

# SI Top Ten List 2016-2017

LSC: SI For Dates 9/1/2015 - 8/31/2016

## Girls 10 & under 50 Freestyle Long Course Meters

<i>Rank</i>	<i>Time</i>	<i>Power Points</i>	<i>Name</i>	<i>Age</i>	<i>LSC / Club</i>	<i>Swim Date</i>	<i>Meet</i>
1	31.12	801	Yang, Rachel	10	SI Pacific Athletic Club	7/30/2016	2016 SI LC Junior Olympics
2	31.30	790	Feyk, Liliana Josephine	10	SI North Coast Aquatics	6/19/2016	2016 CA - NOVA JAG Champs
3	31.90	752	Park, Lauren Jiwoo	10	SI North Coast Aquatics	5/29/2016	2016 SI CAST A All Ages Meet
4	32.16	737	Nguyen, My Khai	10	SI College Area Swim Team	8/13/2016	2016 UT Western Zone Age Group
5	32.24	732	Alonso, Delaney Grace	10	SI Pacific Swim	7/30/2016	2016 SI LC Junior Olympics
6	32.35	725	Zhang, Amy Ying	10	SI North Coast Aquatics	6/18/2016	2016 CA - NOVA JAG Champs
7	32.46	718	Baron, Miko Lorren	10	SI Oceanside Swim Club	7/30/2016	2016 SI LC Junior Olympics
8	32.59	710	Wong, Cassidy Kai Chyi	10	SI Pacific Swim	7/31/2016	2016 SI LC Junior Olympics
9	32.74	701	Wong, Hannah Grace	10	SI College Area Swim Team	6/18/2016	2016 SI CNSA A All Ages Meet
10	32.75	701	Lee, Elizabeth Damee	10	SI Inland Coastal Aq Club	4/23/2016	2016 SI SBA Gold-Silver Meet

## Girls 10 & under 100 Freestyle Long Course Meters

<i>Rank</i>	<i>Time</i>	<i>Power Points</i>	<i>Name</i>	<i>Age</i>	<i>LSC / Club</i>	<i>Swim Date</i>	<i>Meet</i>
1	1:08.18	805	Feyk, Liliana Josephine	10	SI North Coast Aquatics	6/18/2016	2016 CA - NOVA JAG Champs
2	1:08.92	781	Zhang, Amy Ying	10	SI North Coast Aquatics	7/31/2016	2016 SI LC Junior Olympics
3	1:08.95	780	Baron, Miko Lorren	10	SI Oceanside Swim Club	7/31/2016	2016 SI LC Junior Olympics
4	1:09.44	765	Wong, Hannah Grace	10	SI College Area Swim Team	7/31/2016	2016 SI LC Junior Olympics
5	1:10.58	729	Yang, Rachel	10	SI Pacific Athletic Club	6/18/2016	2016 CA - NOVA JAG Champs
6	1:10.93	718	Wong, Cassidy Kai Chyi	10	SI Pacific Swim	6/19/2016	2016 SI CNSA A All Ages Meet
7	1:11.50	871	Chavez-Varela, Isabella	9	SI South Bay Aquatics	7/31/2016	2016 SI LC Junior Olympics
8	1:12.03	685	Villa, Mia Isabel	10	SI South Bay Aquatics	7/31/2016	2016 SI LC Junior Olympics
9	1:12.51	670	Cox, Isabella Joy	10	SI Manta Ray Aquatics	5/28/2016	2016 SI CAST A All Ages Meet
10	1:12.71	665	Park, Lauren Jiwoo	10	SI North Coast Aquatics	4/24/2016	2016 SI SBA Gold-Silver Meet

## Girls 10 & under 200 Freestyle Long Course Meters

<i>Rank</i>	<i>Time</i>	<i>Power Points</i>	<i>Name</i>	<i>Age</i>	<i>LSC / Club</i>	<i>Swim Date</i>	<i>Meet</i>
1	2:28.32	803	Wong, Cassidy Kai Chyi	10	SI Pacific Swim	7/29/2016	2016 SI LC Junior Olympics

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2	2:28.51	800	Baron, Miko Lorren	10	SI	Oceanside Swim Club	7/29/2016	2016 SI LC Junior Olympics
3	2:30.49	935	Chavez-Varela, Isabella	9	SI	South Bay Aquatics	7/29/2016	2016 SI LC Junior Olympics
4	2:31.50	752	Wong, Hannah Grace	10	SI	College Area Swim Team	7/29/2016	2016 SI LC Junior Olympics
5	2:33.92	714	Alonso, Delaney Grace	10	SI	Pacific Swim	7/29/2016	2016 SI LC Junior Olympics
6	2:33.96	713	Feyk, Liliana Josephine	10	SI	North Coast Aquatics	6/17/2016	2016 CA - NOVA JAG Champs
7	2:34.18	710	Lee, Elizabeth Damee	10	SI	Inland Coastal Aq Club	4/23/2016	2016 SI SBA Gold-Silver Meet
8	2:34.29	708	Zhang, Amy Ying	10	SI	North Coast Aquatics	7/29/2016	2016 SI LC Junior Olympics
9	2:35.58	688	Villa, Mia Isabel	10	SI	South Bay Aquatics	7/29/2016	2016 SI LC Junior Olympics
10	2:37.35	661	Morgan, Chloe Nicole	10	SI	Manta Ray Aquatics	5/29/2016	2016 SI CAST A All Ages Meet

### Girls 10 & under 400 Freestyle Long Course Meters

<i>Rank</i>	<i>Time</i>	<i>Power Points</i>	<i>Name</i>	<i>Age</i>	<i>LSC / Club</i>	<i>Swim Date</i>	<i>Meet</i>	
1	5:21.15	752	Baron, Miko Lorren	10	SI	Oceanside Swim Club	5/22/2016	2016 SI SBA BC All Ages Meet
2	5:21.80	747	Wong, Cassidy Kai Chyi	10	SI	Pacific Swim	5/22/2016	2016 SI MRA BC All Ages Meet
3	5:25.16	721	Cox, Isabella Joy	10	SI	Manta Ray Aquatics	5/22/2016	2016 SI MRA BC All Ages Meet
4	5:31.21	676	Morgan, Chloe Nicole	10	SI	Manta Ray Aquatics	6/26/2016	2016 SI MRA BC All Ages Meet
5	5:40.18	611	Alonso, Delaney Grace	10	SI	Pacific Swim	6/26/2016	2016 SI CNSA BC All Ages Meet
6	6:06.13	442	Ramirez-Ruvalcaba, Daniela Carolina	10	SI	South Bay Aquatics	5/22/2016	2016 SI SBA BC All Ages Meet
7	6:08.12	430	Amos, Brooke Allison	10	SI	Manta Ray Aquatics	5/22/2016	2016 SI MRA BC All Ages Meet
8	6:20.56	359	Jayasinghe, Kiran	10	SI	Renegade Aquatics	5/22/2016	2016 SI MRA BC All Ages Meet
9	6:32.80	295	Dudley, Corrie Frances	10	SI	North Coast Aquatics	6/26/2016	2016 SI CNSA BC All Ages Meet
10	6:45.76	234	Halcomb, Dakota May	10	SI	North Coast Aquatics	6/26/2016	2016 SI CNSA BC All Ages Meet

### Girls 10 & under 50 Backstroke Long Course Meters

<i>Rank</i>	<i>Time</i>	<i>Power Points</i>	<i>Name</i>	<i>Age</i>	<i>LSC / Club</i>	<i>Swim Date</i>	<i>Meet</i>	
1	34.81	911	Alonso, Delaney Grace	10	SI	Pacific Swim	7/30/2016	2016 SI LC Junior Olympics
2	35.95	841	Zhang, Amy Ying	10	SI	North Coast Aquatics	7/30/2016	2016 SI LC Junior Olympics
3	36.95	782	Wong, Cassidy Kai Chyi	10	SI	Pacific Swim	7/30/2016	2016 SI LC Junior Olympics
4	37.96	724	Nguyen, Vivian Nhi	10	SI	San Diego YMCA	7/30/2016	2016 SI LC Junior Olympics

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**LSC: SI For Dates 9/1/2015 - 8/31/2016**

5	38.16	882	Chavez-Varela, Isabella	9	SI	South Bay Aquatics	7/30/2016	2016 SI LC Junior Olympics
6	39.10	660	Cox, Isabella Joy	10	SI	Manta Ray Aquatics	5/22/2016	2016 SI MRA BC All Ages Meet
7	39.12	659	Wong, Hannah Grace	10	SI	College Area Swim Team	7/30/2016	2016 SI LC Junior Olympics
8	39.23	653	Yang, Rachel	10	SI	Pacific Athletic Club	6/18/2016	2016 CA - NOVA JAG Champs
9	39.57	635	Nguyen, My Khai	10	SI	College Area Swim Team	8/12/2016	2016 UT Western Zone Age Group
10	39.63	800	Yeager, Shelby Ruth	9	SI	College Area Swim Team	7/30/2016	2016 SI LC Junior Olympics

### Girls 10 & under 100 Backstroke Long Course Meters

<i>Rank</i>	<i>Time</i>	<i>Power Points</i>	<i>Name</i>	<i>Age</i>	<i>LSC / Club</i>		<i>Swim Date</i>	<i>Meet</i>
1	1:15.34	899	Alonso, Delaney Grace	10	SI	Pacific Swim	8/10/2016	2016 UT Western Zone Age Group
2	1:17.43	842	Zhang, Amy Ying	10	SI	North Coast Aquatics	8/10/2016	2016 UT Western Zone Age Group
3	1:20.66	757	Wong, Cassidy Kai Chyi	10	SI	Pacific Swim	7/31/2016	2016 SI LC Junior Olympics
4	1:22.25	885	Chavez-Varela, Isabella	9	SI	South Bay Aquatics	7/31/2016	2016 SI LC Junior Olympics
5	1:22.36	714	Wong, Hannah Grace	10	SI	College Area Swim Team	7/31/2016	2016 SI LC Junior Olympics
6	1:23.03	697	Nguyen, Vivian Nhi	10	SI	San Diego YMCA	7/31/2016	2016 SI LC Junior Olympics
7	1:23.33	690	Feyk, Liliana Josephine	10	SI	North Coast Aquatics	6/17/2016	2016 CA - NOVA JAG Champs
8	1:23.91	675	Nguyen, My Khai	10	SI	College Area Swim Team	7/16/2016	2016 SI California State Games
9	1:24.32	665	Cox, Isabella Joy	10	SI	Manta Ray Aquatics	5/21/2016	2016 SI MRA BC All Ages Meet
10	1:24.78	822	Yeager, Shelby Ruth	9	SI	College Area Swim Team	7/31/2016	2016 SI LC Junior Olympics

### Girls 10 & under 50 Breaststroke Long Course Meters

<i>Rank</i>	<i>Time</i>	<i>Power Points</i>	<i>Name</i>	<i>Age</i>	<i>LSC / Club</i>		<i>Swim Date</i>	<i>Meet</i>
1	40.16	821	Nguyen, My Khai	10	SI	College Area Swim Team	8/10/2016	2016 UT Western Zone Age Group
2	41.68	751	Yang, Rachel	10	SI	Pacific Athletic Club	6/19/2016	2016 CA - NOVA JAG Champs
3	41.91	740	Baron, Miko Lorren	10	SI	Oceanside Swim Club	7/29/2016	2016 SI LC Junior Olympics
4	42.39	719	Leon, Melissa Lorraine	10	SI	Pacific Swim	7/29/2016	2016 SI LC Junior Olympics
5	43.09	688	Amos, Brooke Allison	10	SI	Manta Ray Aquatics	7/29/2016	2016 SI LC Junior Olympics
6	43.24	681	Peavey, Julia Jocelyn	10	SI	San Diego YMCA	7/29/2016	2016 SI LC Junior Olympics
7	43.95	650	Crotinger, Lauren Nicole	10	SI	North Coast Aquatics	6/19/2016	2016 CA - NOVA JAG Champs

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**LSC: SI For Dates 9/1/2015 - 8/31/2016**

8	44.06	645	Wong, Cassidy Kai Chyi	10	SI	Pacific Swim	6/19/2016	2016 SI CNSA A All Ages Meet
9	44.27	636	Cox, Isabella Joy	10	SI	Manta Ray Aquatics	4/24/2016	2016 SI SBA Gold-Silver Meet
10	45.37	589	Inamdar, Annika R	10	SI	North Coast Aquatics	7/29/2016	2016 SI LC Junior Olympics

### Girls 10 & under 100 Breaststroke Long Course Meters

<i>Rank</i>	<i>Time</i>	<i>Power Points</i>	<i>Name</i>	<i>Age</i>	<i>LSC / Club</i>		<i>Swim Date</i>	<i>Meet</i>
1	1:30.40	770	Leon, Melissa Lorraine	10	SI	Pacific Swim	7/30/2016	2016 SI LC Junior Olympics
2	1:30.43	770	Wong, Cassidy Kai Chyi	10	SI	Pacific Swim	7/30/2016	2016 SI LC Junior Olympics
3	1:31.06	757	Nguyen, My Khai	10	SI	College Area Swim Team	8/12/2016	2016 UT Western Zone Age Group
4	1:34.01	697	Amos, Brooke Allison	10	SI	Manta Ray Aquatics	7/30/2016	2016 SI LC Junior Olympics
5	1:34.63	685	Crotinger, Lauren Nicole	10	SI	North Coast Aquatics	6/17/2016	2016 CA - NOVA JAG Champs
6	1:35.01	677	Baron, Miko Lorren	10	SI	Oceanside Swim Club	7/30/2016	2016 SI LC Junior Olympics
7	1:35.79	661	Yang, Rachel	10	SI	Pacific Athletic Club	6/17/2016	2016 CA - NOVA JAG Champs
8	1:36.04	657	Peavey, Julia Jocelyn	10	SI	San Diego YMCA	7/30/2016	2016 SI LC Junior Olympics
9	1:36.54	647	Cox, Isabella Joy	10	SI	Manta Ray Aquatics	5/29/2016	2016 SI CAST A All Ages Meet
10	1:37.63	792	Strouse, Hannah Faith	9	SI	San Diego YMCA	7/30/2016	2016 SI LC Junior Olympics

### Girls 10 & under 50 Butterfly Long Course Meters

<i>Rank</i>	<i>Time</i>	<i>Power Points</i>	<i>Name</i>	<i>Age</i>	<i>LSC / Club</i>		<i>Swim Date</i>	<i>Meet</i>
1	32.66	881	Alonso, Delaney Grace	10	SI	Pacific Swim	7/31/2016	2016 SI LC Junior Olympics
2	33.03	860	Wong, Cassidy Kai Chyi	10	SI	Pacific Swim	7/31/2016	2016 SI LC Junior Olympics
3	33.32	844	Zhang, Amy Ying	10	SI	North Coast Aquatics	7/31/2016	2016 SI LC Junior Olympics
4	34.00	806	Brotman, Arielle Bertha	10	SI	North Coast Aquatics	7/31/2016	2016 SI LC Junior Olympics
5	35.17	743	Nguyen, My Khai	10	SI	College Area Swim Team	8/11/2016	2016 UT Western Zone Age Group
6	35.57	722	Wong, Hannah Grace	10	SI	College Area Swim Team	7/31/2016	2016 SI LC Junior Olympics
7	36.34	682	Reynolds, Audrey Ann Xia	10	SI	Inland Coastal Aq Club	7/31/2016	2016 SI LC Junior Olympics
8	36.59	669	Baron, Miko Lorren	10	SI	Oceanside Swim Club	7/31/2016	2016 SI LC Junior Olympics
9	36.67	665	Douglas, Alexandria Catherine	10	SI	North Coast Aquatics	7/31/2016	2016 SI LC Junior Olympics
10	37.47	625	Cox, Isabella Joy	10	SI	Manta Ray Aquatics	4/23/2016	2016 SI SBA Gold-Silver Meet

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LSC: SI For Dates 9/1/2015 - 8/31/2016

## Girls 10 & under 100 Butterfly Long Course Meters

<i>Rank</i>	<i>Time</i>	<i>Power Points</i>	<i>Name</i>	<i>Age</i>	<i>LSC / Club</i>	<i>Swim Date</i>	<i>Meet</i>
1	1:12.98	909	Wong, Cassidy Kai Chyi	10	SI Pacific Swim	7/29/2016	2016 SI LC Junior Olympics
2	1:16.14	833	Alonso, Delaney Grace	10	SI Pacific Swim	7/29/2016	2016 SI LC Junior Olympics
3	1:16.62	821	Zhang, Amy Ying	10	SI North Coast Aquatics	7/29/2016	2016 SI LC Junior Olympics
4	1:19.01	765	Wong, Hannah Grace	10	SI College Area Swim Team	7/29/2016	2016 SI LC Junior Olympics
5	1:20.69	727	Douglas, Alexandria Catherine	10	SI North Coast Aquatics	7/29/2016	2016 SI LC Junior Olympics
6	1:22.77	849	Chavez-Varela, Isabella	9	SI South Bay Aquatics	7/29/2016	2016 SI LC Junior Olympics
7	1:23.89	656	Nguyen, My Khai	10	SI College Area Swim Team	7/29/2016	2016 SI LC Junior Olympics
8	1:24.46	644	Cox, Isabella Joy	10	SI Manta Ray Aquatics	4/24/2016	2016 SI SBA Gold-Silver Meet
9	1:24.91	634	Amos, Brooke Allison	10	SI Manta Ray Aquatics	7/29/2016	2016 SI LC Junior Olympics
10	1:26.36	603	Baron, Miko Lorren	10	SI Oceanside Swim Club	5/28/2016	2016 SI CAST A All Ages Meet

