15 (25.10)	3:45.16 (54.11)	
5 Poway High School-CA	A	3:58.49	3:52.72	28
1) Schwab, Laura E FR	2) Schwab, Anna SR	3) Pepin, Alexa A SO	4) Wasung, Karly R SR	
28.10	58.22 (58.22)	1:26.42 (28.20)	1:57.40 (59.18)	
2:26.07 (28.67)	2:57.58 (1:00.18)	3:24.07 (26.49)	3:52.72 (55.14)	
6 Ramona High School	A	4:04.62	3:57.89	26
1) Hogervorst, Rachel JR	2) LaRosa, Danielle B FR	3) Bernd, Paulina J SO	4) Lucas, Gina M JR	
29.31	1:00.74 (1:00.74)	1:30.34 (29.60)	2:02.59 (1:01.85)	
2:31.37 (28.78)	3:03.14 (1:00.55)	3:29.00 (25.86)	3:57.89 (54.75)	
<b>Consolation Final</b>				
9 Torrey Pines High School	B	3:58.10	3:52.80	18
1) Cordova, Charolette M SO	2) Ingwell, Milan W JR	3) Martinelli, Michelle JR	4) Lore, Crystal SO	
27.23	56.38 (56.38)	1:24.51 (28.13)	1:54.77 (58.39)	
2:22.83 (28.06)	2:53.58 (58.81)	3:21.93 (28.35)	3:52.80 (59.22)	
10 Mt. Carmel High School-SI	B	4:32.73	4:00.65	14
1) Jolk, Glenn A SO	2) Ryder, Nicole SR	3) Smith, Christine C SR	4) Orié, Natasha X FR	
29.33	1:00.77 (1:00.77)	1:31.15 (30.38)	2:03.37 (1:02.60)	
2:32.34 (28.97)	3:04.09 (1:00.72)	3:30.87 (26.78)	4:00.65 (56.56)	
11 Rancho Bernardo High School	B	4:04.78	4:01.49	12
1) Reed, Taylor S FR	2) Gansert, Kiley SO	3) Bradford, Emilee SO	4) Han, Songhee FR	
29.12	1:00.55 (1:00.55)	1:29.23 (28.68)	2:00.63 (1:00.08)	
2:29.27 (28.64)	2:59.92 (59.29)	3:29.28 (29.36)	4:01.49 (1:01.57)	
12 Westview High School	B	4:09.60	4:04.24	10
1) Lin, Angie JR	2) Talavera, Liza SR	3) Ranj, Mari SO	4) Hinton, Maddie SR	
29.08	1:00.76 (1:00.76)	1:30.42 (29.66)	2:02.59 (1:01.83)	
2:31.93 (29.34)	3:05.44 (1:02.85)	3:33.23 (27.79)	4:04.24 (58.80)	
13 Ramona High School	B	4:16.27	4:04.59	8
1) Gilbert, Jessi L JR	2) Schwegler, Jocelyn E SO	3) Smith, Holly FR	4) Holabird, Ashlee L SO	
29.57	1:02.36 (1:02.36)	1:31.45 (29.09)	2:03.11 (1:00.75)	
2:33.29 (30.18)	3:05.59 (1:02.48)	3:33.87 (28.28)	4:04.59 (59.00)	
14 Poway High School-CA	B	4:15.12	4:14.93	6
1) Brown, Abby SR	2) Samson, Salem JR	3) Watt, Regan SO	4) Degelsmith, Daylen R SR	
29.58	1:01.47 (1:01.47)	1:32.91 (31.44)	2:07.46 (1:05.99)	
2:39.56 (32.10)	3:15.01 (1:07.55)	3:43.46 (28.45)	4:14.93 (59.92)	

