



2016 Swimposium



hosted by

San Diego ~ Imperial Swimming
Saturday, October 29, 2016

Brian Bent Memorial Aquatic Center
818 6th Street
Coronado, California 92118

Featuring

David Benzel	Jason Lezak
Scott Colby	Dan Peck
Caitlin Leverenz	Ron Van Pool

Schedule

Registration (AM and Full-Day Tracks)	7:30 to 8:45 am
Registration (PM Tracks)	12:45 to 1:45 pm
Lunch (For Full-Day Attendees)	12:00 to 1:00 pm

Athlete Track

Swim Clinic and Workshops *with Olympians Caitlin Leverenz & Jason Lezak*

AM Session - 12 & Under	9:00 am to 12:00 pm
PM Session - 13 & Over	2:00 pm to 5:00 pm

Coach Track	9:00 am to 5:00 pm
<i>How the Athlete Matures</i>	<i>Scott Colby</i>
<i>How Credible Coaches Think</i>	<i>David Benzel</i>
<i>Efficient Teaching</i>	<i>Scott Colby</i>
<i>Turns & Starts w/ Efficient Teaching</i>	<i>Scott Colby</i>

Officials Track	9:00 am to 5:00 pm
<i>Stroke & Turn</i>	<i>Ron VanPool</i>
<i>Starter/Deck Ref</i>	

Parent Track (12 & Under)	9:00 am to 12:00 pm
<i>When to Push or Not</i>	<i>David Benzel</i>
<i>Why Athletes Swim/Quit</i>	<i>Scott Colby</i>
<i>Breakout Clinic Talk w/ Olympians</i>	<i>Caitlin Leverenz & Jason Lezak</i>

Parent Track (13 & Over)	2:00 pm to 5:00 pm
<i>When to Push or Not</i>	<i>David Benzel</i>
<i>Why Athletes Swim/Quit</i>	<i>Scott Colby</i>
<i>College Recruiting Strategies for Success</i>	<i>Dan Peck</i>