## Girls 10 & under 200 Individual Medley Long Course Meters

<i>Rank</i>	<i>Time</i>	<i>Power Points</i>	<i>Name</i>	<i>Age</i>	<i>LSC / Club</i>	<i>Swim Date</i>	<i>Meet</i>
1	2:45.18	848	Wong, Cassidy Kai Chyi	10	SI Pacific Swim	7/28/2016	2016 SI LC Junior Olympics
2	2:49.10	798	Alonso, Delaney Grace	10	SI Pacific Swim	7/28/2016	2016 SI LC Junior Olympics
3	2:51.23	772	Baron, Miko Lorren	10	SI Oceanside Swim Club	7/28/2016	2016 SI LC Junior Olympics
4	2:52.91	903	Chavez-Varela, Isabella	9	SI South Bay Aquatics	7/28/2016	2016 SI LC Junior Olympics
5	2:57.27	699	Cox, Isabella Joy	10	SI Manta Ray Aquatics	4/24/2016	2016 SI SBA Gold-Silver Meet
6	2:57.72	693	Feyk, Liliana Josephine	10	SI North Coast Aquatics	6/18/2016	2016 CA - NOVA JAG Champs
7	2:58.70	682	Douglas, Alexandria Catherine	10	SI North Coast Aquatics	7/28/2016	2016 SI LC Junior Olympics
8	2:59.58	672	Nguyen, My Khai	10	SI College Area Swim Team	7/16/2016	2016 SI California State Games
9	3:00.21	664	Naval, Victoria Mari Dimalanta	10	SI South Bay Aquatics	7/28/2016	2016 SI LC Junior Olympics
10	3:00.93	656	Villa, Mia Isabel	10	SI South Bay Aquatics	8/11/2016	2016 UT Western Zone Age Group

## Girls 11-12 50 Freestyle Long Course Meters

<i>Rank</i>	<i>Time</i>	<i>Power Points</i>	<i>Name</i>	<i>Age</i>	<i>LSC / Club</i>	<i>Swim Date</i>	<i>Meet</i>
1	28.50	808	Hagewood, Cecilia	12	SI South Bay Aquatics	7/30/2016	2016 SI LC Junior Olympics

## SI Top Ten List 2016-2017

**LSC: SI For Dates 9/1/2015 - 8/31/2016**

2	28.71	793	Castillo, Paola Ivonne	12	SI	South Bay Aquatics	7/30/2016	2016 SI LC Junior Olympics
3	29.30	750	Lundgren, Emily Lynn	12	SI	South Bay Aquatics	7/31/2016	2016 SI LC Junior Olympics
4	29.40	742	Martha, Aranza Oneyda	12	SI	South Bay Aquatics	8/13/2016	2016 UT Western Zone Age Group
5	29.59	729	Huang, Katherine Mary	12	SI	North Coast Aquatics	8/13/2016	2016 UT Western Zone Age Group
6	29.63	726	Shields, Tiffany Anne	12	SI	Renegade Aquatics	4/16/2016	2016 CA DSRT Rumble in the Des
7	29.81	713	Harvey, Noelle Elizabeth	12	SI	North Coast Aquatics	6/19/2016	2016 CA - NOVA JAG Champs
8	29.88	784	Dang, Minh-Uyen Vu	11	SI	Renegade Aquatics	6/18/2016	2016 SI CNSA A All Ages Meet
9	29.91	706	Cerceo, Talia Li	12	SI	North Coast Aquatics	6/18/2016	2016 CA - NOVA JAG Champs
10	30.04	696	Arnas, Ashley Grace	12	SI	Coronado-Navy Swim Assn	7/30/2016	2016 SI LC Junior Olympics

### Girls 11-12 100 Freestyle Long Course Meters

<i>Rank</i>	<i>Time</i>	<i>Power Points</i>	<i>Name</i>	<i>Age</i>	<i>LSC / Club</i>		<i>Swim Date</i>	<i>Meet</i>
1	1:00.50	865	Abrajan, Isabella DelRosario	12	SI	Unattached	7/31/2016	2016 SI LC Junior Olympics
2	1:01.63	821	Castillo, Paola Ivonne	12	SI	South Bay Aquatics	7/31/2016	2016 SI LC Junior Olympics
3	1:03.69	743	Martha, Aranza Oneyda	12	SI	South Bay Aquatics	7/31/2016	2016 SI LC Junior Olympics
4	1:03.84	737	Hagewood, Cecilia	12	SI	South Bay Aquatics	8/10/2016	2016 UT Western Zone Age Group
5	1:03.85	737	Lundgren, Emily Lynn	12	SI	South Bay Aquatics	7/10/2016	2016 SI CAST 11 & Over AB Meet
6	1:03.87	736	Huang, Katherine Mary	12	SI	North Coast Aquatics	7/31/2016	2016 SI LC Junior Olympics
7	1:04.32	823	Dang, Minh-Uyen Vu	11	SI	Renegade Aquatics	7/10/2016	2016 SI CAST 11 & Over AB Meet
8	1:04.60	709	Cerceo, Talia Li	12	SI	North Coast Aquatics	7/31/2016	2016 SI LC Junior Olympics
9	1:05.00	695	Parsons, Jamie Lee	12	SI	South Bay Aquatics	7/31/2016	2016 SI LC Junior Olympics
10	1:05.98	659	Lora, Mirsha	12	SI	South Bay Aquatics	7/31/2016	2016 SI LC Junior Olympics

### Girls 11-12 200 Freestyle Long Course Meters

<i>Rank</i>	<i>Time</i>	<i>Power Points</i>	<i>Name</i>	<i>Age</i>	<i>LSC / Club</i>		<i>Swim Date</i>	<i>Meet</i>
1	2:13.30	820	Castillo, Paola Ivonne	12	SI	South Bay Aquatics	7/29/2016	2016 SI LC Junior Olympics
2	2:14.55	795	Abrajan, Isabella DelRosario	12	SI	Unattached	6/4/2016	2016 CA Golden West LC "BR" Me
3	2:19.47	700	Huang, Katherine Mary	12	SI	North Coast Aquatics	7/29/2016	2016 SI LC Junior Olympics
4	2:19.54	699	Swift, Gillian Grace	12	SI	North Coast Aquatics	6/19/2016	2016 CA - NOVA JAG Champs

## SI Top Ten List 2016-2017

**LSC: SI For Dates 9/1/2015 - 8/31/2016**

5	2:20.77	676	Boese, Natalia Lucia	12	SI	Rancho San Dieguito	7/29/2016	2016 SI LC Junior Olympics
6	2:20.79	676	Lyon, Taylor Corrina	12	SI	Rancho San Dieguito	6/19/2016	2016 CA - NOVA JAG Champs
7	2:21.48	663	Lora, Mirsha	12	SI	South Bay Aquatics	7/29/2016	2016 SI LC Junior Olympics
8	2:21.61	661	Parsons, Jamie Lee	12	SI	South Bay Aquatics	7/29/2016	2016 SI LC Junior Olympics
9	2:21.63	660	Lundgren, Emily Lynn	12	SI	South Bay Aquatics	6/4/2016	2016 CA FAST "BR" LCM
10	2:21.94	655	Cerceo, Talia Li	12	SI	North Coast Aquatics	7/29/2016	2016 SI LC Junior Olympics

### Girls 11-12 400 Freestyle Long Course Meters

<i>Rank</i>	<i>Time</i>	<i>Power Points</i>	<i>Name</i>	<i>Age</i>	<i>LSC / Club</i>		<i>Swim Date</i>	<i>Meet</i>
1	4:38.74	832	Castillo, Paola Ivonne	12	SI	South Bay Aquatics	7/28/2016	2016 SI LC Junior Olympics
2	4:49.41	730	Lundgren, Emily Lynn	12	SI	South Bay Aquatics	7/9/2016	2016 SI CAST 11 & Over AB Meet
3	4:52.58	701	Lora, Mirsha	12	SI	South Bay Aquatics	7/28/2016	2016 SI LC Junior Olympics
4	4:53.23	695	Swift, Gillian Grace	12	SI	North Coast Aquatics	6/17/2016	2016 CA - NOVA JAG Champs
5	4:53.96	688	Garcia-Hale, Maya Melba	12	SI	College Area Swim Team	7/28/2016	2016 SI LC Junior Olympics
6	4:54.45	684	Parsons, Jamie Lee	12	SI	South Bay Aquatics	7/28/2016	2016 SI LC Junior Olympics
7	4:56.38	667	Cerceo, Talia Li	12	SI	North Coast Aquatics	6/17/2016	2016 CA - NOVA JAG Champs
8	4:58.53	648	Huang, Katherine Mary	12	SI	North Coast Aquatics	6/17/2016	2016 CA - NOVA JAG Champs
9	5:00.46	742	Rowe, Ashley Kiarra	11	SI	Pacific Swim	7/9/2016	2016 SI CAST 11 & Over AB Meet
10	5:01.36	623	Hagewood, Cecilia	12	SI	South Bay Aquatics	7/9/2016	2016 SI CAST 11 & Over AB Meet

### Girls 11-12 800 Freestyle Long Course Meters

<i>Rank</i>	<i>Time</i>	<i>Power Points</i>	<i>Name</i>	<i>Age</i>	<i>LSC / Club</i>		<i>Swim Date</i>	<i>Meet</i>
1	9:45.32	833	Castillo, Paola Ivonne	12	SI	South Bay Aquatics	7/8/2016	2016 SI CAST 11 & Over AB Meet
2	10:07.16	879	Lora, Mirsha	11	SI	South Bay Aquatics	5/22/2016	2016 CA Golden West LC Blue Me
3	10:08.65	735	Garcia-Hale, Maya Melba	12	SI	College Area Swim Team	5/27/2016	2016 SI CAST A All Ages Meet
4	10:14.26	712	Swift, Gillian Grace	12	SI	North Coast Aquatics	5/27/2016	2016 SI CAST A All Ages Meet
5	10:19.63	690	Lundgren, Emily Lynn	12	SI	South Bay Aquatics	5/27/2016	2016 SI CAST A All Ages Meet
6	10:20.84	822	Rowe, Ashley Kiarra	11	SI	Pacific Swim	7/8/2016	2016 SI CAST 11 & Over AB Meet
7	10:23.21	676	Lyon, Taylor Corrina	12	SI	Rancho San Dieguito	6/16/2016	2016 CA - NOVA JAG Champs

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LSC: SI For Dates 9/1/2015 - 8/31/2016

8	10:30.85	782	Schmidt, Revere Dehmel	11	SI	Rancho San Dieguito	6/16/2016	2016 CA - NOVA JAG Champs
9	10:32.29	640	Parsons, Jamie Lee	12	SI	South Bay Aquatics	5/27/2016	2016 SI CAST A All Ages Meet
10	10:33.08	637	Gidley, Erin Ashley	12	SI	South Bay Aquatics	5/27/2016	2016 SI CAST A All Ages Meet

## Girls 11-12 1500 Freestyle Long Course Meters

<i>Rank</i>	<i>Time</i>	<i>Power Points</i>	<i>Name</i>	<i>Age</i>	<i>LSC / Club</i>	<i>Swim Date</i>	<i>Meet</i>	
1	18:34.34	879	Castillo, Paola Ivonne	12	SI	South Bay Aquatics	7/10/2016	2016 SI CAST 11 & Over AB Meet
2	19:04.84	971	Lora, Mirsha	11	SI	South Bay Aquatics	5/21/2016	2016 CA Golden West LC Blue Me
3	19:13.19	794	Lundgren, Emily Lynn	12	SI	South Bay Aquatics	7/10/2016	2016 SI CAST 11 & Over AB Meet
4	20:09.39	677	Lyon, Taylor Corrina	12	SI	Rancho San Dieguito	7/10/2016	2016 SI CAST 11 & Over AB Meet
5	20:13.30	669	Gidley, Erin Ashley	12	SI	South Bay Aquatics	6/17/2016	2016 SI CNSA A All Ages Meet
6	20:13.58	669	Parsons, Jamie Lee	12	SI	South Bay Aquatics	4/17/2016	2016 SI CAST 12 & Over AB Meet
7	20:29.48	637	Hagewood, Cecilia	12	SI	South Bay Aquatics	6/17/2016	2016 SI CNSA A All Ages Meet
8	20:58.88	581	Simonelli, Pearl Pappas	12	SI	College Area Swim Team	6/17/2016	2016 SI CNSA A All Ages Meet
9	22:16.61	442	Gonzales, Jordyn Marie	12	SI	College Area Swim Team	4/17/2016	2016 SI CAST 12 & Over AB Meet
10	23:14.13	349	Olsen, Emma Rose	12	SI	College Area Swim Team	4/17/2016	2016 SI CAST 12 & Over AB Meet

## Girls 11-12 50 Backstroke Long Course Meters

<i>Rank</i>	<i>Time</i>	<i>Power Points</i>	<i>Name</i>	<i>Age</i>	<i>LSC / Club</i>	<i>Swim Date</i>	<i>Meet</i>	
1	32.35	952	Abrajan, Isabella DelRosario	11	SI	Unattached	4/4/2016	Circuito Mexicano de Natación C.L.
2	32.91	812	Lundgren, Emily Lynn	12	SI	South Bay Aquatics	7/30/2016	2016 SI LC Junior Olympics
3	33.46	872	Rowe, Ashley Kiarra	11	SI	Pacific Swim	8/12/2016	2016 UT Western Zone Age Group
4	34.28	716	Arnas, Ashley Grace	12	SI	Coronado-Navy Swim Assn	7/30/2016	2016 SI LC Junior Olympics
5	34.51	701	Diep, Allyson Khounborine	12	SI	Pacific Swim	7/30/2016	2016 SI LC Junior Olympics
6	34.81	779	Dang, Minh-Uyen Vu	11	SI	Renegade Aquatics	8/12/2016	2016 UT Western Zone Age Group
7	34.84	679	Martha, Aranza Oneyda	12	SI	South Bay Aquatics	7/10/2016	2016 SI CAST 11 & Over AB Meet
8	35.06	664	Shields, Tiffany Anne	12	SI	Renegade Aquatics	4/16/2016	2016 CA DSRT Rumble in the Des
9	35.32	647	Han, Aimee	12	SI	Pacific Athletic Club	7/30/2016	2016 SI LC Junior Olympics
10	35.62	627	Boese, Natalia Lucia	12	SI	Rancho San Dieguito	7/30/2016	2016 SI LC Junior Olympics



# SI Top Ten List 2016-2017

LSC: SI For Dates 9/1/2015 - 8/31/2016

10 35.62 627 Penton, Sophia 12 SI North Coast Aquatics 7/30/2016 2016 SI LC Junior Olympics

## Girls 11-12 100 Backstroke Long Course Meters

<i>Rank</i>	<i>Time</i>	<i>Power Points</i>	<i>Name</i>	<i>Age</i>	<i>LSC / Club</i>	<i>Swim Date</i>	<i>Meet</i>
1	1:08.34	877	Abrajan, Isabella DelRosario	12	SI Unattached	5/27/2016	2016 CA SPEEDO GRAND CHALLENGE
2	1:11.28	782	Lundgren, Emily Lynn	12	SI South Bay Aquatics	7/31/2016	2016 SI LC Junior Olympics
3	1:13.15	834	Rowe, Ashley Kiarra	11	SI Pacific Swim	7/31/2016	2016 SI LC Junior Olympics
4	1:13.63	708	Lyon, Taylor Corrina	12	SI Rancho San Dieguito	6/17/2016	2016 CA - NOVA JAG Champs
5	1:15.45	653	Arnas, Ashley Grace	12	SI Coronado-Navy Swim Assn	7/31/2016	2016 SI LC Junior Olympics
6	1:15.81	643	Martha, Aranza Oneyda	12	SI South Bay Aquatics	7/9/2016	2016 SI CAST 11 & Over AB Meet
7	1:15.86	641	Diep, Allyson Khounborine	12	SI Pacific Swim	8/10/2016	2016 UT Western Zone Age Group
8	1:16.04	636	Seto, Valerie	12	SI Unattached	7/31/2016	2016 SI LC Junior Olympics
9	1:16.83	613	Lieu, Krystal Tuyen	12	SI North Coast Aquatics	5/29/2016	2016 SI CAST A All Ages Meet
10	1:16.86	612	Cerceo, Talia Li	12	SI North Coast Aquatics	7/9/2016	2016 SI CAST 11 & Over AB Meet

## Girls 11-12 200 Backstroke Long Course Meters

<i>Rank</i>	<i>Time</i>	<i>Power Points</i>	<i>Name</i>	<i>Age</i>	<i>LSC / Club</i>	<i>Swim Date</i>	<i>Meet</i>
1	2:25.38	903	Abrajan, Isabella DelRosario	12	SI Unattached	6/16/2016	2016 CA - RMDA JAG Champs
2	2:36.33	751	Lundgren, Emily Lynn	12	SI South Bay Aquatics	7/30/2016	2016 SI LC Junior Olympics
3	2:38.16	727	Lyon, Taylor Corrina	12	SI Rancho San Dieguito	7/10/2016	2016 SI CAST 11 & Over AB Meet
4	2:38.39	847	Rowe, Ashley Kiarra	11	SI Pacific Swim	8/11/2016	2016 UT Western Zone Age Group
5	2:38.96	716	Diep, Allyson Khounborine	12	SI Pacific Swim	7/30/2016	2016 SI LC Junior Olympics
6	2:40.81	692	Boese, Natalia Lucia	12	SI Rancho San Dieguito	7/30/2016	2016 SI LC Junior Olympics
7	2:43.87	775	Cerceo, Talia Li	11	SI North Coast Aquatics	5/28/2016	2016 SI CAST A All Ages Meet
8	2:44.54	643	Harvey, Noelle Elizabeth	12	SI North Coast Aquatics	5/28/2016	2016 SI CAST A All Ages Meet
9	2:45.12	759	Luu, Emmy Minh-Kim	11	SI Pacific Athletic Club	7/30/2016	2016 SI LC Junior Olympics
10	2:45.92	626	Lingham, Lindsey Ellen	12	SI Pacific Swim	5/28/2016	2016 SI CAST A All Ages Meet