## Palomar League Championships 2012 - 5/10/2012 to 5/12/2012

## Results

## Event 21 Girls 400 Yard Freestyle Relay

Team	Relay	Seed Time	Prelim Time
<b>Preliminaries</b>			
1 Torrey Pines High School	A	3:39.34	3:43.39 q
1) Pold, Eva SR	2) Garfein, McKenna R JR	3) Skaggs, Nicole L SR	4) DePeralta, Allison R SR
27.47	56.50 (56.50)	1:23.57 (27.07)	1:52.41 (55.91)
2:18.34 (25.93)	2:47.82 (55.41)	3:14.41 (26.59)	3:43.39 (55.57)
2 Rancho Bernardo High School	A	3:42.08	3:47.15 q
1) Spitzer, Riley E SR	2) Anderson, Katie M SR	3) Cable, Alyssa J JR	4) Crosby, Maddy L SO
27.28	56.32 (56.32)	1:23.70 (27.38)	1:53.85 (57.53)
2:20.72 (26.87)	2:49.52 (55.67)	3:17.07 (27.55)	3:47.15 (57.63)
3 Westview High School	A	3:42.84	3:52.38 q
1) Vankat, Deniese B JR	2) Ockletree, Suranee L SR	3) Nguyen, An T FR	4) Hull, Valerie E SO
26.84	56.30 (56.30)	1:25.08 (28.78)	1:56.30 (1:00.00)
2:24.19 (27.89)	2:54.90 (58.60)	3:21.53 (26.63)	3:52.38 (57.48)
4 Torrey Pines High School	B	3:57.05	3:58.10 q
1) Cordova, Charolette M SO	2) Ingwell, Milan W JR	3) Martinelli, Michelle JR	4) Lore, Crystal SO
29.51	1:00.16 (1:00.16)	1:28.95 (28.79)	2:01.42 (1:01.26)
2:29.98 (28.56)	3:00.10 (58.68)	3:27.76 (27.66)	3:58.10 (58.00)
5 Poway High School-CA	A	3:51.00	3:58.49 q
1) Schwab, Laura E FR	2) Schwab, Anna SR	3) Pepin, Alexa A SO	4) Wasung, Karly R SR
28.59	1:00.03 (1:00.03)	1:29.53 (29.50)	2:01.38 (1:01.35)
2:30.73 (29.35)	3:02.83 (1:01.45)	3:29.87 (27.04)	3:58.49 (55.66)
6 Ramona High School	A	3:52.20	4:04.62 q
1) Hogervorst, Rachel JR	2) LaRosa, Danielle B FR	3) Bernd, Paulina J SO	4) Lucas, Gina M JR
29.50	1:01.22 (1:01.22)	1:31.30 (30.08)	2:04.44 (1:03.22)
2:33.65 (29.21)	3:06.41 (1:01.97)	3:34.09 (27.68)	4:04.62 (58.21)
7 Rancho Bernardo High School	B	4:00.02	4:04.78 q
1) Reed, Taylor S FR	2) Gansert, Kiley SO	3) Bradford, Emilee SO	4) Han, Songhee FR
29.99	1:02.95 (1:02.95)	1:31.58 (28.63)	2:01.98 (59.03)
2:30.36 (28.38)	3:01.39 (59.41)	3:31.96 (30.57)	4:04.78 (1:03.39)
8 Westview High School	B	3:58.15	4:09.60 q
1) Lin, Angie JR	2) Talavera, Liza SR	3) Ranj, Mari SO	4) Hinton, Maddie SR
29.68	1:03.89 (1:03.89)	1:32.99 (29.10)	2:05.32 (1:01.43)
2:35.69 (30.37)	3:08.86 (1:03.54)	3:37.60 (28.74)	4:09.60 (1:00.74)
9 Poway High School-CA	B	4:10.20	4:15.12 q
1) Brown, Abby SR	2) Samson, Salem JR	3) Watt, Regan SO	4) Degelsmith, Daylen R SR
29.77	1:00.71 (1:00.71)	1:32.48 (31.77)	2:06.46 (1:05.75)
2:39.26 (32.80)	3:14.99 (1:08.53)	3:43.49 (28.50)	4:15.12 (1:00.13)
10 Ramona High School	B	4:08.39	4:16.27 q
1) Gilbert, Jessi L JR	2) Schwegler, Jocelyn E SO	3) Smith, Holly FR	4) Holabird, Ashlee L SO
30.54	1:05.26 (1:05.26)	1:35.83 (30.57)	2:08.98 (1:03.72)
2:40.91 (31.93)	3:15.42 (1:06.44)	3:44.34 (28.92)	4:16.27 (1:00.85)
11 Mt. Carmel High School-SI	A	3:43.45	4:21.10 q
1) Vinoskey, Emily SO	2) Riley, Kerrie L SO	3) Fazen, Maddie FR	4) Lee, Mae B FR
30.48	1:04.70 (1:04.70)	1:36.89 (32.19)	2:11.99 (1:07.29)
2:43.04 (31.05)	3:16.67 (1:04.68)	3:46.63 (29.96)	4:21.10 (1:04.43)
12 Mt. Carmel High School-SI	B	4:05.00	4:32.73 q
1) Lisicky, Abbey SO	2) Santiago, Danielle SR	3) Bell, Allison M SO	4) Tran, Vivien SO
31.98	1:06.34 (1:06.34)	1:39.23 (32.89)	2:16.88 (1:10.54)
2:50.67 (33.79)	3:28.04 (1:11.16)	3:58.39 (30.35)	4:32.73 (1:04.69)

