

## 2024 SI LC AG CHAMPIONSHIP MEET INFORMATION SHEET

JOB	THUR	FRI AM	FRI PM	SAT AM	SAT PM	SUN AM	SUN PM
CHECK IN	RSD	RSD		RSD		RSD	
TIMING	THUR	FRI AM	FRI FINALS	SAT AM	SAT FINALS	SUN AM	SUN FINALS
HEAD TIMER	JBST	JBST	NCA	JBST	BAY	CSTE	NCA
RUNNER/POSTING	RSD	SWMX	PS	SWMX	NCA	BAY	RSD
	<b>Lanes Assigned</b>						
LANE 1	BAY	NCA	NCA	NCA	NCA	NCA	NCA
LANE2	CAST	NCA	NCA	NCA	NCA	NCA	NCA
LANE3	CAST	PS	PS	PS	PS	PS	PS
LANE 4	SBA	PS	PS	PS	PS	PS	PS
LANE 5	SBA	RSD	RSD	RSD	RSD	RSD	RSD
LANE 6	PS	BAY	RSD	RSD	RSD	RSD	RSD
LANE 7	PS	SBA	SBA	SBA	SBA	SBA	SBA
LANE 8	SWMX	CSTE	SBA	SBA	SBA	SBA	SBA
<b>MEET MARSHALS: Need 2 at all times/1 male &amp; 1 female</b>	<b>THUR</b>	<b>FRI</b>		<b>SAT</b>		<b>SUN</b>	
<b>9-10 (NEED 2)</b>		NCA		SBA		RSD	
<b>10-11 (NEED 2)</b>		SBA		RSD		PS	
<b>11-12 (NEED 2)</b>		RSD		PS		NCA	
<b>12- END(NEED 2)</b>		PS		NCA		SBA	
<b>BREAK</b>							
<b>3:30-4:30 (NEED 2)</b>	SBA	NCA		PS		RSD	
<b>4:30-6:00 (NEED 2)</b>	PS	PS		NCA		SBA	
<b>6:00-7:30 (NEED 2)</b>	CAST	RSD		SBA		NCA	
<b>7:30-END (NEED 2)</b>							

### WARM UP ASSIGNMENTS

**THURSDAY WARMUPS- BEGIN AT 3:30 AND CAN USE BOTH POOLS NO ASSIGNMENTS**

**MEET WARM UP ASSIGNMENTS FRIDAY – SUNDAY: DUE TO TEAM NUMBERS THE WARM UP WILL BE SPLIT INTO 3/ 40 MIN WARMUPS BY TEAM AND WILL BE ROTATED EACH DAY: 6:50 – 7:30 AM, 7:30 – 8:10 AM, 8:10 – 8:50 AM**

THE WARM UPS LISTED BELOW ARE FOR THE MAIN POOL: TEAMS ARE WELCOME TO USE THE OTHER POOL

**GRP A** FRI 6:50, SAT 7:30, SUN 8:10 **GRP B** FRI 7:30, SAT 8:10, SUN 6:50, **GRP C** FRI 8:10, SAT 6:50, SUN 7:30

**TEAMS NEED TO SHARE LANES FOR STARTS AT THE END OF EACH WARM UP TIME AND WITH THOSE WHO ARE USING THE WARM UP POOL BEFORE THE MEET BEGINS.**

GROUP A	GROUP B	GROUP C	WARM UP POOL
RSD LANES 1-5	NCA LANES 1-4	PS LANES 1-4	
CAST LANE 6	SWMX LANE 5-6	SBA LANES 5-7	ANY TEAMS WITH 5 OR LESS
BAY LANE 7	JBST LANE 7	ICAC,CALI,RST-8	SWIMMERS CAN COME IN
SDSA/MRA LANE 8	CSTE LANE 8		AT ANY TIME

## **2024 SI LC AG CHAMPIONSHIP MEET INFORMATION SHEET**

### **ALL TEAMS WILL SET UP OUTSIDE THE POOL DECK IN THE BACK**

Teams may begin setting up tarps **after 3 pm on Thursday**. Teams are encouraged to bring their safe sport pop up tents for athlete changing.

Your tarps may be set up anywhere outside as long as a fire lane (no tarps in the drive way area) is not blocked.

The bleachers will be designated for parents only- swimmers (no teams/swimmers and no tarps/chairs in the bleachers).

Coaches may set up tarps for themselves on the scoreboard side of the pool.

Meet jobs have been assigned to teams- large teams may have multiple jobs.

**Timing** has been assigned for Thursday's events as the day begins and ends with relays.

**This meet is a positive check-in meet:** All swimmers must check in each day. If a swimmer would like to check in the night before please come to the office to do so.

Swimmers who have entered more than six events will need to scratch down to only six events for the meet and no more than 3 per day.

**RELAY CARDS DUE:** Thursday 4:30 pm, Sat & Sun 12/U: 9:30 am, Sat & Sun 13/O: 11:00 am

**SCRATCH FROM FINALS:** Swimmers may scratch from finals and must do so within 30 minutes of the announcement of the prelim results. Scratch book will be in the office.

**HOSPITALITY:** Will be provided for coaches and officials.

**SNACK BAR:** There will **NOT** be a snack bar at the meet so please plan accordingly.

Any parent working as a volunteer is expected to be doing their job while on deck and not interacting with their swimmers, using a recording device or using their phone while their swimmer is racing or while they are timing or being a meet marshal. There is no photography behind the blocks or cell phone usage at the start end for an event.

Parents are only allowed in the bleacher area (not anywhere else on deck) unless they are timing or being a meet marshal. Parents may enter the bleacher area from the driveway or from the front of the pool. **Please respect the caution tape and signs.**

## **2024 SI LC AG CHAMPIONSHIP MEET INFORMATION SHEET**

**RESTROOMS:** Athlete restrooms will be located up the stairs outside the back of the pool deck and the restrooms located inside the pool at the entrance. Parents and adult athletes are to use the restrooms under the bleachers outside the pool deck.

**ANNOUNCING:** We are limited to the announcing that we are allowed to do inside the pool deck. We will try and set up some announcing outside the pool deck in the back where the teams will be sitting. We will also post the seeding & results out in the back. Swimmers are responsible for checking the results that will be posted to see if they qualify for finals on Friday – Sunday.