# SI Top Ten List 2016-2017

LSC: SI For Dates 9/1/2015 - 8/31/2016

## Girls 11-12 50 Breaststroke Long Course Meters

<i>Rank</i>	<i>Time</i>	<i>Power Points</i>	<i>Name</i>	<i>Age</i>	<i>LSC / Club</i>	<i>Swim Date</i>	<i>Meet</i>
1	34.49	913	Hagewood, Cecilia	12	SI South Bay Aquatics	8/10/2016	2016 UT Western Zone Age Group
2	37.78	727	Raagas, Kiana Marie	12	SI Pacific Swim	7/10/2016	2016 SI CAST 11 & Over AB Meet
3	37.93	719	Ruane, Maegan Elisabeth	12	SI South Bay Aquatics	7/29/2016	2016 SI LC Junior Olympics
4	38.31	790	Rowe, Ashley Kiarra	11	SI Pacific Swim	7/29/2016	2016 SI LC Junior Olympics
5	38.59	683	Lundgren, Emily Lynn	12	SI South Bay Aquatics	6/4/2016	2016 CA FAST "BR" LCM
6	39.05	658	Olsen, Emma Rose	12	SI College Area Swim Team	7/29/2016	2016 SI LC Junior Olympics
7	39.68	625	Lingham, Lindsey Ellen	12	SI Pacific Swim	5/28/2016	2016 SI CAST A All Ages Meet
7	39.68	625	Ramirez, Maya Luna	12	SI Renegade Aquatics	7/29/2016	2016 SI LC Junior Olympics
9	39.82	618	Trinh, Mackenzie Lynn	12	SI San Diego Aquatic Club	7/29/2016	2016 SI LC Junior Olympics
9	39.82	618	Huang, Katherine Mary	12	SI North Coast Aquatics	7/10/2016	2016 SI CAST 11 & Over AB Meet

## Girls 11-12 100 Breaststroke Long Course Meters

<i>Rank</i>	<i>Time</i>	<i>Power Points</i>	<i>Name</i>	<i>Age</i>	<i>LSC / Club</i>	<i>Swim Date</i>	<i>Meet</i>
1	1:18.31	816	Hagewood, Cecilia	12	SI South Bay Aquatics	7/30/2016	2016 SI LC Junior Olympics
2	1:18.38	814	Lundgren, Emily Lynn	12	SI South Bay Aquatics	8/12/2016	2016 UT Western Zone Age Group
3	1:21.61	732	Raagas, Kiana Marie	12	SI Pacific Swim	7/30/2016	2016 SI LC Junior Olympics
4	1:22.11	830	Rowe, Ashley Kiarra	11	SI Pacific Swim	8/12/2016	2016 UT Western Zone Age Group
5	1:23.81	789	Abrajan, Isabella DelRosario	11	SI Unattached	4/23/2016	2016 SI SBA Gold-Silver Meet
6	1:23.85	677	Ruane, Maegan Elisabeth	12	SI South Bay Aquatics	7/30/2016	2016 SI LC Junior Olympics
7	1:24.25	667	Lingham, Lindsey Ellen	12	SI Pacific Swim	5/29/2016	2016 SI CAST A All Ages Meet
8	1:25.29	642	Lieu, Krystal Tuyen	12	SI North Coast Aquatics	5/29/2016	2016 SI CAST A All Ages Meet
9	1:25.86	628	Martha, Aranza Oneyda	12	SI South Bay Aquatics	7/9/2016	2016 SI CAST 11 & Over AB Meet
10	1:26.04	624	Cerceo, Talia Li	12	SI North Coast Aquatics	7/9/2016	2016 SI CAST 11 & Over AB Meet

## Girls 11-12 200 Breaststroke Long Course Meters

<i>Rank</i>	<i>Time</i>	<i>Power Points</i>	<i>Name</i>	<i>Age</i>	<i>LSC / Club</i>	<i>Swim Date</i>	<i>Meet</i>
1	2:48.03	839	Lundgren, Emily Lynn	12	SI South Bay Aquatics	7/29/2016	2016 SI LC Junior Olympics

## SI Top Ten List 2016-2017

**LSC: SI For Dates 9/1/2015 - 8/31/2016**

2	2:55.06	759	Hagewood, Cecilia	12	SI	South Bay Aquatics	7/29/2016	2016 SI LC Junior Olympics
3	2:56.21	746	Raagas, Kiana Marie	12	SI	Pacific Swim	7/29/2016	2016 SI LC Junior Olympics
4	2:57.06	855	Rowe, Ashley Kiarra	11	SI	Pacific Swim	8/13/2016	2016 UT Western Zone Age Group
5	2:57.94	846	Abrajan, Isabella DelRosario	11	SI	Unattached	4/4/2016	Circuito Mexicano de Natación C.L.
6	2:58.91	716	Cerceo, Talia Li	12	SI	North Coast Aquatics	7/29/2016	2016 SI LC Junior Olympics
7	3:00.04	703	Lingham, Lindsey Ellen	12	SI	Pacific Swim	5/28/2016	2016 SI CAST A All Ages Meet
8	3:01.40	688	Ruane, Maegan Elisabeth	12	SI	South Bay Aquatics	7/29/2016	2016 SI LC Junior Olympics
9	3:03.88	661	Lieu, Krystal Tuyen	12	SI	North Coast Aquatics	5/28/2016	2016 SI CAST A All Ages Meet
10	3:04.73	652	Castillo, Paola Ivonne	12	SI	South Bay Aquatics	6/19/2016	2016 SI CNSA A All Ages Meet

### Girls 11-12 50 Butterfly Long Course Meters

<i>Rank</i>	<i>Time</i>	<i>Power Points</i>	<i>Name</i>	<i>Age</i>	<i>LSC / Club</i>		<i>Swim Date</i>	<i>Meet</i>
1	29.91	853	Hagewood, Cecilia	12	SI	South Bay Aquatics	8/11/2016	2016 UT Western Zone Age Group
2	30.67	804	Castillo, Paola Ivonne	12	SI	South Bay Aquatics	7/31/2016	2016 SI LC Junior Olympics
3	30.73	885	Abrajan, Isabella DelRosario	11	SI	Unattached	4/4/2016	Circuito Mexicano de Natación C.L.
4	31.75	820	Cerceo, Talia Li	11	SI	North Coast Aquatics	5/29/2016	2016 SI CAST A All Ages Meet
5	31.85	729	Seto, Valerie	12	SI	Unattached	7/31/2016	2016 SI LC Junior Olympics
6	32.20	708	Allen, Rory Catherine	12	SI	Coronado-Navy Swim Assn	7/31/2016	2016 SI LC Junior Olympics
7	32.28	788	Dang, Minh-Uyen Vu	11	SI	Renegade Aquatics	6/18/2016	2016 SI CNSA A All Ages Meet
8	32.40	695	Martha, Aranza Oneyda	12	SI	South Bay Aquatics	7/31/2016	2016 SI LC Junior Olympics
9	32.71	676	Seto, Vickie	12	SI	Unattached	7/31/2016	2016 SI LC Junior Olympics
10	32.72	676	Huang, Katherine Mary	12	SI	North Coast Aquatics	7/31/2016	2016 SI LC Junior Olympics

### Girls 11-12 100 Butterfly Long Course Meters

<i>Rank</i>	<i>Time</i>	<i>Power Points</i>	<i>Name</i>	<i>Age</i>	<i>LSC / Club</i>		<i>Swim Date</i>	<i>Meet</i>
1	1:04.97	895	Abrajan, Isabella DelRosario	12	SI	Unattached	7/29/2016	2016 SI LC Junior Olympics
2	1:07.32	827	Castillo, Paola Ivonne	12	SI	South Bay Aquatics	7/29/2016	2016 SI LC Junior Olympics
3	1:09.69	761	Hagewood, Cecilia	12	SI	South Bay Aquatics	7/29/2016	2016 SI LC Junior Olympics

# SI Top Ten List 2016-2017

LSC: SI For Dates 9/1/2015 - 8/31/2016

4	1:10.09	750	Cerceo, Talia Li	12	SI	North Coast Aquatics	6/19/2016	2016 CA - NOVA JAG Champs
5	1:11.15	822	Dang, Minh-Uyen Vu	11	SI	Renegade Aquatics	6/19/2016	2016 SI CNSA A All Ages Meet
6	1:11.22	719	Huang, Katherine Mary	12	SI	North Coast Aquatics	7/29/2016	2016 SI LC Junior Olympics
7	1:11.61	708	Seto, Valerie	12	SI	Unattached	7/29/2016	2016 SI LC Junior Olympics
8	1:11.64	708	Martha, Aranza Oneyda	12	SI	South Bay Aquatics	7/29/2016	2016 SI LC Junior Olympics
9	1:11.75	705	Parsons, Jamie Lee	12	SI	South Bay Aquatics	7/29/2016	2016 SI LC Junior Olympics
10	1:11.92	700	Lundgren, Emily Lynn	12	SI	South Bay Aquatics	5/28/2016	2016 SI CAST A All Ages Meet

## Girls 11-12 200 Butterfly Long Course Meters

<i>Rank</i>	<i>Time</i>	<i>Power Points</i>	<i>Name</i>	<i>Age</i>	<i>LSC / Club</i>		<i>Swim Date</i>	<i>Meet</i>
1	2:23.45	1054	Abrajan, Isabella DelRosario	11	SI	Unattached	4/4/2016	Circuito Mexicano de Natación C.L.
2	2:31.83	818	Castillo, Paola Ivonne	12	SI	South Bay Aquatics	8/12/2016	2016 UT Western Zone Age Group
3	2:38.88	735	Lundgren, Emily Lynn	12	SI	South Bay Aquatics	6/18/2016	2016 SI CNSA A All Ages Meet
4	2:42.32	696	Seto, Valerie	12	SI	North Coast Aquatics	6/19/2016	2016 CA - NOVA JAG Champs
5	2:43.31	685	Cerceo, Talia Li	12	SI	North Coast Aquatics	6/19/2016	2016 CA - NOVA JAG Champs
6	2:44.18	675	Hagewood, Cecilia	12	SI	South Bay Aquatics	6/18/2016	2016 SI CNSA A All Ages Meet
7	2:45.33	662	Lingham, Lindsey Ellen	12	SI	Pacific Swim	5/29/2016	2016 SI CAST A All Ages Meet
8	2:46.08	653	Boese, Natalia Lucia	12	SI	Rancho San Dieguito	7/31/2016	2016 SI LC Junior Olympics
9	2:46.46	649	Garcia-Hale, Maya Melba	12	SI	College Area Swim Team	7/31/2016	2016 SI LC Junior Olympics
10	2:47.42	638	Parsons, Jamie Lee	12	SI	South Bay Aquatics	6/18/2016	2016 SI CNSA A All Ages Meet

## Girls 11-12 200 Individual Medley Long Course Meters

<i>Rank</i>	<i>Time</i>	<i>Power Points</i>	<i>Name</i>	<i>Age</i>	<i>LSC / Club</i>		<i>Swim Date</i>	<i>Meet</i>
1	2:26.85	888	Abrajan, Isabella DelRosario	12	SI	Unattached	7/28/2016	2016 SI LC Junior Olympics
2	2:29.76	843	Lundgren, Emily Lynn	12	SI	South Bay Aquatics	7/28/2016	2016 SI LC Junior Olympics
3	2:32.90	795	Hagewood, Cecilia	12	SI	South Bay Aquatics	7/14/2016	2016 CA Los Angeles Invite
4	2:35.56	859	Rowe, Ashley Kiarra	11	SI	Pacific Swim	7/28/2016	2016 SI LC Junior Olympics
5	2:36.34	744	Cerceo, Talia Li	12	SI	North Coast Aquatics	6/18/2016	2016 CA - NOVA JAG Champs
6	2:37.22	732	Huang, Katherine Mary	12	SI	North Coast Aquatics	7/28/2016	2016 SI LC Junior Olympics

## SI Top Ten List 2016-2017

**LSC: SI For Dates 9/1/2015 - 8/31/2016**

7	2:37.30	730	Lingham, Lindsey Ellen	12	SI	Pacific Swim	5/28/2016	2016 SI CAST A All Ages Meet
8	2:37.74	724	Seto, Valerie	12	SI	Unattached	7/28/2016	2016 SI LC Junior Olympics
9	2:39.79	694	Lyon, Taylor Corrina	12	SI	Rancho San Dieguito	6/18/2016	2016 CA - NOVA JAG Champs
10	2:40.05	691	Martha, Aranza Oneyda	12	SI	South Bay Aquatics	7/10/2016	2016 SI CAST 11 & Over AB Meet

### Girls 11-12 400 Individual Medley Long Course Meters

<i>Rank</i>	<i>Time</i>	<i>Power Points</i>	<i>Name</i>	<i>Age</i>	<i>LSC / Club</i>	<i>Swim Date</i>	<i>Meet</i>	
1	5:10.13	906	Abrajan, Isabella DelRosario	12	SI	Unattached	7/29/2016	2016 SI LC Junior Olympics
2	5:14.34	876	Lundgren, Emily Lynn	12	SI	South Bay Aquatics	7/15/2016	2016 CA Los Angeles Invite
3	5:28.01	784	Lingham, Lindsey Ellen	12	SI	Pacific Swim	5/29/2016	2016 SI CAST A All Ages Meet
4	5:34.87	738	Castillo, Paola Ivonne	12	SI	South Bay Aquatics	7/9/2016	2016 SI CAST 11 & Over AB Meet
5	5:35.07	888	Rowe, Ashley Kiarra	11	SI	Pacific Swim	7/29/2016	2016 SI LC Junior Olympics
6	5:36.69	727	Hagewood, Cecilia	12	SI	South Bay Aquatics	6/18/2016	2016 SI CNSA A All Ages Meet
7	5:37.93	719	Boese, Natalia Lucia	12	SI	Rancho San Dieguito	5/29/2016	2016 SI CAST A All Ages Meet
8	5:39.60	859	Cerceo, Talia Li	11	SI	North Coast Aquatics	5/29/2016	2016 SI CAST A All Ages Meet
9	5:40.11	704	Seto, Valerie	12	SI	Unattached	7/29/2016	2016 SI LC Junior Olympics
10	5:41.53	695	Raagas, Kiana Marie	12	SI	Pacific Swim	6/18/2016	2016 SI CNSA A All Ages Meet

### Girls 13-14 50 Freestyle Long Course Meters

<i>Rank</i>	<i>Time</i>	<i>Power Points</i>	<i>Name</i>	<i>Age</i>	<i>LSC / Club</i>	<i>Swim Date</i>	<i>Meet</i>	
1	27.44	811	Gharbaoui, Leanna Maria	14	SI	Pacific Athletic Club	8/6/2016	2016 PC Futures Championship
2	27.49	806	Natale, Julianna Leslie	14	SI	North Coast Aquatics	5/27/2016	2016 CA SPEEDO GRAND CHALLENGE
3	27.68	831	Hall, McLean Jennings	13	SI	Heartland Swim Assoc	7/30/2016	2016 SI LC Junior Olympics
4	28.23	744	Turner, Lindsay Nicole	14	SI	Unattached	4/30/2016	2016 CA MVN Fran Crippen Swim Meet of Champions
5	28.61	713	Fanta, Greta Marie	14	SI	North Coast Aquatics	7/30/2016	2016 SI LC Junior Olympics
6	28.74	702	Betts, Phoebe Yiqin Lee	14	SI	North Coast Aquatics	5/29/2016	2016 SI CAST A All Ages Meet
7	28.79	739	Thomas, Blest Momoko	13	SI	San Diego YMCA	7/30/2016	2016 SI LC Junior Olympics
8	28.95	685	Holmes, Caroline Olivia	14	SI	North Coast Aquatics	8/6/2016	2016 IN CZ 14 and Under Mega

# SI Top Ten List 2016-2017

LSC: SI For Dates 9/1/2015 - 8/31/2016

							Zone
9	29.10	673	Ren, Lindsey Ye	14	SI	Rancho San Dieguito	7/30/2016 2016 SI LC Junior Olympics
10	29.11	672	Curran, Isabelle Joan	14	SI	College Area Swim Team	5/29/2016 2016 SI CAST A All Ages Meet
10	29.11	713	Shields, Tiffany Anne	13	SI	Renegade Aquatics	7/30/2016 2016 SI LC Junior Olympics

## Girls 13-14 100 Freestyle Long Course Meters

<i>Rank</i>	<i>Time</i>	<i>Power Points</i>	<i>Name</i>	<i>Age</i>	<i>LSC / Club</i>		<i>Swim Date</i>	<i>Meet</i>
1	59.01	869	Hall, McLean Jennings	13	SI	Heartland Swim Assoc	7/31/2016	2016 SI LC Junior Olympics
2	59.78	800	Natale, Julianna Leslie	14	SI	North Coast Aquatics	8/7/2016	2016 PC Futures Championship
3	1:00.15	784	Gharbaoui, Leanna Maria	14	SI	Pacific Athletic Club	8/7/2016	2016 PC Futures Championship
4	1:00.82	789	Collins, Cameron Marie	13	SI	Pacific Athletic Club	7/31/2016	2016 SI LC Junior Olympics
5	1:01.09	743	Arzave, Julissa	14	SI	South Bay Aquatics	7/31/2016	2016 SI LC Junior Olympics
6	1:01.65	720	Moultrie, Taylor M	14	SI	College Area Swim Team	7/31/2016	2016 SI LC Junior Olympics
7	1:02.04	703	Turner, Lindsay Nicole	14	SI	North Coast Aquatics	6/18/2016	2016 CA - BUEN JAG Champs
8	1:02.25	694	Fanta, Greta Marie	14	SI	North Coast Aquatics	7/31/2016	2016 SI LC Junior Olympics
9	1:02.33	691	Ren, Lindsey Ye	14	SI	Rancho San Dieguito	7/31/2016	2016 SI LC Junior Olympics
10	1:02.36	690	Holmes, Caroline Olivia	14	SI	North Coast Aquatics	8/7/2016	2016 IN CZ 14 and Under Mega Zone

## Girls 13-14 200 Freestyle Long Course Meters

<i>Rank</i>	<i>Time</i>	<i>Power Points</i>	<i>Name</i>	<i>Age</i>	<i>LSC / Club</i>		<i>Swim Date</i>	<i>Meet</i>
1	2:08.14	839	Hall, McLean Jennings	13	SI	Heartland Swim Assoc	7/29/2016	2016 SI LC Junior Olympics
2	2:10.02	771	Arzave, Julissa	14	SI	South Bay Aquatics	7/14/2016	2016 CA Los Angeles Invite
3	2:11.31	743	Gharbaoui, Leanna Maria	14	SI	Pacific Athletic Club	7/29/2016	2016 SI LC Junior Olympics
4	2:13.18	702	Turner, Lindsay Nicole	14	SI	North Coast Aquatics	7/9/2016	2016 SI CAST 11 & Over AB Meet
5	2:13.20	726	Collins, Cameron Marie	13	SI	Pacific Athletic Club	7/29/2016	2016 SI LC Junior Olympics
6	2:13.56	694	Moultrie, Taylor M	14	SI	College Area Swim Team	7/29/2016	2016 SI LC Junior Olympics
7	2:13.99	685	Peterson, Morgan Isabelle	14	SI	Rancho San Dieguito	7/29/2016	2016 SI LC Junior Olympics
8	2:14.14	682	Brooker, Anna Capin	14	SI	North Coast Aquatics	7/9/2016	2016 SI CAST 11 & Over AB Meet
9	2:14.29	678	Ren, Lindsey Ye	14	SI	Rancho San Dieguito	7/29/2016	2016 SI LC Junior Olympics