## Palomar League Championships 2012 - 5/10/2012 to 5/12/2012

## Results

## Event 22 Boys 400 Yard Freestyle Relay

CIFSDS: 3:05.77 2009		CHS				
Palomar Leag: 3:12.30 2009		Carlsbad High School				
Team		Relay		Prelim Time	Finals Time	Points
<b>Championship Final</b>						
1	Rancho Bernardo High School	A		3:31.66	3:18.77	40
	1) Semple, Liam P SO	2) Williams, Tanner C SO	3) Bell, Jack SO		4) Williams, Trent F SR	
	24.63	50.77 (50.77)	1:14.85 (24.08)	1:40.81 (50.04)		
	2:06.02 (25.21)	2:34.25 (53.44)	2:55.55 (21.30)	3:18.77 (44.52)		
2	Mt. Carmel High School-SI	A		3:36.49	3:18.86	34
	1) Evangelista, Christopher M FR	2) Kidd, Tyler JR	3) Hong, Nguyen N SR		4) Schenk, Grant K SO	
	24.60	50.16 (50.16)	1:13.86 (23.70)	1:40.63 (50.47)		
	2:04.49 (23.86)	2:30.17 (49.54)	2:53.71 (23.54)	3:18.86 (48.69)		
3	Torrey Pines High School	A		3:25.67	3:22.35	32
	1) Pold, Pearo SO	2) Park, Stephen M FR	3) Wang, Kevin Y JR		4) Kelly, Tomo SR	
	25.30	51.08 (51.08)	1:15.35 (24.27)	1:42.84 (51.76)		
	2:06.71 (23.87)	2:33.07 (50.23)	2:56.32 (23.25)	3:22.35 (49.28)		
4	Poway High School-CA	A		3:29.14	3:25.76	30
	26.07	54.20 (54.20)	1:18.77 (24.57)	1:45.89 (51.69)		
	2:09.85 (23.96)	2:35.92 (50.03)	2:59.78 (23.86)	3:25.76 (49.84)		
5	Westview High School	A		3:31.77	3:29.14	28
	24.40	50.96 (50.96)	1:15.89 (24.93)	1:44.16 (53.20)		
	2:08.88 (24.72)	2:36.63 (52.47)	3:01.15 (24.52)	3:29.14 (52.51)		
6	Ramona High	A		3:55.53	3:47.31	26
	27.21	57.88 (57.88)	1:24.76 (26.88)	1:55.87 (57.99)		
	2:22.83 (26.96)	2:52.16 (56.29)	3:18.49 (26.33)	3:47.31 (55.15)		
<b>Consolation Final</b>						
9	Torrey Pines High School	B		3:38.99	3:28.49	18
	1) Ohno-Machado, Thomas R JR	2) Colbert, Trevor SO	3) Dang, Mark JR		4) Bergum, Peter SR	
	24.76	51.49 (51.49)	1:15.87 (24.38)	1:43.32 (51.83)		
	2:08.66 (25.34)	2:36.10 (52.78)	3:00.57 (24.47)	3:28.49 (52.39)		
10	Mt. Carmel High School-SI	B		4:00.13	3:30.59	14
	1) Townsend, Evan L JR	2) Barber, Dana SO	3) Hong, Minh C FR		4) Scherschel, Joshua A JR	
	25.08	51.58 (51.58)	1:16.81 (25.23)	1:43.92 (52.34)		
	2:10.26 (26.34)	2:38.78 (54.86)	3:03.38 (24.60)	3:30.59 (51.81)		
11	Westview High School	B		3:46.81	3:39.27	12
	26.59	55.89 (55.89)	1:21.91 (26.02)	1:50.17 (54.28)		
	2:16.60 (26.43)	2:45.67 (55.50)	3:11.50 (25.83)	3:39.27 (53.60)		
12	Rancho Bernardo High School	B		3:59.13	3:42.86	10
	1) Walker, Tristan FR	2) Chung, Justin	3) Ellis, Cameron SR		4) Murray, Andrew SR	
	26.79	55.75 (55.75)	1:21.84 (26.09)	1:51.21 (55.46)		
	2:17.82 (26.61)	2:46.95 (55.74)	3:13.63 (26.68)	3:42.86 (55.91)		
13	Ramona High	B		4:22.86	3:58.95	8
	28.56	1:00.95 (1:00.95)	1:28.80 (27.85)	2:00.12 (59.17)		
	2:29.57 (29.45)	3:02.93 (1:02.81)	3:28.91 (25.98)	3:58.95 (56.02)		