# SI Top Ten List 2016-2017

LSC: SI For Dates 9/1/2015 - 8/31/2016

10 2:14.81 668 Fanta, Greta Marie 14 SI North Coast Aquatics 7/29/2016 2016 SI LC Junior Olympics

## Girls 13-14 400 Freestyle Long Course Meters

<i>Rank</i>	<i>Time</i>	<i>Power Points</i>	<i>Name</i>	<i>Age</i>	<i>LSC / Club</i>	<i>Swim Date</i>	<i>Meet</i>
1	4:24.48	855	Arzave, Julissa	14	SI South Bay Aquatics	8/6/2016	2016 PC Futures Championship
2	4:26.60	831	Turner, Lindsay Nicole	14	SI North Coast Aquatics	5/27/2016	2016 CA SPEEDO GRAND CHALLENGE
3	4:32.69	763	Brooker, Anna Capin	14	SI North Coast Aquatics	8/6/2016	2016 PC Futures Championship
4	4:37.78	732	Collins, Cameron Marie	13	SI Pacific Athletic Club	7/30/2016	2016 SI LC Junior Olympics
5	4:38.45	702	Peterson, Morgan Isabelle	14	SI Unattached	6/17/2016	2016 CA - NOVA JAG Champs
6	4:38.79	698	Thomas, Mia Isabella	14	SI North Coast Aquatics	11/6/2015	2015 CA Kevin Perry Senior Inv
7	4:39.10	695	Moultrie, Taylor M	14	SI College Area Swim Team	7/30/2016	2016 SI LC Junior Olympics
8	4:40.07	708	Hall, McLean Jennings	13	SI Heartland Swim Assoc	7/30/2016	2016 SI LC Junior Olympics
9	4:43.09	654	Holmes, Caroline Olivia	14	SI North Coast Aquatics	6/17/2016	2016 CA - NOVA JAG Champs
10	4:43.88	646	Chou, Evelyn	14	SI Rancho San Dieguito	7/30/2016	2016 SI LC Junior Olympics

## Girls 13-14 800 Freestyle Long Course Meters

<i>Rank</i>	<i>Time</i>	<i>Power Points</i>	<i>Name</i>	<i>Age</i>	<i>LSC / Club</i>	<i>Swim Date</i>	<i>Meet</i>
1	9:05.34	861	Arzave, Julissa	14	SI South Bay Aquatics	8/4/2016	2016 PC Futures Championship
2	9:28.96	743	Nowaski, Danielle Paige	14	SI College Area Swim Team	11/8/2015	2015 CA Kevin Perry Senior Inv
3	9:33.35	722	Thomas, Mia Isabella	14	SI North Coast Aquatics	11/8/2015	2015 CA Kevin Perry Senior Inv
4	9:40.97	711	Schulze, Natalie Alexis	13	SI Pacific Swim	7/31/2016	2016 SI LC Junior Olympics
5	9:41.43	709	Fanta, Greta Marie	13	SI North Coast Aquatics	7/8/2016	2016 SI CAST 11 & Over AB Meet
6	9:46.78	659	Ren, Lindsey Ye	14	SI Rancho San Dieguito	6/16/2016	2016 CA - NOVA JAG Champs
7	9:48.58	651	Moultrie, Taylor M	14	SI College Area Swim Team	7/31/2016	2016 SI LC Junior Olympics
8	9:53.08	630	Villa-Jimenez, Itzel	14	SI South Bay Aquatics	7/31/2016	2016 SI LC Junior Olympics
9	9:53.18	630	Holmes, Caroline Olivia	14	SI North Coast Aquatics	8/7/2016	2016 IN CZ 14 and Under Mega Zone
10	9:55.18	621	Cuellar Andrade, Ina Sofia	14	SI South Bay Aquatics	7/31/2016	2016 SI LC Junior Olympics

# SI Top Ten List 2016-2017

LSC: SI For Dates 9/1/2015 - 8/31/2016

## Girls 13-14 1500 Freestyle Long Course Meters

<i>Rank</i>	<i>Time</i>	<i>Power Points</i>	<i>Name</i>	<i>Age</i>	<i>LSC / Club</i>	<i>Swim Date</i>	<i>Meet</i>
1	17:13.14	893	Arzave, Julissa	14	SI South Bay Aquatics	8/7/2016	2016 PC Futures Championship
2	18:09.29	748	Brooker, Anna Capin	14	SI North Coast Aquatics	6/19/2016	2016 CA - BUEN JAG Champs
3	18:19.56	723	Brecht, Kathryn Anne	14	SI Pacific Swim	7/28/2016	2016 SI LC Junior Olympics
4	18:37.18	717	Schulze, Natalie Alexis	13	SI Pacific Swim	7/28/2016	2016 SI LC Junior Olympics
5	18:37.31	717	Chavez-Varela, Sofia	13	SI South Bay Aquatics	7/28/2016	2016 SI LC Junior Olympics
6	18:39.02	676	Ren, Lindsey Ye	14	SI Rancho San Dieguito	6/19/2016	2016 CA - NOVA JAG Champs
7	19:11.98	600	Holmes, Caroline Olivia	14	SI North Coast Aquatics	6/19/2016	2016 CA - NOVA JAG Champs
8	19:15.43	628	Davila, Maria Pia	13	SI South Bay Aquatics	7/28/2016	2016 SI LC Junior Olympics
9	19:20.17	581	Cuellar Andrade, Ina Sofia	14	SI South Bay Aquatics	4/17/2016	2016 SI CAST 12 & Over AB Meet
10	19:30.97	558	Villa-Jimenez, Itzel	14	SI South Bay Aquatics	7/28/2016	2016 SI LC Junior Olympics

## Girls 13-14 50 Backstroke Long Course Meters

<i>Rank</i>	<i>Time</i>	<i>Power Points</i>	<i>Name</i>	<i>Age</i>	<i>LSC / Club</i>	<i>Swim Date</i>	<i>Meet</i>
1	33.12	758	Ryan, Sophia Joy	13	SI North Coast Aquatics	6/18/2016	2016 CA - NOVA JAG Champs
2	33.84	655	Hupfeld, Midori Kristen	14	SI North Coast Aquatics	6/18/2016	2016 CA - NOVA JAG Champs
3	34.13	634	Nguyen, Katherine Linh	14	SI Pacific Swim	8/11/2016	2016 UT Western Zone Age Group
4	1:05.58	1	Yuquimpo, Ysabella Mauricio	13	SI Manta Ray Aquatics	5/21/2016	2016 SI MRA BC All Ages Meet
5	1:19.06	1	Cervantes, Jessica Alexia	14	SI Imp. Valley Desert Aq	5/21/2016	2016 SI MRA BC All Ages Meet

## Girls 13-14 100 Backstroke Long Course Meters

<i>Rank</i>	<i>Time</i>	<i>Power Points</i>	<i>Name</i>	<i>Age</i>	<i>LSC / Club</i>	<i>Swim Date</i>	<i>Meet</i>
1	1:07.18	862	Thomas, Blest Momoko	13	SI San Diego YMCA	7/31/2016	2016 SI LC Junior Olympics
2	1:08.04	784	Brooker, Anna Capin	14	SI North Coast Aquatics	7/31/2016	2016 SI LC Junior Olympics
3	1:08.48	814	Hall, McLean Jennings	13	SI Heartland Swim Assoc	6/18/2016	2016 CA - RMDA JAG Champs
4	1:09.62	727	Peterson, Morgan Isabelle	14	SI Unattached	6/18/2016	2016 CA - NOVA JAG Champs
5	1:10.22	706	Preston, Tegan Setsuko	14	SI North Coast Aquatics	6/18/2016	2016 CA - BUEN JAG Champs
6	1:10.28	704	Nguyen, Katherine Linh	14	SI Pacific Swim	7/30/2016	2016 SI LC Junior Olympics



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LSC: SI For Dates 9/1/2015 - 8/31/2016

7	1:10.80	685	Holmes, Caroline Olivia	14	SI	North Coast Aquatics	6/18/2016	2016 CA - NOVA JAG Champs
8	1:11.34	666	Gharbaoui, Leanna Maria	14	SI	Pacific Athletic Club	7/31/2016	2016 SI LC Junior Olympics
9	1:11.56	659	Pentlarge, Catie Annette	14	SI	North Coast Aquatics	7/31/2016	2016 SI LC Junior Olympics
10	1:11.72	653	Hupfeld, Midori Kristen	14	SI	North Coast Aquatics	7/30/2016	2016 SI LC Junior Olympics

## Girls 13-14 200 Backstroke Long Course Meters

<i>Rank</i>	<i>Time</i>	<i>Power Points</i>	<i>Name</i>	<i>Age</i>	<i>LSC / Club</i>		<i>Swim Date</i>	<i>Meet</i>
1	2:18.86	893	Brooker, Anna Capin	14	SI	North Coast Aquatics	8/7/2016	2016 PC Futures Championship
2	2:24.59	834	Thomas, Blest Momoko	13	SI	San Diego YMCA	7/30/2016	2016 SI LC Junior Olympics
3	2:24.74	798	Preston, Tegan Setsuko	14	SI	North Coast Aquatics	7/30/2016	2016 SI LC Junior Olympics
4	2:26.32	773	Peterson, Morgan Isabelle	14	SI	Rancho San Dieguito	7/30/2016	2016 SI LC Junior Olympics
5	2:27.19	759	Nguyen, Katherine Linh	14	SI	Pacific Swim	7/30/2016	2016 SI LC Junior Olympics
6	2:27.48	755	Nowaski, Danielle Paige	14	SI	College Area Swim Team	11/8/2015	2015 CA Kevin Perry Senior Inv
7	2:28.52	772	Hall, McLean Jennings	13	SI	Heartland Swim Assoc	6/16/2016	2016 CA - RMDA JAG Champs
8	2:31.03	700	Pentlarge, Catie Annette	14	SI	North Coast Aquatics	7/30/2016	2016 SI LC Junior Olympics
9	2:32.24	681	Ryan, Keely Dugan	14	SI	North Coast Aquatics	7/30/2016	2016 SI LC Junior Olympics
10	2:32.33	680	Gharbaoui, Leanna Maria	14	SI	Pacific Athletic Club	7/30/2016	2016 SI LC Junior Olympics

## Girls 13-14 100 Breaststroke Long Course Meters

<i>Rank</i>	<i>Time</i>	<i>Power Points</i>	<i>Name</i>	<i>Age</i>	<i>LSC / Club</i>		<i>Swim Date</i>	<i>Meet</i>
1	1:14.50	859	Preston, Tegan Setsuko	14	SI	North Coast Aquatics	5/27/2016	2016 CA SPEEDO GRAND CHALLENGE
2	1:18.71	740	Zhang, Charlotte Linn	13	SI	Pacific Athletic Club	7/30/2016	2016 SI LC Junior Olympics
3	1:20.31	691	Lam, Leanne Luu	14	SI	Unattached	4/16/2016	2016 SI CAST 12 & Over AB Meet
4	1:20.86	680	Ryan, Sophia Joy	13	SI	North Coast Aquatics	6/19/2016	2016 CA - NOVA JAG Champs
5	1:21.10	673	Lieu, Krystal Tuyen	13	SI	North Coast Aquatics	6/19/2016	2016 CA - NOVA JAG Champs
6	1:21.92	647	Pentlarge, Catie Annette	14	SI	North Coast Aquatics	7/30/2016	2016 SI LC Junior Olympics
7	1:22.36	639	Schulze, Natalie Alexis	13	SI	Pacific Swim	6/18/2016	2016 SI CNSA A All Ages Meet
8	1:22.93	619	Martinez, Isabella Senff	14	SI	Pacific Athletic Club	7/30/2016	2016 SI LC Junior Olympics
9	1:22.96	622	Luu, Isabel Kim-Anh	13	SI	Pacific Athletic Club	7/30/2016	2016 SI LC Junior Olympics

## SI Top Ten List 2016-2017

LSC: SI For Dates 9/1/2015 - 8/31/2016

9 1:22.96 622 Lingham, Lindsey Ellen 13 SI Pacific Swim 7/30/2016 2016 SI LC Junior Olympics

### Girls 13-14 200 Breaststroke Long Course Meters

<i>Rank</i>	<i>Time</i>	<i>Power Points</i>	<i>Name</i>	<i>Age</i>	<i>LSC / Club</i>	<i>Swim Date</i>	<i>Meet</i>
1	2:43.06	804	Preston, Tegan Setsuko	14	SI North Coast Aquatics	8/6/2016	2016 PC Futures Championship
2	2:48.49	742	Zhang, Charlotte Linn	13	SI Pacific Athletic Club	7/29/2016	2016 SI LC Junior Olympics
3	2:50.22	720	Schulze, Natalie Alexis	13	SI Pacific Swim	7/29/2016	2016 SI LC Junior Olympics
4	2:53.24	681	Lingham, Lindsey Ellen	13	SI Pacific Swim	7/29/2016	2016 SI LC Junior Olympics
5	2:54.36	659	Martinez, Isabella Senff	14	SI Pacific Athletic Club	7/29/2016	2016 SI LC Junior Olympics
6	2:55.16	657	Ryan, Sophia Joy	13	SI North Coast Aquatics	7/29/2016	2016 SI LC Junior Olympics
7	2:56.04	647	Luu, Isabel Kim-Anh	13	SI Pacific Athletic Club	7/29/2016	2016 SI LC Junior Olympics
8	2:57.10	625	Lam, Leanne Luu	14	SI Unattached	4/17/2016	2016 SI CAST 12 & Over AB Meet
9	2:58.20	611	Pentlarge, Catie Annette	14	SI North Coast Aquatics	7/29/2016	2016 SI LC Junior Olympics
10	2:58.35	609	Peterson, Morgan Isabelle	14	SI Rancho San Dieguito	7/10/2016	2016 SI CAST 11 & Over AB Meet

### Girls 13-14 100 Butterfly Long Course Meters

<i>Rank</i>	<i>Time</i>	<i>Power Points</i>	<i>Name</i>	<i>Age</i>	<i>LSC / Club</i>	<i>Swim Date</i>	<i>Meet</i>
1	1:03.96	836	Turner, Lindsay Nicole	14	SI North Coast Aquatics	5/28/2016	2016 CA SPEEDO GRAND CHALLENGE
2	1:05.96	767	Gharbaoui, Leanna Maria	14	SI Pacific Athletic Club	8/5/2016	2016 PC Futures Championship
3	1:06.30	755	Dorostkar, Carlie Michelle	14	SI North Coast Aquatics	7/29/2016	2016 SI LC Junior Olympics
4	1:06.39	752	Moultrie, Taylor M	14	SI College Area Swim Team	7/29/2016	2016 SI LC Junior Olympics
5	1:07.01	731	Natale, Julianna Leslie	14	SI North Coast Aquatics	8/5/2016	2016 PC Futures Championship
6	1:07.59	712	Fanta, Greta Marie	14	SI North Coast Aquatics	7/29/2016	2016 SI LC Junior Olympics
7	1:07.65	745	Thomas, Blest Momoko	13	SI San Diego YMCA	7/29/2016	2016 SI LC Junior Olympics
8	1:07.66	745	Palmroos, Maja Linnea	13	SI North Coast Aquatics	7/29/2016	2016 SI LC Junior Olympics
9	1:07.69	744	Collins, Cameron Marie	13	SI Pacific Athletic Club	7/29/2016	2016 SI LC Junior Olympics
10	1:07.78	705	Ryan, Keely Dugan	14	SI North Coast Aquatics	7/29/2016	2016 SI LC Junior Olympics

# SI Top Ten List 2016-2017

LSC: SI For Dates 9/1/2015 - 8/31/2016

## Girls 13-14 200 Butterfly Long Course Meters

<i>Rank</i>	<i>Time</i>	<i>Power Points</i>	<i>Name</i>	<i>Age</i>	<i>LSC / Club</i>	<i>Swim Date</i>	<i>Meet</i>
1	2:20.41	847	Turner, Lindsay Nicole	14	SI North Coast Aquatics	5/29/2016	2016 CA SPEEDO GRAND CHALLENGE
2	2:27.45	743	Dorostkar, Carlie Michelle	14	SI North Coast Aquatics	7/31/2016	2016 SI LC Junior Olympics
3	2:30.62	698	Ryan, Keely Dugan	14	SI North Coast Aquatics	7/31/2016	2016 SI LC Junior Olympics
4	2:31.87	680	Martinez, Isabella Senff	14	SI Pacific Athletic Club	7/9/2016	2016 SI CAST 11 & Over AB Meet
5	2:32.07	677	Peterson, Morgan Isabelle	14	SI Unattached	6/19/2016	2016 CA - NOVA JAG Champs
6	2:32.28	719	Palmroos, Maja Linnea	13	SI North Coast Aquatics	7/31/2016	2016 SI LC Junior Olympics
7	2:32.31	674	Fanta, Greta Marie	14	SI North Coast Aquatics	7/31/2016	2016 SI LC Junior Olympics
8	2:32.40	673	Villa-Jimenez, Itzel	14	SI South Bay Aquatics	7/15/2016	2016 CA Los Angeles Invite
9	2:34.97	681	Ryan, Sophia Joy	13	SI North Coast Aquatics	7/31/2016	2016 SI LC Junior Olympics
10	2:36.07	621	Moultrie, Taylor M	14	SI College Area Swim Team	7/31/2016	2016 SI LC Junior Olympics