## Event 22 Boys 400 Yard Freestyle Relay

CIFSDS: 3:05.77 2009		CHS				
Palomar Leag: 3:12.30 2009		Carlsbad High School				
Team		Relay		Seed Time	Prelim Time	
<b>Preliminaries</b>						
1	Torrey Pines High School	A		3:25.71	3:25.67	q
	25.50	51.64 (51.64)	1:15.89 (24.25)	1:43.13 (51.49)		
	2:07.23 (24.10)	2:33.89 (50.76)	2:58.78 (24.89)	3:25.67 (51.78)		

## Palomar League Championships 2012 - 5/10/2012 to 5/12/2012

## Results

## Preliminaries ... (Event 22 Boys 400 Yard Freestyle Relay)

Team	Relay	Seed Time	Prelim Time
2 Poway High School-CA	A	3:29.20	3:29.14 q
1) Collins, Charles A SR	2) Cain, Joe W JR	3) Jelsma, Greg B JR	4) Fronczak, Steven J SR
26.75	55.64 (55.64)	1:19.73 (24.09)	1:46.76 (51.12)
2:11.12 (24.36)	2:38.16 (51.40)	3:02.40 (24.24)	3:29.14 (50.98)
3 Rancho Bernardo High School	A	3:21.28	3:31.66 q
1) Semple, Liam P SO	2) Williams, Tanner C SO	3) Bell, Jack SO	4) Williams, Trent F SR
26.75	55.92 (55.92)	1:21.24 (25.32)	1:48.04 (52.12)
2:13.90 (25.86)	2:43.09 (55.05)	3:06.26 (23.17)	3:31.66 (48.57)
4 Westview High School	A	3:30.28	3:31.77 q
1) Andrada, Jordan JR	2) Holland, Cutler SO	3) Bigelow, Riley JR	4) Sun, Nicholas SR
25.99	53.53 (53.53)	1:18.38 (24.85)	1:46.53 (53.00)
2:10.39 (23.86)	2:37.03 (50.50)	3:02.72 (25.69)	3:31.77 (54.74)
5 Mt. Carmel High School-SI	A	3:23.07	3:36.49 q
1) Townsend, Evan L JR	2) Evangelista, Christopher M FR	3) Watling, Timothy C SR	4) Hong, Minh C FR
25.10	52.28 (52.28)	1:18.02 (25.74)	1:44.64 (52.36)
2:11.75 (27.11)	2:40.75 (56.11)	3:06.97 (26.22)	3:36.49 (55.74)
6 Torrey Pines High School	B	3:30.91	3:38.99 q
25.23	52.64 (52.64)	1:19.03 (26.39)	1:49.29 (56.65)
2:16.24 (26.95)	2:45.80 (56.51)	3:10.77 (24.97)	3:38.99 (53.19)
7 Westview High School	B	3:42.15	3:46.81 q
1) Klein, Allen FR	2) Gries, Lukas JR	3) Garnica, Matt SO	4) Deck, Zane SO
27.99	59.12 (59.12)	1:25.77 (26.65)	1:55.68 (56.56)
2:22.48 (26.80)	2:51.73 (56.05)	3:18.23 (26.50)	3:46.81 (55.08)
8 Ramona High	A	3:52.00	3:55.53 q
1) Gross, Isaac JR	2) Reiling, Jesse SO	3) Silva, Carlo SO	4) Vermeulen, Levi SO
27.62	58.80 (58.80)	1:26.31 (27.51)	1:57.50 (58.70)
2:25.35 (27.85)	2:55.86 (58.36)	3:23.36 (27.50)	3:55.53 (59.67)
9 Rancho Bernardo High School	B	3:50.00	3:59.13 q
1) Walker, Tristan FR	2) Chung, Justin	3) Ellis, Cameron SR	4) Murray, Andrew SR
31.92	1:07.21 (1:07.21)	1:34.16 (26.95)	2:04.66 (57.45)
2:32.63 (27.97)	3:03.02 (58.36)	3:29.78 (26.76)	3:59.13 (56.11)
10 Mt. Carmel High School-SI	B	3:40.00	4:00.13 q
1) Jiang, Kevin SO	2) Taylor, Joseph FR	3) Martis, Andrew SR	4) Stathatos, Andreas FR
28.01	56.94 (56.94)	1:26.38 (29.44)	1:58.34 (1:01.40)
2:24.58 (26.24)	2:54.11 (55.77)	3:25.93 (31.82)	4:00.13 (1:06.02)
11 Ramona High	B	4:05.00	4:22.86 q
1) Close, Connor FR	2) Benke, Austin FR	3) Talento, Vincent SO	4) Klem, Garrett FR
31.04	1:06.62 (1:06.62)	1:39.59 (32.97)	2:14.75 (1:08.13)
2:46.46 (31.71)	3:21.00 (1:06.25)	3:49.61 (28.61)	4:22.86 (1:01.86)