## Girls 13-14 200 Individual Medley Long Course Meters

<i>Rank</i>	<i>Time</i>	<i>Power Points</i>	<i>Name</i>	<i>Age</i>	<i>LSC / Club</i>	<i>Swim Date</i>	<i>Meet</i>
1	2:23.82	824	Brooker, Anna Capin	14	SI North Coast Aquatics	7/28/2016	2016 SI LC Junior Olympics
2	2:26.28	781	Preston, Tegan Setsuko	14	SI North Coast Aquatics	3/4/2016	2016 American Short Course Cha
3	2:29.03	734	Arzave, Julissa	14	SI South Bay Aquatics	7/28/2016	2016 SI LC Junior Olympics
4	2:29.74	773	Zhang, Charlotte Linn	13	SI Pacific Athletic Club	7/28/2016	2016 SI LC Junior Olympics
5	2:30.00	718	Peterson, Morgan Isabelle	14	SI Unattached	6/16/2016	2016 CA - NOVA JAG Champs
6	2:30.29	713	Nguyen, Katherine Linh	14	SI Pacific Swim	7/28/2016	2016 SI LC Junior Olympics
7	2:31.75	740	Ryan, Sophia Joy	13	SI North Coast Aquatics	6/16/2016	2016 CA - NOVA JAG Champs
8	2:31.96	685	Fanta, Greta Marie	14	SI North Coast Aquatics	7/28/2016	2016 SI LC Junior Olympics
9	2:32.57	675	Pentlarge, Catie Annette	14	SI North Coast Aquatics	7/28/2016	2016 SI LC Junior Olympics
10	2:32.76	672	Gharbaoui, Leanna Maria	14	SI Pacific Athletic Club	7/28/2016	2016 SI LC Junior Olympics

## Girls 13-14 400 Individual Medley Long Course Meters

<i>Rank</i>	<i>Time</i>	<i>Power Points</i>	<i>Name</i>	<i>Age</i>	<i>LSC / Club</i>	<i>Swim Date</i>	<i>Meet</i>
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## SI Top Ten List 2016-2017

**LSC: SI For Dates 9/1/2015 - 8/31/2016**

1	5:04.92	813	Brooker, Anna Capin	14	SI	North Coast Aquatics	5/28/2016	2016 CA SPEEDO GRAND CHALLENGE
2	5:08.93	782	Preston, Tegan Setsuko	14	SI	North Coast Aquatics	7/29/2016	2016 SI LC Junior Olympics
3	5:12.83	752	Arzave, Julissa	14	SI	South Bay Aquatics	7/15/2016	2016 CA Los Angeles Invite
4	5:13.00	750	Nowaski, Danielle Paige	14	SI	College Area Swim Team	11/7/2015	2015 CA Kevin Perry Senior Inv
5	5:13.89	743	Peterson, Morgan Isabelle	14	SI	Rancho San Dieguito	7/29/2016	2016 SI LC Junior Olympics
6	5:17.80	714	Thomas, Mia Isabella	14	SI	North Coast Aquatics	11/7/2015	2015 CA Kevin Perry Senior Inv
7	5:18.19	711	Nguyen, Katherine Linh	14	SI	Pacific Swim	7/29/2016	2016 SI LC Junior Olympics
8	5:19.63	700	Turner, Lindsay Nicole	14	SI	Unattached	4/30/2016	2016 CA MVN Fran Crippen Swim Meet of Champions
9	5:20.45	733	Zhang, Charlotte Linn	13	SI	Pacific Athletic Club	7/29/2016	2016 SI LC Junior Olympics
10	5:21.25	727	Ryan, Sophia Joy	13	SI	North Coast Aquatics	6/18/2016	2016 CA - NOVA JAG Champs

### Girls 15-16 50 Freestyle Long Course Meters

<i>Rank</i>	<i>Time</i>	<i>Power Points</i>	<i>Name</i>	<i>Age</i>	<i>LSC / Club</i>	<i>Swim Date</i>	<i>Meet</i>
1	26.62	846	Rhee, Rachel Young Eun	15	SI Rancho San Dieguito	12/13/2015	Winter Jr. Nationals West LCM
2	26.94	816	Stipe, Carlie Anne	16	SI North Coast Aquatics	8/6/2016	2016 PC Futures Championship
3	27.49	769	Swan, Skylar Mae	16	SI North Coast Aquatics	7/30/2016	2016 SI LC Junior Olympics
4	27.63	757	Pentlarge, Jessica Anne	16	SI North Coast Aquatics	3/3/2016	2016 American Short Course Cha
4	27.63	757	Liu, Allison Sijia	16	SI North Coast Aquatics	3/3/2016	2016 American Short Course Cha
6	27.90	734	Ryan, Mia Barnes	16	SI North Coast Aquatics	5/27/2016	2016 CA SPEEDO GRAND CHALLENGE
7	27.92	732	Chen, Winifred Xu	16	SI Rancho San Dieguito	2/27/2016	2016 NT LAC Stampede
8	28.01	727	Coffin, Leah Ann	15	SI Rancho San Dieguito	5/27/2016	2016 CA SPEEDO GRAND CHALLENGE
9	28.03	726	DeLegge, Breena Marie	15	SI Heartland Swim Assoc	7/30/2016	2016 SI LC Junior Olympics
10	28.41	694	Betts, Phoebe Yiqin Lee	15	SI North Coast Aquatics	7/30/2016	2016 SI LC Junior Olympics

### Girls 15-16 100 Freestyle Long Course Meters

<i>Rank</i>	<i>Time</i>	<i>Power Points</i>	<i>Name</i>	<i>Age</i>	<i>LSC / Club</i>	<i>Swim Date</i>	<i>Meet</i>
1	57.51	855	Rhee, Rachel Young Eun	15	SI Unattached	4/29/2016	2016 CA MVN Fran Crippen Swim

## SI Top Ten List 2016-2017

**LSC: SI For Dates 9/1/2015 - 8/31/2016**

Rank	Time	Power Points	Name	Age	LSC / Club	Swim Date	Meet
2	59.07	772	Ryan, Mia Barnes	16	SI North Coast Aquatics	3/4/2016	Meet of Champions 2016 American Short Course Cha
3	59.12	770	Stipe, Carlie Anne	16	SI North Coast Aquatics	8/7/2016	2016 PC Futures Championship
4	1:00.29	719	Novosedliak, Kalie Nicole	16	SI North Coast Aquatics	7/31/2016	2016 SI LC Junior Olympics
5	1:00.59	706	Hankee, Karina Leigh	16	SI North Coast Aquatics	3/4/2016	2016 American Short Course Cha
6	1:00.71	701	Liu, Allison Sijja	16	SI North Coast Aquatics	8/7/2016	2016 PC Futures Championship
7	1:00.74	700	Chen, Winifred Xu	16	SI Rancho San Dieguito	8/5/2016	2016 PC Futures Championship
8	1:00.95	691	Kelly, Mckenzie Elise	16	SI College Area Swim Team	8/7/2016	2016 PC Futures Championship
9	1:01.21	692	DeLegge, Breena Marie	15	SI Heartland Swim Assoc	7/10/2016	2016 CC Arena Grand Challenge
10	1:01.23	679	Ishikawa, Trinity Stinnett	16	SI College Area Swim Team	7/31/2016	2016 SI LC Junior Olympics

### Girls 15-16 200 Freestyle Long Course Meters

Rank	Time	Power Points	Name	Age	LSC / Club	Swim Date	Meet
1	2:01.96	911	Rhee, Rachel Young Eun	15	SI Rancho San Dieguito	8/5/2016	2016 PC Futures Championship
2	2:06.32	807	Turner, Lindsay Nicole	15	SI North Coast Aquatics	8/5/2016	2016 PC Futures Championship
3	2:07.59	759	Ryan, Mia Barnes	16	SI North Coast Aquatics	8/6/2016	2016 PC Futures Championship - Time Trials
4	2:08.70	753	Nowaski, Danielle Paige	15	SI College Area Swim Team	8/6/2016	2016 PC Futures Championship - Time Trials
5	2:08.97	728	Novosedliak, Kalie Nicole	16	SI North Coast Aquatics	7/29/2016	2016 SI LC Junior Olympics
6	2:11.34	676	Hankee, Karina Leigh	16	SI North Coast Aquatics	11/7/2015	2015 CA Kevin Perry Senior Inv
7	2:11.37	675	Pentlarge, Jessica Anne	16	SI North Coast Aquatics	11/7/2015	2015 CA Kevin Perry Senior Inv
8	2:12.25	675	Pham, Halan	15	SI North Coast Aquatics	7/28/2016	2016 SI LC Junior Olympics
9	2:12.55	668	Marsh, Hannah Tyler	15	SI Pacific Athletic Club	7/29/2016	2016 SI LC Junior Olympics
10	2:12.69	647	Kelly, Mckenzie Elise	16	SI College Area Swim Team	7/29/2016	2016 SI LC Junior Olympics

### Girls 15-16 400 Freestyle Long Course Meters

Rank	Time	Power Points	Name	Age	LSC / Club	Swim Date	Meet
1	4:22.24	850	Nowaski, Danielle Paige	15	SI College Area Swim Team	8/6/2016	2016 PC Futures Championship
2	4:22.89	843	Rhee, Rachel Young Eun	15	SI Rancho San Dieguito	8/6/2016	2016 PC Futures Championship

## SI Top Ten List 2016-2017

### LSC: SI For Dates 9/1/2015 - 8/31/2016

3	4:27.79	754	Novosedliak, Kalie Nicole	16	SI	North Coast Aquatics	3/4/2016	2016 American Short Course Cha
4	4:29.63	767	Turner, Lindsay Nicole	15	SI	North Coast Aquatics	8/7/2016	2016 PC Futures Championship - Time Trials
5	4:31.61	745	Thomas, Mia Isabella	15	SI	North Coast Aquatics	6/17/2016	2016 CA - BUEN JAG Champs
6	4:32.21	706	Hankee, Karina Leigh	16	SI	North Coast Aquatics	3/4/2016	2016 American Short Course Cha
7	4:33.69	722	Bram, Isabella Flori	15	SI	North Coast Aquatics	7/30/2016	2016 SI LC Junior Olympics
8	4:34.11	718	Marsh, Hannah Tyler	15	SI	Pacific Athletic Club	7/23/2016	2016 SN Summer CA-NV Sectional
9	4:37.17	685	Pham, Halan	15	SI	North Coast Aquatics	7/30/2016	2016 SI LC Junior Olympics
10	4:38.53	640	Keenan-Rivers, Julee Allison	16	SI	North Coast Aquatics	11/6/2015	2015 CA Kevin Perry Senior Inv

### Girls 15-16 800 Freestyle Long Course Meters

<i>Rank</i>	<i>Time</i>	<i>Power Points</i>	<i>Name</i>	<i>Age</i>	<i>LSC / Club</i>	<i>Swim Date</i>	<i>Meet</i>
1	9:06.47	798	Nowaski, Danielle Paige	15	SI College Area Swim Team	8/4/2016	2016 PC Futures Championship
2	9:09.90	764	Novosedliak, Kalie Nicole	16	SI North Coast Aquatics	7/31/2016	2016 SI LC Junior Olympics
3	9:18.86	719	Hankee, Karina Leigh	16	SI North Coast Aquatics	3/3/2016	2016 American Short Course Cha
4	9:22.11	720	Thomas, Mia Isabella	15	SI North Coast Aquatics	6/16/2016	2016 CA - BUEN JAG Champs
5	9:23.24	698	Stephan, Anna Marie	16	SI North Coast Aquatics	8/4/2016	2016 PC Futures Championship
6	9:24.42	709	Marsh, Hannah Tyler	15	SI Pacific Athletic Club	7/24/2016	2016 SN Summer CA-NV Sectional
7	9:28.24	690	Pham, Halan	15	SI North Coast Aquatics	7/31/2016	2016 SI LC Junior Olympics
8	9:28.86	687	Rhee, Rachel Young Eun	15	SI Unattached	4/3/2016	2016 SI CNSA Islander Senior Meet
9	9:29.99	665	Ryan, Mia Barnes	16	SI North Coast Aquatics	5/28/2016	2016 CA SPEEDO GRAND CHALLENGE
10	9:31.49	658	Leblanc, Heloise	16	SI Unattached	4/28/2016	2016 CA MVN Fran Crippen Swim Meet of Champions

### Girls 15-16 1500 Freestyle Long Course Meters

<i>Rank</i>	<i>Time</i>	<i>Power Points</i>	<i>Name</i>	<i>Age</i>	<i>LSC / Club</i>	<i>Swim Date</i>	<i>Meet</i>
1	17:42.47	766	Novosedliak, Kalie Nicole	16	SI North Coast Aquatics	7/28/2016	2016 SI LC Junior Olympics
2	18:05.14	724	Pham, Halan	15	SI North Coast Aquatics	7/28/2016	2016 SI LC Junior Olympics

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**LSC: SI For Dates 9/1/2015 - 8/31/2016**

3	18:06.45	720	Bram, Isabella Flori	15	SI	North Coast Aquatics	7/28/2016	2016 SI LC Junior Olympics
4	18:14.15	701	Marsh, Hannah Tyler	15	SI	Pacific Athletic Club	7/21/2016	2016 SN Summer CA-NV Sectional
5	18:16.62	695	Leblanc, Heloise	15	SI	North Coast Aquatics	11/7/2015	2015 CA Kevin Perry Senior Inv
6	18:23.25	665	Hankee, Karina Leigh	16	SI	North Coast Aquatics	11/7/2015	2015 CA Kevin Perry Senior Inv
7	18:23.91	678	Stephan, Anna Marie	15	SI	North Coast Aquatics	11/7/2015	2015 CA Kevin Perry Senior Inv
8	18:33.55	655	Nowaski, Danielle Paige	15	SI	Unattached	4/17/2016	2016 SI CAST 12 & Over AB Meet
9	18:38.90	642	Thomas, Mia Isabella	15	SI	North Coast Aquatics	6/19/2016	2016 CA - BUEN JAG Champs
10	18:43.72	631	Shields, Paige Audrey	15	SI	Rancho San Dieguito	7/28/2016	2016 SI LC Junior Olympics

### Girls 15-16 100 Backstroke Long Course Meters

<i>Rank</i>	<i>Time</i>	<i>Power Points</i>	<i>Name</i>	<i>Age</i>	<i>LSC / Club</i>	<i>Swim Date</i>	<i>Meet</i>
1	1:04.95	836	Pentlarge, Jessica Anne	16	SI North Coast Aquatics	3/3/2016	2016 American Short Course Cha
2	1:06.65	772	Fox, Juliana Margaret	16	SI Pacific Swim	8/6/2016	2016 PC Futures Championship
3	1:07.95	742	Coffin, Leah Ann	15	SI Rancho San Dieguito	2/26/2016	2016 NT LAC Stampede
4	1:08.65	698	Parsons, Julie Anne	16	SI South Bay Aquatics	11/7/2015	2015 CA Kevin Perry Senior Inv
5	1:08.90	708	Liu, Allison Sijia	15	SI North Coast Aquatics	11/7/2015	2015 CA Kevin Perry Senior Inv
6	1:09.01	704	Rhee, Rachel Young Eun	15	SI Rancho San Dieguito	7/9/2016	2016 SI CAST 11 & Over AB Meet
7	1:09.10	700	Nowaski, Danielle Paige	15	SI College Area Swim Team	8/6/2016	2016 PC Futures Championship
8	1:09.17	680	Le, Audrey Anh-Thy	16	SI Pacific Athletic Club	7/31/2016	2016 SI LC Junior Olympics
9	1:09.94	652	Boese, Isabela Karyna	16	SI Rancho San Dieguito	8/7/2016	2016 PC Futures Championship
10	1:10.01	668	Kaur, Gurleen	15	SI North Coast Aquatics	7/31/2016	2016 SI LC Junior Olympics

### Girls 15-16 200 Backstroke Long Course Meters

<i>Rank</i>	<i>Time</i>	<i>Power Points</i>	<i>Name</i>	<i>Age</i>	<i>LSC / Club</i>	<i>Swim Date</i>	<i>Meet</i>
1	2:19.75	828	Pentlarge, Jessica Anne	16	SI North Coast Aquatics	3/4/2016	2016 American Short Course Cha
2	2:22.91	795	Nowaski, Danielle Paige	15	SI College Area Swim Team	8/7/2016	2016 PC Futures Championship
3	2:24.70	747	Parsons, Julie Anne	16	SI South Bay Aquatics	11/8/2015	2015 CA Kevin Perry Senior Inv
4	2:26.28	722	Fox, Juliana Margaret	16	SI Pacific Swim	7/30/2016	2016 SI LC Junior Olympics

## SI Top Ten List 2016-2017

**LSC: SI For Dates 9/1/2015 - 8/31/2016**

5	2:27.45	704	Toetter, Micah Noel	16	SI	Pacific Swim	11/8/2015	2015 CA Kevin Perry Senior Inv
6	2:27.49	722	Coffin, Leah Ann	15	SI	Unattached	4/29/2016	2016 CA MVN Fran Crippen Swim Meet of Champions
7	2:27.57	702	Le, Audrey Anh-Thy	16	SI	Pacific Athletic Club	7/30/2016	2016 SI LC Junior Olympics
8	2:29.02	679	Boese, Isabela Karyna	16	SI	Unattached	4/29/2016	2016 CA MVN Fran Crippen Swim Meet of Champions
9	2:29.17	677	Liu, Allison Sijia	16	SI	North Coast Aquatics	5/28/2016	2016 CA SPEEDO GRAND CHALLENGE
10	2:29.89	685	Pham, Halan	15	SI	North Coast Aquatics	7/30/2016	2016 SI LC Junior Olympics

### Girls 15-16 100 Breaststroke Long Course Meters

<i>Rank</i>	<i>Time</i>	<i>Power Points</i>	<i>Name</i>	<i>Age</i>	<i>LSC / Club</i>		<i>Swim Date</i>	<i>Meet</i>
1	1:13.86	817	Rosenthal, Danielle Victoria	15	SI	Rancho San Dieguito	8/5/2016	2016 PC Futures Championship
2	1:14.44	785	Boese, Isabela Karyna	16	SI	Rancho San Dieguito	2/26/2016	2016 NT LAC Stampede
3	1:15.49	768	Molina, Victoria Christine	15	SI	Heartland Swim Assoc	7/30/2016	2016 SI LC Junior Olympics
4	1:16.09	751	McNall, Samantha Jade	15	SI	Coronado-Navy Swim Assn	7/14/2016	2016 CA Los Angeles Invite
5	1:16.10	750	Cho, Amelia Ann	15	SI	Rancho San Dieguito	7/30/2016	2016 SI LC Junior Olympics
6	1:16.56	737	Rhee, Rachel Young Eun	15	SI	Unattached	5/1/2016	2016 CA MVN Fran Crippen Swim Meet of Champions
7	1:17.24	703	Stock, Emileigh Elisabeth	16	SI	San Diego YMCA	8/6/2016	2016 CC Western Zone Senior Championships
8	1:18.95	668	Schwartz-Collins, Kaila Emerson	15	SI	North Coast Aquatics	7/30/2016	2016 SI LC Junior Olympics
9	1:19.08	650	Chen, Winifred Xu	16	SI	Rancho San Dieguito	8/5/2016	2016 PC Futures Championship
10	1:19.41	655	Lam, Leanne Luu	15	SI	Pacific Swim	7/30/2016	2016 SI LC Junior Olympics

### Girls 15-16 200 Breaststroke Long Course Meters

<i>Rank</i>	<i>Time</i>	<i>Power Points</i>	<i>Name</i>	<i>Age</i>	<i>LSC / Club</i>		<i>Swim Date</i>	<i>Meet</i>
1	2:41.60	789	Molina, Victoria Christine	15	SI	Heartland Swim Assoc	7/29/2016	2016 SI LC Junior Olympics
2	2:42.68	771	Boese, Isabela Karyna	16	SI	Rancho San Dieguito	2/27/2016	2016 NT LAC Stampede
3	2:42.84	769	Stock, Emileigh Elisabeth	16	SI	San Diego YMCA	8/3/2016	2016 CC Western Zone Senior Championships



## SI Top Ten List 2016-2017

**LSC: SI For Dates 9/1/2015 - 8/31/2016**

4	2:45.37	739	Rosenthal, Danielle Victoria	15	SI	Rancho San Dieguito	8/6/2016	2016 PC Futures Championship
5	2:47.81	704	Yang, Crystal	16	SI	North Coast Aquatics	3/4/2016	2016 American Short Course Cha
6	2:48.77	695	Schwartz-Collins, Kaila Emerson	15	SI	North Coast Aquatics	7/29/2016	2016 SI LC Junior Olympics
7	2:48.86	694	Cho, Amelia Ann	15	SI	Rancho San Dieguito	7/29/2016	2016 SI LC Junior Olympics
8	2:49.02	692	Lam, Leanne Luu	15	SI	Pacific Swim	7/29/2016	2016 SI LC Junior Olympics
9	2:49.99	680	McNall, Samantha Jade	15	SI	Coronado-Navy Swim Assn	7/14/2016	2016 CA Los Angeles Invite
10	2:51.00	667	Mitchell, Erica Paulette	15	SI	Pacific Swim	7/29/2016	2016 SI LC Junior Olympics

### Girls 15-16 100 Butterfly Long Course Meters

<i>Rank</i>	<i>Time</i>	<i>Power Points</i>	<i>Name</i>	<i>Age</i>	<i>LSC / Club</i>		<i>Swim Date</i>	<i>Meet</i>
1	1:03.60	822	Turner, Lindsay Nicole	15	SI	North Coast Aquatics	8/5/2016	2016 PC Futures Championship
2	1:04.45	792	Coffin, Leah Ann	15	SI	Rancho San Dieguito	11/7/2015	2015 CA Kevin Perry Senior Inv
3	1:04.57	768	Fox, Juliana Margaret	16	SI	Pacific Swim	7/29/2016	2016 SI LC Junior Olympics
4	1:05.01	772	Stephan, Anna Marie	15	SI	North Coast Aquatics	5/28/2016	2016 CA SPEEDO GRAND CHALLENGE
5	1:05.21	766	Thomas, Mia Isabella	15	SI	North Coast Aquatics	7/29/2016	2016 SI LC Junior Olympics
6	1:07.59	665	Ryan, Mia Barnes	16	SI	Unattached	5/1/2016	2016 CA MVN Fran Crippen Swim Meet of Champions
7	1:07.62	664	Swan, Skylar Mae	16	SI	North Coast Aquatics	8/5/2016	2016 PC Futures Championship
8	1:07.66	682	DeLegge, Breena Marie	15	SI	Heartland Swim Assoc	7/29/2016	2016 SI LC Junior Olympics
9	1:07.71	661	Liu, Allison Sijia	16	SI	North Coast Aquatics	8/5/2016	2016 PC Futures Championship
10	1:07.84	677	Marsh, Hannah Tyler	15	SI	Pacific Athletic Club	7/29/2016	2016 SI LC Junior Olympics

### Girls 15-16 200 Butterfly Long Course Meters

<i>Rank</i>	<i>Time</i>	<i>Power Points</i>	<i>Name</i>	<i>Age</i>	<i>LSC / Club</i>		<i>Swim Date</i>	<i>Meet</i>
1	2:19.99	822	Turner, Lindsay Nicole	15	SI	North Coast Aquatics	8/6/2016	2016 PC Futures Championship
2	2:21.22	803	Thomas, Mia Isabella	15	SI	North Coast Aquatics	7/31/2016	2016 SI LC Junior Olympics
3	2:27.11	717	Nowaski, Danielle Paige	15	SI	College Area Swim Team	7/9/2016	2016 SI CAST 11 & Over AB Meet
4	2:27.77	707	Stephan, Anna Marie	15	SI	North Coast Aquatics	5/29/2016	2016 CA SPEEDO GRAND CHALLENGE

## SI Top Ten List 2016-2017

### LSC: SI For Dates 9/1/2015 - 8/31/2016

5	2:28.63	695	Taggart, Erin Grace	15	SI	Rancho San Dieguito	7/31/2016	2016 SI LC Junior Olympics
6	2:28.93	687	Smith, Natalie Carolyn	16	SI	Pacific Swim	7/31/2016	2016 SI LC Junior Olympics
7	2:28.96	687	Fox, Juliana Margaret	16	SI	Pacific Swim	7/9/2016	2016 SI CAST 11 & Over AB Meet
8	2:29.35	681	Keenan-Rivers, Julee Allison	16	SI	North Coast Aquatics	1/17/2016	2016 CA Armada January Sr. Me
9	2:30.32	667	Boese, Isabela Karyna	16	SI	Unattached	4/29/2016	2016 CA MVN Fran Crippen Swim Meet of Champions
10	2:31.87	648	Marsh, Hannah Tyler	15	SI	Pacific Athletic Club	7/31/2016	2016 SI LC Junior Olympics

### Girls 15-16 200 Individual Medley Long Course Meters

<i>Rank</i>	<i>Time</i>	<i>Power Points</i>	<i>Name</i>	<i>Age</i>	<i>LSC / Club</i>		<i>Swim Date</i>	<i>Meet</i>
1	2:24.85	776	Fox, Juliana Margaret	16	SI	Pacific Swim	7/28/2016	2016 SI LC Junior Olympics
2	2:26.54	747	Boese, Isabela Karyna	16	SI	Rancho San Dieguito	2/28/2016	2016 NT LAC Stampede
3	2:27.91	729	Thomas, Mia Isabella	15	SI	North Coast Aquatics	7/28/2016	2016 SI LC Junior Olympics
4	2:28.98	711	Nowaski, Danielle Paige	15	SI	College Area Swim Team	7/28/2016	2016 SI LC Junior Olympics
5	2:29.49	697	Yang, Crystal	16	SI	North Coast Aquatics	7/28/2016	2016 SI LC Junior Olympics
6	2:29.68	693	Novosedliak, Kalie Nicole	16	SI	North Coast Aquatics	3/4/2016	2016 American Short Course Cha
7	2:29.85	696	Rosenthal, Danielle Victoria	15	SI	Rancho San Dieguito	5/27/2016	2016 CA SPEEDO GRAND CHALLENGE
8	2:30.54	685	Coffin, Leah Ann	15	SI	Rancho San Dieguito	6/16/2016	2016 CA - NOVA JAG Champs
9	2:31.00	671	Toetter, Micah Noel	16	SI	Pacific Swim	11/6/2015	2015 CA Kevin Perry Senior Inv
10	2:31.06	676	Bram, Isabella Flori	15	SI	North Coast Aquatics	7/28/2016	2016 SI LC Junior Olympics

### Girls 15-16 400 Individual Medley Long Course Meters

<i>Rank</i>	<i>Time</i>	<i>Power Points</i>	<i>Name</i>	<i>Age</i>	<i>LSC / Club</i>		<i>Swim Date</i>	<i>Meet</i>
1	5:04.68	779	Nowaski, Danielle Paige	15	SI	College Area Swim Team	8/5/2016	2016 PC Futures Championship
2	5:07.64	755	Thomas, Mia Isabella	15	SI	North Coast Aquatics	7/29/2016	2016 SI LC Junior Olympics
3	5:10.55	733	Bram, Isabella Flori	15	SI	North Coast Aquatics	7/29/2016	2016 SI LC Junior Olympics
4	5:12.29	714	Boese, Isabela Karyna	16	SI	Rancho San Dieguito	2/26/2016	2016 NT LAC Stampede
5	5:13.67	703	Novosedliak, Kalie Nicole	16	SI	North Coast Aquatics	7/29/2016	2016 SI LC Junior Olympics
6	5:17.15	683	Marsh, Hannah Tyler	15	SI	Pacific Athletic Club	7/22/2016	2016 SN Summer CA-NV

## SI Top Ten List 2016-2017

**LSC: SI For Dates 9/1/2015 - 8/31/2016**

Rank	Time	Power Points	Name	Age	LSC / Club	Swim Date	Meet
7	5:17.39	675	Toetter, Micah Noel	16	SI Pacific Swim	11/7/2015	Sectional 2015 CA Kevin Perry Senior Inv
8	5:17.77	672	Yang, Crystal	16	SI North Coast Aquatics	3/3/2016	2016 American Short Course Cha
9	5:18.49	667	Keenan-Rivers, Julee Allison	16	SI North Coast Aquatics	11/7/2015	2015 CA Kevin Perry Senior Inv
10	5:19.55	664	Taggart, Erin Grace	15	SI Rancho San Dieguito	7/29/2016	2016 SI LC Junior Olympics

### Girls 17-18 50 Freestyle Long Course Meters

Rank	Time	Power Points	Name	Age	LSC / Club	Swim Date	Meet
1	27.24	781	Pentlarge, Jessica Anne	17	SI North Coast Aquatics	8/6/2016	2016 PC Futures Championship
2	27.50	759	Payne, Jordan Kristine	17	SI North Coast Aquatics	5/27/2016	2016 CA SPEEDO GRAND CHALLENGE
3	27.90	725	Taylor, Danielle Mary	18	SI University Of San Diego	4/30/2016	2016 CA MVN Fran Crippen Swim Meet of Champions
4	28.08	710	Cosgrove, Madeline Marie	17	SI Rancho San Dieguito	2/27/2016	2016 NT LAC Stampede
5	28.38	686	McClelland, Cora Lyna	18	SI Rancho San Dieguito	2/27/2016	2016 NT LAC Stampede
6	28.61	667	Leslie, Alix Ann	17	SI North Coast Aquatics	7/30/2016	2016 SI LC Junior Olympics
7	28.71	659	Lauerman, Katherine Morgan	18	SI Rancho San Dieguito	7/30/2016	2016 SI LC Junior Olympics
8	28.87	646	Franke, Ciara Sinead	17	SI Wind N' Sea Swim Team	7/22/2016	2016 SN Summer CA-NV Sectional
9	28.90	643	Anderson, Lindsey Davis	17	SI Pacific Athletic Club	7/30/2016	2016 SI LC Junior Olympics
10	29.05	631	Sumrow, Amanda Keialani	18	SI Heartland Swim Assoc	6/18/2016	2016 SI CNSA A All Ages Meet

### Girls 17-18 100 Freestyle Long Course Meters

Rank	Time	Power Points	Name	Age	LSC / Club	Swim Date	Meet
1	59.58	747	Pentlarge, Jessica Anne	17	SI North Coast Aquatics	7/31/2016	2016 SI LC Junior Olympics
2	1:00.79	695	Hankee, Karina Leigh	17	SI North Coast Aquatics	6/18/2016	2016 CA - BUEN JAG Champs
3	1:00.90	690	Cosgrove, Madeline Marie	18	SI Rancho San Dieguito	8/7/2016	2016 PC Futures Championship
4	1:01.00	686	McClelland, Cora Lyna	18	SI Rancho San Dieguito	8/7/2016	2016 PC Futures Championship
5	1:01.06	683	Taylor, Danielle Mary	18	SI University Of San Diego	4/29/2016	2016 CA MVN Fran Crippen Swim Meet of Champions
6	1:01.41	668	Toetter, Micah Noel	17	SI Pacific Swim	7/15/2016	2016 CA Los Angeles Invite

## SI Top Ten List 2016-2017

**LSC: SI For Dates 9/1/2015 - 8/31/2016**

7	1:01.88	649	Lauerman, Katherine Morgan	18	SI	Rancho San Dieguito	7/31/2016	2016 SI LC Junior Olympics
8	1:02.26	633	Nowaski, Sarah Nicole	18	SI	College Area Swim Team	7/31/2016	2016 SI LC Junior Olympics
9	1:02.52	622	Sumrow, Amanda Keialani	18	SI	Heartland Swim Assoc	6/19/2016	2016 SI CNSA A All Ages Meet
10	1:02.65	617	Clancy, Mary K	18	SI	University Of San Diego	6/13/2016	2016 MD NBAC Long Course Champion

### Girls 17-18 200 Freestyle Long Course Meters

<i>Rank</i>	<i>Time</i>	<i>Power Points</i>	<i>Name</i>	<i>Age</i>	<i>LSC / Club</i>	<i>Swim Date</i>	<i>Meet</i>	
1	2:05.99	796	Pentlarge, Jessica Anne	17	SI	North Coast Aquatics	8/5/2016	2016 PC Futures Championship
2	2:08.62	722	Nowaski, Sarah Nicole	18	SI	College Area Swim Team	8/5/2016	2016 PC Futures Championship
3	2:08.79	732	Ladman, Lindsay Alana	17	SI	North Coast Aquatics	3/3/2016	2016 American Short Course Cha
4	2:10.13	702	Hankee, Karina Leigh	17	SI	North Coast Aquatics	8/4/2016	2016 PC Futures Championship
5	2:10.69	690	Keenan-Rivers, Julee Allison	17	SI	North Coast Aquatics	7/28/2016	2016 SI LC Junior Olympics
6	2:11.15	667	Taylor, Danielle Mary	18	SI	University Of San Diego	4/30/2016	2016 CA MVN Fran Crippen Swim Meet of Champions
7	2:12.60	636	Cosgrove, Madeline Marie	18	SI	Rancho San Dieguito	8/4/2016	2016 PC Futures Championship
8	2:12.95	629	Lauerman, Katherine Morgan	18	SI	Rancho San Dieguito	7/29/2016	2016 SI LC Junior Olympics
9	2:13.42	619	Chasin, Haley Norma Anne	18	SI	Unattached	11/15/2015	2015 HI Senior FALL Championsh
10	2:13.52	630	Giordano, Morgan Kiley	17	SI	College Area Swim Team	7/29/2016	2016 SI LC Junior Olympics

### Girls 17-18 400 Freestyle Long Course Meters

<i>Rank</i>	<i>Time</i>	<i>Power Points</i>	<i>Name</i>	<i>Age</i>	<i>LSC / Club</i>	<i>Swim Date</i>	<i>Meet</i>	
1	4:19.90	831	Nowaski, Sarah Nicole	18	SI	College Area Swim Team	5/27/2016	2016 CA SPEEDO GRAND CHALLENGE
2	4:31.42	713	Keenan-Rivers, Julee Allison	17	SI	North Coast Aquatics	7/30/2016	2016 SI LC Junior Olympics
3	4:32.45	702	Ladman, Lindsay Alana	17	SI	North Coast Aquatics	5/27/2016	2016 CA SPEEDO GRAND CHALLENGE
4	4:35.27	672	Hankee, Karina Leigh	17	SI	North Coast Aquatics	5/27/2016	2016 CA SPEEDO GRAND CHALLENGE
5	4:38.72	637	Toetter, Micah Noel	17	SI	Pacific Swim	7/14/2016	2016 CA Los Angeles Invite
6	4:39.57	628	Giordano, Morgan Kiley	17	SI	College Area Swim Team	7/30/2016	2016 SI LC Junior Olympics

## SI Top Ten List 2016-2017

**LSC: SI For Dates 9/1/2015 - 8/31/2016**

7	4:42.91	583	Briggs, Mackenna L	18	SI	University Of San Diego	4/29/2016	2016 CA MVN Fran Crippen Swim Meet of Champions
8	4:46.38	549	Proffit, Lael Alexandria	18	SI	College Area Swim Team	7/30/2016	2016 SI LC Junior Olympics
9	4:46.79	545	Logan, Gillian Nicole	18	SI	Pacific Swim	7/30/2016	2016 SI LC Junior Olympics
10	4:47.74	536	Lauerman, Katherine Morgan	18	SI	Rancho San Dieguito	7/30/2016	2016 SI LC Junior Olympics

### Girls 17-18 800 Freestyle Long Course Meters

<i>Rank</i>	<i>Time</i>	<i>Power Points</i>	<i>Name</i>	<i>Age</i>	<i>LSC / Club</i>		<i>Swim Date</i>	<i>Meet</i>
1	8:47.79	872	Nowaski, Sarah Nicole	18	SI	College Area Swim Team	5/28/2016	2016 CA SPEEDO GRAND CHALLENGE
2	9:18.74	713	Keenan-Rivers, Julee Allison	17	SI	North Coast Aquatics	3/3/2016	2016 American Short Course Cha
3	9:32.94	645	Chasin, Haley Norma Anne	18	SI	Unattached	11/13/2015	2015 HI Senior FALL Championsh
4	9:38.66	618	Giordano, Morgan Kiley	17	SI	College Area Swim Team	7/31/2016	2016 SI LC Junior Olympics
5	9:41.39	606	Lauerman, Katherine Morgan	18	SI	Rancho San Dieguito	7/8/2016	2016 SI CAST 11 & Over AB Meet
6	9:43.18	598	Logan, Gillian Nicole	18	SI	Pacific Swim	5/28/2016	2016 CA SPEEDO GRAND CHALLENGE
7	9:47.15	580	Clancy, Mary K	18	SI	University Of San Diego	6/10/2016	2016 MD NBAC Long Course Champion
8	9:53.36	552	Kredich, Hannah Kathryn	17	SI	Pacific Swim	7/31/2016	2016 SI LC Junior Olympics
9	9:56.68	538	Sanchez, Itzel Elizabeth	17	SI	College Area Swim Team	7/31/2016	2016 SI LC Junior Olympics
10	9:59.47	526	Proffit, Lael Alexandria	18	SI	College Area Swim Team	7/31/2016	2016 SI LC Junior Olympics