**Palomar League Championships 2012 - 5/10/2012 to 5/12/2012****Results****Event 23 Girls 1 mtr Diving**

CIFSDS: 450.85		1999	Kristen Walls		Coro HS		
Palomar Leag: 482.70		2011	Haley Francois		RBHS		
Name		Yr	School		Finals Score	Points	
1	Gill, Ali	SR	Poway High School-CA	265.00	424.80	20	
2	Canyon, Leanna	SR	Mt. Carmel High School-SI	437.00	402.60	17	
3	Burnard, Christy		Westview High School	189.90	310.05	16	
4	Miller, Pamela	JR	Torrey Pines High School	NP	294.70	15	
5	Contreras, Marisa		Rancho Bernardo High School	272.10	290.35	14	
6	Martin, Katie	SO	Poway High School-CA	169.55	275.55	13	
7	Hoppe, Kayla	SR	Poway High School-CA	173.30	259.90	12	
8	Oydna, Olivia		Westview High School	136.20	246.65	11	
9	Garoutte, Bianca	FR	Mt. Carmel High School-SI	144.00	231.85	9	
10	Marcus, Katie		Rancho Bernardo High School	133.20	231.65	7	
11	Farrell, Kristen	SO	Mt. Carmel High School-SI	230.00	224.80	6	
12	Tango, Maryan		Rancho Bernardo High School	107.15	200.45	5	
13	McNiece, Alanna	JR	Torrey Pines High School	NP	199.20	4	
---	Coffman, Stephanie	JR	Poway High School-CA	155.70	DQ		
---	West, Holly	SR	Mt. Carmel High School-SI	151.00	DQ		
---	Kelly, Kristina		Rancho Bernardo High School	116.15	DQ		
---	Sommer, Jenny	JR	Torrey Pines High School	NP	DQ		

**Palomar League Championships 2012 - 5/10/2012 to 5/12/2012****Results****Event 24 Boys 1 mtr Diving**

	<b>CIFSDS:</b>	<b>566.76</b>	<b>1977</b>	<b>Greg Louganis</b>	<b>VHS</b>		
	<b>Palomar Leag:</b>	<b>431.70</b>	<b>2011</b>	<b>Ryan Gerard</b>	<b>TPHS</b>		
	<b>Name</b>		<b>Yr</b>	<b>School</b>		<b>Finals Score</b>	<b>Points</b>
1	Borchert, Nathan		SR	Poway High School-CA	270.35	404.50	20
2	Burnard, Kevin			Westview High School	207.55	363.50	17
3	Maisonneuve, Alec		SR	Mt. Carmel High School-SI	332.00	351.20	16
4	Gallegos, Zeno		FR	Poway High School-CA	149.05	289.75	15
5	Livingston, Henry		JR	Torrey Pines High School	NP	285.15	14
6	Bsaibes, Joe		JR	Mt. Carmel High School-SI	140.00	260.05	13
7	Brown, Dylan		FR	Poway High School-CA	142.95	255.00	12
8	Granquist, Morgan		SR	Westview High School	162.35	252.90	11
9	Nasielski, Peter			Westview High School	185.35	230.15	9
10	Sisk, Brandon		JR	Torrey Pines High School	NP	224.05	7
11	McNeely, Robert		JR	Torrey Pines High School	NP	213.45	6
12	Crawford, Jake		FR	Torrey Pines High School	NP	146.35	5
---	Washburn, Nelson		FR	Poway High School-CA	125.00	DQ	
---	Hartmann, Jay			Rancho Bernardo High School	1.08	DQ	