### Girls 17-18 1500 Freestyle Long Course Meters

<i>Rank</i>	<i>Time</i>	<i>Power Points</i>	<i>Name</i>	<i>Age</i>	<i>LSC / Club</i>		<i>Swim Date</i>	<i>Meet</i>
1	17:52.07	737	Nowaski, Sarah Nicole	18	SI	Unattached	4/17/2016	2016 SI CAST 12 & Over AB Meet
2	18:20.50	667	Giordano, Morgan Kiley	17	SI	College Area Swim Team	11/7/2015	2015 CA Kevin Perry Senior Inv
3	18:28.40	649	Hankee, Karina Leigh	17	SI	North Coast Aquatics	6/19/2016	2016 CA - BUEN JAG Champs
4	18:29.38	646	Logan, Gillian Nicole	18	SI	Pacific Swim	7/28/2016	2016 SI LC Junior Olympics
5	18:48.84	601	Keenan-Rivers, Julee Allison	17	SI	North Coast Aquatics	6/19/2016	2016 CA - BUEN JAG Champs
6	19:04.93	564	Kredich, Hannah Kathryn	17	SI	Pacific Swim	7/28/2016	2016 SI LC Junior Olympics
7	19:24.92	520	Rivas, Paola Fong	17	SI	South Bay Aquatics	7/28/2016	2016 SI LC Junior Olympics

## SI Top Ten List 2016-2017

**LSC: SI For Dates 9/1/2015 - 8/31/2016**

8    20:04.05    437    Greco, Sophia Rose    17    SI    Wave House San Diego Swim Team    7/28/2016    2016 SI LC Junior Olympics

### Girls 17-18 100 Backstroke Long Course Meters

<i>Rank</i>	<i>Time</i>	<i>Power Points</i>	<i>Name</i>	<i>Age</i>	<i>LSC / Club</i>	<i>Swim Date</i>	<i>Meet</i>
1	1:05.93	799	Pentlarge, Jessica Anne	17	SI North Coast Aquatics	8/6/2016	2016 PC Futures Championship
2	1:06.63	772	Toetter, Micah Noel	17	SI Pacific Swim	5/29/2016	2016 CA SPEEDO GRAND CHALLENGE
3	1:07.51	740	Payne, Jordan Kristine	17	SI North Coast Aquatics	3/3/2016	2016 American Short Course Cha
4	1:08.18	715	Ladman, Lindsay Alana	17	SI North Coast Aquatics	5/29/2016	2016 CA SPEEDO GRAND CHALLENGE
5	1:08.41	707	Parsons, Julie Anne	17	SI South Bay Aquatics	7/31/2016	2016 SI LC Junior Olympics
6	1:09.05	684	Anderson, Lindsey Davis	17	SI Pacific Athletic Club	7/23/2016	2016 SN Summer CA-NV Sectional
7	1:10.08	647	Morris, Samantha Drue	18	SI Pacific Swim	7/31/2016	2016 SI LC Junior Olympics
8	1:10.19	643	Rakotz, Talia Tanis	17	SI Unattached	5/1/2016	2016 CA MVN Fran Crippen Swim Meet of Champions
9	1:10.43	635	McClelland, Cora Lyna	18	SI Rancho San Dieguito	5/29/2016	2016 CA SPEEDO GRAND CHALLENGE
10	1:10.85	620	Keenan-Rivers, Julee Allison	17	SI North Coast Aquatics	6/18/2016	2016 CA - BUEN JAG Champs

### Girls 17-18 200 Backstroke Long Course Meters

<i>Rank</i>	<i>Time</i>	<i>Power Points</i>	<i>Name</i>	<i>Age</i>	<i>LSC / Club</i>	<i>Swim Date</i>	<i>Meet</i>
1	2:19.76	827	Pentlarge, Jessica Anne	17	SI North Coast Aquatics	8/7/2016	2016 PC Futures Championship
2	2:23.51	766	Toetter, Micah Noel	17	SI Pacific Swim	5/28/2016	2016 CA SPEEDO GRAND CHALLENGE
3	2:24.73	747	Parsons, Julie Anne	17	SI South Bay Aquatics	7/30/2016	2016 SI LC Junior Olympics
4	2:26.99	711	Keenan-Rivers, Julee Allison	17	SI North Coast Aquatics	3/4/2016	2016 American Short Course Cha
5	2:29.41	673	Ladman, Lindsay Alana	17	SI North Coast Aquatics	3/4/2016	2016 American Short Course Cha
6	2:29.62	670	Kuznetsova, Yelizaveta Maximovna	18	SI University Of San Diego	4/29/2016	2016 CA MVN Fran Crippen Swim Meet of Champions
7	2:30.01	664	Morris, Samantha Drue	17	SI Pacific Swim	11/8/2015	2015 CA Kevin Perry Senior Inv
8	2:30.41	658	Rakotz, Talia Tanis	17	SI Rancho San Dieguito	5/28/2016	2016 CA SPEEDO GRAND

# SI Top Ten List 2016-2017

LSC: SI For Dates 9/1/2015 - 8/31/2016

Rank	Time	Power Points	Name	Age	LSC / Club	Swim Date	Meet
9	2:30.79	652	Clancy, Mary K	18	SI University Of San Diego	6/13/2016	CHALLENGE 2016 MD NBAC Long Course Champion
10	2:34.31	599	McClelland, Cora Lyna	18	SI Rancho San Dieguito	5/28/2016	2016 CA SPEEDO GRAND CHALLENGE

## Girls 17-18 100 Breaststroke Long Course Meters

Rank	Time	Power Points	Name	Age	LSC / Club	Swim Date	Meet
1	1:18.99	641	Toetter, Micah Noel	17	SI Pacific Swim	7/30/2016	2016 SI LC Junior Olympics
2	1:19.32	632	Yngson, Angelika Joan Valera	17	SI South Bay Aquatics	7/30/2016	2016 SI LC Junior Olympics
3	1:19.58	625	Lynch, Taylor Celeste Bale	18	SI College Area Swim Team	8/5/2016	2016 PC Futures Championship
4	1:21.05	584	Sanchez, Itzel Elizabeth	17	SI College Area Swim Team	7/30/2016	2016 SI LC Junior Olympics
5	1:21.63	568	Giordano, Morgan Kiley	17	SI Unattached	3/5/2016	2016 CA MVN March LCM Senior I
6	1:24.57	489	Logan, Gillian Nicole	17	SI Unattached	4/16/2016	2016 SI CAST 12 & Over AB Meet
7	1:24.69	485	Clancy, Mary K	18	SI University Of San Diego	6/11/2016	2016 MD NBAC Long Course Champion
8	1:25.45	466	Rivas, Paola Fong	17	SI South Bay Aquatics	7/30/2016	2016 SI LC Junior Olympics
9	1:26.04	450	McDonald, Riley Devon	17	SI Rancho San Dieguito	2/26/2016	2016 NT LAC Stampede
10	1:26.05	450	Balon, Caleigh Adelle	17	SI Unattached	4/9/2016	2016 CA Armada April SR Meet

## Girls 17-18 200 Breaststroke Long Course Meters

Rank	Time	Power Points	Name	Age	LSC / Club	Swim Date	Meet
1	2:48.93	677	Yngson, Angelika Joan Valera	17	SI South Bay Aquatics	7/29/2016	2016 SI LC Junior Olympics
2	2:49.31	672	Toetter, Micah Noel	17	SI Pacific Swim	7/14/2016	2016 CA Los Angeles Invite
3	2:49.51	670	Lynch, Taylor Celeste Bale	17	SI College Area Swim Team	11/8/2015	2015 CA Kevin Perry Senior Inv
4	2:56.64	580	Giordano, Morgan Kiley	17	SI College Area Swim Team	7/29/2016	2016 SI LC Junior Olympics
5	3:00.87	528	Logan, Gillian Nicole	17	SI Unattached	4/17/2016	2016 SI CAST 12 & Over AB Meet
6	3:02.12	513	Sanchez, Itzel Elizabeth	17	SI Unattached	4/17/2016	2016 SI CAST 12 & Over AB Meet
7	3:04.22	488	Rivas, Paola Fong	17	SI South Bay Aquatics	8/2/2016	2016 CC Western Zone Senior Championships

## SI Top Ten List 2016-2017

**LSC: SI For Dates 9/1/2015 - 8/31/2016**

8	3:04.87	480	Balon, Caleigh Adelle	17	SI	Unattached	4/10/2016	2016 CA Armada April SR Meet
9	3:11.38	405	Greenbaum, Michala Lynee	17	SI	Magdalena Ecke Ymca Riptides	7/10/2016	2016 SI CAST 11 & Over AB Meet
10	3:13.75	379	Robles, Briana Sanchez	18	SI	South Bay Aquatics	6/25/2016	2016 SI MRA BC All Ages Meet

### Girls 17-18 100 Butterfly Long Course Meters

<i>Rank</i>	<i>Time</i>	<i>Power Points</i>	<i>Name</i>	<i>Age</i>	<i>LSC / Club</i>		<i>Swim Date</i>	<i>Meet</i>
1	1:03.90	790	Payne, Jordan Kristine	17	SI	North Coast Aquatics	3/4/2016	2016 American Short Course Cha
2	1:04.24	778	McClelland, Cora Lyna	18	SI	Unattached	5/1/2016	2016 CA MVN Fran Crippen Swim Meet of Champions
3	1:05.07	749	Taylor, Danielle Mary	18	SI	University Of San Diego	5/1/2016	2016 CA MVN Fran Crippen Swim Meet of Champions
4	1:05.23	743	Clancy, Mary K	18	SI	University Of San Diego	6/11/2016	2016 MD NBAC Long Course Champion
5	1:05.82	723	Cosgrove, Madeline Marie	17	SI	Rancho San Dieguito	2/27/2016	2016 NT LAC Stampede
6	1:06.79	690	Keenan-Rivers, Julee Allison	17	SI	North Coast Aquatics	3/4/2016	2016 American Short Course Cha
7	1:06.98	684	Morris, Samantha Drue	18	SI	Pacific Swim	7/29/2016	2016 SI LC Junior Olympics
8	1:07.27	674	Briggs, Mackenna L	18	SI	University Of San Diego	5/1/2016	2016 CA MVN Fran Crippen Swim Meet of Champions
9	1:07.47	667	Rakotz, Talia Tanis	17	SI	Unattached	5/1/2016	2016 CA MVN Fran Crippen Swim Meet of Champions
10	1:08.16	644	Nowaski, Sarah Nicole	18	SI	College Area Swim Team	8/5/2016	2016 PC Futures Championship

### Girls 17-18 200 Butterfly Long Course Meters

<i>Rank</i>	<i>Time</i>	<i>Power Points</i>	<i>Name</i>	<i>Age</i>	<i>LSC / Club</i>		<i>Swim Date</i>	<i>Meet</i>
1	2:17.73	824	Nowaski, Sarah Nicole	18	SI	College Area Swim Team	12/5/2015	Time Trials - 2015 AT& T Winte
2	2:21.42	768	Keenan-Rivers, Julee Allison	17	SI	North Coast Aquatics	8/6/2016	2016 PC Futures Championship
3	2:22.45	752	McClelland, Cora Lyna	18	SI	Rancho San Dieguito	8/6/2016	2016 PC Futures Championship
4	2:22.68	749	Cosgrove, Madeline Marie	17	SI	Rancho San Dieguito	11/8/2015	2015 CA Kevin Perry Senior Inv
5	2:24.68	719	Clancy, Mary K	18	SI	University Of San Diego	4/29/2016	2016 CA MVN Fran Crippen Swim Meet of Champions
6	2:26.51	692	Chasin, Haley Norma Anne	18	SI	Unattached	11/14/2015	2015 HI Senior FALL Championsh
7	2:32.74	603	Rakotz, Talia Tanis	17	SI	Rancho San Dieguito	7/31/2016	2016 SI LC Junior Olympics



## SI Top Ten List 2016-2017

**LSC: SI For Dates 9/1/2015 - 8/31/2016**

8	2:34.33	580	Briggs, Mackenna L	18	SI	University Of San Diego	4/29/2016	2016 CA MVN Fran Crippen Swim Meet of Champions
9	2:34.45	579	Sanchez, Itzel Elizabeth	17	SI	College Area Swim Team	7/9/2016	2016 SI CAST 11 & Over AB Meet
10	2:35.77	560	Sumrow, Amanda Keialani	18	SI	Heartland Swim Assoc	5/29/2016	2016 SI CAST A All Ages Meet

### Girls 17-18 200 Individual Medley Long Course Meters

<i>Rank</i>	<i>Time</i>	<i>Power Points</i>	<i>Name</i>	<i>Age</i>	<i>LSC / Club</i>		<i>Swim Date</i>	<i>Meet</i>
1	2:24.98	771	Toetter, Micah Noel	17	SI	Pacific Swim	7/14/2016	2016 CA Los Angeles Invite
2	2:27.82	712	Ladman, Lindsay Alana	18	SI	North Coast Aquatics	7/28/2016	2016 SI LC Junior Olympics
3	2:27.93	710	Briggs, Mackenna L	18	SI	University Of San Diego	5/1/2016	2016 CA MVN Fran Crippen Swim Meet of Champions
4	2:28.60	709	Lynch, Taylor Celeste Bale	17	SI	College Area Swim Team	11/6/2015	2015 CA Kevin Perry Senior Inv
5	2:30.09	673	Nowaski, Sarah Nicole	18	SI	College Area Swim Team	5/27/2016	2016 CA SPEEDO GRAND CHALLENGE
6	2:32.09	651	Giordano, Morgan Kiley	17	SI	College Area Swim Team	7/28/2016	2016 SI LC Junior Olympics
7	2:32.70	631	Clancy, Mary K	18	SI	University Of San Diego	6/12/2016	2016 MD NBAC Long Course Champion
8	2:32.86	628	Logan, Gillian Nicole	18	SI	Pacific Swim	7/28/2016	2016 SI LC Junior Olympics
9	2:33.35	630	Yngson, Angelika Joan Valera	17	SI	South Bay Aquatics	7/28/2016	2016 SI LC Junior Olympics
10	2:34.22	606	McClelland, Cora Lyna	18	SI	Unattached	5/1/2016	2016 CA MVN Fran Crippen Swim Meet of Champions

### Girls 17-18 400 Individual Medley Long Course Meters

<i>Rank</i>	<i>Time</i>	<i>Power Points</i>	<i>Name</i>	<i>Age</i>	<i>LSC / Club</i>		<i>Swim Date</i>	<i>Meet</i>
1	5:06.57	758	Nowaski, Sarah Nicole	18	SI	College Area Swim Team	11/7/2015	2015 CA Kevin Perry Senior Inv
2	5:09.88	732	Toetter, Micah Noel	17	SI	Pacific Swim	7/29/2016	2016 SI LC Junior Olympics
3	5:14.63	696	Keenan-Rivers, Julee Allison	17	SI	Unattached	4/30/2016	2016 CA MVN Fran Crippen Swim Meet of Champions
4	5:16.73	680	Giordano, Morgan Kiley	17	SI	College Area Swim Team	7/29/2016	2016 SI LC Junior Olympics
5	5:17.35	675	Logan, Gillian Nicole	18	SI	Pacific Swim	7/29/2016	2016 SI LC Junior Olympics
6	5:18.91	663	Clancy, Mary K	18	SI	University Of San Diego	4/30/2016	2016 CA MVN Fran Crippen Swim Meet of Champions

## SI Top Ten List 2016-2017

**LSC: SI For Dates 9/1/2015 - 8/31/2016**

7	5:22.19	639	Ladman, Lindsay Alana	18	SI	North Coast Aquatics	6/18/2016	2016 CA - BUEN JAG Champs
8	5:25.74	613	Lauerman, Katherine Morgan	18	SI	Rancho San Dieguito	7/29/2016	2016 SI LC Junior Olympics
9	5:30.60	578	Sanchez, Itzel Elizabeth	17	SI	College Area Swim Team	7/29/2016	2016 SI LC Junior Olympics
10	5:31.36	572	Sumrow, Amanda Keialani	18	SI	Heartland Swim Assoc	5/29/2016	2016 SI CAST A All Ages Meet

### Womens Open 50 Freestyle Long Course Meters

<i>Rank</i>	<i>Time</i>	<i>Power Points</i>	<i>Name</i>	<i>Age</i>	<i>LSC / Club</i>	<i>Swim Date</i>	<i>Meet</i>
1	25.58	928	Stewart, Kendyl Lee	21	SI North Coast Aquatics	5/27/2016	2016 CA SPEEDO GRAND CHALLENGE
2	25.92	897	Dong, Rochelle YooChia	20	SI Unattached	12/6/2015	TPSC Invitational @ Kenyon 15-
3	26.19	873	Johnson, Taylor Morgan	21	SI Unattached	11/20/2015	Art Adamson Invitational
4	26.35	859	Weisz, Whitney E	21	SI Unattached	11/21/2015	Art Adamson Invitational
5	26.47	848	Daley, Colleen	22	SI Unattached	4/29/2016	2016 CA MVN Fran Crippen Swim Meet of Champions
6	26.95	806	Tang, Natalie S	20	SI Unattached	4/30/2016	2016 CA MVN Fran Crippen Swim Meet of Champions
7	26.99	803	Miller, Savannah Louise	21	SI Unattached	11/19/2015	Art Adamson Invitational
8	27.16	788	Guttmacher, Samantha P	19	SI Unattached	11/19/2015	Art Adamson Invitational
9	27.28	778	Harrison, Summer A	19	SI Unattached	11/19/2015	Art Adamson Invitational
10	27.61	750	Santilena, Katharine Jenna	20	SI Unattached	11/19/2015	Art Adamson Invitational

### Womens Open 100 Freestyle Long Course Meters

<i>Rank</i>	<i>Time</i>	<i>Power Points</i>	<i>Name</i>	<i>Age</i>	<i>LSC / Club</i>	<i>Swim Date</i>	<i>Meet</i>
1	55.38	939	Stewart, Kendyl Lee	21	SI North Coast Aquatics	6/30/2016	U.S. Olympic Team Trials - Swimming
2	56.80	872	Weisz, Whitney E	21	SI Unattached	11/21/2015	Art Adamson Invitational
3	57.62	834	Miller, Savannah Louise	21	SI Unattached	11/21/2015	Art Adamson Invitational
4	58.65	788	Spitser, Riley Elizabeth	21	SI Blue Fins Swim Team	7/15/2016	2016 CA Los Angeles Invite
5	59.12	767	Johnson, Taylor Morgan	21	SI Unattached	11/21/2015	Art Adamson Invitational
6	59.13	767	Tang, Natalie S	21	SI Unattached	5/29/2016	2016 CA SPEEDO GRAND CHALLENGE

## SI Top Ten List 2016-2017

**LSC: SI For Dates 9/1/2015 - 8/31/2016**

7	59.61	745	Preiss, Marina C	19	SI	San Diego State	5/29/2016	2016 CA SPEEDO GRAND CHALLENGE
8	1:00.12	723	Sumrow, Amanda Keialani	19	SI	Heartland Swim Assoc	7/31/2016	2016 SI LC Junior Olympics
9	1:00.70	698	Santilena, Katharine Jenna	21	SI	Unattached	4/29/2016	2016 CA MVN Fran Crippen Swim Meet of Champions
10	1:01.51	664	Jurries, Briana L	21	SI	University Of San Diego	4/29/2016	2016 CA MVN Fran Crippen Swim Meet of Champions

### Womens Open 200 Freestyle Long Course Meters

<i>Rank</i>	<i>Time</i>	<i>Power Points</i>	<i>Name</i>	<i>Age</i>	<i>LSC / Club</i>		<i>Swim Date</i>	<i>Meet</i>
1	2:04.13	826	Spitser, Riley Elizabeth	21	SI	Blue Fins Swim Team	7/14/2016	2016 CA Los Angeles Invite
2	2:07.13	756	Weisz, Whitney E	21	SI	Unattached	11/20/2015	Art Adamson Invitational
3	2:07.42	749	Watkins, Darielle Irena Hill	22	SI	Unattached	4/30/2016	2016 CA MVN Fran Crippen Swim Meet of Champions
4	2:07.58	746	Miller, Savannah Louise	21	SI	Unattached	11/20/2015	Art Adamson Invitational
5	2:08.78	719	Tang, Natalie S	21	SI	Unattached	5/28/2016	2016 CA SPEEDO GRAND CHALLENGE
6	2:10.37	684	Preiss, Marina C	19	SI	San Diego State	5/28/2016	2016 CA SPEEDO GRAND CHALLENGE
7	2:10.65	678	Sin, Stephanie Yeaji	19	SI	Unattached	5/28/2016	2016 CA SPEEDO GRAND CHALLENGE
8	2:12.18	645	Knight, Shane Beth	20	SI	Rancho San Dieguito	8/5/2016	2016 PC Futures Championship
9	2:14.39	599	Walter, Gwendolyn Delores	21	SI	University Of San Diego	4/30/2016	2016 CA MVN Fran Crippen Swim Meet of Champions
10	2:16.60	554	Kahn, Brittany Nicole	19	SI	Rancho San Dieguito	5/28/2016	2016 CA SPEEDO GRAND CHALLENGE

### Womens Open 400 Freestyle Long Course Meters

<i>Rank</i>	<i>Time</i>	<i>Power Points</i>	<i>Name</i>	<i>Age</i>	<i>LSC / Club</i>		<i>Swim Date</i>	<i>Meet</i>
1	4:19.26	838	Spitser, Riley Elizabeth	21	SI	Blue Fins Swim Team	6/27/2016	U.S. Olympic Team Trials - Swimming
2	4:26.41	756	Watkins, Darielle Irena Hill	22	SI	Unattached	5/27/2016	2016 CA SPEEDO GRAND CHALLENGE
3	4:37.33	639	Sumrow, Amanda Keialani	19	SI	Heartland Swim Assoc	7/9/2016	2016 CC Arena Grand Challenge

## SI Top Ten List 2016-2017

**LSC: SI For Dates 9/1/2015 - 8/31/2016**

4	4:37.39	638	Sin, Stephanie Yeaji	19	SI	Unattached	5/27/2016	2016 CA SPEEDO GRAND CHALLENGE
5	4:38.65	625	Kahn, Brittany Nicole	19	SI	Rancho San Dieguito	5/27/2016	2016 CA SPEEDO GRAND CHALLENGE
6	4:44.27	569	Mitchell, Caroline T	21	SI	Unattached	11/19/2015	Art Adamson Invitational
7	4:44.85	564	Walter, Gwendolyn Delores	21	SI	University Of San Diego	4/29/2016	2016 CA MVN Fran Crippen Swim Meet of Champions
8	5:22.39	255	Fazen, Madisenne Elizabeth	19	SI	Pacific Swim	6/18/2016	2016 SI CNSA A All Ages Meet

### Womens Open 800 Freestyle Long Course Meters

<i>Rank</i>	<i>Time</i>	<i>Power Points</i>	<i>Name</i>	<i>Age</i>	<i>LSC / Club</i>		<i>Swim Date</i>	<i>Meet</i>
1	8:51.07	854	Spitser, Riley Elizabeth	21	SI	Blue Fins Swim Team	7/14/2016	2016 CA Los Angeles Invite
2	11:08.24	266	Fazen, Madisenne Elizabeth	19	SI	Pacific Swim	5/27/2016	2016 SI CAST A All Ages Meet

### Womens Open 1500 Freestyle Long Course Meters

<i>Rank</i>	<i>Time</i>	<i>Power Points</i>	<i>Name</i>	<i>Age</i>	<i>LSC / Club</i>		<i>Swim Date</i>	<i>Meet</i>
1	21:20.80	294	Fazen, Madisenne Elizabeth	19	SI	Pacific Swim	6/17/2016	2016 SI CNSA A All Ages Meet

### Womens Open 100 Backstroke Long Course Meters

<i>Rank</i>	<i>Time</i>	<i>Power Points</i>	<i>Name</i>	<i>Age</i>	<i>LSC / Club</i>		<i>Swim Date</i>	<i>Meet</i>
1	1:05.45	817	Santilena, Katharine Jenna	20	SI	Unattached	11/20/2015	Art Adamson Invitational
2	1:05.81	803	Garfein, Mckenna R	20	SI	Unattached	11/20/2015	Art Adamson Invitational
3	1:07.32	747	Spitser, Riley Elizabeth	21	SI	Blue Fins Swim Team	7/14/2016	2016 CA Los Angeles Invite
4	1:07.38	745	Toronzak, Julia Alexandra	20	SI	UC San Diego	7/14/2016	2016 CA Los Angeles Invite
5	1:07.62	736	Clayfield, Alexa Taylor	20	SI	San Diego State	8/6/2016	2016 PC Futures Championship
6	1:10.28	640	Preiss, Marina C	19	SI	San Diego State	6/18/2016	2016 SI CNSA A All Ages Meet
7	1:10.84	621	Tang, Natalie S	21	SI	UC San Diego	7/14/2016	2016 CA Los Angeles Invite
8	1:11.06	613	Rodman, Alexandra M	20	SI	UC San Diego	7/14/2016	2016 CA Los Angeles Invite
9	1:13.86	520	Miller, Lindsey Christine	19	SI	UC San Diego	7/17/2016	2016 PC SCSC Summer SuperLeague
10	1:14.74	491	Beall, Melissa C	21	SI	University Of San Diego	5/1/2016	2016 CA MVN Fran Crippen Swim Meet of Champions

# SI Top Ten List 2016-2017

LSC: SI For Dates 9/1/2015 - 8/31/2016

## Womens Open 200 Backstroke Long Course Meters

<i>Rank</i>	<i>Time</i>	<i>Power Points</i>	<i>Name</i>	<i>Age</i>	<i>LSC / Club</i>	<i>Swim Date</i>	<i>Meet</i>
1	2:21.90	792	Garfein, Mckenna R	20	SI Unattached	11/21/2015	Art Adamson Invitational
2	2:24.47	751	Santilena, Katharine Jenna	20	SI Unattached	11/21/2015	Art Adamson Invitational
3	2:26.90	712	Clayfield, Alexa Taylor	20	SI San Diego State	7/15/2016	2016 CA Los Angeles Invite
4	2:28.58	686	Toronczak, Julia Alexandra	20	SI UC San Diego	8/7/2016	2016 PC Futures Championship
5	2:29.33	675	Miller, Lindsey Christine	19	SI UC San Diego	7/16/2016	2016 PC SCSC Summer SuperLeague

## Womens Open 100 Breaststroke Long Course Meters

<i>Rank</i>	<i>Time</i>	<i>Power Points</i>	<i>Name</i>	<i>Age</i>	<i>LSC / Club</i>	<i>Swim Date</i>	<i>Meet</i>
1	1:12.93	820	Bryan, Jaimie Lynn	20	SI UC San Diego	7/14/2016	2016 CA Los Angeles Invite
2	1:13.85	792	Lewis, Cynthia Janssen	40	SI Wind N' Sea Swim Team	5/1/2016	2016 CA MVN Fran Crippen Swim Meet of Champions
3	1:13.94	789	Jurries, Briana L	21	SI University Of San Diego	5/1/2016	2016 CA MVN Fran Crippen Swim Meet of Champions
4	1:15.12	754	Wright, Elise Claire	20	SI Rancho San Dieguito	8/5/2016	2016 PC Futures Championship
5	1:16.89	702	McIntee, Sherri Jiyoung	19	SI Rancho San Dieguito	7/30/2016	2016 SI LC Junior Olympics
6	1:17.03	698	Phetbenjakul, Anshanika	20	SI Unattached	5/1/2016	2016 CA MVN Fran Crippen Swim Meet of Champions
7	1:18.57	653	Miller, Lindsey Christine	19	SI Unattached	8/5/2016	2016 PC Futures Championship
8	1:18.70	650	Andrade, Aubrey Leigh	19	SI University Of San Diego	5/1/2016	2016 CA MVN Fran Crippen Swim Meet of Champions
9	1:19.04	640	Parmenter, Jessica Jane	20	SI Rancho San Dieguito	8/5/2016	2016 PC Futures Championship
10	1:19.72	621	Deiparine, Danielle N	21	SI University Of San Diego	5/1/2016	2016 CA MVN Fran Crippen Swim Meet of Champions

## Womens Open 200 Breaststroke Long Course Meters

<i>Rank</i>	<i>Time</i>	<i>Power Points</i>	<i>Name</i>	<i>Age</i>	<i>LSC / Club</i>	<i>Swim Date</i>	<i>Meet</i>
1	2:38.82	811	Jurries, Briana L	21	SI University Of San Diego	4/30/2016	2016 CA MVN Fran Crippen Swim Meet of Champions
2	2:39.04	808	Bryan, Jaimie Lynn	20	SI UC San Diego	6/30/2016	U.S. Olympic Team Trials -

## SI Top Ten List 2016-2017

**LSC: SI For Dates 9/1/2015 - 8/31/2016**

							Swimming
3	2:44.89	730	Herman, Shannon Ivy	22	SI	Unattached	11/21/2015 Art Adamson Invitational
4	2:45.65	720	Wright, Elise Claire	20	SI	Rancho San Dieguito	8/6/2016 2016 PC Futures Championship
5	2:48.26	686	Phetbenjakul, Anshanika	20	SI	Unattached	5/29/2016 2016 CA SPEEDO GRAND CHALLENGE
6	2:50.28	660	Personeni, Julia Ann	21	SI	University Of San Diego	7/14/2016 2016 CA Los Angeles Invite
7	2:53.56	618	Andrade, Aubrey Leigh	19	SI	University Of San Diego	4/30/2016 2016 CA MVN Fran Crippen Swim Meet of Champions
8	2:54.26	610	Kulik, Rachel Hana	19	SI	Unattached	7/14/2016 2016 CA Los Angeles Invite
9	2:54.40	608	Deiparine, Danielle N	21	SI	University Of San Diego	4/30/2016 2016 CA MVN Fran Crippen Swim Meet of Champions

### Womens Open 100 Butterfly Long Course Meters

<i>Rank</i>	<i>Time</i>	<i>Power Points</i>	<i>Name</i>	<i>Age</i>	<i>LSC / Club</i>		<i>Swim Date</i>	<i>Meet</i>
1	58.22	996	Stewart, Kendyl Lee	21	SI	North Coast Aquatics	6/27/2016	U.S. Olympic Team Trials - Swimming
2	1:00.70	904	Harrison, Summer A	19	SI	Unattached	11/20/2015	Art Adamson Invitational
3	1:02.75	830	Watkins, Darielle Irena Hill	22	SI	Unattached	5/1/2016	2016 CA MVN Fran Crippen Swim Meet of Champions
4	1:03.89	790	Gutmacher, Samantha P	19	SI	Unattached	11/20/2015	Art Adamson Invitational
5	1:03.95	788	Sumrow, Amanda Keialani	19	SI	Heartland Swim Assoc	7/8/2016	2016 CC Arena Grand Challenge
6	1:05.57	732	Santilena, Katharine Jenna	20	SI	Unattached	11/20/2015	Art Adamson Invitational
7	1:05.58	731	Clancy, Mary K	19	SI	University Of San Diego	7/8/2016	2016 MD NBAC Mid Summer Classic
8	1:06.98	684	Spitser, Riley Elizabeth	21	SI	Blue Fins Swim Team	8/4/2016	2016 US Open TTrials
9	1:07.48	667	Kulik, Rachel Hana	19	SI	Unattached	7/14/2016	2016 CA Los Angeles Invite
10	1:09.10	613	Miller, Lindsey Christine	19	SI	UC San Diego	7/16/2016	2016 PC SCSC Summer SuperLeague

### Womens Open 200 Butterfly Long Course Meters

<i>Rank</i>	<i>Time</i>	<i>Power Points</i>	<i>Name</i>	<i>Age</i>	<i>LSC / Club</i>		<i>Swim Date</i>	<i>Meet</i>
1	2:16.48	843	Watkins, Darielle Irena Hill	22	SI	Unattached	4/29/2016	2016 CA MVN Fran Crippen Swim Meet of Champions

## SI Top Ten List 2016-2017

**LSC: SI For Dates 9/1/2015 - 8/31/2016**

2	2:21.49	767	Harrison, Summer A	19	SI	Unattached	11/21/2015	Art Adamson Invitational
3	2:24.02	729	Berkay, Melissa Y	25	SI	Unattached	3/20/2016	2016 QU NCAA LC Time Trials
4	2:25.52	707	Sumrow, Amanda Keialani	19	SI	Heartland Swim Assoc	7/31/2016	2016 SI LC Junior Olympics
5	2:26.12	698	Clancy, Mary K	19	SI	University Of San Diego	7/9/2016	2016 MD NBAC Mid Summer Classic
6	2:29.19	653	Gutmacher, Samantha P	19	SI	Unattached	11/21/2015	Art Adamson Invitational
7	2:30.81	630	Mitchell, Caroline T	21	SI	Unattached	11/21/2015	Art Adamson Invitational

### Womens Open 200 Individual Medley Long Course Meters

<i>Rank</i>	<i>Time</i>	<i>Power Points</i>	<i>Name</i>	<i>Age</i>	<i>LSC / Club</i>		<i>Swim Date</i>	<i>Meet</i>
1	2:22.57	803	Herman, Shannon Ivy	22	SI	Unattached	11/19/2015	Art Adamson Invitational
2	2:22.84	798	Miller, Savannah Louise	21	SI	Unattached	11/19/2015	Art Adamson Invitational
3	2:27.84	711	Sumrow, Amanda Keialani	19	SI	Heartland Swim Assoc	7/9/2016	2016 CC Arena Grand Challenge
4	2:27.94	710	Jurries, Briana L	21	SI	University Of San Diego	5/1/2016	2016 CA MVN Fran Crippen Swim Meet of Champions
5	2:28.38	702	Miller, Lindsey Christine	19	SI	Unattached	5/1/2016	2016 CA MVN Fran Crippen Swim Meet of Champions
6	2:30.24	671	Lewis, Cynthia Janssen	40	SI	Wind N' Sea Swim Team	5/27/2016	2016 CA SPEEDO GRAND CHALLENGE
7	2:30.84	661	Garfein, Mckenna R	20	SI	Unattached	11/19/2015	Art Adamson Invitational
8	2:32.15	640	Clayfield, Alexa Taylor	20	SI	San Diego State	8/7/2016	2016 PC Futures Championship
9	2:32.66	631	Clancy, Mary K	19	SI	University Of San Diego	7/9/2016	2016 MD NBAC Mid Summer Classic
10	2:32.73	630	Deiparine, Danielle N	21	SI	University Of San Diego	5/1/2016	2016 CA MVN Fran Crippen Swim Meet of Champions

### Womens Open 400 Individual Medley Long Course Meters

<i>Rank</i>	<i>Time</i>	<i>Power Points</i>	<i>Name</i>	<i>Age</i>	<i>LSC / Club</i>		<i>Swim Date</i>	<i>Meet</i>
1	5:06.74	757	Herman, Shannon Ivy	22	SI	Unattached	11/20/2015	Art Adamson Invitational
2	5:13.23	706	Wright, Elise Claire	20	SI	Rancho San Dieguito	8/5/2016	2016 PC Futures Championship
3	5:13.46	705	Clancy, Mary K	19	SI	University Of San Diego	7/8/2016	2016 MD NBAC Mid Summer Classic

## SI Top Ten List 2016-2017

### LSC: SI For Dates 9/1/2015 - 8/31/2016

4	5:14.60	696	Sumrow, Amanda Keialani	19	SI	Heartland Swim Assoc	7/8/2016	2016 CC Arena Grand Challenge
5	5:14.65	696	Miller, Lindsey Christine	19	SI	UC San Diego	7/15/2016	2016 PC SCSC Summer SuperLeague
6	5:22.35	638	Mitchell, Caroline T	21	SI	Unattached	11/20/2015	Art Adamson Invitational